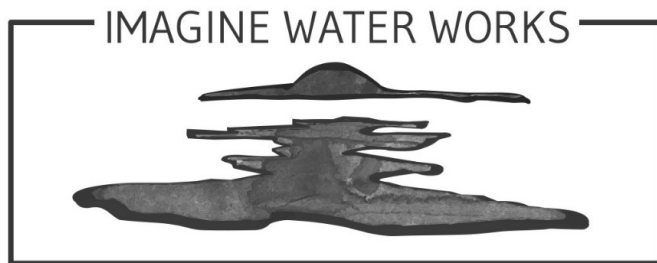


May 2023

This resource guide is for YOU

Produced by  
Imagine Water Works



Looking for more?  
This guide is available for download  
on the following websites:

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)  
[www.antigravmagazine.com](http://www.antigravmagazine.com)

Contact us with questions, additions, requests,  
and offers to volunteer or collaborate:  
Coleen Murphy, coordinating organizer,  
at [NOLResourceguide@gmail.com](mailto:NOLResourceguide@gmail.com)

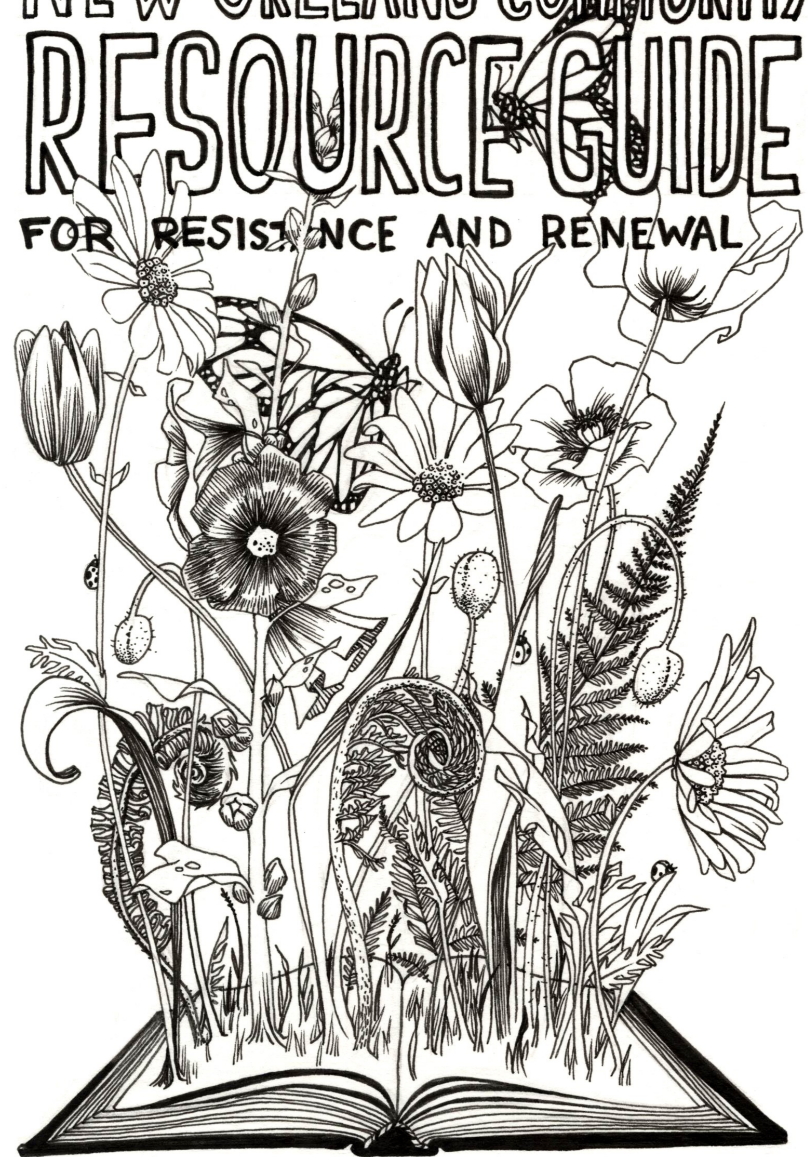
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# NEW ORLEANS COMMUNITY RESOURCE GUIDE

FOR RESISTANCE AND RENEWAL



May 2023

### Welcome!

This community resource guide has been compiled with the intention of increasing public access to services that are free or low-cost in the New Orleans area. Most listings are for services located in Orleans & Jefferson parishes, although select state and nationwide services have also been included.

Listed resources were contacted by phone and asked to verify the information listed. Organizations were specifically and intentionally asked about funding options for uninsured patients, the availability of Spanish translation services, and their ability to provide services for transgender and non-binary patients. Available transgender and non-binary services have been incorporated throughout and can also be found in a dedicated section of this guide.

In the interest of maintaining a portable size for this guide, many listings direct folks to call for more information, or refer to an organization's website.

This guide is a 2023 update based on information compiled by staff and volunteers for the REACH NOLA/Common Ground Health Clinic Community Resource Guide from 2006-14, and working directly from the 2022 edition, which sourced information compiled by volunteers at the Center for Ethical Living & Social Justice Renewal, as well as the Transgender and Gender Non-Conforming NOLA Resource Guide produced by Dr. Jennifer Glick and Dr. Robin Ivester.

This edition has been produced entirely by volunteers, in partnership with **Imagine Water Works**. It has been produced as a public service by volunteer community members and is available free of charge to all people.

This guide is available for download on the following websites:

[www.antigravitymagazine.com](http://www.antigravitymagazine.com)

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)

Contact us with questions, additions, requests,  
and offers to volunteer or collaborate:

Coleen Murphy, coordinating organizer, at [NOLAreourceguide@gmail.com](mailto:NOLAreourceguide@gmail.com)

### Acknowledgements

Many people did the work of making this edition of the resource guide possible! Thanks are due to the Endowment Fund of Community Church Unitarian Universalist for funding the printing of the first 1,000 copies, to the Re/Pro Community Photocopier project for making the photocopying experience affordable and beautiful, to the St. Roch Metal Works Library for housing Re/Pro so hospitably, to Antigravity and Imagine Water Works for digital distribution, and to many New Orleanians committed to community care and harm reduction, including but not limited to: Clark Bucko, Tucker Barker, Klie Kliebert & Deja Jones, Monica Gunderson, Elizabeth Gelvin, April Martin, Erika Zucker & Madison Leishman & the Workplace Justice Project, Jeanne Barnard, Anne van Schooneveld, Walesa Kanarek, Eliza Carey, Robin Goldblum, Nathalie Faulk, Patrick Kemmerly, Angelique Thomas, Ida Aronson, Bonnie Porter, Alex Jaouiche, Eva Kalikoff, and even more lovely folks who wish to remain anonymous, and probably you.

Finally, love and appreciation to Harriet Burbeck for the cover art. Beauty matters!

## Hotlines

**Connect quickly to emergency assistance**

**Suicide Prevention Lifeline 800-273-8255**

**Trans Lifeline 877-565-8860**

**Metro Crisis Response for Mental Health or Substance Abuse**

**504-826-2675**

**Jefferson Parish Behavioral Health Mobile Crisis Line 504-832-5123**

**LA Sexual Assault Crisis Line 888-995-7273**

**Family Justice Center Domestic Violence Crisis Line 504-866-9554**

**Addiction Helpline 877-947-5900**

**Narcotics Anonymous 504-899-6262**

**Freedom for Immigrants Family Support 209-757-3733**

**211 Counseling & Resources in the GNO area**

Situations and conditions often intersect and overlap.  
Call any lines that speak to your needs!

## About Using This Guide

Most agencies that state they have a sliding scale require proof of income (check stubs, W2 forms, letter from person supporting you and their check stub, etc.). Usually they will require an ID and/or a utility bill to verify your address.

If you have a question about costs, services or eligibility, call ahead.

## About the Affordable Care Act aka “ObamaCare”

Information on accessing programs connected to the ACA changes too rapidly for a printed update to be useful. Local locations for in-person health care assistance can be found at [localhelp.healthcare.gov](http://localhelp.healthcare.gov)

## About COVID-19

As of this printing, the pandemic is still very much ongoing and information changes rapidly. Fight Covid NOLA is a volunteer-run mutual aid project providing masks, tests, and advocacy: [FightCovidNola@gmail.com](mailto:FightCovidNola@gmail.com)

[Twitter.com/FightCovidNola](https://twitter.com/FightCovidNola) [Instagram.com/FightCovidNola](https://www.instagram.com/FightCovidNola) [linktree.com/FightCovidNola](https://linktree.com/FightCovidNola)

When calling an individual agency, ask them about their Covid-specific safety measures

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## Basic Needs Assistance

### **Broadmoor Improvement Association**

504-249-5130 [wellness@broadmoorimprovement.com](mailto:wellness@broadmoorimprovement.com)

[www.broadmoorimprovement.com](http://www.broadmoorimprovement.com)

3900 General Taylor, New Orleans (Broadmoor)

Office hours M-Sat 9-5, Food Pantry Mon 10-12 & Wed 1-3

Wellness Center Hours M-Th 9am-9pm Fri 12pm-9pm Sat 9am-2pm

Social services, health and wellness programs, counseling services on sliding scale, SNAP assistance and food pantry. Services are offered from different locations in the neighborhood. Food pantry Wed 1 - 3 PM at 2021 S. Dupre. Food pantry is open to undocumented immigrants.

Free; Call for appt. *Spanish spoken? Y, upon request*

### **Catholic Charities Archdiocese of New Orleans**

504-523-3755 TOLL-FREE 1-866-891-2210 FAX: 504-523-2789 [www.ccano.org](http://www.ccano.org)

[Twitter.com/cathcharitiesNO](https://twitter.com/cathcharitiesNO) [www.facebook.com/cathcharitiesNO](https://www.facebook.com/cathcharitiesNO)

1000 Howard Avenue, Suite 200, New Orleans, LA 70113-1942

Umbrella agency of diverse programs and ministries delivering health and human services to the poor and vulnerable. Catholic Charities services are rooted in the eight civil parishes of the Archdiocese of New Orleans, with food and nutrition services benefitting the entire state of Louisiana. Call or visit online for more info.

*Spanish spoken? Y, through Immigration and Refugee Services 504-310-6875*

### **Community Resource & Referral Center**

504- 658-2944

1530 Gravier St., New Orleans, LA

M-F 7:30-4

Multi-agency day-center with many service providers & services, including showers, restrooms, laundry, bus fare assistance, Traveler's Aid, Homeless Veterans Program, Pro Bono Project, Volunteers of America.

Free for people experiencing homelessness; Walk in *Spanish spoken? N*

### **Harry Tompson Center at Rebuild Center**

504-273-5547, [www.harrytompsoncenter.org](http://www.harrytompsoncenter.org)

1803 Gravier, behind St. Joseph's, and 1530 Gravier, New Orleans, 70112

M-F 7:30 -2:30

Services are limited and changing due to Covid – call or check website for updates  
Showers: M-F 7:45a-12:30pm; Laundry: M, Tu, W, F 7:30am-10:30am, last pickup at 2:30pm; Phone room daily 8AM-12:30PM and 1:15-2:30; Restroom facilities daily;  
Legal Aid: M & W 8-9 AM; Notary Services: T, W, Th 12:30 PM; Medical Services coordinated TWF 10-1 (for the homeless only; first come, first served; not a clinic); Hygiene kits distributed daily at 8AM (one/week; 30 distributed daily).

Free; Walk-in OK *Spanish spoken? N*

National network actively organizing around supporting disaster survivors in a spirit of mutual aid and solidarity. Organizes regional supply distro and volunteer labor in the aftermath of climate crises. Follow Instagram and Facebook for more information.

### **New Orleans Mutual Aid Group •NOMAG•**

Food banks now on SUNDAYS 4-6pm at Florida & St. Roch.

(504) 383-3790 [www.instagram.com/nomag\\_\\_\\_/](https://www.instagram.com/nomag___/) (<---Three underscores in the link)

### **Preservation Resource Center Revival Grants**

[prcno.org/programs/revival-grants/](http://prcno.org/programs/revival-grants/) 504-581-7032

This program assists low-to-moderate-income homeowners who live in HDLC full control historic districts, or in partial control districts that levy fines. Income guidelines and HDLC map posted at the link above. The grants only cover minor repairs to the exterior of each property.

### **Rebuilding Together**

(504) 264-1815 [www.rtno.org](http://www.rtno.org) 2801 Marais Street New Orleans, LA 70117

Volunteer and contract labor for home rebuilding. Must be low income, in Orleans Parish, and either 60+yrs, disabled, veteran, single guardian with custody of minors or a first responder in order to qualify. Salvaged materials available at their low-cost warehouse, 2801 Marais St.

Free; Call for info *Spanish spoken? Y, Se habla espanol*

### **SBP**

(504)277-6831, [www.sbpusa.org](http://www.sbpusa.org) 2645 Toulouse St., New Orleans, 70119

M-F 8-5

Rebuilding work includes: exterior work, framing repair, rough and finish electric, plumbing, insulation and drywall, interior texturing and painting, flooring and cabinets, interior doors, baseboards and trim work. Also sells homes to low to moderate income folks.

Free or sliding scale; Call or walk-in *Spanish spoken? N, but will arrange for interpreters*

## **FEMA**

(800) 621-FEMA (3362) [www.fema.gov\\_staffed](http://www.fema.gov_staffed) 24/7

To apply for federal aid or check on the status of your application related to disaster assistance. Provides assistance to those who are eligible- rental assistance, personal property, small business administration-low interest loan.

Free; *Spanish spoken? Y, Se habla espanol*

## **Fight Covid NOLA**

[FightCovidNola@gmail.com](mailto:FightCovidNola@gmail.com) [Twitter.com/FightCovidNola](https://twitter.com/FightCovidNola)

[Instagram.com/FightCovidNola](https://www.instagram.com/FightCovidNola) [linktree.com/FightCovidNola](https://www.linktree.com/FightCovidNola)

Free high-quality masks for pickup or delivery in the greater New Orleans area. N95, KN95, FFP2, FFP3, and KF94 respirators. Free rapid home tests available on a more limited basis. Updated inventory posted on social media. Free mask fit-testing and loanable air purifiers. We provide information on COVID, organizing accessible events, and local resources. Online community for high-risk folks and active allies.

*Spanish spoken? Y*

## **The Green Project**

(504)945-0240, [www.thegreenproject.org](http://www.thegreenproject.org)

2831 Marais St (and Press St), New Orleans, 70117 Wed-Sat 11-5

Sells & accepts donations of used building materials; paint recycling program.

Environmental education in K-12 schools. No consignment. *Spanish spoken? N*

## **Imagine Water Works**

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)

Advocacy and disaster readiness and response through a lens of anti-oppression, harm reduction, and collective liberation. Current projects include: the Mutual Aid Response Network, the Community Power Map (Charging Stations), Imagine Mutual Aid on Facebook, an "Anonymous Storm Prep Q&A" on Instagram, annually updated hurricane season guides, the Queer/Trans Guide to Hurricane Season, and the New Orleans Community Resource Guide.

Check website and social media for events and projects or join Imagine Mutual Aid (New Orleans) at [facebook.com/groups/MutualAidNewOrleans/](https://facebook.com/groups/MutualAidNewOrleans/)

## **Lower 9<sup>th</sup> Center for Sustainable Engagement & Development**

504-324-9955, 504-931-6190 to volunteer [www.sustainthenine.org](http://www.sustainthenine.org)

5227 Chartres St., New Orleans, 70117

Assistance for Lower 9th Ward residents with access to fresh food, volunteer home restoration, radiant barrier installation, and neighborhood beautification. Will provide referrals for food distribution and other community needs.

Fee for materials; Walk-in or call for information *Spanish spoken? N*

## **Mutual Aid Disaster Relief**

[mutualaiddisasterrelief.org](https://mutualaiddisasterrelief.org) [instagram.com/mutualaiddisasterrelief/](https://www.instagram.com/mutualaiddisasterrelief/)

[www.facebook.com/MutualAidDisasterRelief/](https://www.facebook.com/MutualAidDisasterRelief/)

## **Hope House**

504-525-2561 fax 504-525-0011

916 Saint Andrew St., New Orleans (Irish Channel), 70130

Hours: M-Th 9-4, F 9-1pm

*Adult Learning Center availability:* M-F 9am-1pm, Tu & Wed 5:30pm-7:30pm

Food, rent and utility assistance (direct aid program for residents of 70130 only); Coffeehouse MWF 9-11:45 AM: Free coffee and pastries; Newspapers, magazines and books; Computers and internet access. Masks preferred.

Adult Learning Center: Literacy, GED, computer training, career development; ACT, SAT preparation; After-school youth program: Recreation, field trips, homework help, Tulane University volunteers. Prison Ministry: Visits with people at Orleans and Angola prisons. Education for justice: workshops on poverty and justice, High school, college, church, and civic groups.

Free; Call for more info *Spanish spoken? N*

## **JeffCAP (Jefferson Community Action Programs) Community Centers**

504-736-6900 [www.jeffparish.net/departments/jeffcap](http://www.jeffparish.net/departments/jeffcap) TDD 800-947-5277

1221 Elmwood Park Blvd., Suite 402, Jefferson, 70123

M-F 8:30-4:30

Centers assist residents of Jefferson Parish with: emergency food assistance, housing counseling, low income rent/mortgage & utility assistance, and first time homebuyer training. Must meet eligibility & income requirements, and provide proof of income & ID. Call or check website for list of locations.

Free if qualified. Call for appointment or walk-in

*Spanish spoken? Y, Se habla espanol, call ahead*

## **Lantern Light at Rebuild Center (CCANO program)**

504-273-5573 [www.lanternlight.org](http://www.lanternlight.org)

1803 Gravier St., New Orleans, 70112

M-F 8 -2:30

All services currently provided in the parking lot due to Covid. Many services for homeless people, including: Lunch served 1 PM M-F; Prescription Assistance Daily 1:30; Food bank for area residents 1<sup>st</sup> & 3<sup>rd</sup> Fridays 9:30-10:30 AM (must bring state ID, Proof of income and copy of lease); Mail, ID assistance, birth certificate assistance. Call for info on additional services.

Free; Walk-in or appointment *Spanish spoken? N*

## **Mary Queen of Viet Nam Community Development Corporation**

504-255-9170 [www.mqvnc.org](http://www.mqvnc.org)

4626 Alcee Fortier Blvd, Ste E, New Orleans (East), 70129

M, W, F: 9-12:30, Tu, Th: 9-4

Interpreting & Translation services. Medicare/Medicaid/Food Stamp enrollment applications. Community & workforce development. Technical assistance with enrollment in healthcare marketplace. Food bank through Second Harvest on third Thursdays.

Free; Walk ins welcome *Spanish spoken? N, Vietnamese spoken*

**St. Luke Community Center Good Samaritan Ministry**

985-641-6421 [www.saintlukeslidell.org/goodsams](http://www.saintlukeslidell.org/goodsams)

910 Cross Gates Blvd., Slidell, LA 70461

M-Th 1:30-4, T-F 9:30-12, F 1-3:30

Serves zip codes 70122, 70126, 70127, 70148. Case management, food, diapers, and referrals for Slidell residents. Financial aid by appointment. medications, job assistance, housing and utilities assistance.

Free; Walk-in or appt. *Spanish spoken? Y*

**St. Peter Claver Church**

504-822-8059, fax 504-822-9251, food pantry 504-827-0707

1910 Ursulines Ave., New Orleans, 70116

M-F 9-5 office hours

Direct assistance & Food Pantry available to residents with boundaries of Claiborne to Broad, Ursulines to Esplanade. Food Pantry T & Th 10-2 at Sankofa Center, 1839 St. Philip

Free; Walk in *Spanish spoken? N*

**Sojourner Truth Neighborhood Center**

504-827-9963 [www.facebook.com/SojournerTruthNOLA](http://www.facebook.com/SojournerTruthNOLA)

2200 Lafitte, New Orleans, 70119

Asset/strengths-based approach to service delivery and client/resident engagement and learning organization model for organizational structure, with programs for all ages. Center membership is free & encouraged.

Free; Call ahead to confirm services *Spanish spoken? N*

**Total Community Action**

504-324-8609, 504-822-7181 [www.tca-nola.org](http://www.tca-nola.org)

1420 South Norman C Francis Pkwy, New Orleans, 70125

M-F 8:3-5:30

Connects people in Orleans Parish to many assistance programs, including: Utilities, weatherization, counseling, food pantries, employment, tax assistance, homeless prevention, summer youth programs. Free; Call for appt.

**United Churches of Algiers**

504-361-1661

1111 Newton St (in Arthur Monday Bldg.), Room 109, Algiers

M-Th 7-11 AM

Assists families and persons (including transgender and gender non-conforming) in crisis with basic needs: utility assistance, food, ministry, welfare and legal referrals, and referrals to other private and public entities. Food bank for Algiers residents (1 visit per month). Thrift shop, GED program.

Free; Walk in, Only first 25 people seen, arriving early recommended.

*Spanish spoken? N*

Toll free 877-521-6242 [www.slls.org](http://www.slls.org) 1340 Poydras, Ste 600, New Orleans

M-F 8:30-5

Legal aid in civil matters (no criminal) for low income people, including domestic violence, divorce (no community partitions), custody, housing/landlord-tenant, employment/unemployment, food stamps, SSI medicaid, IRS tax disputes, oil spill issues, bankruptcy, successions, title clearing, tax sales, foreclosure counseling and defense, other homeownership problems, consumer debt/fraud. Free if qualified and case is accepted. Call for appointments or outreach sites. Evictions should come in without appointment ASAP

Free; Call for an appointment. *Spanish Spoken? Y, se habla espanol; also Vietnamese, Chinese, and other languages.*

**Southern Poverty Law Center - New Orleans Office**

(503)-486-8982 | [www.splcenter.org](http://www.splcenter.org) 201 St. Charles Ave. Ste. 2000, NOLA

M-F 8-5; Leave a message 24/hr day.

Nonprofit civil rights organization providing legal and advocacy services, including immigrant justice project.

Free; Call for consultation

*Spanish Spoken? Y, can arrange for interpreters for other languages*

**Stuart H Smith Law Clinic & Center for Social Justice**

(504)-861-5590 | <http://www.loyno.edu/lawclinic>

540 Broadway St., New Orleans, 70118

M-F 8:30-4:30

Loyola law student legal clinic providing legal services to low income and indigent clients of New Orleans. Clinics in immigration, family law, criminal defense, and employment Free; call for appt. *Spanish spoken? Y, se habla espanol.*

**Disaster Relief, Recovery & Rebuilding****City of New Orleans “NOLA Ready”**

[Ready.nola.gov](http://Ready.nola.gov) Text NOLAREADY to 77295 for alerts.

Frequently updated info compiled by the city to prepare for and recover from disasters including hurricanes and pandemics. Includes info on COVID testing sites, meal programs, boil water orders, evacuation assistance, etc.

**GNO Caring Collective**

Not a business. GNO Caring Collective was formed in response to the COVID-19 outbreak to help NOLA's most vulnerable populations.

[operations@gnocaringcollective.org](mailto:operations@gnocaringcollective.org) [www.gnocaringcollective.org/](http://www.gnocaringcollective.org/)

[www.facebook.com/GNOCaringCollective](https://www.facebook.com/GNOCaringCollective)

### **Louisiana Law Help**

Louisianalawhelp.org

Free resource from Louisiana's nonprofit justice community; this is a great place to start a search for assistance available for free or low-cost, or for assistance with self-representation.

### **New Orleans Worker Center for Racial Justice**

504-309-5165 [www.NOWCRJ.org](http://www.NOWCRJ.org) 3500 Canal St, 2nd Floor, New Orleans, LA 70119

Organizing, legal, and policy advocacy focusing on civil, labor, and human rights agenda, leadership skills training, and workers' rights education and activism. Check schedule of events: [www.NOWCRJ.org/events](http://www.NOWCRJ.org/events)

Free; *Spanish Spoken, Y, se habla espanol*

### **Orleans Public Defenders**

(504) 821 8101 2601 Tulane Ave, Ste. 700, New Orleans, 70119

Provides legal representation to indigent defendants accused of committing crimes in Orleans Parish.

Call for info. *Spanish Spoken? Y*

### **Project Ishmael**

[www.projectishmaelNOLA.org](http://www.projectishmaelNOLA.org) | (504) 233 3057 [ProjectIshmaelNOLA@gmail.com](mailto:ProjectIshmaelNOLA@gmail.com)

3401 Canal St., New Orleans, 70119

Mon-Fri 9-5

Pro-bono Children's immigration legal services.

Free; Call and leave a message; *Spanish Spoken? Y*

### **PELA – Plaintiff Employment Lawyers Association**

<https://louisianaemploymentlawyers.org/>

Promotes public awareness of employee rights and provides collaboration with attorneys who represent employees, and provides referrals for employees seeking representation. Get in touch with a PELA attorney via their website.

*Spanish spoken? Y, se habla español.*

### **Patient Advocate Foundation**

(800)-532-5274 | [www.patientadvocate.org](http://www.patientadvocate.org)

M-F 8:30-5

Assistance to patients with specific issues they are facing with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening, chronic, or debilitating diseases. Mediation on behalf of the patient. Case Management, assistance with transportation, housing, and other costs. Case management + financial aid, resources for financial assistance available. Free; *Spanish Spoken? Y, upon request*

### **Southeast Louisiana Legal Services**

(504)-529-1000 (Orleans, St. Bernard and Eastbank Jefferson Parishes)

(504)-340-1381 (Westbank Jefferson, Plaquemines, St. Charles Parishes)

### **Primary Care Clinics**

#### **504 Health Net**

(504) 206-6275 or (504) 507-5112

[healthyhospitality.com](http://healthyhospitality.com) or [504healthnet.org](http://504healthnet.org)

Directory of primary care clinics in Greater New Orleans

#### **Access Health Louisiana Primary Care Clinics**

Patient line, all locations: 866-530-6111 [accesshealthla.org](http://accesshealthla.org)

#### **Access Health Belle Chasse**

504-398-1100

8200 Highway 23, Belle Chasse, 70037

M-Th 8-4:30, F 8-12

Adult & Pediatric Primary Care, Family Planning, Gynecology, Health Education, Pharmacy Assistance, enrollment in GNOCHC & Medicaid. Appointment only Telehealth appointments available including for Covid-19 screening.

GNOCHC, Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 minimum) *Spanish spoken? Y, also Arabic (call ahead)*

#### **Access Health Primary Care at Pythian**

504-226-2976

234 Loyola Ave Suite 300B New Orleans 70112

M-Th 8-4:30, F 8-12

Adult Primary care, behavioral health, HIV/STI/Infectious Disease, enrollment in GNOCHC & Medicaid. Appointment only. Telehealth appointments available including for Covid-19 screening.

GNOCHC, Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 minimum) *Spanish spoken? Y, via language line*

#### **Access Health St. Bernard Community Health Center**

504-281-2800

8050 W. Judge Perez Dr., Ste 1300, Chalmette, 70043

M-Th 8-7; Limited staff F 8-2; Sat 8-2

Adult & Pediatric Primary Care, Family Planning, PAP exams, referrals for Podiatry, Nutritional Counseling, Health Education, Pharmacy Assistance, Pediatric Services, enrollment in GNOCHC & Medicaid. Telehealth appointments available including for Covid-19 screening.

GNOCHC, Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 minimum)

*Spanish spoken? Y, via language line and in person*

#### **Access Health South Broad Community Health Center**

504-309-5061

[accesshealthla.org/location/south-broad-new-orleans](http://accesshealthla.org/location/south-broad-new-orleans)

3300 S Broad, New Orleans, 70125

M-Th 8-4:30, F 8-12

Adult & Pediatric Primary Care, Family Planning, Gynecology, Health Education, Pharmacy Assistance, enrollment in GNOCHC & Medicaid. Appt only. Telehealth appointments available including for Covid-19 screening. appointment transportation assistance, maternal child coordinator.

GNOCHC, Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 minimum) *Spanish spoken, Yes via language line*

#### **Baptist Community Health Services**

Primary Care Clinics in 5 locations bchsnola.org 504-533-4999

#### **BCHS Andrew P. Sanchez Center**

2nd Floor - Family Medicine & Behavioral Health

504.533.4999 info@bchsnola.org

1616 Fats Domino Ave. New Orleans, LA 70117

Monday - Friday 8:00 am - 5:00 pm

*Language Services: Spanish, Mandarin*

#### **BCHS 4209 St. Claude Avenue**

Pediatrics & Behavioral Health

504.533.4999 info@bchsnola.org

4209 St. Claude Avenue New Orleans, LA 70117

Monday - Friday 8:00 am - 5:00 pm

*Language Services: Spanish, Mandarin, Cantonese, and Taiwanese*

#### **BCHS 221 W. Genie Street**

Pediatrics

504.533.4999 info@bchsnola.org

221 W. Genie Street Chalmette, LA 70043

Monday - Friday 8:00 am - 5:00 pm

*Language Services: Spanish, Mandarin, Taiwanese, and Cantonese*

#### **BCHS 1445 W. Causeway Approach, Mandeville**

Family & Internal Medicine

504.533.4999 info@bchsnola.org

1445 West Causeway Approach Mandeville, LA 70471

Monday - Friday 8:00 am-5:00 pm

*Language Services: Spanish*

#### **BCHS 4960 St Claude Ave**

Family Medicine & Behavioral Health

504.533.4999 info@bchsnola.org

Business Office:

4960 St. Claude Avenue New Orleans, LA 70117

Monday, Wednesday, Thursday, & Friday

Clinic Hours: 9:30am-6:30pm

#### **Hite Law Group**

504 252 0678 | hlg@hitelawgroup.com 701 Loyola Ave, Ste 403, New Orleans, 70113

M-Th 9-5, F 10-4

Sliding scale legal services for low-income LGBTQ people focusing on family law, name and gender changes, employment, and civil rights protections. Also specialize in serving survivors of intimate partner violence.

#### **Innocence Project New Orleans**

504 943 1902 | ubfi@ip-no.org | www.ip-no.org

M-F 9:30-5:30

4051 Ulloa Street, New Orleans, 70119

In Louisiana and Mississippi, the two states with the highest incarceration rates in the world, Innocence Project New Orleans frees innocent prisoners, exposes injustice and prevents wrongful convictions. For more information on requesting assistance visit:

<http://www.ip-no.org/how-we-take-cases>

If you call the office you will only receive the same information on our website. We only accept written applications directly from prisoners wanting help.

Free, only represents applicants who cannot pay; *Spanish Spoken? Y*

#### **Isla – Immigration Services and Legal Advocacy**

<https://www.islaimmigration.org/> | 504-265-0416

3801 Canal Street, Suite 210, New Orleans, LA 70119

Legal services organization that defends the rights of our immigrant communities and advocates for just and humane immigration policy, and offers representation.

*Spanish spoken? Y, se habla español.*

#### **Justice and Accountability Center of Louisiana**

504 322 4050 | www.jaclouisiana.org | info@jacLouisiana.org

4035 Washington Avenue, Suite 203, New Orleans, 70125

Resources for incarcerated and formerly incarcerated people, and their advocates.

Assistance with expungement, access to resources during re-entry, addressing disparities. Hold monthly expungement clinics & re-entry clinics.

Free; *Spanish Spoken? N*

#### **Louisiana Center for Children’s Rights**

504 658 6860 | www.laccr.org

1100-B Milton Street, New Orleans, 70122

Resources for supporting and organizing young people and transforming the juvenile justice system. Advocacy for youth in prisons and detention (including LGBT youth in the juvenile justice system), and youth in New Orleans public schools facing expulsion, suspension, and school arrest. Call for info. *Spanish spoken? Y*



all. Visit website or call for more information about VOTE.  
Call for schedule of events *Spanish spoken? N*

### **Justice & Legal Aid**

#### **ACLU of Louisiana**

504-522-0617 | [www.laACLU.org](http://www.laACLU.org) 1340 Poydras St., New Orleans, 70112  
Legal aid specializing in discrimination, 1st amendment rights, immigrant rights, transgender people, police practices, prisoners' rights. To file a complaint with the ACLU it can be done through their website or by mail at the address listed above.

#### **CASA (Court Appointed Special Advocate) New Orleans**

504 522 1692 | [www.casaneworleans.org](http://www.casaneworleans.org) 2725 S Broad, New Orleans, LA 70125  
Trains and provides volunteer court-appointed advocates for abused and neglected children in Orleans Parish who have already been removed and are in the foster care system. Accepting volunteers. Has a toll free number available 24/7. 365 days a year to call if you suspect child abuse or neglect 855-4la-kids  
Free; *Spanish spoken? N*

#### **The Advocacy Center - Disability Rights Louisiana**

[Disabilityrightsla.org](http://Disabilityrightsla.org) [info@disabilityrightsla.org](mailto:info@disabilityrightsla.org) | 800-960-7705  
8325 Oak St., New Orleans  
M-F 9-5

Legal aid advocacy services to people living in Louisiana of all ages who are living with disabilities. Provides legal representation, outreach & training programs and information & referral.

Free; call for more info; *Spanish spoken? Y, se habla espanol, Vietnamese spoken*

#### **Emergency Legal Responders Legal Access Collective (ELR)**

504-708-4808  
[Emergencylegalresponders.org](http://Emergencylegalresponders.org) [linktr.ee/emergencylegalresponders](https://linktr.ee/emergencylegalresponders)  
Mutual aid, volunteer run, community driven, provide general community information but do not provide legal advice or legal counsel. Legal information and direct assistance to people impacted by natural, social, and economic emergencies.

#### **Families & Friends of Louisiana's Incarcerated Children**

(504) 807 8376, (504) 522 5430 fax, [www.fflic.org](http://www.fflic.org)  
1600 Oretha C. Haley Blvd, New Orleans, 70113  
M-F 9-5  
Advocacy and education for families & friends of children involved in or targeted by the juvenile justice system, advocacy for youth in New Orleans public schools facing expulsion or suspension. New Orleans Chapter Meetings are held monthly in the office, call for dates & times.  
Call for more info. *Spanish spoken? N*

Business Office Hours: 8:00am-5:00pm  
*Language Services: Spanish*

#### **Children's Hospital Kids First Tiger Care Pediatric Clinic**

504-299-9980 [www.chnola.org](http://www.chnola.org)  
2633 Napoleon Ave Suite 707 NOLA 70115  
M-F 8-4:30  
Comprehensive pediatric care, including Adolescent Health Clinic providing primary care and consult services for adolescents up to age 21, including reproductive health services: STD screening, diagnosis, treatment and contraception.  
Sliding Scale for uninsured (\$85-185), Medicaid, private insurance. Appts preferred  
*Spanish spoken? Y, Physician W & F afternoons, language line*

#### **Common Ground Health Clinic**

Clinic (504) 265-0207 [cghcnola.org](http://cghcnola.org)  
441 Wall Blvd., Gretna, LA 70056  
M, Tu, Th 8-5, Fri 8-2  
Adult primary care services, including physicals, prescriptions, lab tests, Medicaid applications, behavioral health. wellness & educational events.  
Sliding scale beginning at \$25, Medicaid, Medicare, major insurance; Appt. & walk-in  
*Spanish spoken? Y, Se habla espanol*

#### **CrescentCare Health**

504-207-CARE (2273), Toll Free: 844.315.CARE (2273) [crescentcare.org](http://crescentcare.org)  
1631 Elysian Fields Ave.  
M, F 8:30-5, Tu: 8:30-8, W, Th: 8:30-6pm  
Clinic with primary care, pediatrics, behavioral health, dental, preventative services, HIV services, transgender health, women's health, hepatitis C services, legal, insurance enrollment. Covid testing and vaccination by appointment. Vaccines: Pfizer, Johnson & Johnson.  
Sliding scale based on income; call for appt.

#### **DePaul Community Health Centers (formerly Daughters of Charity)**

**For all locations: 504-207-3060 [www.depaulcommunityhealthcenters.org](http://www.depaulcommunityhealthcenters.org)**

#### **DePaul Community Health Center - Algiers**

(504) 362-8930 Phone (504) 362-8486 Fax  
3215 General Meyer Ave. New Orleans, LA 70114  
M-F 8-5  
Adult, pediatric, adolescent and geriatric primary care services including immunizations, physicals, podiatry, mental health, PAP smears, prenatal care, pharmacy, optometry, and STI and HIV testing; Dental program. Covid-19 vaccinations.  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available). *Spanish spoken? Y*

**DePaul Community Health Center - Carrollton**

(504) 207-3060 Phone (504) 207-3067 Fax  
3201 S. Carrollton, New Orleans (Mid City), 70118  
M-F 7:30-8 Sat 8-2

Adult, pediatric, adolescent and geriatric primary care services including immunizations, physicals, podiatry, mental health, PAP smears, prenatal care, pharmacy, optometry, and STI and HIV testing; Dental program.  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance;  
Appt and some Walk-in (if available). *Spanish spoken? Y*

**DePaul Community Health Center - Gentilly**

(504) 282-0089 Phone (504) 282-2213 Fax  
100 Warrington Dr. New Orleans, LA 70122  
M-F 8-5

Primary and Preventive Care, Pediatrics, Pharmacy, Women's Health (OB/GYN and Prenatal Care), Dental, Behavioral Health, Lab, Medicaid Enrollment, Medicare Enrollment Assistance.  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance;  
Appt and some Walk-in (if available).

**DePaul Community Health Centers - Gretna**

(504) 367-8777 Phone (504) 367-0133 Fax  
1301 Whitney Ave. Gretna, LA 70056  
M-F 8-5

Primary and Preventive Care, Pediatrics, Medicaid Enrollment, Medicare Enrollment Assistance, Lab, Behavioral Health.  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance;  
Appt and some Walk-in, if established patients.

**DePaul Community Health Centers - Higgins**

(504) 948-2873 Phone (504) 948-9292 Fax  
3303 Higgins Blvd. New Orleans, LA 70126  
M-F 8-5

Primary and Preventive Care, Pediatrics, Medicaid Enrollment, Medicare Enrollment Assistance, Lab, Behavioral Health.  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance;  
Appt and some Walk-in, if established patients.

**DePaul Community Health Centers - Kenner**

(504) 468-4437 Phone (504) 464-1386 Fax  
3715 Williams Blvd., Suite 220 Kenner, LA 70065  
M-Th 8-5 F 8-1

Pediatrics, General Medicine, Medicaid Enrollment, Medicare Enrollment Assistance  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance;  
Appt and some Walk-in, if established patients.

**Mary's Song Restoration Center for Women**

504-822-1341 fax 504-733-1939 marysong.net marysong@vfellow.net  
5708 Airline Dr., Metairie, 70003  
M-F 8-4

Rehab shelter for adult women 12 month faith-based program. Go to website to apply and get a response between 24-48 hours. Must be tested for Covid.  
\$1200 entrance fee requested, no one turned away; Call for appt. or fill out online questionnaire  
*Spanish spoken? N*

**Operation Restoration**

504-684-9222 or-nola.org 2321 Thalia St., New Orleans, 70113

Provides academic counseling focused on helping formerly incarcerated women and girls with questions and provide guidance regarding their academic endeavors, application, admission and registration process; also tutoring, mentoring, and financial literacy support.  
Free; Call to apply *Spanish spoken? N*

**Re-Entry Program at Goodwill of SE LA**

504-456-2622 www.goodwillno.org  
3400 Tulane Ave, Ste 1000, New Orleans, 70119  
Re-entry job placement program, call for info.

**State of LA Department of Corrections**

<http://doc.louisiana.gov/reentry-programming>  
Resource website with re-entry resources compiled by the State.

**The First 72 Plus**

504.324-8859 www.first72plus.org  
2915 Perdido St., New Orleans, 70119  
Assistance with re-entry for formerly incarcerated people, including transitional housing.  
Free; Call or visit the website *Spanish spoken? N*

**VOTE (Voice of the Experienced)**

504.571.9599 www.vote-nola.org  
1024 Elysian Fields Ave, New Orleans, 70116  
Call for hours

VOTE is a grassroots membership based organization that works in the areas of advocacy and education by/with/for formerly incarcerated people, with a focus on: Voter mobilization, Economic empowerment, Legal education, Community education, and Leadership Development. Contact us or come to a meeting to find out how to join us in shifting power and building sustainable communities and enterprises. Member meetings are the first Wednesday of the month from 6-8pm and are open to all. Visit [vote-nola.org/calendar](http://vote-nola.org/calendar) for meeting and event updates. Member meetings are the first Wednesday of the month from 6-8pm and are open to

program for area museums, zoo, etc.; free copies/prints - 10 pages per day; virtual programs for all ages.  
For additional library assistance: 1-on-1 and classroom assistance for your computer and job seeking needs please call 504.596.3122, or email [rgoldblum@nolalibrary.org](mailto:rgoldblum@nolalibrary.org)  
Free; Check website for updates *Spanish spoken? Y, sometimes*

#### **PFLAG (Parents & Friends of Lesbians and Gays)**

504-862-5912 [info@pflagno.org](mailto:info@pflagno.org) [www.pflagno.org](http://www.pflagno.org)  
PO Box 15515 New Orleans, LA 70175  
Support, advocacy, community.

#### **METAIRIE MEETING**

2ND THURSDAYS @ 7:30 PM  
Congregation Gates of Prayer  
4000 WEST ESPLANADE  
METAIRIE, LA 70002

#### **NEW ORLEANS MEETING**

4th THURSDAYS @ 7PM  
Total Health Clinic at Ruth Fertel  
Tulane Community Health Clinic  
711 N. Broad St.  
NEW ORLEANS, LA 70119

#### **NORTHSHORE MEETING**

3RD THURSDAYS @ 7  
Northshore Jewish Congregation  
1403 N. Causeway Blvd.  
MANDEVILLE, LA 70471

#### **For Formerly Incarcerated People**

#### **Community Lifestyle Institute**

504-327-4990 Office (must leave message); [www.communitylifestyleinstitute.org](http://www.communitylifestyleinstitute.org)  
Contact Jamillah at [jamillah@communitylifestyleinstitute.org](mailto:jamillah@communitylifestyleinstitute.org) or 504-330-7720  
M-F 8 - 11 AM  
Reentry curriculum to females/males recently released. Skills assessment testing, Individual career plans, Work readiness, Digital literacy (technology skills).  
Free; Call for schedule and appt. *Spanish spoken? N*

#### **Formerly Incarcerated Transitions (FIT) Clinic**

[www.fitclinic.org](http://www.fitclinic.org) Call Danielle Metz to make an appointment at 504-475-3784  
2222 Simon Bolivar, New Orleans, LA 70115  
on the 2nd Floor in the office with Healthcare for the Homeless  
Primary health care for recently released formerly incarcerated people.

#### **Justice and Accountability Center of Louisiana**

504-322-4050 [www.jaclouisiana.org](http://www.jaclouisiana.org) [info@jaclouisiana.org](mailto:info@jaclouisiana.org)  
4035 Washington Avenue, Suite 203, New Orleans, 70125  
M-F 10-5  
Resources for incarcerated and formerly incarcerated people, and their advocates.  
Assistance with expungement, access to resources, addressing disparities.  
Programs free, clients responsible for own court costs; Call for appt. *Spanish spoken? N*

#### **DePaul Community Health Center - Lakeside (Pediatrics only)**

504-837-9000 3616 6th Street suite 101 Metairie, LA 70001  
M-F 8-5  
Pediatrics, Behavioral Health, Medicaid Enrollment, Lab

#### **DePaul Community Health Center – Metairie**

(504) 468-4437 Phone (504) 464-1386 Fax  
111 N. Causeway Blvd. (same bldg. as the Jeff. Parish Health Unit), 70001, Metairie  
M-F 8-5  
Adult, women's and pediatric primary care including vaccinations, lab tests, TB testing, HIV and STI testing, discounted pharmacy.  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients. *Spanish spoken? Y*

#### **DePaul Community Health Center - New Orleans East**

(504) 248-5357 Phone (504) 248-5377 Fax  
5630 Read Blvd., Suite 550, New Orleans (East), 70127  
M-F 8-5 Sat 8-2  
Adult, women's and pediatric primary care including vaccinations, lab tests, TB testing, HIV and STI testing, dental.  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients. *Spanish spoken? Y*

#### **DePaul Community Health Centers - Prytania (Pediatrics only)**

(504) 899-5437 Phone (504) 889-8668 Fax  
3600 Prytania St. New Orleans, LA 70115  
M-F 8-5  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients.

#### **DePaul Community Health Center-Saint Cecilia**

(504) 941-6041 Phone (504) 941-9991 Fax  
1030 Lesseps St., New Orleans, 70117  
M-F 8-2  
Adult, pediatric, adolescent and geriatric primary care services including Immunizations, physicals, diabetes & cholesterol care, PAP smears, and STI & HIV testing.  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available). *Spanish spoken? Y*

#### **Drop-in Clinic at Covenant House (Tulane University)**

504-584-1112 [medicine.tulane.edu/centers-institutes/tulane-drop-center/location](http://medicine.tulane.edu/centers-institutes/tulane-drop-center/location)  
611 N. Rampart St. (front entrance), New Orleans, 70112  
Drop-in clinic Hours: M-W 9am-12pm Fri 1pm-5pm Drop-In Clinic - for adolescents ages 14-23, specializing in homeless youth Mondays - Fridays 1pm- 4pm  
Free, Medicaid; Call for appointment *Spanish spoken? N*

**Excelth Family Health Center - Algiers**

504-526-1179, 504-526-1190

4422 Gen. Meyer Ave, Ste 103, New Orleans (Algiers), 70131

M-W 7-5, Th & F 8-5

Pediatric, adolescent and adult primary care services, including immunizations, well-woman visits, chronic disease management and lab services; Behavioral Health for Adults; GNOCHC Provider; Social Services; Certified Medicaid Application Center; Podiatry.

Minimum \$25 for first visit and \$15 thereafter for uninsured w/ sliding scale (with 2 paycheck stubs), additional

fees for labs. \$10 co-pay for Medicare. Some private insurance.

*Spanish spoken? Y, and Arabic spoken M, T, W*

**Excelth Family Health Center - Gentilly**

504-620-9868, fax 504-620-9888, [www.excelth.com](http://www.excelth.com)

2050 Caton St., New Orleans (Gentilly), 70122

M-Th 7-6, Fri 8-5

Pediatric, adolescent and adult primary care services, including immunizations, well woman visits, podiatry, chronic disease management and lab services, transgender-specific care; Behavioral Health services for Children, Adolescents, Adults and Families Sliding Fee scale for uninsured (\$25 minimum fee, must bring proof of income). Set fees for laboratory tests and some procedures. Medicare accepted. Appts only

*Spanish spoken? N*

**Excelth Family Health Center - New Orleans East**

504-620-0500 [www.excelth.com](http://www.excelth.com)

9900 Lake Forest Blvd., New Orleans (East)

M-F 7-5

Pediatric, adolescent and adult primary care services, including immunizations, dental care, well woman visits, chronic disease management and lab services, transgender-specific care; Behavioral Health services for Children, Adolescents, Adults and Families Sliding Fee scale for uninsured (\$25 minimum fee, must bring proof of income). Set fees for laboratory tests and some procedures. Medicare accepted. Appts/Some Walk-ins accepted

*Spanish spoken? Y*

**Health Care for the Homeless Program**

504-658-2785 [www.nola.gov/health/homeless/](http://www.nola.gov/health/homeless/)

2222 Simon Bolivar Ave, 2nd Fl., New Orleans, 70113

8-5:30pm Comprehensive program offering primary medical care, dental care, pharmacy. Also at Community Resource Referral Center, 7530 Gravier St.

Services free if homeless; also Medicaid, Medicare, sliding scale based on income. Call or walk-in to fill out paperwork for appt. *Spanish spoken? Y*

**Hope Community Health Center**

Main Phone: 504-503-0878 Forensics Phone: 504-355-0857 Fax: 504-592-4008 [hope-clinic@nofjc.org](mailto:hope-clinic@nofjc.org)

Check website and social media for events and projects or join Imagine Mutual Aid (New Orleans) at [facebook.com/groups/MutualAidNewOrleans/](https://facebook.com/groups/MutualAidNewOrleans/)

**The Inner Pup**

[www.theinnerpup.org](http://www.theinnerpup.org) [info@theinnerpup.org](mailto:info@theinnerpup.org)

5208 Magazine Street, Box 357, New Orleans, LA 70115

Low cost pet care. Visit website to enroll.

**LGBT Community Center of New Orleans**

[www.lgbtccneworleans.org](http://www.lgbtccneworleans.org) 2727 S Broad, Ste 101, New Orleans

Provides resources and advocacy that foster community development and social and economic justice efforts to strengthen the collective power of gender and sexual minorities and their allies in GNO area. Classes, support groups, game days, advocacy, connection to resources.

Free; Schedule vary, check website *Spanish spoken? N*

**LA SPCA**

504-368-5191, Clinic 504-363-1333 [www.la-sPCA.org](http://www.la-sPCA.org)

1700 Mardi Gras Blvd, New Orleans (Algiers), 70114

M-F 9-5, Sat 10-4, Sun 12-4

Society for the Prevention of Cruelty to Animals, help with finding lost pets, pet care, pet adoption, low cost vet services. *Spanish spoken? Y, sometimes*

**Louisiana Trans Advocates**

504-450-7496, 504-366-7582 [info@latransadvocates.org](mailto:info@latransadvocates.org) [www.latransadvocates.org](http://www.latransadvocates.org)

Louisiana Trans Advocates strengthens and supports transgender and allied communities across the state through social support, education, empowerment, and advocacy in order to promote self-determination of gender identity and gender expression for everyone.

**New Orleans People's Assembly**

[peoplesassemblyneworleans.org](http://peoplesassemblyneworleans.org)

Organizing, advocacy & community building for, with, and by working people of New Orleans. Connected to Take'Em Down NOLA, Women's Dinner Wednesdays, New Orleans Hospitality Workers Alliance, People's Community Sing.

Check website or facebook for events & programs

**New Orleans Public Library**

(504) 596-2560, [www.nolalibrary.org](http://www.nolalibrary.org)

219 Loyola Ave., New Orleans, 70112 (Main Branch)

Public library system of New Orleans. Access to all kinds of media (books, movies, etc.), computer use, classes and tutoring programs at locations around GNO. See website for full listing of locations, hours & programs. Services by appointment due to Covid, including contactless curbside pick up, returns, prints and copies; 45-minute In-Library appointments to browse and checkout, use a public computer, charging stations; wifi in and around each building; wireless printing; Culture Pass

**Xavier University Health & Wellness Center**

504-733-1127, [wellnessctr@xula.edu](mailto:wellnessctr@xula.edu)

5110 Jefferson Hwy (next to Wal-Mart),

M-F 9-5 or by appointment

Programs and services that are offered at the Wellness Center include:

Blood pressure checks, Blood sugar checks, Blood cholesterol checks, Healthy cooking classes, Healthy living classes, Diabetes classes

Free; Call or email for info *Spanish spoken? N*

**General Advocacy & Education****Adult Education (GED) Program at Delgado Community College**

[www.dcc.edu/academics/adult-education/default.aspx](http://www.dcc.edu/academics/adult-education/default.aspx) or [facebook.com/nolaged](https://facebook.com/nolaged)

504-671-5434

615 City Park Avenue (Registration in Bldg 7, Room 170), New Orleans, 70119

Structured classes in the mornings, afternoons, and evenings, at sites throughout New Orleans that are flexible in finding a class schedule that meet a student's availability.

Students are welcomed and encouraged to stay in the program as long as needed. We also offer unique opportunities for students to begin college level classes at Delgado as they finish earning a GED. Additionally, we offer ELL classes and Computer Literacy seminars.

Free; Call or check website for schedule. *Spanish spoken? Y, in ELL classes*

**The Data Center**

[www.datacenterresearch.org](http://www.datacenterresearch.org)

Online system-wide maps of New Orleans schools, child care centers, afterschool programs, regional hospitals and community clinics; geared toward non-profit organizations but available to anyone with internet access. *Spanish spoken? N*

**Educational Program at Hispanic Apostolate and Catholic Charities**

504-457-3462, 504-722-5692 ESL, 504-457-3462 citizenship

[www.ccano.org/english-second-language-classes](http://www.ccano.org/english-second-language-classes)

2505 Maine Ave, Metairie, 70003

ESL and citizenship classes throughout greater New Orleans area. Support with immigration, social services, job placement, taxes, worker's rights, other services. GNO 722-5692; Tulane 862-3420.

\$25 fee for textbook, financial aid available; Call for info *Spanish spoken? Y*

**Imagine Water Works**

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)

Advocacy and disaster readiness and response through a lens of anti-oppression, harm reduction, and collective liberation. Current projects include: the Mutual Aid Response Network, the Community Power Map (Charging Stations), Imagine Mutual Aid on Facebook, an "Anonymous Storm Prep Q&A" on Instagram, annually updated hurricane season guides, the Queer/Trans Guide to Hurricane Season, and the New Orleans Community Resource Guide.

701 Loyola Ave Suite 108

Monday thru Friday, 8:00 am to 4:00 pm

Primary Care, OBGYN Care, Children's Care

Accept Medicaid, Medicare, private insurance, and offer a sliding scale for uninsured patients who qualify.

**InclusivCare (Jefferson Community Health Care Centers)**

[InclusivCare.com](http://InclusivCare.com) [info@inclusivcare.com](mailto:info@inclusivcare.com)

Primary care at 4 Jefferson Parish locations

Adult and pediatric care, including vaccinations, Covid testing & vaccinations, PAP smears/family planning, STI and HIV testing, low cost pharmacy. Specialty services are podiatry, general dental and nutritional counseling. Must bring a picture ID, proof of where you are living (a bill), and proof of income.

Sliding scale for uninsured (\$20-\$85) not including lab costs. Medicaid, Medicare, and Private insurance.

Appt or Walk-in at 7:30 AM

**InclusivCare Avondale**

504 436 2223

3932 US Route 90, Westwego, Louisiana 70094

M-Th 8-5 Fri 8-230

**InclusivCare Lafitte**

504 436 2223

5140 Church Street, Lafitte, Louisiana 70067

Medical (Mon & Tues 8-5) Dental (Wednesday 8-5)

**InclusivCare Kenner**

504-463-3002, Family Dental Services 504-347-8377, 504-762-8921

[www.inclusivcare.com](http://www.inclusivcare.com)

2552 Williams Blvd., Kenner, LA 70062

M-Th 8-5 Fri 8-230

**InclusivCare Marrero**

504-371-8958, Family Dental Services 504-347-8377, 504-762-8921 [www.jchcc.org](http://www.jchcc.org)

7017 Lapalco Blvd., Marrero, 70072

M-W 8-5; Th 8-7 (last patient at 6:30); F 8-2

**Jefferson Parish Health Unit (A)**

504-838-5100, regional office 504-599-0100

111 N Causeway Blvd., Metairie

M, Tu, W, F 8am-4:30pm

Covid Testing and Vaccinations W, F: 8-3, WIC: M, Tu, W, 8-4:30PM

Telehealth appointments on Fridays

STD testing and treatment, vaccinations for children, pregnancy testing, family control, breast exams, environmental health services, WIC, TB and HIV/AIDS testing

and treatment. Must bring a picture ID, proof of where you are living.  
Sliding Scale depending on service. Appt. only; Walk-in for STD services  
*Spanish spoken? Y, language line*

#### **Jefferson Parish Health Unit (B)**

504-349-8802 1855 Ames Blvd., Marrero

M-F 8-4:30

STD testing and treatment; immunizations for up to age 18; pre-natal care; planning; PAP smears; birth control; breast exams; WIC; TB and HIV/AIDS testing and treatment. For environmental health services, call 504-349-0092.

Free & Sliding Scale depending on service; Mostly Appt., Some Walk-ins.

*Spanish spoken? Y, language line*

#### **LSU Family Medicine - Oschner**

504-471-2750 200 W Esplanade Ave., Ste. 412, Kenner, 70065

M-Th 8-5 Fri 8-12

Complete adult and pediatric primary care, including pre-natal care, adolescent care, PAP smears, STI testing. Photo ID required.

Sliding Scale (\$30 minimum, proof of income required), Medicaid, Medicare, some private insurance; Appt. only *Spanish spoken? Y*

#### **Luke's House**

504-444-7879 [www.lukeshouseclinic.org](http://www.lukeshouseclinic.org)

2222 Simon Bolivar Ave, New Orleans, 70113

Phone calls received M-F 8-4, call for appointment

Primary care for adults (including basic lab tests), spiritual health counseling, mental health counseling, referrals, vaccinations, prescription assistance. Thursday clinic includes bilingual (Spanish-English) providers.

Free; Appointment only due to Covid

*Spanish spoken? Y, always on Thursdays, sometimes on Tuesdays*

#### **New Orleans East Louisiana Community Health Center (NOELA)**

Adults 504-255-8665, Pediatrics 504-309-8390 [www.noelachc.org](http://www.noelachc.org)

13085 Chef Menteur Hwy, New Orleans (East), 70129

M-F 8-5, Sat 8am-12pm. Call for after hours services.

Adult primary health care services, including women's health (OB/GYN), mental health, social services, diabetes classes, pharmacy assistance. Pediatrics across the street at 14401 Chef Menteur Hwy, Ste C.

Sliding scale for uninsured based on income. Medicaid, Medicare, some insurance.

Appt preferred, walk-ins OK *Spanish spoken? Y, Se habla espanol & Vietnamese*

#### **New Orleans Musicians' Clinic (part of LSU Healthcare Network)**

504-412-1366, fax 504-412-1298, [www.nomaf.org](http://www.nomaf.org)

3700 St. Charles Ave, 2nd Fl., New Orleans, 70115

M-F 9-5

Professional musicians, culture bearers, and their families living in the greater metro

#### **NORDC (New Orleans Recreation Development Commission)**

504-658-3000, [www.nordc.org](http://www.nordc.org)

Many programs and facilities for Orleans Parish people of all ages, including aquatics, ballet, music lessons, football. Must register each season.

Free or low cost; Due to COVID-19, this program is available with reservations only.

Visit [nordc.org/calendar](http://nordc.org/calendar) to reserve your slot today.

*Spanish spoken? Y, for some programs*

#### **Queerfit**

8:15 pm on Tuesdays and 8:30 am on Sundays

Free weekly LGBTQ+ community workout space for everybody and every body (all fitness levels welcome). In-person participants must provide proof of at least one dose of an approved COVID vaccine or negative PCR/antigen test within 72 hours, in alignment with city guidelines.

[instagram.com/queerfitnola](https://www.instagram.com/queerfitnola) [facebook.com/groups/queerfitnola](https://www.facebook.com/groups/queerfitnola)

Contact: email [gmbnola@gmail.com](mailto:gmbnola@gmail.com) or message @queerfitnola on instagram

#### **Recirculating Farms Coalition/Growing Local NOLA**

1924 Jackson Ave, New Orleans, LA 70113 [recirculatingfarms.org](http://recirculatingfarms.org) IG @recircfarms

Community garden, farm, and resource hub for food access. Free classes & community events, including yoga, farming, beekeeping, cooking, & more.

#### **Vitality Natural Health:**

3401 St. Claude (entrance on Desire)

<https://nolavitality.com> Email: [jennifer@nolavitality.com](mailto:jennifer@nolavitality.com)

Sliding-scale private acupuncture and herbal medicine by appointment only. Monday-Thursday, hours vary. Appointments may be scheduled online, credit/bank card required for online scheduling; please send an email if this is a barrier, and also to discuss sliding scale options. TGNC welcome.

Qigong classes Tuesday evenings, (hours TBD, check website or send an email to confirm). N95 / KN95 mask required. HEPA air filter running in treatment rooms at all times. *Spanish Spoken? Y, Se habla español.*

#### **Women's Center for Healing & Transformation**

(985) 892-8111 [www.womenscenterforhealing.org](http://www.womenscenterforhealing.org)

71667 Leveson St., Abita Springs, 70420

Programs to foster connection, growth & empowerment among women. Includes exercise, support groups, breathwork, listening circles, spirituality, art classes, social justice forums, & more. Counseling services on a sliding scale. Many programs free or sliding scale/donation requested; some set fees; Due to Covid-19, all programs are conducted online; Visit the website for available classes, registration information, fees, and Zoom links.

Many programs free or sliding scale/donation requested; some set fees; Call or email for info on meetings & projects *Spanish spoken? Y, sometimes*

culturally conscious care. Community care is self care. No Cost.

### **Blue Bikes for All**

[www.bluekrewe.org](http://www.bluekrewe.org) [matt@bluekrewe.org](mailto:matt@bluekrewe.org)

Low cost access to bicycles throughout New Orleans. Blue Bikes For All membership is \$4 a month for local folks who use SNAP and Medicaid. To sign up, these riders just take a photo of their Louisiana Purchase or Medicaid card in our app and are approved for the reduced-fare membership in 24 hours.

### **Brinton Family Health & Healing Center at Tulane Community Health Center**

Wellness Programs 504-988-9354 [medicine.tulane.edu/centers-institutes/brinton-family-health-healing-center](http://medicine.tulane.edu/centers-institutes/brinton-family-health-healing-center)

711 N Broad St., New Orleans, 70119

Schedule varies, call or check website for calendar

Cooking classes, computer classes, smoking cessation, and growing list of other Wellness Programs. This site hosts Krewe du Lose- a weekly community group to discuss how to live healthier with supportive, Peer Leaders who share tips for long-term lifestyle changes Free; Call for info *Spanish spoken? Y*

### **Hispanic Family Health Helpline**

1-866-SU-FAMILIA (783-2645), [sufamilia@hispanichealth.org](mailto:sufamilia@hispanichealth.org),

[www.healthyamericas.org](http://www.healthyamericas.org)

M-F 9-6 EST, voicemail after hours

Health info (including mental health) in Spanish and English, assistance in finding low cost Spanish speaking services. *Spanish spoken? Y, Se habla espanol*

### **Maypop Community Herb Shop**

[maypopherbshop@gmail.com](mailto:maypopherbshop@gmail.com)

(504)304-5067 [www.maypopherbshop.com](http://www.maypopherbshop.com)

2701 St. Claude Ave, New Orleans, 70117

Shop is open for online & walk-up orders. Walk-up orders taken Monday, Wednesday, Friday & Saturday from 1 - 6 pm. Join email list for updates & resources. Check the website to schedule in-depth consultations and "clinic" appointments.

Most services on sliding scale; Call, walk in or email for info

*Spanish spoken? Y, call or email to confirm*

### **NADA New Orleans**

3401 St. Claude (entrance on Desire) <https://nadaneworleans.weebly.com/>

Email: [donoharm@riseup.net](mailto:donoharm@riseup.net); IG @nada.nola

Free ear acupuncture in a group setting provided every Thursday from 6:30-8:30.

Please arrive by 8 for treatment. N95 / KN95 mask required. NADA is helpful for managing stress, anxiety, cravings, sleep troubles, substance use, trauma. It supports overall well-being.

*Spanish spoken? Some but not all volunteers speak Spanish; written info and consent form available in Spanish.*

New Orleans area are eligible for the following medical services: health assessments, primary care, including OB/GYN, mental health, and social services information and referrals. Open to all culture-bearers, including vocalists, Mardi Gras Indians, Baby Dolls, etc. and adult household members.

\$10 per person, also Medicare, Medicaid, private insurance; Appt only, call to begin enrollment. *Spanish spoken? N, French, ask for Katherine Lasperches*

### **Odyssey House Health Clinic**

504-821-9211, [www.ohlcommunityclinic.org](http://www.ohlcommunityclinic.org)

1125 N Tonti St. (& Gov. Nichols St.), New Orleans, 70119

M-Th 8-5

2700 South Broad St appointment only M-F 8-5 (*same phone*)

Primary adult health care, including labs, TB tests, flu vaccinations and mental health. See Addiction Services section for info on additional programs. Pharmacy onsite.

Sliding scale fee to those in treatment, homeless or w/out income (proof required); no one turned away. lab costs vary. Walk-in OK. *Spanish spoken? Y*

### **St. Charles Kenner Community Health Center**

504-712-7800 [www.stcchc.org](http://www.stcchc.org)

1401 W. Esplanade, Ste 108A, Kenner

M-Th 8-4:30, F 8-12

Complete pediatric and adult primary care services, including PAP smears, social work.

Sliding scale for uninsured (\$15 min. for first visit, \$10 for established patients); Medicaid, Private insurance. Appt. only *Spanish spoken? Y, Se habla espanol*

### **St. Thomas Community Health Center – Multiple Locations**

504-529-5558, 504-529-8840 fax, [www.stthomaschc.org](http://www.stthomaschc.org) [info@stthomaschc.org](mailto:info@stthomaschc.org)

2014 Magazine St M-F 7:30am-5pm

1936 Magazine M-Th 7:30-5, F 7:30-1

3221 General De Gaulle NOLA 70114 (Algiers) Wednesday 8-5pm

230 Ochsner Boulevard (Gretna) M-Th 7:30-5, F 7:30-1

Adult and pediatric primary medical care including OB/GYN, STI and HIV testing, optometry, diabetic clinic, lab services, mental & behavioral health, and referrals. Telemedicine available.

Specialty Services: LA Breast Cancer Screening (mammograms) M-F 8-4:30, some Saturdays (call to check).

All forms of insurance, Medicaid, Medicare. Sliding scale for uninsured, \$30 minimum. Mammograms are free for ages 40+. Glasses, \$35. Call at 8AM for same day/next day appt. or walk-in. Appt. required for eyeglasses.

*Spanish spoken? Y, for medical services, Se habla espanol*

### **Veterans Health Care System of S.E. LA**

1-800-935-8387, 504-412-3700 [www.neworleans.va.gov](http://www.neworleans.va.gov)

24 Hour Veterans Crisis Line: Call 800-273-8255 and select 1

Text 838255 TTY 800-799-4889

2400 Canal St., New Orleans

M-F 7:30-4:30

Primary care M-F 7:30-4, Urgent care 8-5; Serves only veterans. Primary care, mental health, dental services, prescriptions, pharmacy. Bring VA ID. All Veterans, spouses, and caregivers eligible for Covid vaccine

Mental Health Clinic: 504-507-5550 more resources at [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

Fees & Rx vary according to income. Appt. preferred, urgent care walk-in OK

*Spanish spoken? N*

### **Mental Health**

This section has three parts listed below. In addition, for free counseling for survivors of violence or youth impacted by systems, please also see the Anti-Violence section.

- Adult, Children, Family & Couples Mental Health Counseling
- Adult Psychiatric, Case Management & Mental Health Team Support
- 24 Hour Counseling Access Lines

### **Adult, Children, Family & Couples Mental Health & Counseling**

#### **Beacon Behavioral Health**

504-581-4333, [www.beaconbh.com](http://www.beaconbh.com)

3200 Ridgelake Dr., Ste 100, Metairie 70002

Monday- Friday 8:00am-4:30pm

Outpatient group therapy for adults, including elderly, to improve or maintain an individual's ability to function as well as alleviate symptoms that may significantly interfere with functioning in at least one life domain (familial, social, occupational and/or educational). Not equipped to work with transgender and non-binary patients-- sends client referral to Crescent Care for trans/nb safe group therapy. Most commercial insurance accepted; Medicaid, United healthcare, Aetna, Healthy Blue. *Spanish spoken? N*

#### **Broadmoor Improvement Association**

504-249-5130 [wellness@broadmoorimprovement.com](mailto:wellness@broadmoorimprovement.com)

[www.broadmoorimprovement.com](http://www.broadmoorimprovement.com)

3900 General Taylor, New Orleans (Broadmoor)

Office hours M-Sat 9-5, Food Pantry Mon 10-12 & Wed 1-3

Wellness Center Hours M-Th 9am-9pm Fri 12pm-9pm Sat 9am-2pm

Social services, health and wellness programs, counseling services for individuals and couples on a sliding scale.

See listing in Basic Needs for other services.

Free; Call for appt. *Spanish spoken? Y, upon request*

senior volunteer programs, senior companion program & more.

Free; Appt. only *Spanish spoken? Y, by request*

### **SAGE New Orleans**

504-517-2345 [www.sageneworleans.org](http://www.sageneworleans.org)

2601 Tulane Ave. Ste. 500, New Orleans, 70119

Services and advocacy for LGBT+ older adults in the New Orleans metro area, including trainings and workshops on LGBT+ cultural competence for healthcare and other service providers, and social and educational events for LGBT+ older adults. As advocates on behalf of the LGBT older adult community, Committed to ensuring that all LGBT older adults can live their best lives with the dignity, respect, and good health that they deserve. Free; Call for info *Spanish spoken?*

### **Senior Centers with Jefferson Council on Aging**

(504) 888-5880 800-635-1437 [www.jcoa.net](http://www.jcoa.net)

Activity Centers & Meals, including exercise program and games for self-sufficient seniors. For members of Jefferson Council on Aging 55 and older.

Free for activities, small donation requested for meals; *Spanish spoken? N*

### **Wellness**

#### **Anna's Place NOLA**

(504) 947-2121 [www.annasplacenola.org](http://www.annasplacenola.org) [annasplace@stannanola.org](mailto:annasplace@stannanola.org)

1313 Esplanade Ave, New Orleans, 70116

Mon 12-3, Wed 3:30-7

Promoting healing and wholeness of body, mind and spirit in the Tremé/7th Ward and Greater New Orleans community by offering academic, cultural, and arts enrichment; and healthy lifestyle education. Call or check website for schedule. Free; Walk-in *Spanish spoken? N*

#### **Ashe Cultural Arts Center**

504-569-9070, [ashecac@gmail.com](mailto:ashecac@gmail.com), [www.ashecac.org](http://www.ashecac.org)

1712 Oretha Castle Haley Blvd., New Orleans, 70113

M-F 9-6

Creates and supports programs, activities and creative works emphasizing the contributions of people of African descent. Center offers theater programs, children's artistic and cultural programs, wellness events and more. Sistahs Making A Change health and wellness program provides dance and health education on Monday and Thursday evenings from 6-8 pm. Call or visit website for schedule. Most programs Free; Call, walk in see website for info *Spanish spoken? N, some French speakers on staff*

#### **Beautiful Bipolar Community Organization**

[linktr.ee/beautifulbipolar](https://linktr.ee/beautifulbipolar) [instagram.com/beautiful.bipolar](https://www.instagram.com/beautiful.bipolar)

[www.facebook.com/BeautifulBipolar1/](https://www.facebook.com/BeautifulBipolar1/)

A mental wellness collective of creatives, counselors & healers who practice



## **Elderly**

### **Clover New Orleans (formerly Kingsley House)**

504-523-6221 [www.clovernola.org](http://www.clovernola.org)

Main Campus: 1600 Constance St. New Orleans, LA 70130

Columbia Parc Office: 1401 Saint Denis St. New Orleans, LA 70122

M-F 9-5

Activities and recreation for adults and seniors; adult daycare (ext 694); breakfast, lunch and snacks provided. Additional programs: early head start (ext 692), pre-school (ext 693). Full day kids' summer camp (registration in March). All services available to transgender and gender non-conforming people. Also offers workforce development (ext. 695), tax prep.

Appt. Only *Spanish spoken?* Y

### **Harmony House Senior Center**

504-267-3333

2201 Barracks St., New Orleans, 70119

M-F 9-2:30

Program for seniors 60+. One hot meal served. Activities include field trips, arts & crafts, birthday parties. For a ride, you must live between Canal, Moss, Franklin and Decatur Streets. Call between 7:30 and 8:30 AM to be picked up.

Free; Limited services due to Covid-19. Call for more infor. *Spanish spoken?* N

### **Mercy Endeavors Senior Center**

504-568-0607, Fax: 504-568-0699 [www.mercyendeavors.org](http://www.mercyendeavors.org)

457 Jackson Ave, New Orleans, 70130

M-F 8-4

Socialization, recreation, health programs, spiritual programs, retreats, crafts, computer classes and various other activities to approximately 100 seniors. The program stresses independence and strives to keep older adults active and out of nursing homes. The on-site parish nurse makes referrals, translates medications and medical instructions, as well as encourages weight loss and healthy diets.

\$35 annual membership fee requested, no one turned away, proof of income required as part of application; Walk in *Spanish spoken?* Y, *Se habla espanol*

### **New Orleans Council On Aging**

504-821-4121 ext. 120 for questions about services; [www.nocoa.org](http://www.nocoa.org)

2475 Canal St., Ste 400, New Orleans, 70119

M-F 8-4

Info hub for senior centers & services all over New Orleans. Non-profit corporation responsible for seeing that a comprehensive and coordinated assortment of social, recreational, educational, employment and nutritional services are made available for all persons aged 60 and over in the City of N.O. Programs include direct information, advocacy and referrals, low-cost comprehensive dental services, legal services, caregiver support groups, Meals on Wheels, personal care assistance, light home maintenance assistance, utility assistance, minor home repairs, retired &

### **Celebration Hope Center**

504-833-4673, [www.celebrationhopecenter.org](http://www.celebrationhopecenter.org)

1901-B Airline Dr., Metairie, 70001

Monday-Thursday 9:00am-6:00pm

Faith-based program offering group, individual and couple counseling sessions; support groups including mental health & substance abuse. Sliding scale available with a minimum payment of \$30. Insurance accepted-- Blue Cross Blue Shield and United Healthcare. *Spanish spoken?* N

### **Children's Bureau**

504-525-2366, [www.childrensbureauola.org](http://www.childrensbureauola.org)

After hours emergencies: (504) 269-2673

2626 Canal St., Ste 201, New Orleans, 70119

M-F 9-6

Virtual and in person services available

Provides individual counseling for children (4-24) affected by grief & trauma, domestic violence, SIDS or disaster in Orleans and Jefferson Parishes and surrounding areas. Mental health rehabilitation service with diagnosis (Medicaid program) - psychiatric services, medication management, intensive individual & family therapy available.

No charge for services; *Spanish language services available.*

### **Children's Hospital's Audrey Hepburn CARE Center**

504-896-9237 [chnola.org](http://chnola.org)

1101 Calhoun St., New Orleans

Free treatment and medical forensic exams for minors in cases of sexual or physical abuse or neglect.

Youth Emergency Psychiatric facility.

Free; *Spanish spoken?* Y

### **Community Care Hospital**

For information on admissions call 504-899-2500 and ask for Intake Coordinator  
Outpatient Care 504-894-1999

1421 General Taylor St., New Orleans, 70115

M-F 9-5

Appointment only inpatient and outpatient psychiatric care for adult and geriatric patients. Individual, family and group therapy available. Transportation for outpatient services provided as needed. Medicare and private insurance accepted.

*Spanish language interpreters available upon request.*

### **Crescent Care**

504-821-2601- Provides a vast array of wrap-around services and programs. In this section highlighting their Behavioral Health component, medicaid covered individual counseling and psychiatry. There is often a several-month waitlist for these specific services.

Free; *Spanish spoken?* Y, *Se habla espanol*, 504-207-2273, *marque 2*

**DuraCARE Counseling & Consulting Services, LLC**

504-327-5753 Fax: 504-3275824 Emergency Line: 504-428-4874

www.duracarecounseling.com

4323 Division St. Suite 102, Metairie, 70003

M-F 9-5

Counseling services for adults, children, adolescents & families for the following: perpetrator counseling, anger management counseling, depression, anxiety, marriage and couple concerns, parent and child concerns, childhood and adolescence, child and family counseling, grief and loss, post-traumatic stress, and children/adult psychiatric medication management. Clients enrolled in DuraCARE's program may receive services in home, at our office, and some services are available via online distance counseling. DuraCARE also has a registered play therapist on staff, with a fully equipped play therapy and sand-tray therapy center on site.

LA Medicaid, Aetna insurance, medicare, TriCare, self pay, sliding scale;

Call for appointment *Spanish spoken? Y*

**Fathers Matter Program**

504-325-5405, fathersmatter@compassionoutreach.org

1228 Horace Street, New Orleans, LA 70114

www.compassionoutreach.org/fm

Support groups/ group therapy and parenting skills for fathers. A program of Compassion Outreach of America. Programs include: Dad Discussions, weekly facilitated sessions to allow you to share your parenting experiences and learn new things to incorporate into your life. Also, Daddy Bootcamp, a group for new fathers.

*Spanish spoken? N*

**Integrated Family Services**

504-822-4333

3604 Canal St., New Orleans, 70119

M-F 8-4

Individual and family counseling; Children ages 6-17 with behavioral problems in school or at home.

Medicaid only; Appt. Only *Spanish spoken? Y*

**Jefferson Parish Human Services Authority/ Jeff Care Community Services**

504-349-8708 for West Bank residents or 504- 838-5257 for East Bank residents;

After hours crisis line: 504- 832-5123; www.jphsa.org

Administrative Offices: 3616 S. 1-10 Service Rd., Metairie, 70001

Office hours M-F 8-4:30

Adult and child mental health, addictive disorders and developmental disability services are provided. Services include psychiatric, psychological, counseling, case management, and crisis.

Services are provided in individual and in group settings. Selected evening services are available.

JPHSA Locations:

Access Service Center West Bank, 5001 WB Expressway, Marrero, LA 70072;

**Start the Adventure in Reading Child Literacy Program (STAIR)**

504-899-0820, 504-202-8187, www.stairnola.org, shannon@stairnola.org

1545 State St, New Orleans 70118

M-F 9-5 office hours

Tutoring for 2nd grade students identified as needing assistance in reading. Due to COVID, programming is virtual at this time. See website for additional information. Free; *Spanish spoken? Y, in some locations, call to check*

**Urban Impact Ministries & Castle Rock Community Church**

(504) 523-5556, www.urbanimpact.org

2323 Galvez St., New Orleans, 70125

M-F 1:30-4 summer day camp hours, M-F 9-5 office hours

Youth activities, including after-school homework help, recreation programs and summer programs.

Free for Central City residents; Walk in or call for info *Spanish spoken? N*

**VAYLA (Vietnamese American Young Leaders Association)**

504-264-2452 www.vayla-no.org

13235 Chef Menteur Hwy. Unit A, New Orleans (East), 70129

Physical office closed due to Covid

Intersectional AAPI (Asian American Pacific Islander) nonprofit organization based in New Orleans focused on advocacy through providing environmental and reproductive justice education, community organizing education, and comprehensive civic engagement.

Call or visit website for info *Spanish spoken? Y, and Vietnamese*

**YEP (Youth Empowerment Project)**

Eastbank (504) 658-9221, Westbank 504-658-4577

www.youthempowermentproject.org

1604 Oretha Castle Haley Blvd. (classes held at 139 S Broad) in Central City, 1111 Newton St., 2nd Fl. in Algiers, New Orleans, 70119

M-Th 10-7, F 10-2

GED and basic literacy instruction to out-of-school youth and adults 16 and older from the Greater New Orleans region. Free; Call for info *Spanish spoken? N*

**Young Aspirations/Young Artists (YaYa)**

504-529-3306, www.yayainc.com

3322 LaSalle St., New Orleans, 70112

M-F 10-6

Afterschool & professional enrichment program for youth ages 13-25, working with adult artists as mentors. Social justice oriented arts program.

Free; Call or check website for info *Spanish spoken? N*

Support for high school students working towards a goal of earning a college degree. Application period is during 8th grade year (sometimes 9th or 10th if space is available), students must attend Orleans Parish school.  
Free; Call for info *Spanish spoken? Y*

### **The Reengagement Center**

(504)249-5130, x1800 [www.neworleansyouthalliance.org/reengagement-center](http://www.neworleansyouthalliance.org/reengagement-center)  
Direct services and connection hub for young people, ages 16-24, disconnected from postsecondary and employment opportunities. The Center is a pilot project of the New Orleans Youth Alliance and offers free postsecondary counseling, case management, supportive services, and direct referrals to over 40 training opportunities across the region.

Call or email [info@reengagementcenternola.org](mailto:info@reengagementcenternola.org) for info or appointment.

Free; *Spanish spoken? N*

### **Rethink**

504-332-5533 [www.therethinkers.org](http://www.therethinkers.org)

705 Flood St, New Orleans, 70117

Youth organizing and leadership development organization that trains Black and brown young people to be organizers to support positive transformative change in their community. Programming under two umbrellas: Roots Crew 12-14 year olds and Branch Division 15-25. Our programs are year round with concentration during the school year and membership and lead organizer training in the summer.

Free; Call for schedule *Spanish spoken? N*

### **RUBARB (Rusted Up Beyond All Recognition Bikes)**

[rubarbike.com](http://rubarbike.com), [buildit@rubarbike.org](mailto:buildit@rubarbike.org)

2239 Piety (Piety & Tonti) or call Liz at 504-943-0216, New Orleans

M 3-7, Fri 10-2

Volunteer-run educational bike project, focused on youth, with open workshops, field trips, and affordable refurbished bikes. All are welcome to come learn to build & repair bikes. All bike donations welcome.

Free; *Spanish spoken? Y, some bilingual volunteers*

### **START Drop In Center**

504-350-8434 [www.startcorp.org/new-orleans](http://www.startcorp.org/new-orleans)

1512 N. Roberts Ave, New Orleans, 70116

Mon - Thurs 11-7, Fri 11-5:30

Call or drop in for current schedule and for group and case management times.

Serving homeless and at-risk youth ages 14-24, including youth who are transgender and gender non-conforming. Harm reduction philosophy. Day center with food & clothing closets, mail, laundry, internet access, crisis management.

Referrals for housing assistance, mental & physical health services, HIV/STI testing, check ups, immunizations. Free; Walk in *Spanish spoken? N*

Access Service Center East Bank 3616 S. 1-10 Service Rd., Metairie, LA 70001 (walk-in 8-3);

Adult Community Behavioral Health Services, 3616 S. 1-10 Service Rd., Metairie, LA 70001,

Community Services for Persons with Developmental Disabilities and Their Families, 3300 West Esplanade Ave., Ste 208, Metairie, Louisiana 70002

Compulsive Gambling Treatment Program, 1506 Williams Blvd., Kenner, LA 70062;

East Bank Adult/Child & Family Services Center, 3616 S. 1-10 Service Rd., Metairie, LA 70001;

Kenner Adult/Child & Family Services Center, 1506 Williams Blvd., Kenner, LA 70062

West Bank Adult/Child & Family Services Center, 5001 West Bank Expressway, Marrero, LA 70072

Sliding Scale (with paycheck stub), Medicaid, Medicare, some private insurance

*Spanish spoken? Y, at some locations, call 504-471-2700*

### **Jewish Family Service**

504-831-8475 [www.jfsneworleans.org](http://www.jfsneworleans.org)

3300 West Esplanade Ave. Suite 603, Metairie, 70002

M-Th 9-5, F 9-4

Social services including individual & group counseling (all ages), suicide prevention life line, support groups and services for disabled and elderly persons, including homemaking, case management.

Sliding scale \$18 & up, no one turned away Appt. only

*Spanish spoken? Y, call ahead to arrange interpreting*

### **LSU HSC Child & Family Counseling Clinic**

(504) 556-3451, [cfcc@lsuhsc.edu](mailto:cfcc@lsuhsc.edu)

3450 Chestnut St., New Orleans

M-Th 9-5, can flex hours based on counselor availability.

Play therapy center for children. Individual sessions and child play therapy groups.

Medicaid accepted. Insurance is the sole method for accessing sessions.

*Spanish spoken? Dependent on staff/interns*

### **Loyola Center for Counseling and Education**

504-864-7858 [LCCE@loyno.edu](mailto:LCCE@loyno.edu)

Second Floor, Mercy Hall, 2020 Calhoun St., New Orleans

M-Th 1PM-8PM

Mental health counseling services on a sliding scale to all families, couples, groups, and individuals at every stage of life. Any amount you can afford.

Call or email for appt. *Spanish spoken? Depends on staffing at the time*

### **Mercy Family Center**

Algiers 504-376-2590 Metairie 504-838-8283 Mandeville 985-727-7993

[www.mercy.net/neworleansla](http://www.mercy.net/neworleansla)

Algiers: 3221 Behrman Pl., Ste. 105, New Orleans, 70114

Metairie: 110 Veteran's Blvd., Ste 425 Metairie, 70005

Northshore: 1445 W Causeway Approach, Mandeville, 70471,

M-F 8-5

Psychological counseling & treatment for children, youth & adults at three GNO Locations. Including gender-affirming behavioral health services for transgender and non-binary clients.

Medicaid, Insurance, Sliding scale for uninsured individuals ONLY; Submit application online to begin process- must have applied for Medicaid first

*Spanish spoken? N*

### **Milestones Mental Health Agency**

504-483-9883, fax 504-483-9082 [milestonesmha.com](http://milestonesmha.com)

4919 Canal St., Ste 203, New Orleans, 70119

M-F 8:30-4:30

In-home mental health services for children and teenagers, including skills training; also family services and parenting help, outpatient therapy for caregivers. For residents of Orleans & Jefferson Parishes.

Medicaid only; Call to check availability *Spanish spoken? N*

### **Plaquemines Community C.A.R.E. Centers Foundation, Inc**

504-393-5750 [www.pcccf.org](http://www.pcccf.org)

115 Keating Drive, Belle Chasse, LA 70037

M-F 9-5 Counseling services for all ages on a sliding scale.

Medicaid and General Insurance *Spanish spoken? Y*

### **Training Grounds**

(504) 240.8379, [support@mytraininggrounds.org](mailto:support@mytraininggrounds.org) [www.mytraininggrounds.org/](http://www.mytraininggrounds.org/)

2200 Lafitte Ave New Orleans, LA 70119

TrainingGrounds creates supportive learning environments to enable caregivers and educators to provide children with quality experiences that promote healthy brain development, appropriate adult-child interactions and positive social-emotional skills.

Free. *Spanish spoken? Y*

### **True Love Movement**

504-309-LOVE [truelovemovement.com](http://truelovemovement.com)

Mental health counseling services specifically for the Black community. "The mission of True Love Movement is to empower Black people to achieve optimal health and wellness through counseling, education, community activism and the production of creative arts and media all of which promote self-awareness and self-LOVE."

Call for information on services and payment options

### **Tulane Behavioral Health Center - Tulane Medical Center**

504-988-4794

1415 Tulane Ave, 4th Floor of Hospital, New Orleans, 70112

M- F 8-4:30

Activities and recreation for adults and seniors; adult daycare (ext 694); break-fast, lunch and snacks provided. Additional programs: early head start (ext 692), preschool (ext 693). Full day kids' summer camp (registration in March). All services available to transgender and gender non-conforming people. Also offers workforce development (ext. 695), tax prep.

Appt. Only *Spanish spoken? Y*

### **Grow Dat Youth Farm**

(504) 300-1132 [growdatyouthfarm.org](http://growdatyouthfarm.org)

150 Zachary Taylor Drive (In City Park near Pan American Stadium)

Grow Dat is a five month leadership program that recruits and hires high school students to work in the field of urban agriculture. Through the collaborative work of growing food, the program focuses on developing a sense of responsibility, community, environmental stewardship, and service among participants. Grow Dat's mission is to nurture a diverse group of young leaders through the meaningful work of growing food.

### **Head Start New Orleans**

504-861-6344

List of Head Start locations is online at: [www.ccano.org/head-start-program](http://www.ccano.org/head-start-program)

Preschool program for children age 3-5 who come from low-income or disadvantaged homes and need enrichment, life-skills and school readiness training to prepare them for entry into kindergarten. Children with disabilities included. Referral by self/family or social service agency, application.

Free if qualified.; Enroll online via One App *Spanish spoken? Y, Se habla espanol*

### **Kedila Family Learning Services**

(504) 723-8831, [dipo@kedila.org](mailto:dipo@kedila.org), [www.kedila.org](http://www.kedila.org)

1922 S Salcedo St., New Orleans, 70125

Summer Camp 8:30-3, in multiple locations, call or check website.

Summer camp programs for ages 6-14; Training programs for ages 18-24, including GED/HiSet prep, culinary & hospitality and basic construction training.

Free; Walk-in or call *Spanish spoken? N*

### **Level Up Campaign**

(504) 533-1652 [thelevelupcampaign.myportfolio.com](http://thelevelupcampaign.myportfolio.com)

[thelevelupcampaign@gmail.com](mailto:thelevelupcampaign@gmail.com)

1123 Lamanche St, New Orleans, LA 70117

Activities and meals for youth 13-24 in the Lower 9<sup>th</sup>. Programs include music, art, yoga, design, printing, environmental justice, community outreach.

Call, email or check Instagram for updates: @thelevelupcamp

### **New Orleans College Track**

504-577-2021 [collegetrack.org/communities/neworleans-la](http://collegetrack.org/communities/neworleans-la)

2225 Congress St., New Orleans, 70117

M-F 11-7

### **Urban League of Louisiana**

urbanleaguela.org 504-324-4444

4640 S. Carrollton Ave., Suite 140, New Orleans, LA 70119

This program is designed to assist unemployed and underemployed youth and adult job seekers in the attainment of social skills, education, and job skills to increase their participation and retention in the workforce.

### **Online Job Postings arranged by category, frequently updated:**

www.indeed.com

www.glassdoor.com

workNOLA.com

www.ziprecruiter.com

### **Community Support & Education**

This section is in four parts:

Youth; Elderly; Wellness; and General Advocacy & Education

### **Youth**

#### **Agenda for Children**

504-586-8509, 800-486-1712 www.agendaforchildren.org

8300 Earhart Blvd., Suite 201, New Orleans, 70118

M-F 9-5

Child care resource & referral program helps families find and choose high quality care. Also programs and counselors to assist parents with child care referrals for their specific needs, and training workshops for child care providers. Most programs free, trainings between \$10-\$50.; Call for info, all services virtual due to Covid *Spanish spoken? Y*

#### **BreakOUT!**

(504) 252-9025, www.facebook.com/youthBreakOUT, www.youthbreakout.org

4327 Canal Street, New Orleans, 70119

M & T 9-5, Wed 1-6, Th & F 9-5; Drop-in hours vary, call ahead.

Youth organizing, leadership development, healing justice programs for LGBTQ youth (ages 13-24) who are impacted by the juvenile and criminal justice system; Official intake site for the office of the independent police monitor; Resource referrals for LGBTQ youth, including GED program referrals and transgender-specific resources and support.  
Free; *Spanish spoken? N*

#### **Clover New Orleans (formerly Kingsley House)**

504-523-6221 www.clovernola.org

Main Campus: 1600 Constance St. New Orleans, LA 70130

Columbia Parc Office: 1401 Saint Denis St. New Orleans, LA 70122

M-F 9-5

Outpatient services for all psychiatric disorders serving children, adolescents, and adults. This hospital sees ALL individuals and accepts medicaid. Services include medication management, therapy, and counseling. \$20 for students, \$25 for non-students; Appt. Only. *Spanish spoken? N*

### **University of Holy Cross Counseling and Training Center**

504-398-2168

4123 Woodland Dr, New Orleans (Algiers), 70131

M-Th 11-7

Counseling services are administered by either graduate students or post-graduate students supervised by senior staff.

\$15 per session, check or cash, no Medicare, Medicaid or insurance accepted; reduced cost on case by case basis. Appt. Only *Spanish spoken? Y*

### **Vet Center**

504-565-4977

www.va.gov/directory/guide/facility.asp?ID=5456

For assistance after hours, weekends, and holidays call: 1-877-WAR-VETS (1-877-927-8387)

1250 Poydras Suite 400, New Orleans, 70113

Hours M-Th 7am-6pm F 8-4:30pm

Will work with clients to fit their schedule outside of normal hours.

Mental health services for combat veterans.

Free; Call for appt. and eligibility info; walk-ins OK *Spanish spoken? N*

### **Whole Village Art Therapy**

504-603-7136, bahareh@wholevillageart.org

Provides free mental health services. Mission is to reduce the stigma associated with mental health and increase accessibility to counseling. Work in a variety of settings including schools, shelters and community spaces. Provide free drop-in community art making events on a monthly basis. Available to all ages.

### **Adult Psychiatric, Case Management & Mental Health Team Support**

#### **Assertive Community Treatment**

504-247-9120, www.rdh.org

1901 Westbank Expressway, Suite 550, Harvey LA 70058

Monday-Friday 8:00am-5:00pm

Multidisciplinary, recovery oriented team, which provides in-home treatment to adults diagnosed with a serious mental illness. ACT is designed for individuals who are not able to have their needs met in traditional outpatient settings. The ACT Team includes Psychiatrists, Nurses, Mental Health Professional, Addiction Counselors, Vocational Specialists and Peer Specialists. Medicaid; LCS (Louisiana community service) slots limited. LCS allows for Medicare or uninsured patients.  
*Spanish language interpretation available by request.*

**Community Care Hospital**

For information on admissions call 504-899-2500 and ask for Intake Coordinator  
Outpatient Care 504-894-1999  
1421 General Taylor St., New Orleans, 70115  
M-F 9-5

Appointment only inpatient and outpatient psychiatric care for adult and geriatric patients. Individual, family and group therapy available. Transportation for outpatient services provided as needed. Medicare and private insurance accepted.

*Spanish language interpreters available upon request.*

**Crescent Care**

504-821-2601- Provides a vast array of wrap-around services and programs. In this section highlighting their Behavioral Health component, medicaid covered individual counseling and psychiatry. There is often a several month waitlist for these specific services.

Free; *Spanish spoken? Y, Se habla espanol, 504-207-2273, marque 2*

**LSU Behavioral Sciences Center**

504-412-1580, 504-412-1309, 504-412-1540, fax 504-412-1536

[www.lsuhsn.com/locations/](http://www.lsuhsn.com/locations/)

478 S. Johnson St., 7th Floor - New Orleans

M-F 8-5

Psychiatry services for adults and children.

Call to make psychiatry appointments, but counseling services are by referral only once you've begun working with a Psychiatrist. Accepts residents of all LA parishes. Not always accepting new clients, but encouraged to call back. Must have photo ID. Patient will be billed \$80 for first visit. \$40 each for further visits. Can accept insurance. Call for appt. *Spanish spoken? N*

**Metropolitan Crisis Response Team**

504-826-2675 24 hours a day

Telephone and face-to-face triage, assessment, and intervention for persons experiencing mental health or substance abuse crises. 24/7 clinical staff used to prevent unnecessary mental health hospitalizations and instead link consumers to community based services that better address their needs.

Free *Spanish spoken? Y, interpreters upon request, also interpreters for the hearing impaired*

**Metropolitan Human Services District**

Office Line: 504-568-3130 Office hours M-F 8-4:30

Crisis Line: 504-826-2675 Help is available 24 hours a day, 7 days a week

[www.mhsdla.org](http://www.mhsdla.org)

Outpatient mental health services provided for adults, including medication, crisis counseling, addictive disorders

Services at 5 locations in Orleans & Plaquemines Parishes, coordinated through main MHSD office at number above.

**Liberty's Kitchen**

504-822-4011 [www.libertyskitchen.org](http://www.libertyskitchen.org)

300 N Broad (in ReFresh Project), New Orleans, 70119

Career Preparation program for youth ages 16-24, includes case management, education and job placement services, with small stipend. Prepared to work with trans and gender non-conforming youth.

Call for info or apply online. *Spanish spoken? N*

**New Orleans Job Corps**

504-484-3501 [Neworleans.jobcorps.gov](http://Neworleans.jobcorps.gov) [glomb.heather@jobscorps.org](mailto:glomb.heather@jobscorps.org)

M-F 8-4:45

Academic, vocational, and social skills training program for low-income young people ages 16-24.

Free; all programs virtual, reach out to make an appointment. *Spanish Spoken? N*

**Operation Spark**

504-534-8277 514 Franklin Ave., New Orleans, LA 70117

M-F 9-5

Youth and adult learning programs. Adult workforce program prepares students for an in-demand, high-wage career in software development and computer programming. After graduation, networking and employment connection opportunities are available.

Free

**SNAP Employment and Training**

1-888-524-3578 | [dcfs.louisiana.gov](http://dcfs.louisiana.gov) | [la.helpu.dcf@la.gov](mailto:la.helpu.dcf@la.gov)

Offers SNAP recipients the opportunity to gain skills, training, and work experience. Education includes job retention, job search training, and work experience. Applications online, complete SNAP application and send to DCFS. SNAP recipients eligible for federal reimbursement where qualified for transportation, dependent care and supportive services, such as clothing, uniforms, equipment, emergency temporary housing assistance, books, supplies, and tools. Free to SNAP recipients; *Spanish Spoken? N*

**Unemployment Insurance/LA Workforce Commission**

866-783-5567, [www.laworks.net](http://www.laworks.net)

24 hrs. Automated system

Info about and help applying for unemployment insurance benefits. Need to be (1) out of work due to no fault of your own (2) able to work (3) available to work (4) actively seeking work. Amount awarded depends on previous wages earned. Takes around 3 weeks to receive benefits. Information about job service, employer tax info, labor and employment law also available.

Free; *Spanish Spoken? Y, language line*

3400 Tulane Ave, New Orleans, 701119

Resource maintained by city government, includes listing for Job1, Workforce Recovery, etc. Free; *Spanish Spoken? Y*

### **Cafe Reconcile Youth Hospitality Training Program**

(504) 568 1157 Fax: (504) 568 9599 | [www.cafereconcile.org](http://www.cafereconcile.org)

1631 Oretha Castle Haley Blvd., New Orleans, 70113

8 week paid job training program for youth ages 16 to 24; includes hands-on job training and life skills classes, a competitive stipend, daily meals, uniforms, and employment counseling. The program also covers professional communication methods, resume and cover letter writing, Front of House hospitality and Back of House Culinary techniques, and personal and professional life skills. Also provides connections to support services including mental health, child care, housing assistance, legal aid, and health care. Gladly accept transgender and gender non-conforming applicants.

Free; Call for info or fill out application online *Spanish Spoken? N*

### **Deep South Center for Environmental Justice**

504-272-0956 [www.dscej.org](http://www.dscej.org) 9801 Lake Forest Blvd, New Orleans, LA 70127

M-F 10-4

Free environmental health and safety training to undeserved New Orleans residents ages eighteen years and older. The comprehensive environmental and construction training includes academic remediation, life skills, job readiness, and computer basics, as well as hands-on work simulation training in environmental technical courses designed to prepare trainees for careers in the construction and environmental remediation industry. Program graduates receive environmental certifications and are assisted with job placement in construction & environmental remediation jobs locally and across the United States.

Free; Applications online; *Spanish Spoken? Y*

### **East Jefferson Business & Career Solutions Center**

504-838-5678 1801 Airline Drive, Suite A Metairie, Louisiana 70001

Clients can meet with a career counselor. Get assistance in finding and applying for jobs, attend job training, and receive other employment support.

### **Jefferson Parish Workforce Connection**

[www.jeffparish.net/departments/workforce-connection](http://www.jeffparish.net/departments/workforce-connection)

M-F 8:30-4:30

Job training, computer access for job search and resume creation and connections with vocational schools. Some classes through Delgado. Trainings for Jefferson Parish residents only, computer access open to all, Louisiana ID required.

Two locations: West Jefferson American Job Center 1900 Lafayette Street, Suite 1, Gretna, LA 70053 (504-227-1283).

East Jefferson American Job Center 1801 Airline Drive, Suite F Metairie, LA, 70001 (504-838-5678).

Free; Walk in; *Spanish Spoken? Y, in Eastbank office; N in Gretna office*

Locations:

Central City Behavioral Health Center: 2221 Phillip St., New Orleans, 70113

Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave, New Orleans, 70117

Algiers-Fischer Behavioral Health Center: 3100 Gen. DeGaulle Ave., Ste 203, New Orleans, 70131

New Orleans East Behavioral Health Center: 5630 Read Blvd., Second Floor, New Orleans, 70127

St. Bernard Behavioral Health Center: 6624 St. Claude Ave., New Orleans

Medicaid, Medicare, Do not take private insurance, No fee for uninsured; call for info; Appointment only *Spanish spoken? Y, via language line*

### **NAMI (National Alliance on Mental Illness) New Orleans**

Main Number: 504-896-2345; West Bank: 504-368-1944 Fax 504-896-2240

[www.namineworleans.org](http://www.namineworleans.org)

1538 Louisiana Ave., New Orleans

M-F 8:30-4:30 Office Hours, Uptown Drop-In Center T & Th 1:30-4:30

NAMI New Orleans provides mental health day treatment and services to adults with chronic mental illnesses, as well as support and education for adults with mental illness and their families, including numerous support groups.

Drop-In Center and all support and education programs are free; Medicaid and other insurance accepted for additional services. Walk-In during Drop-In hours or Call for Appointment *Spanish spoken? N*

### **Positive Living Treatment Center**

504-827-2701

3330 Canal St., New Orleans, 70119

M-F 9-5

Community mental health center dedicated to quality care of individuals with diminished functioning capabilities due to an emotional or psychiatric disorder.

PLTC offers an alternative to an inpatient setting and a transitional, psycho-social rehab option that fosters independence, dignity and respect for all persons served through a partial hospitalization program, as well as a community based outreach program.

Call for Appt./Intake info and to discuss payment options *Spanish spoken? N*

### **Tulane Behavioral Health Center - Tulane Medical Center**

504-988-4794

1415 Tulane Ave, 4th Floor of Hospital, New Orleans, 70112

M- F 8-4:30

Outpatient services for all psychiatric disorders serving children, adolescents, and adults. This hospital sees ALL individuals and accepts medicaid. Services include medication management, therapy, and counseling. \$20 for students, \$25 for non-students; Appt. Only. *Spanish spoken? N*

**Volunteers of America (VOA) - Mental Health Services**

504-485-0147 or 504-482-2130

127 S. Solomon St., New Orleans, 70119

M-F 8:30-5

Support for homeless persons with mental illness. Call for referrals to any service, including case management and supportive housing for Mental Health patients.

Free; Call for referrals *Spanish spoken? N*

**24 Hour Counseling Access Lines****Cope Line by Via Link**

504-269-COPE (2673) or simply dial 2-1-1

Also links to the Nat'l Suicide Prevention Lifeline 800-273-8255 [www.vialink.org](http://www.vialink.org)

24 hours - Information & social services for persons in crisis including counseling, referrals and connecting to community resources. Resource department works to connect with all kinds of organizations, including those centering transgender and non-binary folks.

Free *Spanish spoken? Y, using over-the-phone translation service- available for many languages*

**National Suicide Prevention Lifeline**

800-273-8255 (English & Spanish), 888-628-9454 (Spanish), 800-799-4889 for hearing & speech impaired with TTY [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

24 Hours

Counseling and support.

*Spanish spoken? Y, Se habla espanol*

**Dental & Eye Care****CrescentCare Dental Services**

504-821-2601- ask for dental dept.

1631 Elysian Fields Ave, New Orleans, LA 70117

M-F 8:30 a.m. - 4:30 p.m.

Sliding scale based on income

Appointment only; Same day appointments sometimes available for emergencies only (call first)

COVID-19: masks required. LGBTQ+ friendly. *Spanish interpretation available*

**Crescent City Vision**

(504) 347-9988

M,T,W,F 9 a.m. - 5 p.m. (closed 12-2 for lunch)

Sliding scale based on income; extra considerations for unhoused individuals (letter from shelter required)

Appointment only *Spanish interpretation available*

Processes SSI/Disability Claims. It takes approx. 180 days to process a claim. Go to local SS office for assistance with signing up - call for locations - or use website to apply electronically.

Free; *Spanish spoken? N, interpreting can be arranged*

**Medicare**

800-633-4227, [www.medicare.gov](http://www.medicare.gov)

Health Insurance program for citizens of 65+ years or those receiving SSI or disability benefits for 2+ years. Individuals with Lou Gehrig's disease (ALS) or end-stage renal disease also qualify. Enrollment through Social Security Office 800-772-1213, which also has a "Low SS Program" that qualifies individuals who need extra help paying for medicine. Free; *Spanish spoken? Y, Se habla espanol*

**New Directions Adult Day Health Care Center**

504-943-9418 1523 N Dorgenois St., New Orleans, 70119

M-F 7-4:30

For mentally impaired adults who need daytime care. Includes care and supervision; health screenings and preventative care; group, individual and social activities; nutritious meals and snacks; information and referrals; social evaluation; recreation and exercise; personal care training; education; counseling and reality orientation; community based transportation.

\$57/day, Medicaid and Medicaid waiver; Call for info

*Spanish spoken? Y, upon request*

**Support Groups at East Jefferson General Hospital**

504-456-5000 [www.ejgh.org](http://www.ejgh.org) 4200 Houma Blvd., Metairie, 70006

Meeting times vary

Numerous support groups, including: Stroke survivors & their families, Parkinson's, A-Fib, Ostomy, Epilepsy, Diabetes, Celiac, & more. Call or see website for schedule.

Free; *Spanish spoken? N*

**Touro Diabetes Center**

504-897-8813 [www.lcmchealth.org/touro/our-services/diabetes-care/](http://www.lcmchealth.org/touro/our-services/diabetes-care/)

Touro Diabetes Center Medical Arts Building 3439 Prytania Street 5th Floor, Suite 501 New Orleans, LA 70115

7:30 am - 5:30 pm, Monday – Friday

Outpatient diabetes education and training w/ MD order. Physician's order needs to be completed, signed and faxed to 504.894.8586

Medicare, Medicaid, private insurance, sliding scale for uninsured (60% off); Appt. only *Spanish spoken? Y, language line*

**Employment****City of New Orleans Workforce Development**

[www.nola.gov/economic-development/workforce-development/job1/](http://www.nola.gov/economic-development/workforce-development/job1/)

504-658-4500



often reproduced by the mental health system. We are unable to provide medical advice or professional care referrals. Free crisis toolkit resource list available.

#### **Goodwill of Southeast Louisiana**

504-456.2622; [www.goodwillno.org](http://www.goodwillno.org)

3400 Tulane Ave, Ste 1000, New Orleans, 70119

647 Main Street Baton Rouge, LA. 70801

1750 Martin Luther King Blvd. Suite 108 Houma, LA 70360

Career Development services for people with disabilities: skills training, job placement and job retention, supported employment. Programs for veterans and formerly incarcerated people. Free; *Spanish spoken? N*

#### **Jefferson Council on Aging/Aging & Disability Resource Center**

800-635-1437 504-888-5880 [www.jcoa.net](http://www.jcoa.net)

6620 Riverside Dr., Ste 107 & 216, Metairie, 70003

8:30 a.m. to 3:30 p.m. Monday through Friday.

Assistance for Jefferson, St. Charles, St. James, and St. John the Baptist Parishes residents ages 60+ or disabled, including utility assistance, prescription assistance, job training/placement, meal delivery, referrals for equipment and homemaker services (limited to once per month). Social Security number required. Application process done over the phone or in person.

Free; Fee requested for meals. Call for appt. *Spanish spoken? Y, Se habla espanol*

#### **LATAN (Louisiana Assistive Technology Access Network)**

(225) 925-9500 or (800) 270-6185 [www.latan.org](http://www.latan.org)

3042 Old Forge Drive, Ste D, Baton Rouge, 70808

AT Demonstration Center 10988 N. Harrell's Ferry Rd., Ste. 5 Baton Rouge 70816

M-Th 8:30-5:30, Fri 8:30-4

Helps LA residents access devices, technology and aids that allow a person to be more independent, through reduced-interest, fixed-rate, extended-term loan program. Assistive Technology (AT) Marketplace (donated AT devices available for low or no cost). See website for additional programs. *Spanish spoken? N*

#### **Lighthouse Louisiana**

504-899-4501 Toll-Free: 888-792-0163 Baton Rouge 225-275-1200

[www.lighthouselouisiana.org](http://www.lighthouselouisiana.org)

123 State Street, New Orleans 70118

One American Place, Suite 150 Baton Rouge, LA 70802

Monday - Friday 8:00am - 4:00pm

Serves people in the region who are blind or visually impaired by providing employment opportunities and other services; some services for the Deaf also.

Most services are free; Call for info or appt. *Spanish spoken? N*

#### **LA Office of Disability Determinations**

504-361-6335 [www.ssa.gov](http://www.ssa.gov)

M-F 8-4:30

#### **Dental & Optometry Programs at DePaul Community Health Centers**

**Carrollton:** 3201 S. Carrollton, New Orleans, LA 70118 - Dental (504) 212-9550) & Optical (504) 212-9553

**St. Cecilia:** 1030 Lesseps St., New Orleans, LA 70117 - Dental (504) 941-6079

**Gentilly:** 100 Warrington Dr., New Orleans, LA 70122 - Dental (504) 282-2146

M - F 8 a.m. - 1 p.m. & 2 p.m. - 5 p.m.

Sliding scale based on income; accepts some private health insurance, Medicaid appointment only *Spanish interpretation available*

#### **Excelth Family Dental Clinic**

(504) 620-0500 - for both locations

**Algiers** - 1111 Newton Street, Suite 207, New Orleans, LA 70114

**New Orleans East** - 9900 Lake Forest Blvd., New Orleans, LA 70127

M-F 8 a.m. - 5 p.m.

Adults and children seen

Sliding scale based on income (bring photo ID & proof of income), Medicaid

Appointment only; Same day appointments for emergencies only (call first)

*Spanish interpretation available*

#### **Healthcare for the Homeless (Dental Program)**

(504) 658-2785

2222 Simon Bolivar Ave., New Orleans, LA 70113

M - F 8:00 a.m. - 4:00 p.m.

1530 Gravier St., New Orleans, LA 70112

M - F 7:30 a.m. - 3:30 p.m.

1111 Newton St., New Orleans, LA 70114

T- Th 8:00 a.m. - 4:00 p.m.

Services for the unhoused and community at large

Accepts Medicaid and offers "layaway" program to pay for services (cash only),

sliding fee scale based on income (paperwork required)

*Spanish interpretation available*

#### **InclusivCare (Jefferson Community Health Centers) – Dental Services**

(877) 302 4985 [inclusivcare.com](http://inclusivcare.com)

7001 Lapalco Blvd., Marrero, LA 70072

3932 US Hwy. 90, Avondale, LA 70094

M - Th 8:00 a.m. - 5:00 p.m., F 8:00 a.m. - 2:30 p.m.

Sliding scale based on income (proof required), accepts some private insurance and Medicaid (call for info)

*Spanish and Vietnamese interpretation available*

#### **LSU Dental School Clinic**

(504) - 619- 8770 (specify age of patient when calling for appointment)

1100 Florida Ave., New Orleans, LA 70119

Reduced fee dental care for adults & children

No walk-ins, call for appointment

*Spanish interpretation available*

**Rivertown Optical**

(504) 461 - 5500

400 Williams Blvd., Kenner, LA 70062

M - F 9:30 a.m. - 3:00 p.m.

\$20 eye exam & \$20 glasses for low-income individuals. Proof of income, household size and expenses required.

**Optometry at St. Thomas Community Health Center**

(504) 529-5558

M- F 8:00 a.m. - 5: 00 p.m.

Medicare, Medicaid and many other insurance plans accepted; sliding scale based on income (\$30 minimum fee).

No walk-ins, call for appointment *Spanish interpretation available*

**Smiling Faces Family Dentistry**

www.smilingfacesnola.com (504) 483-7000

4747 Earhart BLVD Suite C, New Orleans, Louisiana, 70125

M-F 8 a.m. - 5 p.m.

Dental clinic for children & adults, 30+ years experience in New Orleans, welcoming to all genders and orientations.

Accepts Medicaid & private insurance, payment plans and assistance available for uninsured, determined on a case by case basis. *Spanish spoken? N*

**HIV/AIDS & STIs**

**Access Health Primary Care at Pythian**

504-226-2976

234 Loyola Ave Suite 300B New Orleans 70112

M-Th 8-4;30, F 8-12

Free at home HIV testing available via Access Health. Patients can call 504-500-8904 or visit [accesshealthla.org/location/access-health-louisiana-primary-care-new-orleans-pythian/](http://accesshealthla.org/location/access-health-louisiana-primary-care-new-orleans-pythian/) to request a test. See listing in Primary Care Clinics for additional services & locations. *Spanish spoken? Y, via language line*

**Brotherhood Incorporated**

(504) 566-7955, [www.brotherhoodinc.org](http://www.brotherhoodinc.org)

2714 Canal Street, Ste. 503 & 304, New Orleans, 70119

M-F 10-4

HIV/AIDS education for everyone, including preventative services, counseling, and testing; Housing information services for individuals with HIV and AIDS. Capacity building training for other organizations. Advocacy program. HIV/STI testing is free, anonymous & confidential. Now offering wraparound services ranging from sex education to case management, in-house social worker, transportation, and linkages with other agencies. Transitional housing available via Trinity House (HIV patients in

M-Th 10-6 EST, F 10-5 EST

National nonprofit organization that provides free, professional support services for anyone affected by cancer. Provides grants to aid with transport, homecare, and childcare for low income patients in cancer treatment. All interviews and applications are done through phone & mail.

*Spanish spoken? Y, leave voicemail & a Spanish-speaking counselor will call you .*

**Clover Adult Day Care**

504-523-6221 [www.clovernola.org/adult-day-care/](http://www.clovernola.org/adult-day-care/)

Main Campus: 1600 Constance St. New Orleans, LA 70130

Columbia Parc Office: 1401 Saint Denis St. New Orleans, LA 70122

Adult Day Care strives to be as cost-effective as possible while delivering the highest quality care and services. We work closely with participants, caregivers and their families to determine all payment options. Clover accepts the Louisiana Medicaid Waiver (ADHC), Community Choices Waiver (CCW), Residential Options Waiver (ROW), Veterans Administration (VA) benefits, and private pay. Private pay options are income-based with day and monthly rates available.

**Deaf Action Center**

(504)452-3354 [Shari.bernius@dacinterpretingservices.com](mailto:Shari.bernius@dacinterpretingservices.com)

[dacinterpretingservices.com](http://dacinterpretingservices.com)

Sign language interpretation services.

\$50 an hour fee, may be covered by insurance; Call or email for info

*Spanish spoken? Y, by request*

**Epilepsy Foundation of Louisiana**

Office: (225) 298-5499 Toll Free: (800) 960-0587 [www.epilepsylouisiana.org](http://www.epilepsylouisiana.org)

1882 Justice Avenue, Suite B4 Baton Rouge, LA 70816

Services for people with epilepsy and seizure disorder including support groups, counseling for the newly diagnosed, community education, assistance with medical support, information and referrals, medication assistance for indigent persons and a Hope mentoring program.

Free; *Spanish spoken? Y, Can call back with an interpreter*

**Families Helping Families**

Toll Free:1-877-243-7352 [www.fhfsela.org](http://www.fhfsela.org)

Orleans: 2401 Westbend Parkway Ste 3090, New Orleans, 70114

M-F 9-4

Information referral agency for individuals with disabilities and their family members. Free; *Spanish spoken? Y*

**Fireweed Collective**

[fireweedcollective.org](http://fireweedcollective.org) [administrator@fireweedcollective.org](mailto:administrator@fireweedcollective.org)

Mental health education & mutual aid through a Healing Justice lens, supporting the emotional wellness of all people, centering the needs of those most marginalized by our society. Seeks to disrupt the harm of systems of abuse and oppression,

Free; Call for info *Spanish spoken? Y, will provide interpreters*

### **Unity of Greater New Orleans**

504-899-4589, 504-821-4496, hotline 1-888-821-4542, [www.unitygno.org](http://www.unitygno.org)

2407 Baronne St. and 2475 Canal St., New Orleans, 70113

M-F 8:30-4, outreach Sat 8-4, Sun 10-5

The HUD-designated "continuum of care" intake for New Orleans, meaning most referrals to other housing assistance programs will go through UNITY. Assists in finding housing for the homeless, including outreach on the street and in abandoned buildings. They also run several Permanent Supportive Housing developments.

Call for info, no walk-ins *Spanish spoken? Interpreters available upon request*

### **Disability Access & Justice**

#### **ACE (Alzheimer's Care and Enrichment Program) at the Jewish Community Center**

504-897-0143, [www.nojcc.org](http://www.nojcc.org), [rachel@nojcc.org](mailto:rachel@nojcc.org)

5342 St. Charles Ave., New Orleans

M,W,F 10-2

Exercise, meal preparation, music, and interaction with nursery school children for persons with Alzheimer's Disease or related dementia. Monthly support group available for caregivers.

\$30 per day include meals, scholarships available; Call & ask for Rachel Ruth

*Spanish spoken? N*

#### **ARC of Greater New Orleans**

504-837-5105, 504-837-5140 [www.arcgno.org](http://www.arcgno.org)

925 Labarre Road Metairie, LA 70001, with service locations in NOLA, Chalmette, Westwego, and Covington.

M-F, 8-4

Services for people with intellectual disabilities; provides employment opportunities for individuals with special needs.

Private pay, Medicaid; *Spanish spoken? N*

#### **Cancer Association of Louisiana**

504-733-5539 or 800-624-2039; [www.cagno.org](http://www.cagno.org)

824 Elmwood Park Blvd., Suite 154, Harahan, 70123

M-F 9-4

Assistance with prescriptions & transportation for those undergoing cancer treatment; community education, including smoking cessation programs and projects geared for women undergoing breast reconstruction.

Free; Call for appointment or walk-in to pick application for assistance, which must be signed by a medical professional (applications can also be downloaded from website). *Spanish spoken? N*

#### **Cancer Care**

800-813-4673, 1-800-813-HOPE; [www.cancercare.org](http://www.cancercare.org)

need of transitional housing and case management) and the Dollhouse (for transgender individuals).

Free; Walk-in *Spanish spoken? Y, by appointment*

#### **CrescentCare**

504-821-2601 (ask about STI testing services) or visit [takecharge.cc](http://takecharge.cc) or [crescent-care.org/service/sti-testing/](http://crescent-care.org/service/sti-testing/)

1631 Elysian Fields Ave, New Orleans

- Walk-in rapid HIV testing is available Tuesdays 12-8, Wednesdays 10-5, Thursdays 10-3, and Fridays 10-5 at our St. Roch location (1631 Elysian Fields Ave.).

- Take-home HIV tests are available Monday-Friday from 9 am – 5 pm.

Service in Spanish is available Tuesdays 12-4 pm.

Case management, primary care clinic, assistance with primary medical care & medications, counseling, volunteer services, education, wellness center, and support services, Food for Friends program and assistance with housing placement. Outpatient substance abuse treatment program for HIV+ people, support groups including for Transgender people. Call for support group schedule. HIV testing no longer available in main office, but still available via prevention offices in the same building. See listing in Primary Care for additional services.

Free; Walk-in or appt.; Clinic by appt. only *Spanish spoken? Y*

#### **Delgado Reproductive Health Clinic**

(504) 658-2540, Fax 504-599-1057

517 N Rampart St, 4th Fl., New Orleans, 70112

M-F 7:45-4:30

STI testing and treatment for Syphilis, Chlamydia and Gonorrhea, testing for HIV, family planning services.

Income based sliding scale, \$10-\$200; Call for appt.

*Spanish spoken? Y, via language line*

#### **HIV Outpatient Program (HOP) Clinic**

UMC number 504-702-5700, Direct number 504-702-4344

[www.umcno.org/infectiousdisease](http://www.umcno.org/infectiousdisease)

2000 Canal St. (University Medical Center, Ambulatory Care Bldg), New Orleans

M-F 8-5

Services for patients with HIV/AIDS, infectious diseases. Hep-C clinic back in operation. New patients request "Phase 1" appt. HOP patient navigators can assist at 504-702-2858, 504-702-2681. PREP Clinic M, T, W @ 10am and 2pm, Th at 2pm, F at 7pm

Uninsured can apply for free care through the UMC financial aid office; Walk-in or appt. *Spanish spoken? Y, on call. Interpreting support through hospital.*

#### **Home Again (Concerned Citizens for a Better Algiers)**

(504) 362-7583, [www.ccfbano.org](http://www.ccfbano.org)

1409 & 1417 Nunez St., New Orleans (Algiers), 70114

M-F 9-5 office hours

Residential program for persons with HIV/AIDS with adult literacy program, GED prep, computer & job training.

Sliding scale: free for no income, otherwise 30% of income; Referral required

*Spanish spoken? Y, by appointment*

#### **LSU-CrescentCare Sexual Health Center**

504-293-6899 (call in advance as walk-ins only accepted when space available)

3308 Tulane Avenue, 5th Fl. New Orleans, LA

8 - 10:30 am, 12:30 -2:30 pm

Confidential testing and treatment for chlamydia, gonorrhea, HIV, Syphilis, and other sexually transmitted infections, with testing and onsite provision of most medications.

Medicare, Medicaid, and private health insurance accepted; sliding-fee scale available for those without insurance.

#### **Office of Public Health HIV/AIDS Program**

504-568-7474 [www.louisianahealthhub.org](http://www.louisianahealthhub.org)

1450 Poydras, Ste 2136, New Orleans, 70112

M-F 8-5

Referrals to other agencies for prevention & testing services

Free; Appt Only, Need Referral *Spanish spoken? Y*

#### **PAUSE - IWES**

[www.facebook.com/PAUSE.IWES](http://www.facebook.com/PAUSE.IWES) (504) 599-7712 [pause.iwes@gmail.com](mailto:pause.iwes@gmail.com)

Check facebook page for testing and education events.

PAUSE is a campaign run by the Institute of Women & Ethnic Studies (IWES) through its Media Advocates for Prevention Program. Free in-home HIV tests shipped to people 18+ in Orleans, Jefferson, St. Bernard and St. Tammany parishes - Contact [mdunham@iwesnola.org](mailto:mdunham@iwesnola.org) for more information.

#### **Priority Health Care**

(504) 309-3262, (504) 306-6057, 504-509-4800 [priorityhealthcare.org](http://priorityhealthcare.org)

[priorityhealthcare@phc-no.org](mailto:priorityhealthcare@phc-no.org)

12A Westbank Expwy Ste. 111, Gretna

Clinic open M-F 8-4, Thursday 10-6:30pm

Early Intervention Services (EIS), Primary Medical Care (PMC), Case Management and Medical Case Management (MCM).

Medical case management; provision of a range of client-centered services that link clients with health care, psychosocial, and other services that improve overall health.

Non-medical case management, provides advice and assistance to empower clients to access a variety of necessary services (including medical, social, community, legal and financial) that support medically related outcome measurements. Transportation provided.

Sliding scale based on income; Walk in for free HIV testing. Other services are by appointment only. *Spanish spoken? Y, via language line*

Affordable homeownership (monthly payments no more than 30% of your income and no interest on the mortgage) for local families or individuals who might not qualify for a traditional home loan. The program requires 250 volunteer hours with the organization and a need for shelter. Home repair services also available for those in need at 504-60-3349. Some rentals are available, call 504-609-3341.

Fee based on income; Call for info *Spanish spoken? Y*

#### **Neighborhood Housing Services of New Orleans**

504-899-5900 Fax 504-899-6190 [www.nhsnola.org](http://www.nhsnola.org)

4605 Freret St., New Orleans, 70115

M-T 9-3:30 Friday by appointment only.

Assistance for first time home-buyers, with education, foreclosure prevention counseling and credit repair classes. Assistance for home-owners with researching contractors and overseeing work done.

Some services free, fees for inspections, classes & estimates; website sign up *Spanish spoken? Y*

#### **Neighborhood Development Foundation**

504-488-0155 [ndf-neworleans.org](http://ndf-neworleans.org)

1429 S. Rampart Street, New Orleans, 70112

Homebuyer education, landlord education, and financial fitness classes. Classes accepted for most first-time homebuyer's assistance programs. Some properties for sale for low-income residents.

#### **Family Resources of New Orleans**

504-822-8519 [familyresourcesnola.org](http://familyresourcesnola.org)

817 N. Claiborne Ave., New Orleans, 70116

HUD-certified housing counseling agency providing housing counseling services such as: credit counseling, pre- purchase counseling, default/foreclosure prevention counseling, first time homebuyer's classes, financial literacy training, Self-Help Housing Program, individual development account (IDAs) enrollment and resources or referrals to social services organizations.

Some services free, fees for credit reports & homebuyers classes; Call for info *Spanish spoken? N*

#### **Louisiana Fair Housing Action Center**

504-596-2100, fax 504-684-4997 [www.lafairhousing.org](http://www.lafairhousing.org)

1340 Poydras, Ste 710, New Orleans, 70112

M-F 9-5

Investigations of discrimination complaints; legal support to survivors of discrimination based on race, color, religion, sex, national origin, familial status and disability in rental, eviction defense, sales, mortgage lending and homeowner's insurance transactions. Post-purchase housing counseling to homeowners who are behind on their mortgage payments, facing foreclosure, struggling with predatory loans, and dealing with insurance claims. Fair housing education to service providers and first-time homebuyers.

Gert Town  
Serving Orleans & Jefferson Parishes  
3425 Audubon Court; New Orleans, LA 70125  
Hours: M-F 8-4 PHONE: 504-488-4818  
Hope Haven  
Serving Jefferson Parish West Bank  
1101 Barataria Blvd.; Marrero, LA 70072  
Hours: M-F 8-4 PHONE: 504-371-7742

St. Bernard Center  
Serving St. Bernard Parish  
1519 E. Judge Perez Dr.; Chalmette, LA 70043  
Hours: M-F 8:30-4:30 PHONE: 985-735-7673

St. Gabriel the Archangel  
Serving Orleans Parish  
4700 Pineda St.; New Orleans, LA 70126  
Hours: M-F 9-4 PHONE: 504-286-0829

St. John the Baptist  
Serving Orleans Parish & UNITY clients  
1920 Clio St.; New Orleans, LA 70113  
Hours: M-F 9-4 PHONE: 504-581-4987

#### **Housing Authority of New Orleans (HANO)**

504-670-3300 [www.hano.org](http://www.hano.org)--website has pre-application  
4100 Touro St., New Orleans, 70122 Main office: M-F 8-5  
HANO runs public housing, including River Garden, Harmony Oaks, and Columbia Parc. They manage the waitlist for Section 8 vouchers for rental assistance, as well as listings of project-based vouchers throughout New Orleans. Tenants in Project-Based units pay 30% of their income for rent and utilities. There are closed waitlists for Section 8; "pre-applications" for waitlists are available on HANO's website.  
Free; *Spanish spoken? Y, Se habla espanol*

#### **Jane Place Housing Sustainability Initiative**

[jpnsi.org](http://jpnsi.org) 504-799-1704  
Columbus Street, Ste. 104 New Orleans, LA 70119  
Renter's Rights Hotline: 504-539-4504  
Community land trust providing advocacy and education for fair housing in New Orleans. Hosts monthly Renter's Rights Assemblies. Check website for other events & programs. Also offers affordable rentals; call for more information.

#### **Habitat for Humanity**

504-861-2077; Homeowner's Hotline: 504-609-3340 [www.habitat-nola.org](http://www.habitat-nola.org)  
2900 Elysian Fields, New Orleans  
M-F 9-5

#### **Project Lazarus**

(504) 949-3609, [www.projectlazarus.net](http://www.projectlazarus.net)  
Location confidential, PO Box 3906, New Orleans, 70177  
24 hrs.  
Transitional housing for men and women with HIV/AIDS who cannot live independently and whose family and friends are unable to care for them. Inhouse case management, meals, wellness program, job training. Programs for substance abuse, case management for non-residents.  
Sliding scale on case by case basis; Call for more info *Spanish spoken? N*

#### **Tulane Total Health**

504-988-3002 711 N. Broad St, New Orleans  
M-F 8-4:30  
Ryan White funded HIV clinic, set within the Tulane University Community Health Center which provides general primary care services to the community and is not designated as a stand-alone HIV clinic.  
Free if qualified, Medicaid, Medicare, insurance; Appt. required  
*Spanish spoken? Y, by appointment*

#### **Reproductive Health**

This section has four parts: Birth, Prenatal & Infant Care; Abortion Services; Family Planning; Advocacy & Education; and Cancer Screenings & Prevention.

#### **Birth, Prenatal & Infant Care**

##### **Birthmark Doula Collective**

504-515-1243, [admin@birthmarkdoulas.com](mailto:admin@birthmarkdoulas.com), [www.birthmarkdoulas.com](http://www.birthmarkdoulas.com)  
Provides information, support, and advocacy for pregnant and postpartum families through doula services, childbirth education, and infant feeding support. Also offers continuing education opportunities on infant feeding and perinatal emergency preparedness. Sliding scale based on income, and some insurance coverage available.  
*Spanish spoken? Y, by appt.*

##### **Family Birth Place at West Jefferson Medical Center**

(504) 349-6200, <http://www.wjmc.org>  
1101 Medical Center Blvd., Marrero, LA 70072  
Schedule varies every six months. (January- June 2023). Check website for current schedule: Classes offered once a month include - Labor and Birth, Caring for your newborn, and ABC's of Breastfeeding (all free). Classes offered once every other month include: Infant Safety & First Aid, Lamaze/Prepared Childbirth (call early in pregnancy to schedule) Mother-daughter Rap, and Family and Friends CPR. Additional classed resources include free car seat checkups, sibling TLC education, and Breastfeeding SOS. Most classes free of charge; Call or visit website for schedule  
*Spanish spoken? N. Spanish language support in office but not in classes.*

**Healthy Start New Orleans**

504-658-2600, [new.nola.gov/health/programs/healthy-start/](http://new.nola.gov/health/programs/healthy-start/)

1616 Fats Domino St., New Orleans, 70117

M-F 8-4 Provides women who are currently pregnant or have children under the age of 18 months the following: prenatal and parenting classes, emotional wellness counseling, breastfeeding education, free pregnancy test referrals, infant and children's services referrals, housing information referrals, job training referrals, WIC and nutrition education, transportation, community health referrals, support services referrals, father involvement support groups (NOLA Dads, Crescent City Dads) and more.

Free; *Spanish spoken?* Y

**La Leche League**

877-452-5324

[www.lllalsla.org](http://www.lllalsla.org), [www.llljefferson.com](http://www.llljefferson.com), [www.facebook.com/llljefferson](https://www.facebook.com/llljefferson)

Membership organization for breastfeeding support & education, meets monthly, call or email for info. New Orleans branch currently inactive; LLL of Jefferson meeting monthly. Jefferson Parish Library, Old Metairie Branch 2350 Metairie Road, Metairie, LA 70001 2nd Wednesday of the month 10:30 am-11:30 AM

For information, email

[Chelsea.H.Miller88@gmail.com](mailto:Chelsea.H.Miller88@gmail.com) [LLLJefferson@cox.net](mailto:LLLJefferson@cox.net) [clairelute@gmail.com](mailto:clairelute@gmail.com)

**Medicaid Programs for Prenatal Care**

There are several Medicaid providers available for expecting mothers under Bayou Health Network- for general information on programs please contact the Specialty Care Resource Line-1-877-455-9955 or visit [www.dhh.louisiana.gov](http://www.dhh.louisiana.gov) -If you want to apply for Medicaid, LA Moms, Take Charge, call 1-888-342-6207 -To find OB/GYN providers under the Bayou Health Programs contact the specific Medicaid provider: Amerigroup- 1800-600-4441 LACARE-1-888-756-0004 Louisiana Health Care Connections- 1-866-595-8133 United Community Plan of Louisiana- 1-866-675-1607 Community Health Solutions-1852475248

**Nurse Family Partnership**

(504) 568-5926 [www.nursefamilypartnership.org/locations/Louisiana](http://www.nursefamilypartnership.org/locations/Louisiana)

1450 Poydras, Ste. 1271, New Orleans

Maternal health program that introduces vulnerable first-time parents to caring maternal and child health nurses. Program nurses deliver the support first-time moms need to have a healthy pregnancy, become knowledgeable and responsible parents, and provide their babies with the best possible start in life. The relationship between mother and nurse provides the foundation of the program. Requirements for acceptance in the program are: Medicaid eligibility, first-time parent, resident of Orleans or Jefferson Parish, and less than 29 weeks of pregnancy. Free; Call or email for info *Spanish spoken?* Y

**Partners for Healthy Babies Hotline**

800-251-2229 hotline [www.1800251baby.org](http://www.1800251baby.org)

Emergency shelter for men and women. No children. Priority for long term stays for those in self-help recovery program. Short term stays: Arrive between 8 & 4 to fill out intake form, check-in starts at 4:45. Must leave in morning by 6 AM. Clothing available, 2 meals served daily. Legal counsel, supportive housing, medical services, counseling services, and employment skills resources also available. Free; Walk-In *Spanish spoken?* Y

**Salvation Army**

504-899-4569 [salvationarmyalma.org/nola/center-of-hope/](http://salvationarmyalma.org/nola/center-of-hope/)

Office:4526 S. Claiborne Ave Shelter: 4500 S Claiborne Ave, New Orleans, 70125

Office: 8:30-4:30 M-F Intakes 4:00pm-6:00pm. Morning departure by 7 AM, return to shelter at 4:00pm. Curfew is 6:00 pm. No weekend entries.

Emergency shelter for men (without children), women, and women with children for 30-90 days. First 7 nights free, \$10 thereafter, or voucher. Breakfast and dinner provided. Emergency shelter & case management for women with children for up to 3 months with referral from overnight shelter. Must have state ID, COVID test and current TB test.

Free for first 7 nights; *Spanish spoken?* Y

**Long Term Housing & Advocacy****Armstrong Family Services**

504-899-2995 [www.facebook.com/1015arm](https://www.facebook.com/1015arm)

1015 Henriette Delille St., New Orleans, LA 70119

Office Hours: M-F 8 a.m.-5 p.m.

Prevention in the form of rent/deposit assistance for families with very low income (with children) living in Orleans Parish. Clients cannot be pregnant, cannot be living in public housing, and cannot be receiving Section 8 vouchers. Case management for families with children, can help homeless parties due to eviction or other form of crisis; Intake Procedure: everything is managed by phone due to COVID. No longer offers temporary shelter. Free; *Spanish spoken?* Y

**Boystown, LA**

504-293-7900 [www.boystownlouisiana.org](http://www.boystownlouisiana.org)

300 N Broad St. Ste 106, New Orleans, 70119

Residential treatment for youth with emotional/behavioral problems. Teaches social, academic, and self-help skills. For boys ages 12-17. Must be referred from courts or legal guardian. In-home services, Early Head start program Medicaid; *Spanish spoken?* Y, *Se habla espanol*

**Catholic Charities Archdiocese of New Orleans**

Long-term or short-term case management with direct assistance for individuals/families with very low income (with some programs also available at neighborhood community centers as listed below)

Intake Procedures: Call the appropriate center below for info or an appointment.

Shelter for homeless youth 16-22. Education, case management, drop-in medical clinic, job readiness program, gardening programs, daycare/nursery, food and clothing in structured environment, Rites of Passage program. Services on an individual basis but will occasionally take adults on a case-by-case basis. Couples accepted, but housing is in separate facilities. Free to stay; sliding scale, Medicaid, Medicare, insurance accepted for health clinic (fees required for labs & tests); Call for info or walk-in. *Spanish spoken? N*

#### **Hagar's House for Women**

504-210-5064 [www.hagarshousenola.org](http://www.hagarshousenola.org) [hagarshouse@gmail.com](mailto:hagarshouse@gmail.com)

Intake hour(best time to call) M-F 9-5

Long term transitional housing for single women, children, transgender and gender non-conforming folks who are 18 or older, and women with children who are not using drugs, and not suffering from any serious mental illnesses. Programs include art & yoga, community gardening, and a working residents' savings program. Call to set up an intake appointment. A waitlist is typical; preference to those with additional barriers (transgender, not English-speaking, etc.). Free; Call to set up appt. *Spanish spoken? Y*

#### **New Orleans Low Barrier Shelter**

504-517-1815 1530 Gravier Street

24-hour intakes for individuals 18 years old or older. All genders. Accepts pets and provides storage locker. Guests can go in and out at any time. Meals for those staying overnight. Communal setting.

#### **New Orleans Mission**

504-638-5434 [www.neworleansmission.org](http://www.neworleansmission.org)

1130 Oretha Castle Haley Blvd., New Orleans, 70113

M-F 9-6 office hours; open 24/7

Overnight shelter for men & women. Intake/Check In from 3:30-5:30 PM. Breakfast/Lunch/Dinner served daily, only to those staying overnight. Must be out by 6:30 AM. Work program available for men & women with full time jobs. Walk-in. *Spanish spoken? Y*

#### **New Orleans Women & Children's Shelter**

504-522-9340, [www.nowcs.org](http://www.nowcs.org) 2020 S Liberty St., New Orleans, LA 70113

Transitional housing for homeless single women, including transgender women, 18 and older who have children under 18, pregnant women, and "intact" and single father-led families. Programs for residents include case management, parenting classes, employment program.

Free; Call for info *Spanish spoken? No*, but can arrange for interpreters.

#### **Ozanam Inn**

504-523-1184 [www.ozanaminn.org](http://www.ozanaminn.org)

2239 Poydras St., New Orleans

Intake 8-4, bed requests end at 4PM

Hours Central Time: M-F: 7am - 10 pm, Sat: 9am - 5pm; Sun: 12 - 8 PM

Partners for Healthy Babies connects Louisiana moms and their families to health and pregnancy resources, services and information.

Free; *Spanish spoken? Y, request upon calling.*

#### **Safe Haven Program**

833-lachild or 833-522-4453, text line at: 225-424-1533 (24/7)

[www.louisianasafehaven.com](http://www.louisianasafehaven.com)

Crisis intervention/Parent education hotline 24/7 Under Louisiana's Safe Haven Law, parents who are unable to care for a baby can bring their baby less than 60 days old to an emergency designated facility, or Safe Haven. By leaving the baby in the care of an employee at a Safe Haven facility, parents can give up custody of a baby with no questions asked. Parents can seek to reclaim parental rights within 30 days by contacting the local parish Office of Community Services.

Free; Call or visit website for Safe Haven locations & details of parental rights under the Safe Haven Law. *Spanish spoken? Y, through interpreter service*

#### **Saul's Light**

504-233-4573, [programs@saullight.org](mailto:programs@saullight.org), [saullight.org/sauls\\_light](http://saullight.org/sauls_light)

M-F, 9-5. However, we make ourselves available outside of those hours for families in emergencies.

Saul's Light supports Louisiana's neonatal intensive care unit (NICU) and bereaved families by responding to their unique social-emotional needs during their journeys. Saul's Light offers NICU and/or bereavement peer support, as well as connections and referrals to community resources, assistance programs and perinatal mental health resources. Saul's Light also offers limited support for transportation and material resource needs for NICU families. Additionally, Saul's Light partners with Fourth Trimester NOLA to run a monthly stillbirth and infant loss support group. Support provided to trans/non-binary people. While we are New Orleans-based, we work with families throughout Louisiana. For our NICU support program, we can only support families who currently have babies in a Louisiana NICU. For referrals, please include: name, number, email and language.

Free; *Spanish spoken? Yes, please email or text for Spanish-speaking social worker.*

#### **Abortion Services**

*As of June 2022, in light of the Dobbs vs Jackson Women's Health SCOTUS decision, abortion is completely banned in Louisiana. People seeking abortion care must travel out of state.*

*As of January 2023, the nearest state to Louisiana with legal abortion access is Florida (up to 15 weeks of gestation). After 15 weeks of gestation, options include but are not limited to: New Mexico, Illinois, North Carolina, and Virginia. As new legislation is introduced and implemented, these options are subject to change. Please utilize the INeedAnA or AbortionFinder websites for up-to-date information and to find the provider that works best for you logistically and based on your gestational age.*

*If you are seeking abortion care, we recommend you visit the INeedAnA or Abortion Finder website first, select the clinic of your choice, make your appointment, and ask the clinic directly about which funding sources (National Abortion Federation) and travel support networks they work with.*

### **INeedAnA**

[www.ineedana.com](http://www.ineedana.com)

Their goal is to provide a simple, up-to-date, and localized source of information for people seeking abortions. This is a website for locating. They show closest clinic options for people based on location, age, and estimated gestational age.

Free; *Spanish spoken?* Y

### **AbortionFinder**

[www.abortionfinder.com](http://www.abortionfinder.com) Text line: 435-3-FINDER (English); 218-3-BUSCAR (Spanish) AbortionFinder.org features the most comprehensive directory of trusted (and verified) abortion service providers and assistance resources in the United States. They show closest clinic options for people based on location, age, and estimated gestational age.

Abortion Finder is also available via text message. For service in English, text “Hello” to 435-3-FINDER; for service in Spanish, text “Hola” to 218-3-BUSCAR. Then provide your zip code, and they’ll reply with the three abortion providers closest to you.

Free; *Spanish spoken?* Y

### **National Abortion Federation**

[www.prochoice.org](http://www.prochoice.org) 1-800-772-9100

The National Abortion Hotline is the largest national, toll-free, multi-lingual Hotline for abortion provider information and financial assistance in the U.S. and Canada. They provide callers with accurate information, confidential consultation, and information on providers of quality abortion care. They also provide case management services and limited financial assistance to help you afford the cost of your care and travel-related expenses. The Hotline is free and offers services to everyone, regardless of your individual situation. The helpline is often very busy – callers may have to wait on the line for several minutes or call multiple times to successfully contact a case manager.

Hours Central Time: M-F 7 AM-6PM; Sat-Sun 7AM-3PM

Free; *Spanish spoken?* Y *Other language support available on request through the help of a Language Line*

### **Louisiana Abortion Fund**

<https://www.louisianaabortionfund.org> 844-442-2678

Louisiana Abortion Fund (formerly New Orleans Abortion Fund) provides support to Louisianans seeking abortion care. Services may include abortion funding, practical support (travel support), and resource referral. Instructions for potentially receiving support include calling their helpline and leaving a voicemail. There are no longer clinics providing care in Louisiana since SCOTUS’s Dobbs ruling in 2022.

Free; *Spanish spoken?* Maybe, *Information for Spanish speaking individuals can be*

- Crescent House/A program of the NOFJC (New Orleans) 504-866-9554, 701 Loyola Ave

- Beyond the Veil (New Orleans) 504-259-4844

- Metro Centers for Community Advocacy (Jefferson) 24 Hour Crisis Hotline: 504-837-5400 Toll-Free: 1-800-411-1333 EMERGENCY SHELTER

- Family Violence Program of Saint Bernard In Chalmette Crisis Line: (504) 277-3177

- The Haven (Houma) (985) 872-0757 Serving Terrebonne, Lafourche, and Assumption parishes

- Safe Harbor (Mandeville) 24-Hour Crisis Line: 985-626-5740 or 888-411-1333 St. Tammany & Washington Parishes

- Jeff Davis (Jennings) 337 616-8418 (Jeff Davis area) Toll free: 866-883-2232

Oasis (Lake Charles) Sexual Assault Hotline 866-570-7273 Domestic Violence Hotline 1-888-411-1333

### **National resource: INCITE! Women of Color Against Violence**

[incite.natl@gmail.com](mailto:incite.natl@gmail.com) [www.incite-national.org](http://www.incite-national.org)

INCITE! is a national activist organization of radical feminists of color advancing a movement to end violence against women of color in our communities through direct action, critical dialogue, and grassroots organizing. INCITE! is made up of grassroots chapters and affiliates across the U.S., including the Women’s Health & Justice Initiative and formerly the New Orleans Women’s Health Clinic; a national collective that works to leverage this grassroots organizing on a national and trans-national platform; and thousands of members and supporters internationally. INCITE! works with groups of women of color and their communities to develop political projects that address the multiple forms of violence women of color experience in our lives, on our bodies, and in our communities.

*Spanish spoken?* Y, *Se habla espanol*

### **Shelters & Housing**

**This section is in two parts: Short Term Shelters and Long Term Housing & Advocacy.**

#### **Short Term Shelters**

##### **Covenant House**

504-584-1111 [www.covenanthousenola.org](http://www.covenanthousenola.org)

611 N. Rampart St., New Orleans, 70112

Open 24 Hours; walk-in but must show a negative COVID test



violence in Orleans Parish. Services include temporary restraining orders, temporary child support, temporary custody, and temporary use of property. Through the Catholic Charities Archdiocese of New Orleans.

Free; *Spanish spoken? Y, Se habla español*

#### **Silence is Violence**

(504) 282-0607 [speakup@silenceisviolence.org](mailto:speakup@silenceisviolence.org)

Hours: 9-5 M-F

3401 St Claude Ave, First Floor, New Orleans, LA 70117 M-F 9-5

Advocacy and resources for survivors of violence of all crimes. For crime survivors families and friends, and violence prevention. Includes Victim Allies Project.

Free; Call or check website for info *Spanish spoken? N*

#### **STAR (Sexual Trauma Awareness & Response)**

Office: 504-407-0711 Fax: 504-509-6368 Hotline: 855-435-STAR [star.ngo](http://star.ngo)

123 N. Genois Street, New Orleans, 70119

Advocacy, counseling and legal services available to youth and adult survivors of sexual violence at no cost, intended to assist you at any stage of healing.

Free; Call or check website for info

#### **Tulane Law School Domestic Violence Clinic**

504-865-5153. 6329 Freret St. Ste 130, New Orleans, 70118 M-F 8:30-5

Provides civil legal services to survivors of domestic violence. Must call in advance for a phone screening, no walk-ins. In order to engage with this legal clinic you cannot be currently represented by an attorney. Clinic does not charge clients for its services, but its clients must be income- eligible to receive representation.

#### **Ubuntu**

504-345-8259, [ubuntuvillagenola@gmail.com](mailto:ubuntuvillagenola@gmail.com) [ubuntuvillagenola.org/](http://ubuntuvillagenola.org/)

2021 South Dupre St, New Orleans LA 70125

M-F 8:30-5p.

Family Advocacy in the Juvenile Courts. Ubuntu wants young people to know that they are part of a caring community and come from a rich cultural heritage. Provide an array of programming in New Orleans' juvenile jail and prison. Provide programming supporting families navigating this legal process for their youth. Parent support and leadership groups, promoting advocacy and research.

#### **Shelters for Victims Fleeing Violence**

These shelters are specifically for folks fleeing domestic or sexual violence and at unlisted locations. Call for intake—you will need to answer some questions about your situation for them to see if you qualify. If you experience discrimination in admission to any of these spaces due to your gender, contact Louisiana Coalition Against Domestic Violence - LCADV.org to report the discrimination if you choose. All shelters state they admit all genders and if they do not in practice, please let the LCADV know.

*found on their website (Informacion en español se puede encontrar en el sitio web de NOAF. Su linea de telefono es 844-442-2678. Oprime 1 para nuestra Línea de Apoyo en Español)*

#### **Tampa Bay Abortion Fund**

[www.tbafund.com](http://www.tbafund.com) 727-314-3956 [info@tbafund.com](mailto:info@tbafund.com)

TBAF removes financial and logistical barriers to abortion access. They specifically assist pregnant people seeking abortion at providers in several counties surrounding Tampa Bay. They also partner with numerous out-of-state clinics for Floridians over 15 weeks. For quickest response, please use the intake form found on their website. You can also call their intake line at 727-314-3956 and expect a response within 48 hours.

Free; *Spanish spoken? Y, Information for Spanish speaking individuals can be found by leaving a voicemail on their helpline 727-314-3956 or emailing them at [info@tbafund.com](mailto:info@tbafund.com)*

#### **Midwest Access Coalition**

[www.midwestaccesscoalition.com](http://www.midwestaccesscoalition.com) 847-750-6224 (Helpline for clients only)

MAC is a practical abortion fund. They do not provide financial assistance for abortion procedures—instead, they assist with the other costs and difficulties associated with getting an abortion. If you are traveling to, from or within the Midwest to access safe abortion services, they coordinate and fund lodging, transportation, and food and childcare support. Call or text their helpline at 847-750-6224

Free; *Spanish spoken? Y*

#### **Exhale: After-Abortion Counseling**

Text line: 617-749-2948 [www.exhaleprovoice.org](http://www.exhaleprovoice.org)

Text line hours Central Time M-F 5 p.m.–11 pm; Sat 3 pm–11 pm; Sun 5 pm–9 p.m. Nonjudgmental after abortion text line support for people who have had abortions and their loved ones.

Free & confidential; *Spanish spoken? Y, Se habla español; Other languages available upon request: Cantonese, Mandarin, Vietnamese, Tagalog.*

#### **Family Planning, Advocacy & Education**

##### **Adolescent Health Clinic (Children's Hospital Kids First Tiger Care Pediatric Clinic)**

(504) 299-9980 [www.chnola.org/Pediatrics/KidsFirstTigerCARE](http://www.chnola.org/Pediatrics/KidsFirstTigerCARE)

2633 Napoleon Ave. Suite 707, New Orleans, 70115

M-F 8-5

Primary care and consult services for adolescents up to age 21, including reproductive health services: STD screening, diagnosis, treatment and contraception; mother-baby clinic for young mothers and their children beginning with newborns.

Sliding Scale for uninsured (\$25-100), Medicaid, private insurance, no one turned away for inability to pay; Appts preferred *Spanish spoken? Y, by appt.*

**Institute of Women & Ethnic Studies**

(504) 599-7712, (504) 599-7713 (fax), [www.iwesnola.org](http://www.iwesnola.org)

2021 Lakeshore Dr. suite 220, New Orleans, 70122

Public health organization in reproductive and sexual health (including HIV prevention education) communication, education and advocacy for women and youth of color. The Collective Healing for the Community (CHC) program works with mental health. Check for existing programs on website, including Believe in Youth Nola (BY! NOLA), Teen Outreach Program® (TOP), Media Advocates for Prevention, and Community Engagement for School Based Health Centers. Free in-home HIV tests shipped to people 18+ in Orleans, Jefferson, St. Bernard and St. Tammany parishes - Contact [mdunham@iwesnola.org](mailto:mdunham@iwesnola.org) for more information. Serves all genders. Call or visit website for info; all services appt only due to Covid *Spanish spoken? Y*

**Gulf South Plan B**

[gulfsouthplanb.com](http://gulfsouthplanb.com), [gulfsouthplan@protonmail.com](mailto:gulfsouthplan@protonmail.com)

GSPB distributes free emergency contraception, pregnancy tests, condoms, and reproductive health information resources across Louisiana and the Gulf South. They provide free mail-request emergency contraception by filling out their webform ([linktr.ee/gulfsouthplanb](https://linktr.ee/gulfsouthplanb)). Free kits include two (2) doses of emergency contraception and other health supplies. Kits are mailed within two (2) weeks of request. GSPB also provides bulk emergency contraception to community groups across the Gulf South. Contact via webform or email for more information. Free; *Spanish spoken? Y, Spanish language request form available on website.*

**Plan B NOLA**

[www.planbnola.com](http://www.planbnola.com)

A project of The Reproductive Justice Action Collective (ReJAC). They offer free or by-donation emergency contraception (EC) in the greater New Orleans area. Information can be found on their website about locations in the greater New Orleans area where people can access free emergency contraception. At the time of this printing (May 2023), it appears that Plan B Nola is not providing direct services, but perhaps worth checking again in the future.

**Planned Parenthood**

(504) 897-9200 [www.ppgulfcoast.org](http://www.ppgulfcoast.org)

4636 S Claiborne Ave, Ste 100, New Orleans, 70125

M-Th: 8:30 am – 4:30 pm, Fri: 9:30 am – 4:30 pm

Comprehensive health services, including family planning, PAP smears, STI testing & treatment, pregnancy and HIV testing, prenatal health information, breast exams, UTI diagnosis & treatment, healthy pregnancy education, and free sexual health workshops available to the community. Medicaid (Take Charge), cash, credit, some insurance; Appt only due to Covid *Spanish spoken? Y*

**Women With a Vision, Inc.**

504-302-8822, 504-301-0428, [www.wwav-no.org](http://www.wwav-no.org), [info@wwav-no.org](mailto:info@wwav-no.org)

2028 Oretha Castle Haley Blvd, New Orleans, LA 70113

Speak with an advocate (English & Spanish): 1-888-995-7273 24/7

Free; Call for more info *Spanish spoken? Y, on crisis line*

**Louisiana Survivors for Reform / LSR**

(504) 526-4255 - [lsr@defendla.org](mailto:lsr@defendla.org) - [facebook.com/ LouisianaSurvivorsforReform](https://facebook.com/LouisianaSurvivorsforReform)

A program of the Promise of Justice Initiative:

[www.promiseofjustice.org/home/louisiana-survivors-for-reform/](http://www.promiseofjustice.org/home/louisiana-survivors-for-reform/)

For support groups: <https://linktr.ee/LSReform>

Regularly engages survivors of all crime to center their voices in the process of reform. If you have had an experience you want to share and engage in this reform process, please contact. Coalition of crime survivors, homicide victims' family members, and community organizations creating change in Louisiana's criminal justice system through education, policy, and community. Provides several community support groups. Will refer, connect and provide community support.

**Metropolitan Center for Women and Children / Shelter** is a part of their program

504-837-5400 24 hr crisis line, statewide rape crisis 1-888-995-7273, LA state wide

hotline 1-888-411-1333 (call goes directly to them), [www.mcwcgno.org](http://www.mcwcgno.org) Location

confidential, Call 24 hours a day. Serves all parishes but located in Jefferson Parish.

Emergency shelter for survivors of domestic violence; provides legal advocacy, medical advocacy, services for victims of sexual assault; residential and nonresidential counseling for domestic violence, stalking, human trafficking or sexual assault.

Free; Call for more info *Spanish spoken? Y*

**NOFJC (New Orleans Family Justice Center)**

504-592-4005, Fax 504-592-4009, [www.nofjc.org](http://www.nofjc.org), [healing@nofjc.org](mailto:healing@nofjc.org)

701 Loyola Ave, 2nd Fl., Ste 201, New Orleans, 70113

M-F 8:30-5p.

Serves ALL parishes but is located in New Orleans.

24 Hour Crisis Line for shelter/resources 504-866-9554 - Comprehensive free one-stop center for survivors of domestic violence, sexual assault, stalking, and their children. Shelter has private rooms/studios for survivors and their families actively fleeing violence. All services provided in both English and Spanish or will secure interpretation. Services include: Trauma counseling and groups, wellness supports, temporary safe space/shelter, legal consult, restraining orders, custody, housing consult, case management, and social and health care services. Hospital medical advocacy for survivors, HOPE Clinic partners with the NOFJC to provide forensic exams and medical care to survivors who don't feel comfortable going to a hospital. Counseling often has a two month waitlist but if a person is in a lethal, dangerous position, can be moved up and seen more immediately.

*Spanish spoken? Y, Se habla espanol*

**Project Save**

504-310-6872 701 Loyola, New Orleans, 70150

Toll Free #: 1 (866) 891 2210 Languages: Spanish, French, Vietnamese, English

Restraining Orders& Emergency legal representation for survivors of domestic

tion of conflicts with family, neighbor, landlord-tenant, friends without going to court. Sliding scale available. *Spanish spoken? N*

### **Crime Survivors NOLA**

[www.crimesurvivorsnola.org](http://www.crimesurvivorsnola.org) [crimesurvivorsnola@gmail.com](mailto:crimesurvivorsnola@gmail.com)  
[linktr.ee/crimesurvivorsnola](http://linktr.ee/crimesurvivorsnola)

A group of Greater New Orleans survivors and advocates who share info and resources on locating support groups, navigating the criminal legal system, etc., including the Crime Survivors Guidebook (free) for those who have survived violence in New Orleans. The book not only includes resources for crime survivors, but also explanations of the criminal legal process, how to file for crime victim reparations funds, etc.

### **Family Violence Program of Saint Bernard**

St. Bernard Parish 24 Hour Crisis Line: 504-277-3177, Plaquemines Parish 24

Hour Crisis Line: 504-275-6336, [www.fvpsb.org](http://www.fvpsb.org)

Provides 24-hour crisis line, safety planning, emergency shelter (45+ days), transportation, legal/court advocacy, support groups, art therapy, children's services, case management, educational materials, speakers, community education, teen violence prevention, outreach programs.

Free; Call ahead *Spanish spoken? N*

### **Louisiana Collaborative for Conflict & Accountability / LCCA**

<https://www.lcca.org/cr-services> -

LCCA takes a restorative approach to punitive and exclusionary options for addressing conflict within communities. Uses collaborative tools such as Mediation, restorative circles and training to expand the culture and accessibility of conflict resolution. Helps with disputes including: Family Disputes (couples, custody, siblings, parenting, cross-generational), Neighborhood (noise, property, animals), Workplace, School, Tenant-Landlord, Roommate, land use and challenging transitions (re-entry, addiction recovery, health issues)

### **Louisiana Foundation Against Sexual Assault**

225-372-8995 office, Fax 225-292-1986 [www.lafasa.org](http://www.lafasa.org)

Crisis Line: 888-372-8995 (English & Spanish)

See below for additional communication options

11832 New Castle Ave, Ste 9, Baton Rouge, 70816

Statewide nonprofit agency offering info & referrals, training & research regarding sexual violence & services for survivors, families. Offers legal services and assistance, hotline and survivor services, accredits sexual assault centers, and offers assistance to seek justice for victims of campus sexual assault.

Text and chat Helpline 12-8pm seven days a week that serves survivors of sexual harm, their loved ones, or anyone impacted by sexual harm in the state of Louisiana. This is a free, confidential service that provides short term emotional support, safety planning, and connection to long term resources. Visitors can access the chat online through [lafasa.org](http://lafasa.org) or by texting 225-351-SAFE(7233).

M-F 10-4

Health education and promotion agency specializing in reproductive health advocacy, prevention, harm reduction, outreach, community based research, and referrals. Services include:

- 1- Provide culturally competent support and referrals for women and LGBTQ+ folks, especially those formerly or currently incarcerated and/or engaged in sex work
- 2- Provide referrals to care and support for HIV Testing & Counseling
- 3- Assistance with ACA, Medicaid, Take Charge, or La CHIP applications
- 4- Assistance with Louisiana Department of Children and Family Services Applications: SNAP (Food stamps) and Childcare Assistance
- 5- Assistance for African-American and LGBTQ women survivors of domestic violence, sexual assault, stalking, and dating violence to culturally specific services and referrals in the New Orleans metro area
- 6- Weekly Harm Reduction for sex workers, injection drug users, and other people at risk for HIV infection; safer sex/needle hygiene material distribution
- 7- Focus Groups, Small group sessions, Story Circles, presentations, health fairs, workshops, one on one sessions, community based grassroots organizing and advocacy.

Topics covered include: Harm Reduction and Overdose Prevention, Domestic Violence Awareness, Birth Control, Family Planning, Sexually Transmitted Infections (STI's), HIV/AIDS, Breast and Cervical Cancer, Reproductive health and self-care, Women's rights to culturally appropriate care, human rights, economic empowerment, microenterprise, improving services for currently or formerly incarcerated women, women's (including Trans-identified) empowerment.

Services for all genders.

Free; Appt only due to covid *Spanish spoken? Y, sometimes, call ahead*

### **Cancer Screenings & Prevention**

#### **LA Breast & Cervical Health Program in New Orleans at ILH**

1.888.599.1073

LSUHSC School of Public Health, 2020 Gravier St., 3rd Fl., New Orleans, 70112

M-F 8-4:30

Referrals for free breast exams, pelvic exams, PAP smears and mammograms to qualifying (uninsured & underinsured) women age 40-64. Sliding scale based on income; Appointment Only *Spanish spoken? N, interpreter provided upon request*

### **For Transgender, Gender Non-Conforming & Non Binary People**

#### **BreakOUT!**

504-521-5363 [www.facebook.com/youthBreakOUT](http://www.facebook.com/youthBreakOUT), [www.youthbreakout.org](http://www.youthbreakout.org)

4327 Canal Street, New Orleans, 70119 Monday-Tuesday 10-6, Wednesday 1-6,

Thursday-Friday 10-6

Youth organizing, leadership development, healing justice programs for LGBTQ youth (ages 13-24) who are impacted by the juvenile and criminal justice system; Official intake site for the office of the independent police monitor; Resource referrals for

LGBTQ youth, including GED program referrals and transgender-specific resources and support, including Trans Defense Fund. Free *Spanish spoken?* N

#### **Brotherhood Incorporated**

504-301-7823 [www.brotherhoodinc.org](http://www.brotherhoodinc.org)

200 S Broad Suite 7a

M-F 10-6

Doll House program for transgender people. Advocacy program, PREP navigation.

See listing in HIV/STI section for info on additional programs.

Free *Spanish spoken?* Y, with appointment

#### **CrescentCare Gender Clinic**

504-821-2601 <https://www.crescentcare.org/service/gender-services/>

3308 Tulane Ave. and 1631 Elysian Fields Ave.

Provides quality care for transgender and gender non-conforming patients, regardless of income, immigration, or insurance status. Offers access to primary care, gender affirming hormone therapy (informed consent model), referrals to gender affirming surgical care, name and gender marker change support, free chest binder exchange services, behavioral health care, resource list of external gender affirming BH providers, STI testing and treatment, and dental care.

Must call for appointment. Sliding scale based on income *Spanish spoken?* Y

#### **Dr. Elizabeth Burke, PhD (she/her)**

Clinical Psychologist, Garden District Mental Health

C: 201-892-4433

Extensive experience supporting trans identified patients

#### **Hite Law Group**

504-252-0678 [hlg@hitelawgroup.com](mailto:hlg@hitelawgroup.com)

701 Loyola Ave, Ste 403, New Orleans, 70113 M-Th 9-5, F 10-3

Sliding scale legal services for low-income LGBTQ people focusing on family law, name and gender changes, employment, and civil rights protections. Also specialize in serving survivors of intimate partner violence.

#### **House of TULIP: Trans United Leading Intersectional Progress**

(504) 582-9713 [Houseoftulip.org](http://Houseoftulip.org) [info@houseoftulip.org](mailto:info@houseoftulip.org)

[www.instagram.com/houseoftulipno/](https://www.instagram.com/houseoftulipno/)

1441 N Clairborne Ave

Regular hours 9 - midnight

Trans-led project working towards providing housing and dedicated community gathering space for trans people in New Orleans. Currently offering Free beds, 3 meals served a day, showers, and clothing can be washed, as well as special events, gender-affirming clothing closet, hygiene pantry, computer stations. To set up an appointment please email [mgreen@houseoftulip.org](mailto:mgreen@houseoftulip.org)

HOT Wednesday- We meet on the first Wednesday of every month where we focus on different resources, information or skills that are useful for members of the

The Integrated Health Clinic at UMC offers an integrated team approach in treating opioid use disorders. 2003 Tulane Ave, Primary Care Center, Suite B; 504-962-6106; M-F 8-4:30

Tobacco/smoking cessation program with cessation medication and group behavioral counseling. Free or low cost: contact Lucretia Young via phone 504-702-5178 or email [lyoun2@lsuhsc.edu](mailto:lyoun2@lsuhsc.edu).

Free or covered by Medicaid and other insurance, medication copays vary;

*Spanish spoken?* Y

#### **Women With a Vision, Inc.**

504-301-0428, [www.wwav-no.org](http://www.wwav-no.org)

2028 Oretha Castle Haley Blvd, New Orleans, LA 70113

M-Th 10-4, with some late evening & weekend outreach and events

Black and Queer led health education and promotion agency specializing in reproductive health advocacy, sex worker rights, harm reduction outreach, community based research, case management and referrals. Safer sex, IDU kits and hygiene material distribution.

Free; Appts taken, Walk-Ins welcome, All genders welcome

*Spanish spoken?* Sometimes, call ahead

#### **Anti-Violence & Conflict Support**

#### **Children's Hospital's Audrey Hepburn CARE Center**

504-896-9237 [chnola.org](http://chnola.org)

1101 Calhoun St., New Orleans

Free treatment and medical forensic exams for minors in cases of sexual or physical abuse or neglect.

Youth Emergency Psychiatric facility Free; *Spanish spoken?* Y

#### **Beyond Harm NOLA**

[www.beyondharmnola.org](http://www.beyondharmnola.org)

Beyond Harm envisions a world where all people are free from structural and intimate violence. Provides referral for domestic violence intervention, sexual assault. Provides services or referrals for those seeking court mandated and unmandated groups for those who have caused harm.

Sliding scale, *Spanish spoken?* Y

#### **Center for Restorative Approaches / CRA**

[www.thecra.net](http://www.thecra.net) - Visit website for contact form

Work with those affected by a conflict to develop collaborative solutions in the following settings: schools, organizations and businesses. Provides trainings throughout the year. *Spanish spoken?* N

#### **Community Mediation Services New Orleans / CMS NOLA**

(504) 222-2954 [cmsnola.org](http://cmsnola.org) , [CommunityMediationServicesNOLA@gmail.com](mailto:CommunityMediationServicesNOLA@gmail.com)

CMS provides mediation and restorative justice services on a sliding scale for resolu-

As part of a legal settlement, cessation medication and counseling is free for LA residents who started smoking before September 1988. Any service location of your choice. Free if qualified; *Spanish spoken?* N

**Suboxone (buprenorphine) providers that accept Medicaid (in addition to those already listed)**

- Avenues Recovery (504-608-5817) two locations: 5620 Read Blvd, 5th Floor, New Orleans, LA 70127 and 4933 Wabash St, Metairie, LA 70001
- Depaul Community Health Centers (dba Daughters of Charity) multiple locations St. Cecilia in Bywater, Carrollton, and Metairie 1030 Lesseps St, New Orleans LA 70117, 504-207-1070 or 504-207-3064  
Healthcare for the Homeless, 1530 Gravier St., 504-658-2785 (other locations in Algiers and Central City see Primary Care section for additional services)  
Other providers listed online but call ahead to verify:  
[www.samhsa.gov/medication-assisted-treatment/find-treatment/treatment-practitioner-locator](http://www.samhsa.gov/medication-assisted-treatment/find-treatment/treatment-practitioner-locator)  
Cost: Medication copay (Medicaid: \$3-10/mo for month supply), psychiatry, counseling, and urine toxicology screening requirements vary by location.

**Treatment Atlas**

800-597-2557 [treatmentATLAS.org](http://treatmentATLAS.org)  
Answer a 13-question, anonymous assessment that will take around 10 minutes. You'll receive guidance you can use to find the right treatment. Research shows that addiction can be treated using certain clinical practices, but there are no quality standards that require addiction treatment facilities to deliver these practices. As a result, the quality of care varies, and it's unclear whether facilities are doing the right things. This can make it hard for people to find high-quality addiction treatment for themselves or their loved ones. ATLAS can help you compare treatment facilities to see which are providing high-quality addiction care described in the Shatterproof National Principles of Care. ATLAS is managed by Shatterproof and RTI International and now serves 6 states, including Louisiana.  
Cost of care and accepted forms of payment reported by each facility.  
*Spanish spoken?* N

**Trystereo (New Orleans Harm Reduction Network)**

504 535-4766 (text, no calls) [trystereo.org](http://trystereo.org)  
Mobile Hours: Any, by appointment. Weekly drop-in hours: 5:30-7 pm M at St Claude and Caffin and 3-4 pm T at Duncan Plaza (Gravier and Loyola)  
After-hours mobile access to sterile smoking & injection equipment for people who use drugs, overdose prevention, fentanyl testing strips, harm reduction trainings.  
No cost, donations appreciated. *Spanish spoken?* Y

**University Medical Center**

504-962-6110; [umcno.org](http://umcno.org)

community. We provide dinner and/or refreshments, and hope you can join us! Check website or Instagram for updates.

**Louisiana Trans Advocates**

504-450-7496, [info@latransadvocates.org](mailto:info@latransadvocates.org) [www.latransadvocates.org](http://www.latransadvocates.org)  
Louisiana Trans Advocates strengthens and supports transgender and allied communities across the state through social support, education, empowerment, and advocacy in order to promote self-determination of gender identity and gender expression for everyone.

**LGBT Community Center of New Orleans**

[www.lgbtccneworleans.org](http://www.lgbtccneworleans.org), 504 407 5428  
2727 S Broad, Ste 101, New Orleans, 70125  
Provides resources and advocacy that foster community development and social and economic justice efforts to strengthen the collective power of gender and sexual minorities and their allies in GNO area. Classes, support groups, game days, advocacy, connection to resources. Sliding scale rates for local LGBTQ+ and allied groups to rent accessible meeting space. Free *Spanish spoken?* N

**Moore-O'Neal Law Group**

504-475-8046, [smandisamoore.esq@gmail.com](mailto:smandisamoore.esq@gmail.com)  
10a-6p Monday thru Friday, 12-4p Saturday  
Legal support focusing on LGBTQ issues, family law, power of attorney, estate planning, policy and strategy, HIV policy. Facilitation and strategy for "movement groups" (broader than just organized nonprofits, also inclusive of community coalitions, etc). Notary services.  
Sliding scale, free consultations; call for appointment

**nolaHYPE**

(504) 988-3883 OR (504) 988-3881 [nolahype.org](http://nolahype.org)  
Ruth Fertel Tulane Total Health Clinic on Broad and Orleans is the clinic. the office for nolaHYPE is stationed on the ninth floor of 1440 Canal housed under Tulane Adolescent Med  
Sexual health treatment, prevention, gender affirming care, compensation for research studies, a community advisory board for back trans or queer NOLA Youth 18-24, community organizing, events.  
accepts walk ins to the Fertel Clinic -- hours on website. *Spanish spoken?* Y

**Real Name Campaign**

[facebook.com/RealNameCampaign](https://facebook.com/RealNameCampaign) Instagram: @real\_name\_campaign  
Trans-led group of activists in New Orleans fighting for accessible name and gender marker changes. Coordinates the Louisiana Trans Name Change Fund (currently in development).

### **TIDAL New Orleans**

Tidalnola.org

TIDAL is a trans-led coalition of community members, healthcare providers, students, and teachers in the Gulf South, united in our commitment to trans liberation through equitable healthcare. We train healthcare providers and organizations to offer accessible and affirming healthcare services grounded in cultural humility for transgender, gender expansive, and gender non-conforming communities (TGNC). We believe that TGNC folks are experts regarding their own needs and experiences. We envision a future where healthcare organizations and providers consider TGNC health equity to be necessary, intersectional, community-led, systemic, and ongoing. Our community values and agreements are regularly revisited.

Weekly Open TIDAL Community Meeting: Wednesdays 6-7PM CT

Open meetings where we discuss our projects, invite community feedback, and center trans joy and resilience. For trans and gender expansive community members or cisgender accomplices. Visit website for more info

### **TRNOLA (Trans Resource Network of Louisiana)**

www.facebook.com/TRNOLAHELP/

TRNOLA endeavors to connect the trans and gender nonconforming community to services, resources, and support to gender diverse people in need in Louisiana.

### **Trans Lifeline**

877-565-8860 www.translifeline.org

8 AM – 2 PM

Hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

### **Food Access**

This section has two parts: Meals & Food Pantries and Government Sponsored Food Programs. For resources we may have missed, use **Food Finder:**

**[whyhunger.org/find-food/](https://whyhunger.org/find-food/)**

### **Meals & Food Pantries**

#### **Broadmoor Improvement Association**

504-249-5130 wellness@broadmoorimprovement.com

www.broadmoorimprovement.com

Food Pantry Mon 10-12 & Wed 1-3:30

Food pantry at Broadmoor Community Church 2021 S Dupree. See Basic Needs section for info on additional services.

Free; Call for appt. *Spanish spoken? Y, upon request*

#### **Community Center of St. Bernard**

504-518-5968

Individuals who cannot access naloxone locally can be trained online and mailed supply [naloxoneexchange.com](https://naloxoneexchange.com) (low cost) or [nextdistro.org/louisiana](https://nextdistro.org/louisiana) (free)

### **Regional Recovery Hub through Start Corp.**

701 Loyola Ave, Ste 106, New Orleans, LA 70113; 504-558-9595; M-F 8-4:30

Peer recovery support services, recovery coaches, public education, prevention efforts, advocacy, mental health resources, job training and resume writing

Free, walk-ins welcome

### **Responsibility House**

504-367-4426, 504-367-4234 (adult male residential treatment program) or 504-366-6217 (housing)

www.responsibilityhouse.org

1799 Stumpf Blvd, Building 7, Suite 4, Terrytown, 70056

4-5 week residential treatment program for adult men with substance abuse, co-occurring disorders or dual diagnosis. Intensive outpatient program and supportive housing for men and women.

Residential Treatment Program is free, Medicaid.; Call to make an appt.

*Spanish spoken? N*

### **River Oaks Hospital**

Call Center (24/7 support) 800-366-1740, 504-734-1740,

www.riveroakshospital.com

1525 River Oaks Rd W, New Orleans, LA 70123

River Oaks Hospital provides the following programs: Eating Disorders Treatment, Addictive Disorders/Dual Diagnosis Program, Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP) for the treatment of addictive disorders and dual diagnosis,

Call 24/7 for non-cost assessments and admissions

Accepts most insurance and managed care plans, TRICARE, VA Benefits, Medicare, and Louisiana Medicaid

*Spanish spoken? Y ask for interpreters for any language and the hard of hearing.*

*Resources for low vision and blind patients.*

### **Smart Recovery**

smartrecovery.org

Check website for information on times and places for virtual and in-person meetings throughout NO area. Each meeting has different phone and email contact. Mutual support meetings are free and open to anyone seeking science-based, self-empowered addiction recovery. Free; *Spanish spoken? N*

### **Smoking Cessation Trust**

504-529-5665 or 855-259-6346; [smokingcessationtrust.org](https://smokingcessationtrust.org)

8:30-5 M-F

### **Odyssey House Louisiana**

504-821-9211; ohlclinic.org

- Medically Supported Detox: 504-821-9211 (option 1); 2700 S Broad Ave, New Orleans, LA 70125; 5-7 day inpatient detox treatment; admissions M-F 8 am-2 pm; admissions based on bed availability
  - Short Term Adult Residential Treatment: 504-821-9211 (option 3); 2700 S Broad Ave, New Orleans, LA 70125; approximately 28-day residential drug rehabilitation program
  - Intensive Outpatient (IOP)/Long Term Housing: 504-821-9211 (option 4); intensive outpatient program where residents live on-site for 3-6 months; must complete OHL short-term residential treatment before moving into IOP
  - Sobering Center: 504-821-9211 ext. 7200; 732 N Claiborne Ave, New Orleans, LA 70116; allow overly intoxicated individuals to recover from immediate acute alcohol impairment; Sobering Center Outreach Van available to pick up and transport individuals to the Sobering Center at 504-439-5941
  - OHMega: 504-258-4203; no cost three to six month program that provides outpatient treatment services to racial/ethnic minority men who are who are suffering from substance use and are at high risk for HIV or are living with HIV
  - iPrevent: 504-913-6776; resources for substance abuse and HIV/Hep C prevention programming to New Orleans Youth
- Revive. Survive. Overdose Prevention: 504-913-6777; hlikaj@ohlinc.org; resources and trainings to address the opioid epidemic
- Detox and Residential free for uninsured, Medicaid (no private insurance).
- Spanish spoken? Y, by appointment*

### **Oxford House**

1-800-689-6411; www.oxfordhousela.org

Permanent housing at democratically run, self-supporting, drug and alcohol free homes. Rules may vary slightly among houses. Refer to website for locations of vacancies and contact information (specific to each house listing). Submit application and interview with residents for acceptance.

Cost of rent, utilities, and house supplies shared. Move-in fee ranging from \$150-250 (due upon acceptance into House). Weekly costs range from \$100 to \$125 per person. *Spanish spoken? N*

### **Pharmacies in Orleans Parish that sell NALOXONE over the counter**

Naloxone is the drug used to reverse opioid overdose, no ID is required for purchase, the pharmacist can tell you how to administer it.

- Any CVS or Walgreens.
  - Crescent City Pharmacy 2240 Simon Bolivar, New Orleans, 70113; 504-267-4100
  - Genoa Healthcare, 2221 Philip St, Ste Q, New Orleans, LA 70113; 504-571-9120 (free intranasal)
- Cost \$20-100, \$3-5 with Medicaid

6800 Patricia St., Arabi

Wed & Thurs 9AM - 12noon

Food bank Wednesday & Thursday mornings

Free for low income; Walk in *Spanish spoken? N*

### **Community Kitchen**

504-383-3349 kitchen@commiekitsch.org www.commiekitsch.org

Volunteers serving free meals and distributing fresh food in New Orleans. TUE hot food serving 3-4pm @ duncan plaza between city hall & the main branch public library. Free; Walk in or call to check schedule *Spanish spoken? N*

### **Crescent City Café**

www.crescentcitycafe.com info@crescentcitycafe.com

3900 St. Charles Ave (Rayne Memorial United Methodist Church),  
1st & 3rd Saturday of each month, 8-9:30 AM

Volunteer-run café serving no-cost meals two Saturday mornings each month. Free; Walk in *Spanish spoken? N*

### **Culture Aid NOLA Food Distro**

Wednesdays, 6pm Our Lady Star of the Sea 1835 St. Roch

Saturdays, 9am Corpus Christi Church 2022 St. Bernard

Free food distribution twice weekly and volunteer opportunities as well! No ID or proof of income required, and no questions asked.

### **Dragon Café at St. George Episcopal Church**

504-899-2811 4600 St. Charles Ave, New Orleans, 70115

Sun 8:30-9:30 AM

Breakfast served Sundays. Currently doing "grab & go" as per Covid protocols.

Free; Walk in *Spanish spoken? N*

### **Familias Unidas**

(504) 813 - 4022 Leticia@FamiliasUnidasLA.org

Food distro program is currently at capacity; call to check on availability.

*Spanish spoken? Y*

### **Gretna United Methodist Church Food Bank**

504-366-6685 1309 Whitney Ave, Gretna, 70056

Second Harvest food bank (ID & proof of residency required); Food M and Th 10-12pm Free; Call or Walk in *Spanish spoken? Sometimes*

### **Hope House**

504 525 2561

916 Saint Andrew St., New Orleans (Irish Channel), 70130

MWF 9-1PM, TR 9-4PM

Groceries for residents of 70130 zip code; See listing under Basic Needs for additional programs.

Free, requires proof of residence, proof of income, picture ID; Call for more info  
*Spanish spoken? N*

### **Lantern Light at Rebuild Center**

(504) 273-5577 [www.lanternlight.org](http://www.lanternlight.org) 1803 Gravier St., New Orleans, 70112

M-F 8 -2:30

Lunch served M-F 1-1:30PM; Food bank 1st & 3rd Fridays of the month, 9:30-10:30AM (call for eligibility). See Basic Needs section for additional programs. Free; Walk-in for lunch. Food bank requires state ID, copy of lease, and proof of income *Spanish spoken? N*

### **Lower 9 Food Pantry**

[lowernine.org](http://lowernine.org) 504.278.1240

1739 Jourdan Avenue

open weekly on Saturdays from 10-2.

call with any questions, or for information on SNAP benefits registration support.

### **New Orleans Community Fridges**

[www.nolacommunityfridges.org/locations](http://www.nolacommunityfridges.org/locations)

Food and meals in fridges in several locations across the city, available 24/7.

Check website for updates.

Current locations as of May 2023:

1522 N Villere

2425 N Miro St.

3908 Joliet St. @ Trinity Community Center

1206 Touro St.

2528 Lapeyrouse St.

300 Wagner St. (Algiers)

1126 Piety St.

1804 Deslonde St.

401 Sala Ave. (Westwego)

1014 N. Miro St.

1801 Alvar St.

1924 Jackson Ave.

1823 Washington St.

### **New Orleans Mutual Aid Group •NOMAG•**

Food banks now on SUNDAYS 4-6pm at Florida & St. Roch.

(504) 383-3790

[https://www.instagram.com/nomag\\_\\_\\_/](https://www.instagram.com/nomag___/) (<---Three underscores in the link)

### **Metropolitan Human Services District**

504-568-3130; Help is available 24/7, [www.mhsdla.org](http://www.mhsdla.org)

Office hours M-F 8-4:30

Intensive Outpatient (IOP) Programs, Suboxone and medication assisted treatment (MAT), addiction services for youth, treatment for gambling problems

6 Clinic Locations:

Algiers Behavioral Health Center: 3100 Gen. DeGaulle Dr, New Orleans, LA 70114

Central City Behavioral Health & Access Center: 2221 Phillip St., New Orleans, LA 70113

Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave, New Orleans, LA 70117

New Orleans East Behavioral Health Center: 5630 Read Blvd., 2nd Floor, New Orleans, LA 70127

St. Bernard Behavioral Health Center: 6624 St. Claude Ave, Arabi, LA 70032

Plaquemines Community C.A.R.E. Center: 115 Keating Dr, Belle Chasse, LA 70337

Medicaid, Medicare, some insurance, call for info; Appointment only

*Spanish spoken? Y, at some locations, inquire on main office line*

### **NADA NOLA**

[nadaneworleans.weebly.com](http://nadaneworleans.weebly.com)

NADA is a community based acupuncture protocol that treats addiction, mental illness, trauma, PTSD, insomnia, and general stress.

Thursdays, 6:30-8:30 pm at 3401 St. Claude Ave (entrance on Desire St)

Please wear a good mask. (K)N95s are strongly preferred. Ear acupuncture by donation or free; Call, walk in or email for info *Spanish spoken? Y*

### **Narcotics Anonymous**

504-899-6262 (New Orleans area helpline), 877-554-8308 (Northshore)

[www.noana.org](http://www.noana.org) or [www.nsana.org](http://www.nsana.org)

Greater New Orleans area group meetings to deal with and end addiction to narcotics held seven days a week. Call either of the helplines or check website for current schedule of meetings held virtually (online/phone) and reopened in-person throughout GNO area. Option to speak with someone in recovery. Free; *Spanish spoken? N*

### **Ochsner Health**

[www.ochsner.org](http://www.ochsner.org)

*Recovery Program* 504-842-3999 (option 2)

Provide intensive outpatient program (IOP) for alcohol and substance use disorders, family treatment, and aftercare services

*Smoking Cessation* 504-842-7490

Smoking cessation clinics free for LA and MS residents ages 18+

Covered by Most Health Insurance, Private Pay, Payment Plans, No Medicaid; Call for evaluation, no walk-ins *Spanish spoken? Y*



**Gateway Foundation**

(504) 368-9935

4103 Lac Couture Dr, Harvey, LA 70058

Provide intensive outpatient (IOP) treatment for male veterans or active military or civilian males who have Medicaid health insurance.

Accept Medicaid or VA coverage *Spanish spoken? No*

**Grace House**

504-821-7120; [www.gracehouse.org](http://www.gracehouse.org) 6321 Stratford Place, New Orleans, 70131

Call ahead to schedule an intake

Long-term residential substance abuse treatment programs for females only.

Substance abuse treatment, mental health referrals, assistance with housing, job-seeking, healthcare.

Call for interview. Residential program. Need to make appt with Intake

Coordinator. No outpatient services

Accept anyone regardless of their ability to pay *Spanish spoken? Y*

**Jefferson Parish Human Services Authority**

504-846-6901; [www.jpghsa.org](http://www.jpghsa.org) 504-832-5132 mobile crisis team

Provide substance abuse and gambling prevention services, problem gambling treatment, outpatient and residential substance abuse services, and medication disposal drop boxes

See Mental Health section for additional services

Locations:

- East Jefferson Health Center: 3616 S. I-10 Service Road W, Suite 100, Metairie, LA 70001

- West Jefferson Health Center: 5001 West Bank Expressway, Suite 100, Marrero, LA 70072

Sliding scale, Medicaid, Medicare, some private insurance.

*Spanish spoken? Interpretive services available upon request*

**Jesus Miracle Power**

(504) 931-5179

8309 Apple St, New Orleans, 70118

24 hours, 7 days a week

One year, faith-based, residential substance abuse treatment program for males only. No smoking on site. Not wheelchair accessible. Not accepting people on psychotropic drugs. Free; Call for interview *Spanish spoken? N*

**The Louisiana Tobacco Quitline**

1-800-784-8669; [www.quitwithusla.org](http://www.quitwithusla.org) 24/7

Call line that provides smoking cessation counseling and referrals to other services in Louisiana.

*Spanish spoken? Y, Se habla espanol, other languages through language line*

**Northshore Food Bank**

985-893-3003 x. 102 [www.northshorefoodbank.org](http://www.northshorefoodbank.org)

840 N Columbia St., Covington, LA 70433

M, T, Th 9-12pm

Food bank with referrals for other services. Food Distribution M, T, Th 9-11AM.

Registration M, T, Th 9-10AM.

Free; Requires photo ID, proof of residence, SS card, and proof of income for all household members; *Spanish spoken? N*

**Open Table at Mt. Zion Methodist Church**

2700 Louisiana Ave., New Orleans, 70119

Tuesday 2-3 PM

Meal not currently served, but those with documentation of Salvation Army can receive a meal voucher. Free; Walk in *Spanish spoken? N*

**St. Thomas House of Hospitality**

504-457-8062 [www.nolacatholicworker.org](http://www.nolacatholicworker.org) [nocw@yahoo.com](mailto:nocw@yahoo.com)

Pre-Pandemic: Dinner, movie and internet access at Hope House, located at 917 St Andrews, Tuesday evenings at 6 PM, now delivering hot meal to 60+ folks on

Tuesday evenings, but currently AT CAPACITY.

Free; Call to inquire about current capacity *Spanish spoken? N*

**St. Jude Community Center**

504-931-6993, 504-553-5790

400 N. Rampart, New Orleans, 70112

Food bank. See Basic Needs section for info on additional programs.

Free; *Spanish spoken? N*

**St. Peter Claver Church**

504-822-8059, fax 504-822-9251

1910 Ursulines Ave., New Orleans, 70116

Direct assistance & Food Pantry T & Th 10-2 at Sankofa Center, 1839 St. Philip

Free with ID and proof of address; Walk in *Spanish spoken? N*

**Sankofa Lower 9 Food Pantry**

[sankofanola.org/fresh-food-pantry/](http://sankofanola.org/fresh-food-pantry/) 504-872-9214

5200 Dauphine St, New Orleans

Monday and Weds 10am-12pm

Food pantry & grocery boxes

Free; Complete application (in-person, online or by phone) to determine eligibility. Requires name, address, household size, and income information. Requires date of birth for senior commodity box. *Spanish spoken? N, application available in Spanish*

**Southern Solidarity**

[southernsolidarity@gmail.com](mailto:southernsolidarity@gmail.com)

Meal distribution every day between the hours of 5-8PM, downtown along Deca-

tur, Canal and Calliope  
Free; Walk in *Spanish spoken? N*

**United Churches of Algiers**

504-361-1661  
1111 Newton St (in Arthur Monday Bldg.), Room 109, Algiers  
M-Th 8-1  
Food bank for Algiers residents (1 visit per month). See Basic Needs section for info on additional programs.  
Free; Walk in, Only first 20 people seen, arriving before 8 recommended.  
*Spanish spoken? N*

**Government Sponsored Food Programs**

**Food Stamp Program (SNAP)**

1-888-LAHELPU (1-888-524-3578) [www.dcf.la.gov](http://www.dcf.la.gov)  
Call for info on LA Food Stamps.  
Free; *Spanish spoken? Y*

**WIC - Women Infants & Children Nutritional Program**

1-800-251-2229, LA Office 225-342-7893, [www.wic.dhh.louisiana.gov](http://www.wic.dhh.louisiana.gov)  
WIC supplies supplemental nutritious foods, nutrition education and counseling at WIC clinics, and screening and referrals to other health, welfare and social services, for pregnant women, from the beginning of pregnancy until up to 6 months after the baby is born or one year after the baby is born in women who are breastfeeding, and children up to the age of 5 years old. Orleans and Jefferson Parish WIC centers listed below. For updated info, call the City of New Orleans Health Department at (504) 658-2500 or 1 (888) 524-3578.  
*Spanish spoken? Y, language line has several languages*

**Orleans Parish WIC Clinic- Central City**

(504) 658-2895, Fax 504-565-7493  
2222 Simon Bolivar Ave., 2nd Fl. (in Central City Health Clinic building, Edna Pilsbury Clinic), New Orleans, 70113  
M-F 8-12, 1-4  
Free; Call for appt. *Spanish spoken? Y, Se habla espanol*

**Jefferson Parish Health Unit WIC Clinic - Marrero**

504-349-8802  
1855 Ames Blvd., Marrero  
W, Th, F 8-4:30  
Free; Appt. only *Spanish spoken? N*

**Jefferson Parish Health Unit WIC Clinic - Metairie**

504-838-5100  
111 N Causeway Blvd, Metairie

relapse services for unaccompanied adults, includes vocational training, resume training, job search assistance.

No outpatient services

Accept anyone regardless of their ability to pay *Spanish spoken? Y*

**CADA Prevention and Recovery Center**

504-821-2232; [cadagno.org](http://cadagno.org); [admin@cadagno.org](mailto:admin@cadagno.org)  
2601 Tulane Ave, Suite 945, New Orleans, LA 70119  
M-TH 8:30-4:30, F 8:30-2:30  
Provide prevention, treatment, and recovery support services including DWI/Driver Improvement classes, HIV testing, STI testing, support groups, case management, counseling, and assessments  
Accept most insurance plans including Medicaid *Spanish spoken? N*

**Community Care Solutions**

504-309-9991; [www.ccsno.org](http://www.ccsno.org)  
200 South Broad St., Suite 7, New Orleans, LA 70119  
Outpatient behavioral health, counseling, and medication management  
Only accepting these Medicaid plans: Healthy Blue, United Healthcare, Aetna, Louisiana Healthcare Connection

**CrescentCare**

504-821-2601, [crescentcare.org/service/harm-reduction-services/](http://crescentcare.org/service/harm-reduction-services/)  
1631 Elysian Fields Ave., New Orleans, LA  
New Orleans Syringe Access Program (NOSAP) Wednesday: 12-4 pm; Friday: 12-5 pm; safe, sterile syringes; safe injection materials; authorized syringe disposal, overdose prevention education; Naloxone distribution; medication-assisted treatment referrals; bulk exchange every Wednesday: 12-4 pm matching bulk disposals of 300-500 syringes  
Recovery Works Intensive Outpatient Program (call number above and ask for Sharon Normand) talk therapy, education, medication-assisted treatment, art, music, yoga, social support, community education, trauma resolution  
Primary care offered including Suboxone (Buprenorphine), counseling, and dental services. (See Primary Care and Dental/Eye Care for more info)  
Free; *Spanish spoken? Y, Se habla espanol, 504-207-2273, marque 2*

**DePaul Community Health Centers (dba Daughters of Charity)**

504-207-3060  
Free help to quit smoking including prescriptions and over-the-counter medications, support services, and visits with a physician or nurse practitioner; available at St. Cecilia's (Bywater), New Orleans East, and Metairie locations  
Outpatient Medication Assisted Treatment for Opioid Addiction available at St. Cecilia (Bywater) and Metairie locations  
(See listing in Primary Care for other services)  
Accept Medicaid, Medicare, private insurance, and offer sliding scale for uninsured  
*Spanish spoken? Si medicos, no terapeutas. Llame 504-207-3060 y marque 9*

available through various biopharmaceutical programs for individuals who are uninsured or without eligible coverage for their medications.  
No cost for service; level of assistance based on medicine and/or program that is available at that time.  
*Spanish spoken? Y, Se habla espanol, additional languages via language line*

#### **WalMart \$4 Formulary**

www.walmart.com,  
Wal-Mart pharmacies offer \$4 per 30 day/\$10 for 90 day supply for certain medications. Go to a location in person or see website for complete medication listings and information.

#### **Substance Use Services, Harm Reduction & Addiction**

##### **ACER (Addictions Counseling & Educational Resources)**

www.acercanhelp.com  
2321 N Hullen St., Ste B, Metairie, 70001 (504-941-7580)  
115 Christian Lane, Slidell, LA 70458 (985-690-6622)  
7701 Arabi, LA 70032 (504-682-9550)  
M-F 9-5 Administrative hours  
Outpatient programs for addiction recovery including detox services and counseling. Daytime and evening treatment offered.  
Private Insurance, weekly financial agreements, Grant program, Medicaid; Walk-in or Appt *Spanish spoken? Y*

##### **Alcoholics Anonymous**

504-838-3399; www.aaneworleans.org  
Call or check website for information on times and places for daily, free meetings throughout NO area. *Spanish spoken? Y, call 504-516-1090, Se habla espanol*

##### **Behavioral Health Group (BHG)**

504-524-7205 (Eastbank), 504-347-1120 (West Bank); www.bhgreccovery.com  
2235 Poydras St. Suite B, New Orleans 70112 or 1141 Whitney Avenue, Building 4, Gretna 70056, M-F 5- 1:30, Sat 5-10 (Dispensing Hours: M-F 5-12:45 and Sat 5-10) (Westbank location closes earlier)  
Methadone (daily dispensing), buprenorphine, and counseling. Offers detox from methadone only.  
Private Pay, Payment Plans, Some insurance, Medicare, Medicaid; Call for evaluation, no walk-ins *Spanish spoken? Y*

##### **Bridge House**

504-821-7120; www.bridgehouse.org  
4150 Earhart Blvd., New Orleans, 70125  
Call ahead to schedule an intake  
Long term residential substance abuse treatment center for males including individual and group counseling (see Grace House for females). Addiction and

M, T, Th, F 8-12, 1-4:30  
Free; Appt. only *Spanish spoken? N*

#### **Hospitals**

##### **Children's Hospital**

Main campus 504-899-9511, Calhoun campus 504-896-7200  
200 Henry Clay, New Orleans, 70118 24hours/day  
Inpatient and outpatient services for children; General and specialty pediatric. ER is pediatrics only, up to age 21. Parenting Center-support for new parents.  
No one refused care; Medicaid, Medicare, Private Insurance Walk-in Only  
*Spanish spoken? Y, interpreting services available*

##### **East Jefferson General Hospital LCMC**

504.503.4000 4200 Houma Blvd, Metairie  
Emergency and inpatient services for adults: ER, adult medicine, general and orthopedic surgery, obstetrics and other specialty care. No pediatric services.  
No one refused care; Medicaid, Medicare, Private Insurance Walk-in OK  
*Spanish spoken? Y, interpreting & language line*

##### **New Orleans East Hospital LCMC**

504-592-6600 5620 Read Blvd., New Orleans, 70127  
24 hrs. ER, adult medicine.  
Medicare, private pay, Medicaid OK for established patients, won't be turned away at ER Walk-in OK  
*Spanish spoken? Y, Se habla espanol*

##### **Ochsner Baptist Medical Center (formerly Memorial)**

504-899-9311 2700 Napoleon Ave, New Orleans  
Office M-F 9-5; ER 24 hrs.  
Full service hospital.  
All major insurance accepted, Medicaid, Medicare.  
*Spanish spoken? Y, language line through International Services: 1-504-842-3719*

##### **Ochsner Hospital for Orthopedics & Sports Medicine**

1-866-OCHSNER 504-703-2620  
1221 S Clearview Pkwy, New Orleans, 70121  
Internal Medicine, Physical Medicine & Rehabilitation, Psychiatry & Psychology, Skilled Nursing Facility; No ER.  
All major insurance accepted, Medicaid, Medicare.  
*Spanish spoken? Y, language line through International Services: 1-504-842-3719*

##### **Ochsner Medical Center - Kenner (formerly Kenner Regional)**

1-866-OCHSNER 504-468-8600  
180 W Esplanade Ave, Kenner, 70065  
M-F 7:30 a.m. - 5:30 p.m., 24 Hour ER

Full service hospital.

All major insurance accepted, Medicaid, Medicare.

*Spanish spoken? Y, language line through International Services: 1-504-842-3719*

#### **Ochsner Medical Center - West Bank Campus**

1-866-OCHSNER, 504-392-3131

2500 Belle Chasse Hwy, Gretna, LA 70056

24 Hour ER Full service hospital.

All major insurance accepted, Medicaid, Medicare.

*Spanish spoken? Y, language line through International Services: 1-504-842-3719*

#### **PAM Health Specialty and Rehabilitation Hospital of New Orleans**

Main Phone: 504-930-3500 Referral Phone: 504-930-3527

<https://pamhealth.com/facilities/find-facility/specialty-hospitals/pam-health-specialty-and-rehabilitation-hospital-new-orleans>

3601 Coliseum St., New Orleans

Long-term acute care. Staff have training for trans-inclusive care.

Medicare, Medicaid, Private pay, Managed care, Commercial insurance Appt only

*Spanish spoken? N, but language line includes 24 languages*

#### **Touro Infirmary Hospital LCMC**

504-897-7011, ER 897-8250

1401 Foucher St, New Orleans

ER, adult medicine, general and orthopedic surgery, obstetrics. No inpatient psychiatry, no pediatrics.

Medicaid, Medicare, private insurance Walk-in for emergencies

*Spanish spoken? Y, language line*

#### **Tulane Medical Center Inpatient Rehabilitation Center LCMC**

504-780-8282 4700 S I-10 Service Rd W, Metairie

Primary care, Jefferson Parish rape assessments, women's health, including OB/GYN and mammograms; M-F specialty clinics, call for appointment. NICU, Well Baby Nursery, pediatrics. Inpatient psychiatry as of April 2008.

Medicaid, Medicare, Private Insurance Walk-in for emergencies

*Spanish spoken? Y, interpreter & language line*

#### **Tulane Medical Center LCMC**

Main line 504-988-5263

1415 Tulane Ave, New Orleans, 70112

ER, adult medicine, general and orthopedic surgery, psychiatry, transplants and other specialty care. No inpatient psychiatry or obstetrics: See Tulane-Lakeside.

Medicare, private pay, Medicaid OK for established patients, won't be turned away at ER Walk-in OK *Spanish spoken? Y, Se habla espanol*

#### **University Medical Center LCMC**

504-702-3000 2000 Canal St., New Orleans, 70112

ER, adult medicine.

Medicare, private pay, Medicaid OK for established patients, won't be turned away at ER . Walk-in OK *Spanish spoken? Y, Se habla espanol*

#### **West Jefferson Medical Center LCMC**

504-347-5511

1101 Medical Center Blvd, Marrero, 70072

Full service community hospital including Emergency Department.

Medicaid, Medicare, Private Insurance Walk-in OK *Spanish spoken? Y*

#### **Prescription Assistance**

##### **CMAP (Cenla Medication Access Program)**

1-888-443-7494, [www.cmaprx.org](http://www.cmaprx.org)

M- F 8 AM - 12, 1 - 5

Assistance finding prescription medications for people in need. Must be Louisiana resident, 18 or over, within income guidelines (at or below 250% Federal Poverty Level) and without any other program that covers prescriptions (insurance, Medicaid, Medicare). Free *Spanish spoken? N*

##### **Lantern Light (at Rebuild Center)**

504-273-5573

1803 Gravier St. (behind St. Joseph's Church), New Orleans, 70112

Prescription assistance Tues & Fri 10-10:30 AM; see listing under Basic Needs

Assistance for other services. Free for homeless *Spanish spoken? N*

##### **Louisiana Answers Aging & Disability Resource Center**

504-827-7843, 888-922-8522 2475 Canal St., Ste 400, New Orleans, 70119

M-F 8-4

Prescription assistance for people aged 21+. Must have basic contact info available; see listing under Disability Access & Justice for other services. *Spanish spoken? N*

##### **Needy Meds Program**

[www.needy meds.org](http://www.needy meds.org) 800-503-6897

Free drug discount card that can be used at over 70,000 pharmacies nationwide.

There are no income guidelines, registration needed or expiration for the card. The card is good for prescription drugs, over-the-counter medicines & medical supplies if written on a prescription pad by a doctor. It is also good for pet prescriptions that you have to pick up at a pharmacy.

Look online at [www.needy meds.org](http://www.needy meds.org) to find a list of participating pharmacies.

Free *Spanish spoken? Y*

##### **Medicine Assistance Tool**

888-477-2669 [www.medicineassistancetool.org](http://www.medicineassistancetool.org)

M-F 9-5 EST

Online search engine allowing individuals to look up financial assistance programs