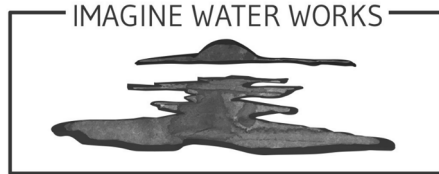


**July 2024**



**This resource guide is for YOU**

**Produced by Imagine Water Works**

This guide is available for download  
on the following websites:

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)

[www.antigravitymagazine.com](http://www.antigravitymagazine.com)

**Not finding what you need? Try [findhelp.org](http://findhelp.org)**

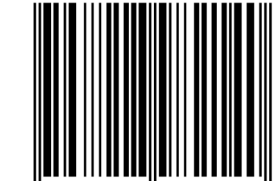
Contact us with questions, additions, requests,

and offers to volunteer or collaborate:

Coleen Murphy, coordinating organizer

at [NOLResourceguide@gmail.com](mailto:NOLResourceguide@gmail.com)

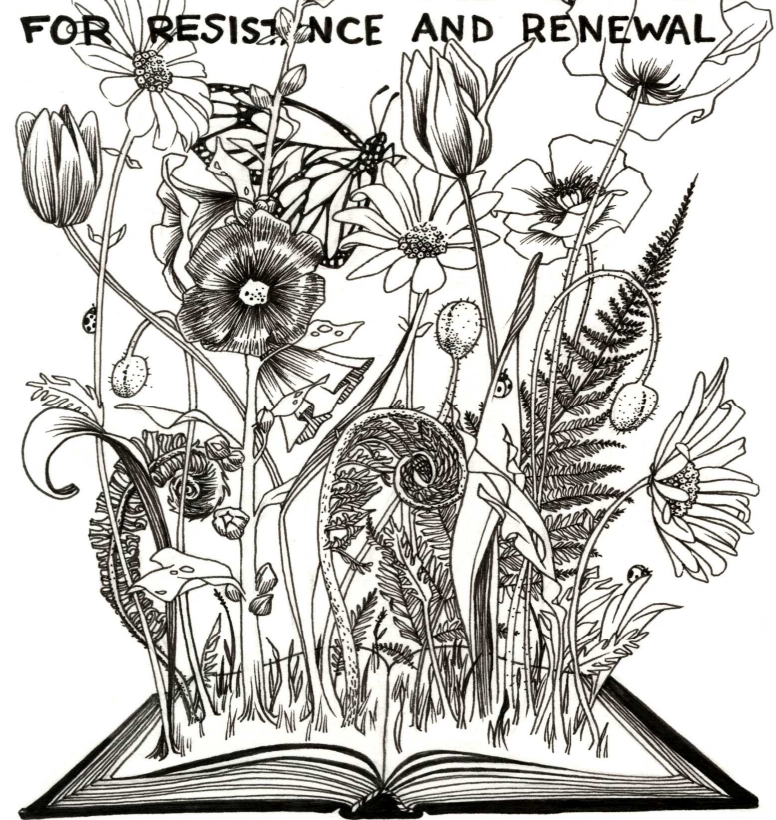
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# NEW ORLEANS COMMUNITY RESOURCE GUIDE

FOR RESISTANCE AND RENEWAL



**July 2024**

## **Welcome!**

This community resource guide has been compiled with the intention of increasing public access to services that are free or low-cost in the New Orleans area. Most listings are for services located in Orleans & Jefferson parishes, although select state and nationwide services have also been included.

Listed resources were contacted by phone and asked to verify the information listed. Organizations were specifically and intentionally asked about funding options for uninsured patients, the availability of Spanish translation services, and their ability to provide services for transgender and non-binary patients. Available transgender and non-binary services have been incorporated throughout and can also be found in a dedicated section of this guide.

This guide is a 2024 update based on information compiled by staff and volunteers for the REACH NOLA/Common Ground Health Clinic Community Resource Guide from 2006-14, and working directly from the 2023 edition, which sourced information compiled by volunteers at the Center for Ethical Living & Social Justice Renewal, as well as the Transgender and Gender Non-Conforming NOLA Resource Guide produced by Dr. Jennifer Glick and Dr. Robin Ivester.

This edition has been produced in partnership with **Imagine Water Works**, as a public service by volunteer community members and is available free of charge to all people.

This guide is available for download on the following websites:

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)     [www.antigravitymagazine.com](http://www.antigravitymagazine.com)

Contact us with questions, additions, requests, and offers to volunteer or collaborate:

Coleen Murphy, coordinating organizer, at [NOLAsourceguide@gmail.com](mailto:NOLAsourceguide@gmail.com)

Not finding what you need? Try [www.findhelp.org](http://www.findhelp.org)

## **Acknowledgements**

Many people did the work of making this edition of the resource guide possible!

Thanks to the entire Imagine Water Works team for partnering on this project and hosting our volunteers so hospitably, to Antigravity and Imagine Water Works for digital distro, and to many New Orleanians committed to community care and harm reduction, including but not limited to: Tucker Barker, Klie Kliebert, Brianna Lentz, Elizabeth Gelvin,

Walesa Kanarek, Angelique Thomas, Kyle Devries, everyone who came out to our volunteer call-a-thons, and even more lovely folks who wish to remain anonymous, and **probably you.**

Finally, love and appreciation to Harriet Burbeck for the cover art. Beauty matters!

## **HOTLINES**

**Connect quickly to emergency assistance**

**Suicide Prevention Lifeline 800-273-8255**

**Trans Lifeline 877-565-8860**

**Metro Crisis Response for Mental Health  
or Substance Abuse  
504-826-2675**

**Jefferson Parish Behavioral Health Mobile Crisis Line  
504-832-5123**

**LA Sexual Assault Crisis Line 888-995-7273**

**Family Justice Center Domestic  
Violence Crisis Line 504-866-9554**

**Addiction Helpline 877-947-5900**

**Narcotics Anonymous 504-899-6262**

**Freedom for Immigrants  
Family Support 209-757-3733**

**211 Counseling & Resources in the GNO area**

## **SBP**

(504) 460-2316 (504)277-6831 [www.sbpusa.org](http://www.sbpusa.org)

2645 Toulouse St., New Orleans, 70119

M-F 8-5

Rebuilding work includes: exterior work, framing repair, rough and finish electric, plumbing, insulation and drywall, interior texturing and painting, flooring and cabinets, interior doors, baseboards and trim work. Also sells homes to low to moderate income folks.

Free or sliding scale; Call or walk-in

*Spanish spoken? N, but will arrange for interpreters*

## **About Using This Guide**

Most agencies that state they have a sliding scale require proof of income (check stubs, W2 forms, letter from person supporting you and their check stub, etc.). Usually they will require an ID and/or a utility bill to verify your address.

If you have a question about costs, services or eligibility, call ahead.

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## **Primary Care**

### **504 Health Net**

(504) 206-6275

healthyhospitality.com or 504healthnet.org

Directory of primary care clinics in Greater New Orleans

### **Access Health Louisiana Primary Care Clinics**

Patient line, all locations: 866-530-6111 [accesshealthla.org](http://accesshealthla.org)

### **Access Health Belle Chasse**

504-398-1100 8200 Highway 23, Belle Chasse, 70037

M-Th 8-4:30, F 8-12

Adult & Pediatric Primary Care, Family Planning, Gynecology, Health Education, Pharmacy Assistance, enrollment in Medicaid.

Appointment only Telehealth appointments available. Welcoming to trans & nonbinary people.

Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 minimum)

*Spanish spoken? Y, also Arabic (call ahead)*

### **Access Health Primary Care at Pythian**

504-226-2976 234 Loyola Ave Suite 300B New Orleans 70112

M-Th 8-4:30, F 8-12

Adult Primary care, HIV/STI/Infectious Disease, enrollment in Medicaid. Appointment only. Telehealth available.

Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 minimum)

*Spanish spoken? Y, via language line*

### **Access Health St. Bernard Community Health Center**

504-281-2800 8050 W. Judge Perez Dr., Ste 1300, Chalmette

M-Th 8-7; Limited staff F 8-2; Sat 8-2

Adult & Pediatric Primary Care, Family Planning, PAP exams, referrals for Podiatry, Nutritional Counseling, Health Education, Pharmacy Assistance, Pediatric Services, enrollment in Medicaid. Telehealth appointments available.

Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 minimum)

*Spanish spoken? Y, via language line and in person*

### **Access Health South Broad Community Health Center**

504-309-5061

[accesshealthla.org/location/south-broad-new-orleans](http://accesshealthla.org/location/south-broad-new-orleans)

## **Mutual Aid Response Network via Imagine Water Works**

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)

Mutual Aid Response Network, which can be accessed in person or on Facebook through the “Imagine Mutual Aid (New Orleans)” group; in this group, you can request and offer specific items and information. Community Power Map on website where you can find and offer access to power outlets after a storm. Various storm-specific relief programs, depending on the storm and available resources at the time. See listing in Community Support & Education for info on additional services.

*Spanish translation services sometimes available, request appointment.*

## **Rebuilding**

### **Lower 9<sup>th</sup> Center for Sustainable Engagement & Development**

504-324-9955, 504-931-6190 to volunteer [www.sustainthenine.org](http://www.sustainthenine.org)  
5227 Chartres St., New Orleans, 70117

Assistance for Lower 9th Ward residents with access to fresh food, volunteer home restoration, radiant barrier installation, and neighborhood beautification. Will provide referrals for food distribution and other community needs. Fee for materials; Walk-in or call for information *Spanish spoken? N*

### **Preservation Resource Center Revival Grants**

[prcno.org/programs/revival-grants](http://prcno.org/programs/revival-grants) (504) 301-5020

This program assists low-to-moderate-income homeowners who live in HDLC full control historic districts, or in partial control districts that levy fines. Income guidelines and HDLC map posted at the link above. Grants only cover minor repairs to the exterior of property.

### **Rebuilding Together**

(504) 264-1815 [www.rtno.org](http://www.rtno.org)

2801 Marais Street New Orleans, LA 70117

Volunteer and contract labor for home rebuilding. Must be low income, in Orleans Parish, and either 60+yrs, disabled, veteran, single guardian with custody of minors or a first responder in order to qualify. Salvaged materials available at their low-cost warehouse. Free; Call for info *Spanish spoken? Y, Se habla espanol*

### **Imagine Water Works**

www.imaginewaterworks.org Instagram @imaginewaterworks  
24/7 Anonymous Storm Prep Q&A on Instagram anytime there is a named storm in the Gulf. Preparedness information available on all social media channels and website: hurricane preparedness guide and checklists in English and Spanish; hurricane preparedness guide for COVID-19; storm guide and zine for queer and trans individuals. See listing in Community Support & Education for info on additional services.

### **Local resource updates:**

- Call 3-1-1 and 2-1-1
- Check @NOLAReady and @ImagineWaterWorks on social media

### **Weather Updates:**

- National Hurricane Center [www.nhc.noaa.gov](http://www.nhc.noaa.gov)
- Weather Underground [www.wunderground.com](http://www.wunderground.com)
- Trusted local meteorologists (Margaret Orr has retired but still livetweets storms)

### **Relief and Recovery**

#### **GNO Caring Collective**

Instagram @GNOCARINGCOLLECTIVE 5523 St. Claude L9  
Event space and resource hub including Fred Hampton Free Store  
Mondays 5-7:30pm

- Free Store and Clothing Boutique
- Will be available throughout disaster relief with expanded hours TBD
- Disaster response supplies, tarps, tools, mold remediation, camping supplies, etc
- Basic household goods, clothing, linens, books, furniture, emergency contraceptives, food & toiletries & personal care
- Area Resource Hub
- Space will serve as local and/or regional hub for other mutual aid groups, with connections to structural groups able to offer material support
- Limited capacity to serve as emergency shelter
- Actively centering hyperlocal marginalized leadership of affected areas and communities

See listing in Community Support & Education for additional services

3300 S Broad, New Orleans, 70125

M-Th 8-4:30, F 8-12

Adult & Pediatric Primary Care, Family Planning, Gynecology, Health Education, Pharmacy Assistance, enrollment in Medicaid. Appt only. Telehealth available, appointment transportation assistance, maternal child coordinator.

Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 minimum)

*Spanish spoken, Yes via language line*

### **Baptist Community Health Services**

Primary Care Clinics in 5 locations [bchsnola.org](http://bchsnola.org) 504-533-4999

#### **BCHS Andrew P. Sanchez Center**

2nd Floor - Family Medicine & Behavioral Health

504.533.4999 [info@bchsnola.org](mailto:info@bchsnola.org)

1616 Fats Domino Ave. New Orleans, LA 70117

Monday - Friday 8:00 am - 5:00 pm

*Language Services: Spanish, Mandarin*

#### **BCHS 4209 St. Claude Avenue**

Pediatrics & Behavioral Health

504.533.4999 [info@bchsnola.org](mailto:info@bchsnola.org)

4209 St. Claude Avenue New Orleans, LA 70117

Monday - Friday 8:00 am - 5:00 pm

*Language Services: Spanish, Mandarin, Cantonese, Taiwanese*

#### **BCHS 221 W. Genie Street**

Pediatrics

504.533.4999 [info@bchsnola.org](mailto:info@bchsnola.org)

221 W. Genie Street Chalmette, LA 70043

Monday - Friday 8:00 am - 5:00 pm

*Language Services: Spanish, Mandarin, Taiwanese, Cantonese*

#### **BCHS 1445 W. Causeway Approach, Mandeville**

Family & Internal Medicine

504.533.4999 [info@bchsnola.org](mailto:info@bchsnola.org)

1445 West Causeway Approach Mandeville, LA 70471

Monday - Friday 8:00 am-5:00 pm *Language Services: Spanish*

#### **BCHS 4960 St Claude Ave**

Family Medicine & Behavioral Health

504.533.4999 [info@bchsnola.org](mailto:info@bchsnola.org)

Business Office: 4960 St. Claude Avenue New Orleans, LA

70117

Monday, Wednesday, Thursday, & Friday

Clinic Hours: 9:30am-6:30pm

Business Office Hours: 8:00am-5:00pm

*Language Services: Spanish*

### **Children's Hospital Kids First Tiger Care Pediatric Clinic**

504-299-9980 [www.chnola.org](http://www.chnola.org)

2633 Napoleon Ave Suite 707 NOLA 70115

M-F 8-4:30

Comprehensive pediatric care, including Adolescent Health Clinic providing primary care and consult services for adolescents up to age 21, including reproductive health services: STD screening, diagnosis, treatment and contraception.

Sliding Scale for uninsured (\$85-185), Medicaid, private insurance.

Appts preferred

*Spanish spoken? Y, Physician W & F afternoons, language line*

### **Common Ground Health Clinic**

Clinic (504) 265-0207 [cghcnola.org](http://cghcnola.org)

441 Wall Blvd., Gretna, LA 70056

M, Tu, Th 8-5, Fri 8-2

Adult primary care services, including physicals, prescriptions, lab tests, Medicaid applications, behavioral health, wellness & educational events.

Sliding scale beginning at \$25, Medicaid, Medicare, major insurance; Appt. & walk-in *Spanish spoken? Y, Se habla espanol*

### **CrescentCare Health**

504-207-CARE (2273), Toll Free: 844.315.CARE (2273)

[crescentcare.org](http://crescentcare.org) 1631 Elysian Fields Ave.

M, F 8:30-5, Tu: 8:30-8, W, Th: 8:30-6pm

Clinic with primary care, pediatrics, behavioral health, dental, preventative services, HIV services, transgender health, women's health, hepatitis C services, legal, insurance enrollment.

Sliding scale based on income; call for appt.

### **DePaul Community Health Centers (fka Daughters of Charity)**

**For all locations: 504-207-3060**

**[www.depaulcommunityhealthcenters.org](http://www.depaulcommunityhealthcenters.org)**

### **DePaul Community Health Center - Algiers**

(504) 362-8930 Phone (504) 362-8486 Fax 3215 General Meyer

Ave. New Orleans, LA 70114

M-F 8-5

### **Stuart H Smith Law Clinic & Center for Social Justice**

(504)-861-5590 | <http://www.loyno.edu/lawclinic>

540 Broadway St., New Orleans, 70118

M-F 8:30-4:30

Loyola law student legal clinic providing legal services to low income and indigent clients of New Orleans. Clinics in immigration, family law, criminal defense, and employment Free; call for appt. *Spanish spoken? Y, se habla espanol.*

### **Disaster Assistance**

In times of disaster, your known network, community, and local organizations can offer invaluable support and resources. Reaching out to familiar connections can provide immediate aid, comfort, and a sense of solidarity.

This section has three parts: Disaster Information, Relief and Recovery, and Rebuilding.

### **Disaster Information**

#### **City of New Orleans “NOLA Ready”**

[Ready.nola.gov](http://Ready.nola.gov)

The City's NOLA Ready website and social media channels have information in English, Spanish, and Vietnamese on how to prepare for a storm, shelter in place, evacuate, and return home. You can follow them on all social media platforms at @NOLAReady. Sign up for alerts, which will notify you of emergency situations, by texting NOLAREADY to 77295.

#### **Emergency Legal Responders**

[emergencylegalresponders.org](http://emergencylegalresponders.org)

[admin@emergencylegalresponders.org](mailto:admin@emergencylegalresponders.org)

2533 Columbus Street, Unit 110 New Orleans, LA 70119

IG & FB @emergencylegalresponders or X @ELResponders

Disaster legal advocacy organization that believes everyone deserves disaster relief and support. Provides advocacy, accessible legal information, community legal clinics, and customized legal training for social service providers. Provides services to all disaster survivors, focusing on the need to achieve community resilience and more equitable disaster recovery efforts.

*Free Spanish spoken? N*

*Spanish spoken? Y, se habla español.*

**Patient Advocate Foundation**

(800)-532-5274 | [www.patientadvocate.org](http://www.patientadvocate.org)

M-F 8:30-5

Assistance to patients with specific issues they are facing with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening, chronic, or debilitating diseases. Mediation on behalf of the patient. Case Management, assistance with transportation, housing, and other costs. Case management + financial aid, resources for financial assistance available.

Free; *Spanish Spoken? Y, upon request*

**Southeast Louisiana Legal Services**

(504)-529-1000 Toll free 877-521-6242 [www.slls.org](http://www.slls.org)

Orleans, St. Bernard and Eastbank Jefferson Parishes

(504)-340-1381

Westbank Jefferson, Plaquemines, St. Charles Parishes

1340 Poydras, Ste 600, New Orleans

M-F 8:30-5

Legal aid in civil matters (no criminal) for low income people, including domestic violence, divorce (no community partitions), custody, housing/landlord-tenant, employment/unemployment, food stamps, SSI, Medicaid, IRS tax disputes, oil spill issues, bankruptcy, successions, title clearing, tax sales, foreclosure counseling and defense, other homeownership problems, consumer debt/fraud. Free if qualified and case is accepted. Call for appointments or outreach sites. Evictions should come in without appointment ASAP

Free; Call for an appointment.

*Spanish Spoken? Y, also Vietnamese, Chinese, and other languages.*

**Southern Poverty Law Center - New Orleans Office**

(503)-486-8982 | [www.splcenter.org](http://www.splcenter.org)

201 St. Charles Ave. Ste. 2000, NOLA

M-F 8-5; Leave a message 24/hr day.

Nonprofit civil rights organization providing legal and advocacy services, including immigrant justice project.

Free; Call for consultation

*Spanish Spoken? Y, can arrange for interpreters for other languages*

Adult, pediatric, adolescent and geriatric primary care services including immunizations, physicals, podiatry, mental health, PAP smears, prenatal care, pharmacy, optometry, and STI and HIV testing; Dental program. Covid-19 vaccinations.

Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available).

*Spanish spoken? Y*

**DePaul Community Health Center - Carrollton**

(504) 207-3060

3201 S. Carrollton, New Orleans (Mid City), 70118

M-F 8-5

Adult, pediatric, adolescent and geriatric primary care services including immunizations, physicals, podiatry, mental health, PAP smears, prenatal care, pharmacy, optometry, and STI and HIV testing; Dental & Optometry programs.

Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available).

*Spanish spoken? Y*

**DePaul Community Health Center - Gentilly**

(504) 282-0089 100 Warrington Dr. New Orleans, LA 70122

M-F 8-5

Primary and Preventive Care, Pediatrics, Pharmacy, OB/GYN and Prenatal Care, Dental, Behavioral Health, Lab, Medicaid Enrollment, Medicare Enrollment Assistance.

Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available).

**DePaul Community Health Centers - Gretna**

(504) 367-8777 1301 Whitney Ave. Gretna, LA 70056

M-F 8-5

Primary and Preventive Care, Pediatrics, Medicaid Enrollment, Medicare Enrollment Assistance, Lab, Behavioral Health.

Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients.

**DePaul Community Health Centers - Higgins**

(504) 948-2873 3303 Higgins Blvd. New Orleans, LA 70126

M-F 8-5

Primary and Preventive Care, Pediatrics, Medicaid Enrollment, Medicare Enrollment Assistance, Lab, Behavioral Health.

Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid,

Private Insurance; Appt and some Walk-in, if established patients.

**DePaul Community Health Centers - Kenner**

(504) 468-4437

3715 Williams Blvd., Suite 220 Kenner, LA 70065

M-Th 8-5 F 8-1

Pediatrics, General Medicine, Medicaid Enrollment, Medicare Enrollment Assistance

Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients.

**DePaul Community Health Center - Lakeside (Pediatrics)**

504-837-9000 3616 6th Street suite 101 Metairie, LA 70001

M-F 8-5

Pediatrics, Behavioral Health, Medicaid Enrollment, Lab

**DePaul Community Health Center – Metairie**

(504) 482-0084, Fax (504) 464-1386

111 N. Causeway Blvd. (same bldg. as the Jeff. Parish Health Unit), 70001, Metairie

M-F 8-5

Adult, women's and pediatric primary care including vaccinations, lab tests, TB testing, HIV and STI testing, discounted pharmacy. Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients. *Spanish spoken? Y*

**DePaul Community Health Center - New Orleans East**

(504) 248-5357 Phone (504) 248-5377 Fax

5630 Read Blvd., Suite 550, New Orleans (East), 70127

M-F 8-5 Sat 8-2

Adult, women's and pediatric primary care including vaccinations, lab tests, TB testing, HIV and STI testing, dental.

Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients. *Spanish spoken? Y*

**DePaul Community Health Centers - Prytanía (Pediatrics)**

(504) 899-5437 3600 Prytanía St. New Orleans, LA 70115

M-F 8-5

Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established

**Louisiana Center for Children's Rights**

504 658 6860 | [www.laccr.org](http://www.laccr.org)

1100-B Milton Street, New Orleans, 70122

Resources for supporting and organizing young people and transforming the juvenile justice system. Advocacy for youth in prisons and detention (including LGBT youth in the juvenile justice system), and youth in New Orleans public schools facing expulsion, suspension, and school arrest.

Call for info. *Spanish spoken? Y*

**Louisiana Law Help**

[Louisianalawhelp.org](http://Louisianalawhelp.org)

Free resource from Louisiana's nonprofit justice community; a starting point to search for assistance available for free or low-cost, or for assistance with self-representation.

**New Orleans Workers' Center for Racial Justice**

504-309-5165 [www.NOWCRJ.org](http://www.NOWCRJ.org)

3500 Canal St, 2nd Floor, New Orleans, LA 70119

Organizing, legal, and policy advocacy focusing on civil, labor, and human rights agenda, leadership skills training, and workers' rights education and activism.

Check schedule of events: [www.NOWCRJ.org/events](http://www.NOWCRJ.org/events)

Free; *Spanish Spoken, Y, se habla espanol*

**Orleans Public Defenders**

(504) 821 8101 2601 Tulane Ave, Ste. 700, New Orleans, 70119

Provides legal representation to indigent defendants accused of committing crimes in Orleans Parish.

Call for info. *Spanish Spoken? Y*

**Project Ishmael**

[www.projectishmaelNOLA.org](http://www.projectishmaelNOLA.org) | (504) 233 3057

[ProjectIshmaelNOLA@gmail.com](mailto:ProjectIshmaelNOLA@gmail.com)

3401 Canal St., New Orleans, 70119

Mon-Fri 9-5

Pro-bono Children's immigration legal services.

Free; Call and leave a message; *Spanish Spoken? Y*

**PELA – Plaintiff Employment Lawyers Association**

[louisianaemploymentlawyers.org](http://louisianaemploymentlawyers.org)

Promotes public awareness of employee rights and provides collaboration with attorneys who represent employees, and provides referrals for employees seeking representation.



accessible legal information, community legal clinics, and customized legal training for social service providers. Provides services to all disaster survivors, focusing on the need to achieve community resilience and more equitable disaster recovery efforts. We do not provide direct legal assistance; we provide access to legal information. If you were impacted by a disaster and are in need of legal assistance, email with your questions, and an attorney will follow up with you. For easily understandable disaster legal info in real-time and notice of our upcoming free legal clinics follow our social media.

Free *Spanish spoken?* N

### **Families & Friends of Louisiana's Incarcerated Children**

(504) 708-8376 [www.ffcic.org](http://www.ffcic.org)  
1600 Oretha C. Haley Blvd, New Orleans, 70113  
M-F 9-5

Advocacy and education for families & friends of children involved in or targeted by the juvenile justice system, advocacy for youth in NOLA public schools facing expulsion or suspension. New Orleans Chapter Meetings are held monthly in the office, call for dates & times.

Call for more info. *Spanish spoken?* N

### **Innocence Project New Orleans**

504 943 1902 | [ubfi@ip-no.org](mailto:ubfi@ip-no.org) | [www.ip-no.org](http://www.ip-no.org)  
4051 Ulloa Street, New Orleans, 70119  
M-F 9:30-5:30

Innocence Project New Orleans frees innocent prisoners convicted in Louisiana, exposes injustice and prevents wrongful convictions. For more information on requesting assistance visit [www.ip-no.org/how-we-take-cases](http://www.ip-no.org/how-we-take-cases)

Free, only represents applicants who cannot pay.

See website for info; *Spanish Spoken?* Y

### **Isla – Immigration Services and Legal Advocacy**

[www.islaimmigration.org/](http://www.islaimmigration.org/) | 504-265-0416, 504-259-8226  
3801 Canal Street, Suite 210, New Orleans, LA 70119

Legal services organization that defends the rights of our immigrant communities and advocates for just and humane immigration policy, and offers representation.

*Spanish spoken?* Y, *se habla español*.

patients.

### **DePaul Community Health Center-Saint Cecilia**

(504) 941-6041 1030 Lesseps St., New Orleans, 70117  
M-F 8-5

Adult, pediatric, adolescent and geriatric primary care services including Immunizations, physicals, diabetes & cholesterol care, PAP smears, and STI & HIV testing.

Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available).

*Spanish spoken?* Y

### **Drop-in Clinic at Covenant House (Tulane University)**

504-584-1112 611 N. Rampart St.  
[medicine.tulane.edu/centers-institutes/tulane-drop-center/location](http://medicine.tulane.edu/centers-institutes/tulane-drop-center/location)

Drop-in clinic Hours: M-W 9am-12pm Fri 1pm-5pm

Drop-In Clinic for adolescents ages 14-23, specializing in homeless youth Mondays - Fridays 1pm- 4pm

Free, Medicaid; Call for appointment *Spanish spoken?* N

### **Excelth Family Health Center - Algiers**

504-526-1179, 504-526-1190  
4422 Gen. Meyer Ave, Ste 103, New Orleans (Algiers), 70131  
M-W 7-5, Th & F 8-5

Pediatric, adolescent and adult primary care services, including immunizations, well-woman visits, chronic disease management and lab services; Behavioral Health for Adults; Social Services; Certified Medicaid Application Center; Podiatry.

Minimum \$25 for first visit and \$15 thereafter for uninsured w/ sliding scale (with 2 paycheck stubs), additional fees for labs. \$10 co-pay for Medicare. Some private insurance.

*Spanish spoken?* Y, and *Arabic spoken* M, T, W

### **Excelth Family Health Center - Gentilly**

504-620-9868, fax 504-620-9888, [www.excelth.com](http://www.excelth.com)  
2050 Caton St., New Orleans (Gentilly), 70122  
M-F 8-5

Pediatric, adolescent and adult primary care services, including immunizations, well woman visits, podiatry, chronic disease management and lab services, transgender-specific care; Behavioral Health services for Children, Adolescents, Adults and Families

Sliding Fee scale for uninsured (\$25 minimum fee, must bring

proof of income). Set fees for laboratory tests and some procedures. Medicare accepted. Appts only *Spanish spoken? N*

**Excelth Family Health Center - New Orleans East**

504-620-0500 [www.excelth.com](http://www.excelth.com)

9900 Lake Forest Blvd., New Orleans (East)

M-F 8-5

Pediatric, adolescent and adult primary care services, including immunizations, dental care, well woman visits, chronic disease management and lab services, transgender-specific care; Behavioral Health services for Children, Adolescents, Adults and Families

Sliding Fee scale for uninsured (\$25 minimum fee, must bring proof of income). Set fees for laboratory tests and some procedures. Medicare accepted. Appts/Some Walk-ins accepted *Spanish spoken? Y*

**Freestanding Communities New Orleans Community Health Outreach Team**

504-233-2225 [www.freestandingcommunities.org](http://www.freestandingcommunities.org)

Health services include wound care, non-invasive preliminary on-site health screening e.g. vital signs, urinalysis, drug screening, pregnancy screening, and more. Advocacy assistance includes medical appointment and specialty care referral scheduling, escort and advocacy support at emergency departments and medical appointments (when requested). Additional advocacy services include RTA transportation ticket assistance to medical appointments, prescription medication co-pay assistance (when applicable), durable medical equipment procurement (canes, walkers, rollators, braces, etc.), health care supplies (incontinence, blood sugar and pressure monitoring equipment), and linkage to housing, medical insurance and other resources in the New Orleans area.

All services are provided free of charge at the following locations:

**Mondays 5:30pm - 8pm** - 5523 St. Claude Avenue (Old Family Dollar) New Orleans, LA 70117

**Tuesdays 3pm - 5pm** - Duncan Plaza 1900 Perdido Street (Across from City Hall) New Orleans, LA 70112

**First Tuesdays of each Month 10am - 12pm** - People's United Methodist Church New Orleans, LA 70113

**Thursdays 8am - 12pm** - HTC Rebuild Center 1803 Gravier Street New Orleans, LA 70112

**Fridays 6:30am - 8am** - Grace at the Greenlight 400 N. Rampart (Inside St. Jude Recreation Center) New Orleans, LA

**VOTE (Voice of the Experienced)**

504.571.9599 [voiceoftheexperienced.org](http://voiceoftheexperienced.org)

4930 Washington Ave, New Orleans LA 70125

M—F 9a.-5p. Saturdays by appointment only.

VOTE is a grassroots membership based organization that works in the areas of advocacy and education by/with/for formerly incarcerated people, with a focus on: Voter mobilization, Economic empowerment, Legal education, Community education, and Leadership Development. Contact us or come to a meeting to find out how to join us in shifting power and building sustainable communities and enterprises. Member meetings are the first Wednesday of the month from 6-8pm and are open to all. Visit [voiceoftheexperienced.org/events](http://voiceoftheexperienced.org/events) for meeting and event updates. Member meetings are the first Wednesday of the month from 6-8pm and are open to all. *Spanish spoken? N*

**Justice & Legal Aid**

**ACLU of Louisiana**

504-522-0617 | [www.laACLU.org](http://www.laACLU.org)

1340 Poydras St., New Orleans, 70112

Legal aid specializing in discrimination, 1st amendment rights, immigrant rights, transgender people, police practices, prisoners' rights. To file a complaint with the ACLU it can be done through their website or by mail at the address listed above.

*Intakes temporarily paused as of April 2024*

**The Advocacy Center - Disability Rights Louisiana**

[Disabilityrightsla.org](http://Disabilityrightsla.org) [info@disabilityrightsla.org](mailto:info@disabilityrightsla.org) | 800-960-7705

8325 Oak St., New Orleans

M-F 9-5

Legal aid advocacy services to people living in Louisiana of all ages who are living with disabilities. Legal representation, outreach & training programs and information & referral.

Free; call for more info

*Spanish spoken? Y, se habla espanol, Vietnamese spoken*

**Emergency Legal Responders**

[emergencylegalresponders.org](http://emergencylegalresponders.org)

[admin@emergencylegalresponders.org](mailto:admin@emergencylegalresponders.org)

2533 Columbus Street, Unit 110 New Orleans, LA 70119

IG & FB @emergencylegalresponders or X @ELResponders

Disaster legal advocacy organization that believes everyone deserves disaster relief and support. Provides advocacy,

Rehab shelter for adult women, including trans and nonbinary. 12 month faith-based program. Go to website to apply and get a response between 24-48 hours. Must be tested for Covid. \$1200 entrance fee requested, no one turned away; Call for appt. or fill out online questionnaire *Spanish spoken? N*

### **Operation Restoration**

504-684-9222 or-nola.org Instagram: operationrestorationtheor  
1450 Poydras, Suite 2260, New Orleans, 70112

Operation Restoration (OR) supports women and girls (including transgender people) impacted by incarceration to recognize their full potential, restore their lives, and discover new possibilities. At OR, we focus on advocacy, education, economic mobility, and true economic equity for our staff, clients, and community. OR's long-term goal is to end the incarceration of all women and girls. Our work removes barriers to re-entry and seeks to eliminate financial and societal incentives for incarceration/detention to increase investments in social services, education, housing, and healthcare for all people. OR defines incarceration as confinement in prison, jail, immigrant, youth or military detention, or a deportation facility. Directly impacted women and girls are those that are or have been incarcerated, arrested or are on probation and/or parole.

Free; Call to apply *Spanish spoken? N*

### **Re-Entry Program at Goodwill of SE LA**

504-456-2622 www.goodwillno.org 3400 Tulane Ave, Ste 1000, New Orleans, 70119

Re-entry job placement program, call for info.

### **State of LA Department of Corrections**

doc.louisiana.gov/reentry-programming

Resource website with re-entry resources compiled by the State.

### **The First 72 Plus**

504.324-8859 www.first72plus.org

2915 Perdido St., New Orleans, 70119

Assistance with re-entry for formerly incarcerated people, including job placement, medicaid applications, resume support, clothing, social services access, job seeking, and more. Transitional housing program for men only.

Free; Call or visit the website *Spanish spoken? N*

70112

**Saturdays 9am - 4pm** - Ozanam Inn 2239 Poydras Street  
(Second Floor) New Orleans, LA 70119

### **Health Care for the Homeless Program**

504-658-2785 www.nola.gov/health/homeless/

2222 Simon Bolivar Ave, 2nd Fl., New Orleans, 70113

8-5:30pm Comprehensive program offering primary medical care, dental care, pharmacy. Also at Community Resource Referral Center, 7530 Gravier St.

Services free if homeless; also Medicaid, Medicare, sliding scale based on income. Call or walk-in to fill out paperwork for appt.

*Spanish spoken? Y*

### **Hope Community Health Center**

Main Phone: 504-503-0878 Forensics Phone: 504-355-0857

Fax: 504-592-4008 hopeclinic@nofjc.org

701 Loyola Ave Suite 108

Monday thru Friday, 8:00 am to 4:00 pm

Primary Care, OBGYN Care, Children's Care

Accept Medicaid, Medicare, private insurance, and offer a sliding scale for uninsured patients who qualify.

### **InclusivCare (Jefferson Community Health Care Centers)**

InclusivCare.com info@inclusivcare.com

Primary care at 4 Jefferson Parish locations

Adult and pediatric care, including vaccinations, Covid testing & vaccinations, PAP smears/family planning, STI and HIV testing, low cost pharmacy. Specialty services are podiatry, general dental and nutritional counseling. Must bring a picture ID, proof of where you are living (a bill), and proof of income.

Sliding scale for uninsured (\$20-\$85) not including lab costs.

Medicaid, Medicare, and Private insurance.

Appt or Walk-in at 7:30 AM

### **InclusivCare Avondale**

504 436 2223 3932 US Route 90, Westwego, Louisiana 70094

M-Th 8-5 Fri 8-230

### **InclusivCare Lafitte**

504 436 2223 5140 Church Street, Lafitte, Louisiana 70067

Medical (Mon & Tues 8-5) Dental (Wednesday 8-5)

**InclusivCare Kenner**

504-463-3002 [www.inclusivcare.com](http://www.inclusivcare.com)  
Family Dental Services 504-347-8377, 504-762-8921  
2552 Williams Blvd., Kenner, LA 70062  
M-Th 8-5 Fri 8-230

**InclusivCare Marrero**

504-371-8958 [www.jchcc.org](http://www.jchcc.org)  
7017 Lapalco Blvd., Marrero, 70072  
M-W 8-5; Th 8-7 (last patient at 6:30); F 8-2

**Jefferson Parish Health Unit (A)**

504-838-5100, regional office 504-599-0100  
111 N Causeway Blvd., Metairie  
M, Tu, W, F 8am-4:30pm  
Covid Testing & Vaccination W, F: 8-3  
WIC: M, Tu, W, 8-4:30PM  
Telehealth appointments on Fridays  
STD testing and treatment, vaccinations for children, pregnancy testing, family planning, breast exams, environmental health services, WIC, TB and HIV/AIDS testing and treatment. Must bring a picture ID, proof of where you are living.  
Sliding Scale depending on service. Appt. only; Walk-in for STD services *Spanish spoken? Y, language line*

**Jefferson Parish Health Unit (B)**

504-349-8802 1855 Ames Blvd., Marrero  
W & Th 8-4:30  
STD testing & treatment; immunizations for up to age 18; pre-natal care; family planning; PAP smears; birth control; breast exams; WIC; TB and HIV/AIDS testing and treatment.  
For environmental health services, call 504-349-0092.  
Free & Sliding Scale depending on service; Mostly Appt., Some Walk-ins. *Spanish spoken? Y, language line*

**LSU Family Medicine - Oschner**

504-471-2750 200 W Esplanade Ave., Ste. 412, Kenner, 70065  
M-Th 8-5 Fri 8-12  
Complete adult and pediatric primary care, including pre-natal care, adolescent care, PAP smears, STI testing. Photo ID required.  
Sliding Scale (\$30 minimum, proof of income required), Medicaid, Medicare, some private insurance; Appt. only  
*Spanish spoken? Y*

Primary health care for recently released formerly incarcerated people.

**Home is Here NOLA**

[www.homeisherenola.org](http://www.homeisherenola.org) (504) 579-9800  
1610 Oretha Castle Haley Blvd. Ste A  
Community services organization that offers advocacy, visitation and sponsorship for the release, resettlement, and housing of immigrants incarcerated in Louisiana detention centers.  
*Free; Spanish Spoken, Y, se habla espanol*

**Justice and Accountability Center of Louisiana**

504-322-4050 [www.jaclouisiana.org](http://www.jaclouisiana.org) [info@jaclouisiana.org](mailto:info@jaclouisiana.org)  
4035 Washington Avenue, Suite 203, New Orleans, 70125  
M-F 10-5  
Provides civil legal services (no open criminal matters) to individuals with criminal records. Provides info and advice on the following civil legal issues: suspended driver's licenses, TWIC waivers and appeals, child support suspensions due to incarceration, traffic debts and traffic warrants from before incarceration, incorrect information on criminal background checks and credit reports, and denial of employment or a professional license due to a criminal record. Call for intake. Hosts a free, monthly, in-person expungement clinic with volunteer attorneys to check expungement eligibility and complete the court paperwork, every 2nd Wednesday of the month at 4035 Washington Ave. at 5pm. Clinics are first-come, first-served with no early sign up or appointments.  
To be seen by an attorney, individuals MUST bring: 1) their Orleans Criminal District Court Expungement Packet, OR 2) their Bill of Information, disposition/sentencing minutes, and background check from the parish sheriff or NOPD for all other courts and cases. More information on events and our online expungement app is also available on our website. Our app allows individuals to check their own eligibility if they have their court paperwork and will help fill out the court forms if a person cannot get to a clinic.  
Programs free, clients responsible for own court costs.  
Call for appt. *Spanish spoken? N*

**Mary's Song Restoration Center for Women**

504-822-1341 fax 504-733-1939 [marysong@vfellow.net](mailto:marysong@vfellow.net)  
5708 Airline Dr., Metairie, 70003  
M-F 8-4

**LA SPCA**

504-368-5191, Clinic 504-363-1333 [www.la-sPCA.org](http://www.la-sPCA.org)

1700 Mardi Gras Blvd, New Orleans (Algiers), 70114

M-F 9-5, Sat 10-4

Society for the Prevention of Cruelty to Animals, help with finding lost pets, pet care, pet adoption, low cost vet services.

*Spanish spoken? Y, sometimes*

**New Orleans People's Assembly**

[peoplesassemblyneworleans.org](http://peoplesassemblyneworleans.org) 504-218-8817

1418 N Claiborne Ave #1, New Orleans 70116

Organizing, advocacy & community building for, with, and by working people of New Orleans.

Check website or facebook for events & programs

**New Orleans Public Library**

(504) 596-2560, [www.nolalibrary.org](http://www.nolalibrary.org)

219 Loyola Ave., New Orleans, 70112 (Main Branch)

Public library system of New Orleans. Access to all kinds of media (books, movies, etc.), computer use, classes and tutoring programs at locations around GNO. See website for full listing of locations, hours & programs. Services include public computers, charging stations; wifi in and around each building; wireless printing; Culture Pass program for area museums, zoo, etc.; free copies/prints - 10 pages per day; virtual programs for all ages.

Free; Check website for updates *Spanish spoken? Y, sometimes*

**For Formerly Incarcerated People****Community Lifestyle Institute**

504-327-4990 Office [communitylifestyleinstitute.org](http://communitylifestyleinstitute.org)

Contact Jamillah at [jamillah@communitylifestyleinstitute.org](mailto:jamillah@communitylifestyleinstitute.org) or

504-330-7720

M-F 8 - 11 AM

Reentry curriculum to females/males recently released. Skills assessment testing, Individual career plans, Work readiness, Digital literacy (technology skills).

Free; Call for schedule and appt. *Spanish spoken? N*

**Formerly Incarcerated Transitions (FIT) Clinic**

[www.fitclinic.org](http://www.fitclinic.org)

Call Danielle Metz to make an appointment at 504-475-3784

2222 Simon Bolivar, New Orleans, LA 70115

on the 2nd Floor in the office with Healthcare for the Homeless

**Luke's House**

504-444-7879 [www.lukeshouseclinic.org](http://www.lukeshouseclinic.org)

2222 Simon Bolivar Ave, New Orleans, 70113

Phone calls received M-F 8-4, call for appointment

Primary care for adults (including basic lab tests), spiritual health counseling, mental health counseling, referrals, vaccinations, prescription assistance. Thursday clinic includes bilingual (Spanish-English) providers.

Free *Spanish spoken? Y, always on Thursdays, sometimes on Tuesdays*

**New Orleans East Louisiana Community Health Center (NOELA)**

Adults 504-255-8665, Pediatrics 504-309-8390 [noelachc.org](http://noelachc.org)

13085 Chef Menteur Hwy, New Orleans (East), 70129

M-F 8–5, Sat 8am–12pm. Call for after hours services.

Adult primary health care services, including women's health (OB/GYN), mental health, social services, diabetes classes, pharmacy assistance. Pediatrics across the street at 14401 Chef Menteur Hwy, Ste C.

Sliding scale for uninsured based on income. Medicaid, Medicare, some insurance.

Appt preferred, walk-ins OK

*Spanish spoken? Y, Se habla espanol & Vietnamese*

**New Orleans Musicians' Clinic (LSU Healthcare Network)**

504-412-1366, fax 504-412-1298, [www.nomaf.org](http://www.nomaf.org)

478 S Johnson St. 3rd Floor

M-F 9-5

Professional musicians, culture bearers, and their families living in the GNO area are eligible for the following medical services: health assessments, primary care, OB/GYN, mental health, and social services information and referrals. Open to all culture-bearers, including vocalists, Black Masking Indians, Baby Dolls, etc. and adult household members.

\$10 per person, also Medicare, Medicaid, private insurance; Appt only, call to begin enrollment.

*Spanish spoken? N*

**Odyssey House Health Clinic**

504-821-9211, [www.ohlcommunityclinic.org](http://www.ohlcommunityclinic.org)

1125 N Tonti St. (& Gov. Nichols St.), New Orleans, 70119

M-Th 8-5

2700 South Broad St appointment only M-F 8-5 (*same phone*)

Primary adult health care, including labs, TB tests, flu shots and mental health. See Substance Use section for info on additional programs. Pharmacy onsite.

Sliding scale fee to those in treatment, homeless or w/out income (proof required); no one turned away. lab costs vary. Walk-in OK. *Spanish spoken? N*

### **St. Charles Kenner Community Health Center**

504-712-7800 [www.stcchc.org](http://www.stcchc.org) 671 W. Esplanade, Kenner  
M-Th 8-4:30, F 8-12

Complete pediatric and adult primary care services, including PAP smears, social work.

Sliding scale for uninsured (\$15 min. for first visit, \$10 for established patients);

Medicaid, Private insurance. Appt. only *Spanish spoken? Y*

### **St. Thomas Community Health Center – Multiple Locations**

504-529-5558, 504-529-8840 fax, [www.stthomaschc.org](http://www.stthomaschc.org)

- 2014 Magazine St M-F 7:30am-5pm
- 1936 Magazine M-Th 7:30-5, F 7:30-1
- 3221 General De Gaulle NOLA 70114 (Algiers)  
Wednesday 8-5pm

• 230 Ochsner Boulevard (Gretna) M-Th 7:30-5, F 7:30-1  
Adult and pediatric primary medical care including OB/GYN, STI and HIV testing, optometry, diabetic clinic, lab services, mental & behavioral health, and referrals. Telemedicine available.

Specialty Services: LA Breast Cancer Screening (mammograms) M-F 8-4:30, some Saturdays (call to check).

All forms of insurance, Medicaid, Medicare. Sliding scale for uninsured, \$30 minimum. Mammograms are free for ages 40+.

Glasses, \$35. Call at 8AM for same day/next day appt. or walk-in. Appt. required for glasses.

*Spanish spoken? Y, for medical services, Se habla espanol*

### **Veterans Health Care System of S.E. LA**

1-800-935-8387, 504-412-3700 [www.neworleans.va.gov](http://www.neworleans.va.gov)

24 Hour Veterans Crisis Line:

*Call 800-273-8255 and select 1 Text 838255 TTY 800-799-4889*

2400 Canal St., New Orleans

M-F 7:30-4:30

Primary care M-F 7:30-4, Urgent care 8-5; Serves only veterans.

Primary care, mental health, dental services, prescriptions, pharmacy. Bring VA ID.

Mental Health Clinic: 504-507-5550 more resources at

anyone with internet access. *Spanish spoken? N*

### **Educational Program at Hispanic Apostolate and Catholic Charities**

504-457-3462, 504-722-5692 ESL, 504-457-3462 citizenship  
[www.ccano.org/english-second-language-classes](http://www.ccano.org/english-second-language-classes)

2505 Maine Ave, Metairie, 70003

ESL and citizenship classes throughout greater New Orleans area. Support with immigration, social services, job placement, taxes, worker's rights, other services.

\$25 fee for textbook, financial aid available; Call for info

*Spanish spoken? Y, Se habla espanol*

### **GNO Caring Collective**

Instagram @GNOCARINGCOLLECTIVE 5523 St. Claude L9

- Fred Hampton Free Store and Clothing Boutique - Mon 5-730pm + During Events

- Basic household goods, clothing, linens, books, furniture, emergency contraceptives, food & toiletries & personal care

- Free Skate - Wed 4-10+pm

- Polished concrete indoor skating with live DJs. All wheels, all identities, all ages (with guardian), all solidarity. BYO skates / BYO snacks

- Ongoing Community Care & Support

- Pickups & Donations by Appointment

- Resource & Space Sharing

All genders welcome. Free.

### **Imagine Water Works**

[www.imaginewaterworks.org](http://www.imaginewaterworks.org) Instagram @imaginewaterworks

Advocacy and disaster readiness and response through a lens of anti-oppression, harm reduction, and collective liberation. Current projects include: Mutual Aid Response Network, Community Power Map (Charging Stations), Imagine Mutual Aid on Facebook, an "Anonymous Storm Prep Q&A" on Instagram, annually updated hurricane season guides, the Queer/Trans Guide to Hurricane Season, and the New Orleans Community Resource Guide. Check website and social media for events and projects or join Imagine Mutual Aid (New Orleans) at [facebook.com/groups/MutualAidNewOrleans/](https://facebook.com/groups/MutualAidNewOrleans/)

### **The Inner Pup**

[www.theinnerpup.org](http://www.theinnerpup.org) [info@theinnerpup.org](mailto:info@theinnerpup.org)

5208 Magazine Street, Box 357, New Orleans, LA 70115

Low cost pet care. Visit website to enroll.

and every body (all fitness levels welcome).

### **QTCAP (Queer & Trans Community Action Project)**

Instagram: @qtcap\_nola

Trans-led group of activists in New Orleans organizing to resist rising transphobic and anti lgbtq+ rhetoric and policy in Louisiana. Our mission is to protest and campaign against politicians that target our communities and for policies that would increase our ability to live with dignity. Learn more via our instagram! Formerly known as Real Name Campaign, we can connect GNO folks to legal name-change resources.

### **QT Care House**

Instagram: @qtcarehouse

An LGBTQ+ collective of holistic healers in New Orleans committed to creating joyful, affirming, and accessible care for our Queer and Trans community through events that offer free and sliding scale wellness services.

### **Trans Queer Youth NOLA**

Instagram: transqueeryouthnola

Youth-led project that provides free and accessible activities for trans and queer youth in the New Orleans region for ages 12-24. Events range from movie nights to gender-affirming makeup workshops and are all self-organized by youth.

### **General Advocacy & Education**

#### **Adult Education Program at Delgado Community College**

[www.dcc.edu/academics/adult-education/default.aspx](http://www.dcc.edu/academics/adult-education/default.aspx) or

[www.facebook.com/nolaged](https://www.facebook.com/nolaged) 504-671-5434

615 City Park Avenue (Registration in Bldg 7, Room 170)

Structured classes in the mornings, afternoons, and evenings, at sites throughout New Orleans that are flexible to meet a student's availability. Students are encouraged to stay in the program as long as needed.

Free; Call or check website for schedule.

*Spanish spoken? Y, in ELL classes*

### **The Data Center**

[www.datacenterresearch.org](http://www.datacenterresearch.org)

Online system-wide maps of New Orleans schools, child care centers, afterschool programs, regional hospitals and community clinics; geared toward non-profit organizations but available to

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

Fees & Rx vary according to income. Appt. preferred, urgent care walk-in

### **Mental Health**

This section has three parts listed below. In addition, for free counseling for survivors of violence or youth impacted by systems, please also see the Anti-Violence section.

- Adult, Children, Family & Couples Mental Health Counseling
- Adult Psychiatric, Case Management & Mental Health Team Support
- 24 Hour Counseling Access Lines

### **Adult, Children, Family & Couples Mental Health Counseling**

#### **Beacon Behavioral Health**

504-581-4333, [www.beaconbh.com](http://www.beaconbh.com)

3200 Ridgelake Dr., Ste 100, Metairie 70002

Monday- Friday 8:00am-4:30pm

Outpatient group therapy for adults, including elderly, to improve or maintain an individual's ability to function as well as alleviate symptoms that may significantly interfere with functioning in at least one life domain (familial, social, occupational and/or educational). **Not equipped to work with transgender and non-binary patients**-- sends client referral to Crescent Care for trans/nb safe group therapy.

Most commercial insurance accepted; Medicaid, United healthcare, Aetna, Healthy Blue.

*No Spanish language interpretation available.*

#### **Broadmoor Improvement Association**

504-249-5130 [wellness@broadmoorimprovement.com](mailto:wellness@broadmoorimprovement.com)

[www.broadmoorimprovement.com](http://www.broadmoorimprovement.com)

3900 General Taylor, New Orleans (Broadmoor)

Office hours M-Sat 9-5, Food Pantry Mon 10-12 & Wed 1-3

Wellness Center Hours

M-Th 9am-9pm Fri 12pm-9pm Sat 9am-2pm

Social services, health and wellness programs, counseling services for individuals and couples on a sliding scale.

See listing in Basic Needs for other services.

Free; Call for appt. *Spanish spoken? Y, upon request*

**Celebration Hope Center**

504-833-4673, [www.celebrationhopecenter.org](http://www.celebrationhopecenter.org)

1901-B Airline Dr., Metairie, 70001

Monday-Thursday 12-6pm

Faith-based program offering group, individual and couples counseling sessions; support groups including mental health & substance abuse. Sliding scale available with a minimum payment of \$30. Insurance accepted-- Blue Cross Blue Shield and United Healthcare. *No Spanish language interpretation available.*

**Children's Bureau**

504-525-2366, [www.childrensbureauola.org](http://www.childrensbureauola.org)

After hours emergencies: (504) 269-2673

935 Calhoun St. 101, New Orleans, 70118

M-F 9-5

Virtual and in person services available

Provides individual counseling for children (4-24) affected by grief & trauma, domestic violence, SIDS or disaster in Orleans and Jefferson Parishes and surrounding areas. Mental health rehabilitation service with diagnosis (Medicaid program) psychiatric services, medication management, intensive individual & family therapy available.

No charge for services; *Spanish language services available.*

**Children's Hospital's Audrey Hepburn CARE Center**

504-896-9237 [chnola.org](http://chnola.org) 1101 Calhoun St., New Orleans

Free treatment and medical forensic exams for minors in cases of sexual or physical abuse or neglect. Youth Emergency Psychiatric facility.

Free; *Spanish spoken? Y, request when making appointment*

**Community Care Hospital**

For admissions call 504-899-2500 and ask for Intake Coordinator  
Outpatient Care 504-894-1999

1421 General Taylor St., New Orleans, 70115

M-F 9-5

Appointment only inpatient and outpatient psychiatric care for adult and geriatric patients. Individual, family and group therapy available. Transportation for outpatient services provided as needed. Medicare and private insurance accepted.

*Spanish spoken? N*

**Crescent Care**

504-821-2601 [www.crescentcare.org](http://www.crescentcare.org) 1631 Elysian Fields Ave,  
New Orleans, LA 70117

**NOAGE (New Orleans Advocates for LGBTQ+ Elders)**

504-517-2345 [www.noagenola.org](http://www.noagenola.org) Instagram: [lgbtgeldersnola](https://www.instagram.com/lgbtgeldersnola)  
Services and advocacy for LGBT+ older adults in the New Orleans metro area, including trainings and workshops on LGBT+ cultural competence for healthcare and other service providers, and social and educational events for LGBT+ older adults.

Free; Call or check online for events calendar

**New Orleans Pride Center**

504-317-1627 2762 Orleans Ave, New Orleans, 70119

[www.nolapridecenter.org](http://www.nolapridecenter.org) [info@nolapridecenter.org](mailto:info@nolapridecenter.org)

The New Orleans Pride Center is a welcoming, inclusive hub for local and regional LGBTQ2IA+ individuals and communities where all feel safe to celebrate their authentic selves and thrive through connection. We hold monthly community meetups, game nights, book clubs, student support circles and more, all of which are free and open to all. Our space is also available to use for other LGBTQ2IA+ organizations and projects in the area. Learn more about upcoming events and access our growing resource directory at our website.

*Free Spanish spoken? N*

**PFLAG (Parents & Friends of Lesbians and Gays)**

504-862-5912 [info@pflagno.org](mailto:info@pflagno.org) [www.pflagno.org](http://www.pflagno.org)

PO Box 15515 New Orleans, LA 70175

Support, advocacy, community.

**METAIRIE MEETING**

2ND THURSDAYS @ 7:30 PM

Congregation Gates of Prayer

4000 WEST ESPLANADE

METAIRIE, LA 70002

**NEW ORLEANS MEETING**

4th THURSDAYS @ 7PM

Total Health Clinic at Ruth Fertel

Tulane Community Health Clinic

711 N. Broad St.

NEW ORLEANS, LA 70119

**NORTHSHORE MEETING**

3RD THURSDAYS @ 7

Northshore Jewish Congregation 1403 N. Causeway Blvd.

MANDEVILLE, LA 70471

**Queerfit**

504-216-6612 Instagram: [queerfitnola](https://www.instagram.com/queerfitnola)

[facebook.com/groups/queerfitnola](https://facebook.com/groups/queerfitnola) [gmbnola@gmail.com](mailto:gmbnola@gmail.com)

3610 Toulouse

7:30 pm on Tuesdays and 8:30 am on Sundays

Free weekly LGBTQ+ community workout space for everybody



**Vitality Natural Health:**

3401 St. Claude (entrance on Desire) 504-810-5692

nolavitality.com Email: jennifer@nolavitality.com

Sliding-scale private acupuncture and herbal medicine by appointment only. Monday-Thursday, hours vary. Appointments may be scheduled online, credit/bank card required for online scheduling; please send an email if this is a barrier, and also to discuss sliding scale options. TGNC welcome.

Qigong classes Tuesday evenings, (hours TBD, check website or send an email to confirm).

N95 / KN95 mask required. HEPA air filter running in treatment rooms at all times. *Spanish Spoken? Y, Se habla español.*

**Women's Center for Healing & Transformation**

(985) 892-8111 [www.womenscenterforhealing.org](http://www.womenscenterforhealing.org)

71667 Leveson St., Abita Springs, 70420

M, W, F 10-2

Programs to foster connection, growth & empowerment among women. Includes exercise, support groups, breathwork, listening circles, spirituality, art classes, social justice forums, & more.

Counseling services on a sliding scale.

Many programs free or sliding scale/donation requested; some set fees; Call or email for info on meetings & projects

*Spanish spoken? Y, sometimes*

**Xavier University Health & Wellness Center**

504-733-1127, [wellnessctr@xula.edu](mailto:wellnessctr@xula.edu)

5110 Jefferson Hwy (next to Wal-Mart)

M-F 9-5 or by appointment

Programs and services include: Blood pressure checks, Blood sugar checks, Blood cholesterol checks, Healthy cooking classes, Healthy living classes, Diabetes classes

Free; Call or email for info *Spanish spoken? N*

**LGBTQ+****Connect Northshore**

[connectnorthshore.org](http://connectnorthshore.org) IG @connect.northshore

[info@connectnorthshore.org](mailto:info@connectnorthshore.org)

Facebook page to gain access to private FB group:

[fb.com/ConnectNorthshore](https://fb.com/ConnectNorthshore)

Connect Northshore is a Black & Native queer-led organization centered on education, advocacy, and creating safe spaces for the Northshore's LGBTQ+ community.

Provides a vast array of wrap-around services and programs, including Medicaid covered individual counseling and psychiatry. There is often a several-month waitlist for these services.

Free or sliding scale

*Spanish spoken? Y, Se habla espanol, 504-207-2273, marque 8*

**Fathers Matter Program**

[fathersmatter@compassionoutreachoa.org](mailto:fathersmatter@compassionoutreachoa.org)

1228 Horace Street, New Orleans, LA 70114

[www.compassionoutreachoa.org/fm](http://www.compassionoutreachoa.org/fm)

Support groups/ group therapy and parenting skills for fathers.

A program of Compassion Outreach of America. Programs include: Dad Discussions, weekly facilitated sessions to allow you to share your parenting experiences and learn new things to incorporate into your life. Also, Daddy Bootcamp, a group for new fathers. *Spanish spoken? N*

**Integrated Family Services**

504-822-4333 3604 Canal St., New Orleans, 70119

M-F 8-4

Individual and family counseling; Children ages 6-17 with behavioral problems in school or at home.

Medicaid only; Appt. Only *Spanish spoken? N*

**Jefferson Parish Human Services Authority/ Jeff Care Community Services**

504-349-8708 West Bank 504-838-5257 East Bank

After hours crisis line: 504- 832-5123; [www.jphsa.org](http://www.jphsa.org)

Administrative Offices: 3616 S. 1-10 Service Rd., Metairie, 70001

Office hours M-F 7-4:30

Adult and child mental health, addictive disorders and developmental disability services are provided. Psychiatric, psychological, counseling, case management, and crisis Services, provided in individual and group settings. Selected evening services are available.

JPHSA Locations:

- Access Service Center West Bank, 5001 WB Expwy, Marrero 70072
- Access Service Center East Bank 3616 S. 1-10 Service Rd., Metairie 70001 (walk-in 8-3)
- Community Services for Persons with Developmental Disabilities & Their Families, 3300 W Esplanade Ave., Ste 208, Metairie 70002
- Compulsive Gambling Treatment Program, 1506 Williams

Blvd., Kenner 70062

- Kenner Adult/Child & Family Services Center, 1506 Williams Blvd., Kenner 70062
- West Bank Adult/Child & Family Services Center, 5001 West Bank Expressway, Marrero 70072

Sliding Scale (with paycheck stub), Medicaid, Medicare, some private insurance

*Spanish spoken? Y, at some locations, call 504-471-2700*

### **Jewish Family Service**

504-831-8475 [www.jfsneworleans.org](http://www.jfsneworleans.org)

3300 West Esplanade Ave. Suite 603, Metairie, 70002

M-Th 9-5, F 9-4

Social services including individual & group counseling (all ages), suicide prevention life line, support groups and services for disabled and elderly persons, including case management.

Sliding scale \$18 & up, no one turned away Appt. only

*Spanish spoken? N*

### **LSU HSC Child & Family Counseling Clinic**

(504) 556-3451, [cfcc@lsuhsc.edu](mailto:cfcc@lsuhsc.edu)

411 S Prieur St., Suite 307, New Orleans, LA

M-Th 9-5

Play therapy center for children. Individual sessions and child play therapy groups. Medicaid accepted. Insurance is the sole method for accessing sessions. *Spanish spoken? N*

### **Loyola Center for Counseling and Education**

504-864-7858 [LCCE@loyno.edu](mailto:LCCE@loyno.edu)

7214 St Charles Ave, Greenville Hall, New Orleans

M-Th 1PM-8PM

Mental health counseling services on a sliding scale to all families, couples, groups, and individuals at every stage of life. No insurance, no Medicaid. Currently on wait list, new appointments accepted for fall 2024.

Call or email for appt. *Spanish spoken? N*

### **Magnolia Family Services, LLC**

985-449-4055 [magnoliafamilyservices.com](http://magnoliafamilyservices.com)

1418 Tiger Dr., Thibodaux, LA 70301

M-F 8:30am - 4:30pm (office hours) - service hours are offered during the day, evening, and weekends

Individual and Family Counseling, Medication Assessment and Management, Psychiatric Evaluations, and 24 hour on-call crisis

### **Hispanic Family Health Helpline**

1-866-SU-FAMILIA (783-2645) [www.healthyamericas.org](http://www.healthyamericas.org)

M-F 9-6 EST, voicemail after hours

Health info (including mental health) in Spanish and English, assistance in finding low cost Spanish speaking services.

*Spanish spoken? Y, Se habla espanol*

### **Miss Anne's Maypop Community Herb Shop**

(504)304-5067 [www.missannesmaypopherbshop.com](http://www.missannesmaypopherbshop.com)

2701 St. Claude Ave, New Orleans, 70117

Shop is open for online & walk-up orders. Walk-up orders taken Monday, Wednesday, Friday & Saturday from 1 - 6 pm. Join email list for updates & resources. Check the website to schedule in-depth consultations and "clinic" appointments.

Most services on sliding scale; Call, walk in or email for info

*Spanish spoken? Y, call or email to confirm*

### **NADA New Orleans**

3401 St. Claude (entrance on Desire)

[nadaneworleans.weebly.com/](http://nadaneworleans.weebly.com/) Email: [donoharm@riseup.net](mailto:donoharm@riseup.net)

IG @nada.nola

Free ear acupuncture in a group setting provided every Thursday from 6:30-8:30. Please arrive by 8 for treatment. N95 / KN95 mask required.

NADA is helpful for managing stress, anxiety, cravings, sleep troubles, substance use, trauma. It supports overall well-being.

*Spanish spoken? Some but not all volunteers speak Spanish; written info and consent form available in Spanish.*

### **NORDC (New Orleans Recreation Development Commission)**

504-658-3000 504-658-3052 [www.nordc.org](http://www.nordc.org)

Many programs and facilities for Orleans Parish people of all ages, including aquatics, ballet, music lessons, football. Must register each season.

Free or low cost *Spanish spoken? Y, for some programs*

### **Recirculating Farms Coalition/Growing Local NOLA**

1924 Jackson Ave, New Orleans, LA 70113

[recirculatingfarms.org](http://recirculatingfarms.org) IG @recircfarms

Community garden, farm, and resource hub for food access & education. Free classes & community events, including yoga, farming, beekeeping, cooking, & more. Site for community fridge, composting, recycling. Weekly SNAP eligible produce box.

Free; Walk-in *Spanish spoken? N*

### **Ashe Cultural Arts Center**

504-569-9070, [ashecac@gmail.com](mailto:ashecac@gmail.com), [www.ashecac.org](http://www.ashecac.org)  
1712 Oretha Castle Haley Blvd., New Orleans, 70113  
M-F 9-6

Creates and supports programs, activities and creative works emphasizing the contributions of people of African descent. Theater programs, children's artistic and cultural programs, wellness events and more. Sistahs Making A Change provides dance and health education on Monday and Thursday evenings from 6-8 pm. Call or visit website for schedule.

Most programs Free; Call, walk in see website for info  
*Spanish spoken? N, some French speakers on staff*

### **Beautiful Bipolar Community Organization**

[linktr.ee/beautifulbipolar](https://linktr.ee/beautifulbipolar) [www.instagram.com/beautiful.bipolar](https://www.instagram.com/beautiful.bipolar)  
[www.facebook.com/BeautifulBipolar1](https://www.facebook.com/BeautifulBipolar1)

A mental wellness collective of creatives, counselors & healers who practice culturally conscious care.  
Community care is self care. No Cost.

### **Blue Bikes for All**

[www.bluekrewe.org](http://www.bluekrewe.org) [matt@bluekrewe.org](mailto:matt@bluekrewe.org)  
Low cost access to bicycles throughout New Orleans. Blue Bikes For All membership is \$4 a month for local folks who use SNAP and Medicaid. To sign up, these riders just take a photo of their Louisiana Purchase or Medicaid card in our app and are approved for the reduced-fare membership in 24 hours.

### **Fight Covid NOLA**

[FightCovidNola@gmail.com](mailto:FightCovidNola@gmail.com) [Twitter.com/FightCovidNola](https://twitter.com/FightCovidNola)  
[Instagram.com/FightCovidNola](https://www.instagram.com/FightCovidNola) [linktree.com/FightCovidNola](https://linktree.com/FightCovidNola)  
Free high-quality masks for pickup or delivery in the greater New Orleans area. N95, KN95, FFP2, FFP3, and KF94 respirators. Free rapid home tests available on a more limited basis. Updated inventory posted on social media. Free mask fit-testing and loanable air purifiers. We provide info on COVID, organizing accessible events, and local resources.  
Online community for high-risk folks and active allies.  
*Spanish spoken? Y*

services; services are offered in office, home, community, and via telehealth, for children 3 and older, adolescents, and adults.  
Medicaid accepted *Spanish Spoken? N*

### **Mercy Family Center**

Metairie 504-838-8283 Mandeville 985-727-7993  
[www.mercy.net/neworleansla](http://www.mercy.net/neworleansla)  
Metairie: 110 Veteran's Blvd., Ste 425 Metairie, 70005  
Northshore: 1445 W Causeway Approach, Mandeville, 70471  
M-F 8-5  
Psychological counseling & treatment for children, youth & adults at two GNO Locations. Including gender-affirming behavioral health services for transgender and non-binary clients.  
Medicaid, Insurance, Sliding scale for uninsured individuals ONLY; Submit application online to begin process- must have applied for Medicaid first *Spanish spoken? N*

### **Milestones Mental Health Agency**

504-483-9883, fax 504-483-9082 [milestonesmha.com](http://milestonesmha.com)  
4919 Canal St., Ste 203, New Orleans, 70119  
M-F 8:30-4:30  
In-home mental health services for children and teenagers, including skills training; also family services and parenting help, outpatient therapy for caregivers. For residents of Orleans & Jefferson Parishes.  
Medicaid only; Call to check availability *Spanish spoken? N*

### **NOLA Black Mental Health Matters**

[nolabmhm@gmail.com](mailto:nolabmhm@gmail.com)  
Instagram: [nolablackmentalhealthmatters/](https://www.instagram.com/nolablackmentalhealthmatters/)  
A small collective of Black female mental health professionals in NOLA committed to destigmatizing mental health & making care more accessible. A regularly updated directory of New Orleans Based Black Mental Health and Psychiatric Providers:  
Directory: <https://docs.google.com/document/d/1n2jd22kA55LDaPQxLlorMwKpkaintArm0Ko-isHEQic/edit>

### **Plaquemines Community C.A.R.E. Centers Foundation, Inc**

504-393-5750 [www.pcccf.org](http://www.pcccf.org)  
115 Keating Drive, Belle Chasse, LA 70037  
M-F 9-5 Counseling services for residents of Plaquemines Parish of all ages on a sliding scale.  
Medicaid and General Insurance *Spanish spoken? N*

**Training Grounds**

(504) 240.8379, support@mytraininggrounds.org

www.mytraininggrounds.org

2200 Lafitte Ave New Orleans, LA 70119

Creates supportive learning environments to enable caregivers and educators to provide children with quality experiences that promote healthy brain development, appropriate adult-child interactions and positive social-emotional skills. Current programs include infant massage, breastfeeding cafe, autism services, "hug your baby" and more, in multiple locations, including Sojourner Truth Center and NO East Public Library.

Check website or call for schedule updates.

Free. *Spanish spoken? Y*

**Tulane Behavioral Health Center - Tulane Medical Center**

504-988-4794

1415 Tulane Ave, 4th Floor of Hospital, New Orleans, 70112

M- F 8-4:30

Outpatient services for all psychiatric disorders serving children, adolescents, and adults. This hospital sees ALL individuals and accepts Medicaid. Services include medication management, therapy, and counseling. \$20 for students, \$25 for non-students; Appt. Only. *Spanish spoken? N*

**University of Holy Cross Counseling and Training Center**

504-398-2168 4123 Woodland Dr, New Orleans (Algiers), 70131

M-Th 11-7

Counseling services are administered by either graduate students or post-graduate students supervised by senior staff. All sessions virtual or phone. LA state ID required.

Free; Appt. Only *Spanish spoken? Y*

**Vet Center**

504-565-4977 www.va.gov/directory/guide/facility.asp?ID=5456

For assistance after hours, weekends, and holidays call:

1-877-WAR-VETS (1-877-927-8387)

Mental Health Clinic: 504-507-5550 more resources at

www.veteranscrisisline.net

1250 Poydras Suite 400, New Orleans, 70113

Hours M-Th 7am-6pm F 8-4:30pm

Will work with clients to fit their schedule outside of normal hours.

Mental health services for combat veterans.

Free; Call for appt. and eligibility info; walk-ins OK

*Spanish spoken? N*

**Mercy Endeavors Senior Center**

504-568-0607, Fax: 504-568-0699 www.mercyendeavors.org

457 Jackson Ave, New Orleans, 70130

M-F 8-4

Socialization, recreation, health programs, spiritual programs, retreats, crafts, computer classes and various other activities to approximately 100 seniors. Stresses independence and strives to keep older adults active and out of nursing homes. The on-site parish nurse makes referrals, translates medications and medical instructions, as well as encourages weight loss and healthy diets.

\$35 annual membership fee requested, no one turned away,

proof of income required as part of application; Walk in

*Spanish spoken? Y, Se habla espanol*

**New Orleans Council On Aging**

504-821-4121 ext. 120 for questions about services;

www.nocoa.org

2475 Canal St., Ste 400, New Orleans, 70119

M-F 8-4

Info hub for senior centers & services all over New Orleans.

Programs include direct information, advocacy and referrals, low-cost comprehensive dental services, legal services, caregiver support groups, Meals on Wheels, personal care assistance, light home maintenance assistance, utility assistance, minor home repairs, retired & senior volunteer programs & more.

Free; Appt. only *Spanish spoken? Y, by request*

**Senior Centers with Jefferson Council on Aging**

(504) 888-5880 800-635-1437 www.jcoa.net

6620 Riverside Dr., Metairie 70003

M-F 8:30-4:30

Activity Centers & Meals, including exercise programs and games for self-sufficient seniors 55 and older.

Free for activities, donation requested for meals

*Spanish spoken? N*

**Wellness****Anna's Place NOLA**

(504) 947-2121 annasplacenola.org annasplace@stannanola.org

1313 Esplanade Ave, New Orleans, 70116

Mon 12-3, Wed 3:30-7

Promoting healing and wholeness of body, mind and spirit in the Tremé/7th Ward and GNO community by offering academic, cultural, and arts enrichment; and healthy lifestyle education.

Call or check website for schedule.

### **The Wellness Collective/Ballerinas of the Bayou**

504-603-6257 [www.botbwellnesscollective.org](http://www.botbwellnesscollective.org)  
admin@ballerinasofthebayou.org instagram: ballerinasofthebayou  
2901 General DeGaulle Ste. 201 New Orleans, LA 70114  
Health & wellness program for students K-12 emphasizing the arts.

### **YEP (Youth Empowerment Project)**

Eastbank (504) 658-9221, Westbank 504-658-4577  
NO East 504-267-3882 [www.youthempowermentproject.org](http://www.youthempowermentproject.org)  
1600 Oretha Castle Haley Blvd. (classes held at 139 S Broad) in Central City  
1111 Newton St., 2nd Fl. in Algiers, New Orleans, 70119  
1200 Hayne Blvd, New Orleans East  
Days and hours vary by location  
HISET and basic literacy instruction to out-of-school youth and adults 16 and older in the GNO area.  
Free; Call for info *Spanish spoken? In some locations*

### **Young Aspirations/Young Artists (YaYa)**

504-529-3306, [www.yayainc.com](http://www.yayainc.com) 3322 LaSalle St  
M-F 10-6  
Enrichment program for youth ages 13-25, working with adult artists as mentors. Social justice oriented arts program.  
Free; Call or check website for info *Spanish spoken? N*

### **Elderly**

#### **Clover New Orleans (formerly Kingsley House)**

504-523-6221 [www.clovernola.org](http://www.clovernola.org)  
Main Campus: 1600 Constance St. New Orleans, LA 70130  
Columbia Parc Office: 1401 Saint Denis St. New Orleans, LA  
M-F 9-5  
Activities and recreation for adults and seniors; adult daycare (ext 694); breakfast, lunch and snacks provided. Additional programs: early head start (ext 692), preschool (ext 693). All services available to transgender and nonbinary people. Also offers work-force development (ext. 695), tax prep.  
Appt. Only *Spanish spoken? Y*

#### **Harmony House Senior Center**

504-267-3333 2201 Barracks St., New Orleans, 70119  
M-F 9-2:30  
Program for seniors 60+. One hot meal served. Activities include field trips, arts & crafts, birthday parties.  
Free; Call for more information. *Spanish spoken? N*

### **Well Psychotherapy**

504.222.2454 601. N. Carrollton Avenue, New Orleans 70119  
[www.findyourwell.com](http://www.findyourwell.com)  
Trauma-informed group mental health practice; individual, group, and couples/relationship therapy for ages 6+; mind-body-spirit modalities including EMDR, hypnotherapy, and somatic therapies and gender-affirming therapy for queer, trans, and non-binary clients, adults and youth. By appointment only (in-person and virtually) 7 days a week, apply through our website, call, or email intake@findyourwell.com to set up a free consultation; out-of-network commercial insurance filing and sliding scale available;  
*Spanish spoken? N*

### **Wellness Project New Orleans**

[www.wпно.org](http://www.wпно.org) 3300 Canal St Suite 100 New Orleans, LA 70119  
Wellness Project New Orleans' mission is to provide holistic, trauma informed, and culturally competent mental health and wellness services to individuals and families, and to support practitioners (with an emphasis on BIPOC- Black, Indigenous and People Of Color practitioners) by providing financial, educational, and social resources. WPNO offers individual, family, and group services in-person and through telehealth. The organization offers a sliding scale pricing model to clients. Services are provided regardless of ability to pay.

### **Whole Village Art Therapy**

504-603-7136, [bahareh@wholevillageart.org](mailto:bahareh@wholevillageart.org)  
Provides free mental health services. Mission is to reduce the stigma associated with mental health and increase accessibility to counseling. Work in a variety of settings including schools, shelters and community spaces. Provide free drop-in community art making events on a monthly basis. Available to all ages.

### **Adult Psychiatric, Case Management & Mental Health Team Support**

#### **Assertive Community Treatment**

Jan Tarantino 504-821-7085, 504-821-2276  
Jan.Tarantinon@rhd.org & nlegshe@rhd.org  
[www.idh.la.gov/index.cfm/directory/detail/12792/catid/325](http://www.idh.la.gov/index.cfm/directory/detail/12792/catid/325)  
1050 S Jefferson Davis Parkway, Suites 212 & 325 New Orleans  
Monday-Friday 8:00am-5:00pm  
Multidisciplinary, recovery oriented team, which provides in-home treatment to adults diagnosed with a serious mental illness. ACT is

designed for individuals who are not able to have their needs met in traditional outpatient settings. The ACT Team includes Psychiatrists, Nurses, Mental Health Professional, Addiction Counselors, Vocational Specialists and Peer Specialists. Medicaid; LCS (Louisiana community service) slots limited. LCS allows for Medicare or uninsured patients.

*Spanish language interpretation available by request.*

### **Community Care Hospital**

504-899-2500 Intake Coordinator/Outpatient Care 504-894-1999

3600 Chestnut Street 2nd Floor Outpatient Care

1421 General Taylor St. Inpatient Care

M-F 9-5

Appointment only inpatient and outpatient psychiatric care for adult and geriatric patients. Individual, family and group therapy available. Transportation for outpatient services provided as needed. Medicare and private insurance accepted.

*Spanish language interpreters available for inpatient care.*

### **Crescent Care**

504-821-2601 [www.crescentcare.org](http://www.crescentcare.org)

Multiple wrap-around services and programs. Behavioral Health, Medicaid covered individual counseling, and psychiatry. There is often a several month waitlist for these services. See listing in Primary Care section for additional services.

Free

*Spanish spoken? Y, Se habla espanol, 504-207-2273, marque 8*

### **LSU Behavioral Sciences Center**

504-412-1580, fax 504-412-1536 [www.lsuhn.com/locations/](http://www.lsuhn.com/locations/)

478 S. Johnson St., 7th Floor - New Orleans

M-F 8-5

Psychiatry services for adults and children.

Call to make psychiatry appointments, but counseling services are by referral only once you've begun working with a Psychiatrist.

Accepts residents of all LA parishes. Not always accepting new clients. Must have photo ID. Patient will be billed \$80 for first visit.

\$40 each for further visits. Can accept insurance.

Call for appt. *Spanish spoken? N*

### **Metropolitan Crisis Response Team**

504-826-2675 24 hours a day

Telephone and face-to-face triage, assessment, and intervention for persons experiencing mental health or substance abuse crises. 24/7 clinical staff used to prevent unnecessary mental health hospitalizations and instead link people to community based

mail, laundry, internet access, crisis management. Referrals for housing assistance, mental & physical health services, HIV/STI testing, check ups, immunizations.

Free; Walk in *Spanish spoken? N*

### **STAIR Child Literacy Program**

504-899-0820 [www.stairnola.org](http://www.stairnola.org) [jenny@stairnola.org](mailto:jenny@stairnola.org)

1545 State St, New Orleans 70118

M-F 9-5 office hours

Tutoring for 2nd & 3rd grade students identified as needing assistance in reading. See website for additional information.

Free; *Spanish spoken? Y, in some locations, call to check*

### **Training Grounds**

(504) 240.8379 [support@mytraininggrounds.org](mailto:support@mytraininggrounds.org)

[www.mytraininggrounds.org](http://www.mytraininggrounds.org)

2200 Lafitte Ave New Orleans, LA 70119

Training Grounds creates supportive learning environments to enable caregivers and educators to provide children with quality experiences that promote healthy brain development, appropriate adult-child interactions and positive social-emotional skills.

Current programs include infant massage, breastfeeding cafe, autism services, "hug your baby" and more, in multiple locations, including Sojourner Truth Center and New Orleans East Public Library. Check website or call for schedule updates.

Free. *Spanish spoken? Y*

### **Urban Impact Ministries & Castle Rock Community Church**

(504) 523-5556, [www.urbanimpact.org](http://www.urbanimpact.org)

2323 Galvez St., New Orleans, 70125

M-F 12:30-4 summer day camp hours, M-F 9-5 office hours

Youth activities, including after-school homework help, recreation programs and summer programs.

Free for Central City residents; Walk in or call for info

*Spanish spoken? N*

### **VAYLA (Vietnamese American Young Leaders Association)**

504-264-2452 [www.vayla-no.org](http://www.vayla-no.org)

13235 Chef Menteur Hwy. Unit A, New Orleans (East), 70129  
Intersectional AAPI (Asian American Pacific Islander) organization based in New Orleans focused on advocacy through providing environmental and reproductive justice education, community organizing education, and comprehensive civic engagement. Call or visit website for info *Spanish spoken? Y, and Vietnamese*

include music, art, yoga, design, printing, environmental justice, community outreach.

### **The Re-Engagement Center**

(504)249-5130, x1800

[www.neworleansyouthalliance.org/reengagement-center](http://www.neworleansyouthalliance.org/reengagement-center)  
Direct services and connection hub for young people, ages 16-24, disconnected from postsecondary and employment opportunities. The Center is a pilot project of the New Orleans Youth Alliance and offers free postsecondary counseling, case management, supportive services, and direct referrals to over 40 training opportunities across the region. Call or email [info@reengagementcenternola.org](mailto:info@reengagementcenternola.org) for more information or to schedule an appointment.

Free; *Spanish spoken? N*

### **Rethink**

504-332-5533 [www.therethinkers.org](http://www.therethinkers.org) 705 Flood St, New Orleans  
Youth organizing and leadership development organization that trains Black and brown young people to be organizers to support positive transformative change in their community. Programming under two umbrellas: Roots Crew 12-14 year olds and Branch Division 15-25. Our programs are year round with concentration during the school year and membership and lead organizer training in the summer.

Free; Call for schedule *Spanish spoken? N*

### **RUBARB (Rusted Up Beyond All Recognition Bikes)**

[www.rubarbike.org](http://www.rubarbike.org) [buildit@rubarbike.org](mailto:buildit@rubarbike.org)

2239 Piety St (upper 9th ward) 504-943-0216

Mondays and Wednesdays 4-8pm

Volunteer-run community bike shop: tools, used parts and skilled folks available to teach how to fix your bicycle; field trips, and affordable refurbished bikes. All welcome to come learn to build & repair bikes. All bike donations welcome.

Free; *Spanish spoken? Y, some bilingual volunteers*

### **START Drop In Center**

504-350-8434 [www.startcorp.org/new-orleans](http://www.startcorp.org/new-orleans)

New location in June 2024

M-F 9:30-5:30

Call or drop in for current schedule and for group and case management times. Serving homeless and at-risk youth ages 14-24, including youth who are transgender and nonbinary. Harm reduction philosophy. Day center with food & clothing closets,

services that better address their needs.

Free

*Spanish spoken? Y, interpreters upon request, also interpreters for the hearing impaired*

### **Metropolitan Human Services District**

Office Line: 504-568-3130 M-F 8-4:30 Crisis Line: 504-826-2675

Help is available 24 hours a day, 7 days a week [www.mhsdla.org](http://www.mhsdla.org)

Outpatient mental health services provided for adults of all genders, including medication, crisis counseling, addictive disorders. Services at 5 locations in Orleans & Plaquemines Parishes, coordinated through main MHSD office at number above.

Locations:

- Central City Behavioral Health Center: 2221 Phillip St. 70113
- Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave 70117
- Algiers-Fischer Behavioral Health Center: 3100 Gen. DeGaulle Ave. 70131
- New Orleans East Behavioral Health Center: 5630 Read Blvd. 2nd Floor 70127
- St. Bernard Behavioral Health Center: 6624 St. Claude Ave.

Medicaid, Medicare, Do not take private insurance, No fee for uninsured; call for info; Appointment or walk-in

*Spanish spoken? Y, via language line*

### **NAMI (National Alliance on Mental Illness) New Orleans**

Main Number: 504-896-2345; West Bank: 504-368-1944

Fax 504-896-2240 [www.namineworleans.org](http://www.namineworleans.org)

1538 Louisiana Ave., New Orleans

M-F 8:30-4:30 Office Hours

Uptown Drop-In Center T & Th 1:30-4:30

NAMI New Orleans provides mental health day treatment and services to adults with chronic mental illnesses, as well as support and education for adults with mental illness and their families, including numerous support groups.

Drop-In Center and all support and education programs are free; Medicaid and other insurance accepted for additional services.

Walk-In during Drop-In hours or Call for Appointment

*Spanish spoken? N*

**Positive Living Treatment Center**

504-827-2701 3330 Canal St., New Orleans, 70119

M-F 9-5

Community mental health center dedicated to quality care of individuals with diminished functioning capabilities due to an emotional or psychiatric disorder. PLTC offers an alternative to an inpatient setting and a transitional, psycho-social rehab option that fosters independence, dignity and respect for all persons served through a partial hospitalization program, as well as a community based outreach program.

Call for Appt./Intake info and to discuss payment options

*Spanish spoken? N*

**Tulane Behavioral Health Center - Tulane Medical Center**

504-988-4794 1415 Tulane Ave, 4th Floor of Hospital,

New Orleans, 70112

M- F 8-4:30

Outpatient services for all psychiatric disorders serving children, adolescents, and adults. This hospital sees ALL individuals and accepts Medicaid. Services include medication management, therapy, and counseling. \$20 for students, \$25 for non-students; Appt. Only. *Spanish spoken? N*

**River Oaks Hospital**

1-800-366-1740 [riveroakshospital.com/contact-us/](http://riveroakshospital.com/contact-us/)

Inpatient and outpatient psychiatric treatment and care. 24 hours a day no cost psychiatric assessment to assess and treat mental illness and chemical dependency. Available for emergency evening and weekend hospitalization. Insurance acceptance has changed over time, call to confirm or use the "contact us" form inquiry above.

**Volunteers of America (VOA) - Mental Health Services**

504-485-0147 or 504-482-2130 127 S. Solomon St., New Orleans

M-F 8:30-5

Support for homeless persons with mental illness. Call for referrals to any service, including case management and supportive housing for Mental Health patients.

Free; Call for referrals *Spanish spoken? N*

**24 Hour Counseling Access Lines****Cope Line by Via Link**

504-269-COPE (2673) or 2-1-1

Also links to the Nat'l Suicide Prevention Lifeline 800-273-8255

Most programs free, trainings between \$10-\$50

Call for info *Spanish spoken? Y*

**Grow Dat Youth Farm**

(504) 300-1132 [growdatyouthfarm.org](http://growdatyouthfarm.org)

150 Zachary Taylor Drive (In City Park near Pan American Stadium)

Grow Dat is a five month leadership program that recruits and hires high school students to work in the field of urban agriculture.

Through the collaborative work of growing food, the program focuses on developing a sense of responsibility, community, environmental stewardship, and service among participants. Grow Dat's mission is to nurture a diverse group of young leaders through the meaningful work of growing food.

**Head Start New Orleans**

504-861-6344 [www.ccano.org/head-start-program](http://www.ccano.org/head-start-program)

Preschool program for children age 3-5 who come from low-income or disadvantaged homes and need enrichment, life-skills and school readiness training to prepare them for entry into kindergarten. Children with disabilities included. Referral by self/family or social service agency, application.

Free if qualified; Enroll online via One App

*Spanish spoken? Y, Se habla espanol*

**Heroes of New Orleans**

(504) 858-9942 [www.heroesofnola.org](http://www.heroesofnola.org)

712 Anson Street New Orleans, LA 70114

Arthur Monday Center, 1111 Newton Street, New Orleans, LA

After school programming for Algiers youth

**Kedila Family Learning Services**

(504) 723-8831, [dipo@kedila.org](mailto:dipo@kedila.org), [www.kedila.org](http://www.kedila.org)

1922 S Salcedo St., New Orleans, 70125

Summer Camp 8:30-3, in multiple locations, call or check website.

Summer camp programs for ages 6-14; Training programs for ages 18-24, including GED/HiSet prep, culinary & hospitality and basic construction training.

Free; Walk-in or call *Spanish spoken? N*

**Level Up Campaign**

(504) 533-1652 [thelevelupcamp.org](http://thelevelupcamp.org)

[thelevelupcampaign@gmail.com](mailto:thelevelupcampaign@gmail.com) IG@thelevelupcamp

200 S Broad, New Orleans, LA 70119

Activities and meals for youth 13-24 in the Lower 9<sup>th</sup>. Programs



### **Unemployment Insurance/LA Workforce Commission**

866-783-5567 [www.laworks.net](http://www.laworks.net) 24 hrs. Automated system  
Info about and help applying for unemployment insurance benefits.  
Need to be (1) out of work due to no fault of your own (2) able to work (3) available to work (4) actively seeking work.  
Amount awarded depends on previous wages earned. Takes around 3 weeks to receive benefits. Information about job service, employer tax info, labor and employment law also available.  
Free; *Spanish Spoken? Y, language line*

### **Urban League of Louisiana**

[urbanleaguela.org](http://urbanleaguela.org) 504-324-4444  
4640 S. Carrollton Ave., Suite 140, New Orleans, LA 70119  
Program to assist unemployed and underemployed youth and adult job seekers with social skills, education, and job skills to increase their participation and retention in the workforce.

### **Online Job Postings**

[www.indeed.com](http://www.indeed.com)  
[www.glassdoor.com](http://www.glassdoor.com)  
[workNOLA.com](http://workNOLA.com)  
[www.ziprecruiter.com](http://www.ziprecruiter.com)

### **Community Support & Education**

This section is in five parts:  
Youth; Elderly; Wellness; LGBTQ+; and  
General Advocacy & Education

#### **Youth**

##### **1881 Institute**

504-475-8070 [the1881institute.org](http://the1881institute.org)  
Alternative high school and workforce development program for youth and young adults, focusing on STEM  
Check website and social media for info.

##### **Agenda for Children**

504-586-8509, 800-486-1712 [www.agendaforchildren.org](http://www.agendaforchildren.org)  
8300 Earhart Blvd., Suite 201, New Orleans, 70118  
M-F 9-5  
Child care resource & referral program helps families find and choose high quality care. Also programs and counselors to assist parents with child care referrals for their specific needs, and training workshops for child care providers.

[www.vialink.org](http://www.vialink.org)

24 hours - Information & social services for people in crisis including counseling, referrals and connecting to resources.  
Free *Spanish spoken? Y, using over-the-phone translation service- available for many languages*

### **National Suicide Prevention Lifeline**

988 (English & Spanish), 888-628-9454 (Spanish)  
800-799-4889 for hearing & speech impaired with TTY  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)  
24 Hours  
Counseling and support. *Spanish spoken? Y, Se habla espanol*

### **Dental & Eye Care**

#### **CrescentCare Dental Services**

504-821-2601- ask for dental dept.  
1631 Elysian Fields Ave, New Orleans, LA 70117  
M-F 8:30 a.m. - 4:30 p.m.  
Sliding scale based on income  
Appointment only; Same day appointments sometimes available for emergencies only (call first)  
COVID-19: masks required. LGBTQ+ friendly.  
*Spanish interpretation available*

#### **Crescent City Vision**

(504) 347-9988  
M,T,W,F 9 a.m. - 5 p.m. (closed 12-2 for lunch)  
Sliding scale based on income; extra considerations for unhoused individuals (letter from shelter required)  
Appointment only *Spanish interpretation available*

#### **Dental & Optometry at DePaul Community Health Centers**

**Carrollton:** 3201 S. Carrollton, New Orleans, LA 70118  
Dental (504) 212-9550 & Optical (504) 212-9553  
**St. Cecilia:** 1030 Lesseps St., New Orleans, LA 70117  
Dental (504) 941-6079  
**Gentilly:** 100 Warrington Dr., New Orleans, LA 70122  
Dental (504) 282-2146  
M - F 8 am- 1 pm & 2 pm - 5 pm  
Sliding scale based on income; accepts some private health insurance and Medicaid  
Appointment only *Spanish interpretation available*

**Excelth Family Dental Clinic**

(504) 620-0500 - for both locations

**Algiers** - 1111 Newton Street, Suite 207, New Orleans, LA 70114

**New Orleans East** - 9900 Lake Forest Blvd., New Orleans, LA 70127

M-F 8 am - 5 pm

Adults and children seen

Sliding scale based on income (bring photo ID & proof of income), accepts Medicaid

Appointment only; Same day appointments for emergencies only (call first) *Spanish interpretation available*

**Healthcare for the Homeless (Dental Program)**

(504) 658-2785 2222 Simon Bolivar Ave., New Orleans, LA 70113

M - F 8:00 am - 4:00 pm

1530 Gravier St., New Orleans, LA 70112

M - F 7:30 am - 3:30 pm

1111 Newton St., New Orleans, LA 70114

T- Th 8:00 am - 4:00 pm

Services for the unhoused and community at large

Accepts Medicaid and offers "layaway" program to pay for services (cash only), sliding fee scale based on income (paperwork required) *Spanish interpretation available*

**InclusivCare (Jefferson Community Health Centers) – Dental**

(877) 302 4985 [inclusivcare.com](http://inclusivcare.com)

7001 Lapalco Blvd., Marrero, LA 70072

3932 US Hwy. 90, Avondale, LA 70094

M - Th 8:00 am- 5:00 pm, F 8:00 am - 2:30 pm

Sliding scale based on income (proof required), accepts some private insurance and Medicaid (call for info)

*Spanish and Vietnamese interpretation available*

**LSU Dental School Clinic**

(504) 619- 8770

(specify age of patient when calling for appointment)

1100 Florida Ave., New Orleans, LA 70119

M-F 8-5

Reduced fee dental care for adults & children

No walk-ins, call for appointment *Spanish interpretation available*

**Rivertown Optical**

(504) 461 - 5500 400 Williams Blvd., Kenner, LA 70062

M - F 9:30 a.m. - 3:00 p.m.

\$20 eye exam & \$20 glasses for low-income individuals. Proof of income, household size and expenses required.

access open to all, Louisiana ID required.

Free; Walk in

*Spanish Spoken? Y, in Eastbank office; N in Gretna office*

**Liberty's Kitchen**

504-822-4011 [www.libertyskitchen.org](http://www.libertyskitchen.org)

300 N Broad (in ReFresh Project), New Orleans, 70119

Career Preparation program for youth ages 16-24, includes case management, education and job placement services, with small stipend. Prepared to work with trans & nonbinary youth.

Call for info or apply online. *Spanish spoken? N*

**New Orleans Job Corps**

(504)-484-3501 [www.Neworleans.jobcorps.gov](http://www.Neworleans.jobcorps.gov)

8825 Airline Hwy New Orleans, LA 70118

M-F 8-4:45

Academic, vocational, and social skills training program for low-income young people ages 16-24. Culinary, carpentry, electrical, CMA, CNA, office administration. Orientation T & Th 10 AM.

Prepared to work with trans and nonbinary youth.

Free; all programs virtual, reach out to make an appointment.

*Spanish Spoken? N*

**Operation Spark**

504-534-8277 514 Franklin Ave., New Orleans, LA 70117

M-F 9-5

Youth and adult learning programs. Adult workforce program prepares students for careers in software development and computer programming. After graduation, networking and employment connection opportunities are available.

Free

**SNAP Employment and Training**

1-888-524-3578 | [dcfs.louisiana.gov](http://dcfs.louisiana.gov) | [la.helpu.dcms@la.gov](mailto:la.helpu.dcms@la.gov)

Offers SNAP recipients the opportunity to gain skills, training, and work experience. Education includes job retention, job search training, and work experience. Applications online, complete SNAP application and send to DCFS. SNAP recipients eligible for federal reimbursement for transportation, dependent care and supportive services, such as clothing, uniforms, equipment, temporary housing assistance, books, supplies, and tools.

Free to SNAP recipients; *Spanish Spoken? N*

**Cafe Reconcile Youth Hospitality Training Program**

(504) 568 1157 Fax: (504) 568 9599 | [www.cafereconcile.org](http://www.cafereconcile.org)

1631 Oretha Castle Haley Blvd., New Orleans, 70113

8 week paid job training program for youth ages 16 to 24; includes hands-on job training and life skills classes, a competitive stipend, daily meals, uniforms, and employment counseling. The program also covers professional communication methods, resume and cover letter writing, Front of House hospitality and Back of House Culinary techniques, and personal and professional life skills. Also provides connections to support services including mental health, child care, housing assistance, legal aid, and health care. Gladly accept transgender and gender nonconforming applicants.

Free; Call for info or fill out application online *Spanish Spoken? N*

**Deep South Center for Environmental Justice**

504-272-0956 [www.dscej.org](http://www.dscej.org)

9801 Lake Forest Blvd, New Orleans, LA 70127

M-F 10-4

Free environmental health and safety training to underserved New Orleans residents 18 and older. The comprehensive environmental and construction training includes academic remediation, life skills, job readiness, and computer basics, as well as hands-on work simulation training in environmental technical courses designed to prepare trainees for careers in the construction and environmental remediation industry. Program graduates receive environmental certifications and are assisted with job placement in construction and environmental remediation jobs locally and across the US.

Free; Applications online; *Spanish Spoken? Y*

**East Jefferson Business & Career Solutions Center**

504-838-5678 1801 Airline Drive, Suite A Metairie 70001

M, T, W, F 8:30-4:30; Th 8:30-2:30

Employment support, including career counseling, assistance in finding and applying for jobs, job training.

**Jefferson Parish Workforce Connection**

[www.jeffparish.net/departments/workforce-connection](http://www.jeffparish.net/departments/workforce-connection)

West Jefferson American Job Center 504-227-1283

1900 Lafayette Street, Suite 1, Gretna, LA 70053

East Jefferson American Job Center 504-838-5678

1801 Airline Drive, Suite F Metairie, LA, 70001

M-F 8:30-4:30

Job training, computer access for job search and resume creation and connections with vocational schools. Some classes through Delgado. Trainings for Jefferson Parish residents only, computer

**Optometry at St. Thomas Community Health Center**

(504) 529-5558

M- F 8:00 a.m. - 5: 00 p.m.

Medicare, Medicaid and many other insurance plans accepted; sliding scale based on income (\$30 minimum fee).

No walk-ins, call for appointment *Spanish interpretation available*

**Smiling Faces Family Dentistry**

[www.smilingfacesnola.com](http://www.smilingfacesnola.com) (504) 483-7000

4747 Earhart Blvd Suite C, New Orleans, Louisiana, 70125

M-Th 9-3

Dental clinic for children & adults, welcoming to all genders and orientations.

Accepts Medicaid & private insurance, payment plans and assistance available for uninsured, determined on a case by case basis. *Spanish spoken? N*

**HIV/AIDS & STIs****Access Health Primary Care at Pythian**

504-226-2976 <https://accesshealthla.org/service/hivtesting>

234 Loyola Ave Suite 300B New Orleans 70112

M-Th 8-4;30, F 8-12

Free at home HIV testing available via Access Health. See listing in Primary Care for additional services & locations.

You can request a home-based test three different ways:

1. **Fill out the request form at the bottom of the webpage (<https://accesshealthla.org/service/hivtesting/>).** This is the preferred method because the information you provide will be almost everything we need to get you registered and mail your test kit to you. They will be in touch within 24 hours of you completing the form; or
2. **Email [hometest@accesshealthla.org](mailto:hometest@accesshealthla.org) with your name and phone number.** They will be in touch within 24 hours to get you registered; or
3. **Call Access Health Louisiana at the Pythian clinic at (504) 226-2976 and request a home-based HIV test kit.** You will be linked to a testing navigator who will get you registered.

Once you complete your request, you will be registered as an Access Health Louisiana patient and the kit will be mailed to your house or your preferred shipping location. Their test kits can be mailed to residents across southeast Louisiana.

If you have reason to believe that you have had a possible exposure to HIV in the past 72 hours, call Access Health Louisiana

at the Pythian Clinic at (504) 226-2976 and ask to see a provider about post-exposure prophylaxis (PEP).  
*Spanish spoken? Y, via language line*

### **Bounce to Zero**

bouncetozero.com (504) 884-3307  
City of New Orleans program for HIV testing and treatment.  
Call or Text (504) 931-7687 | (504) 877-2464  
To reach a TelePrEP Navigator  
8:00 AM to 5:00 PM Monday through Friday  
Visit website for info about testing sites, at home tests, and additional programs.

### **Brotherhood Incorporated**

(504) 566-7955, [www.brotherhoodinc.org](http://www.brotherhoodinc.org)  
2714 Canal Street, Ste. 304 & 503, New Orleans, 70119  
M-F 10-4  
HIV/AIDS education for everyone, including preventative services, counseling, and testing; Housing information services for individuals with HIV and AIDS. Capacity building training for other organizations. Advocacy program. HIV/STI testing is free, anonymous & confidential. Now offering wraparound services ranging from sex education to case management, in-house social worker, transportation, and linkages with other agencies. Transitional housing available via Trinity House (HIV patients in need of transitional housing and case management).  
Free; Walk-in *Spanish spoken? Y, by appointment*

### **CrescentCare**

504-821-2601 (ask about STI testing services) or visit [takecharge.cc](http://takecharge.cc) or [crescentcare.org/service/sti-testing/](http://crescentcare.org/service/sti-testing/)  
1631 Elysian Fields Ave, New Orleans  
•Walk-in rapid HIV testing is available Tues 12-8, Wed 10-5, Thurs 10-3, and Fri 10-5 at our St. Roch location (1631 Elysian Fields Ave.).  
•Take-home HIV tests are available M-F from 9 am – 5 pm.  
•Service in Spanish is available Tues 12-4 pm.

Case management, primary care clinic, assistance with primary medical care & medications, counseling, volunteer services, education, wellness center, and support services, Food for Friends program and assistance with housing placement. Outpatient substance abuse treatment program for HIV+ people, support groups including for Transgender people. Call for support group schedule. HIV testing no longer available in main office, but still available via prevention offices in the same building. See listing in

locations - or use website to apply electronically.  
Free; *Spanish spoken? N, interpreting can be arranged*

### **Medicare**

800-633-4227, [www.medicare.gov](http://www.medicare.gov)  
Health Insurance program for citizens of 65+ years or those receiving SSI or disability benefits for 2+ years. Individuals with Lou Gehrig's disease (ALS) or end-stage renal disease qualify. Enrollment through Social Security Office 800-772-1213, which also has a "Low SS Program" that qualifies individuals who need extra help paying for medicine.  
Free; *Spanish spoken? Y, Se habla espanol*

### **Support Groups at East Jefferson General Hospital**

504-503-7000 [www.ejgh.org](http://www.ejgh.org) 4200 Houma Blvd., Metairie, 70006  
Meeting times vary  
Numerous support groups, including: Stroke survivors & their families, Parkinson's, A-Fib, Ostomy, Epilepsy, Diabetes, Celiac, and more. Call or see website for schedule.  
Free; *Spanish spoken? N*

### **Touro Diabetes Center**

504-897-8813  
[www.lcmchealth.org/touro/our-services/diabetes-care](http://www.lcmchealth.org/touro/our-services/diabetes-care)  
Touro Diabetes Center Medical Arts Building  
3439 Prytania Street 5th Floor, Suite 501  
8 - 4:30 pm, Monday – Friday  
Outpatient diabetes education and training w/ MD order. Physician's order needs to be completed, signed and faxed to 504.897-8121. Diabetes support group every third Tuesday 10-11 AM, free and open to the public. All genders welcome. Medicare, Medicaid, private insurance, sliding scale for uninsured (up to 60% off); Appt. only *Spanish spoken? Y, language line*

### **Employment**

#### **City of New Orleans Workforce Development**

[job1nola.gov](http://job1nola.gov) 504-658-4500  
3400 Tulane Ave, New Orleans, 701119  
Resource maintained by city government, includes listing for Job1, Workforce Recovery, etc. Job 1 provides employment and training services federally funded through the Workforce Innovation and Opportunity Act.  
Free; *Spanish Spoken? Y*

647 Main Street Baton Rouge, LA. 70801  
1750 Martin Luther King Blvd. Suite 108 Houma, LA 70360  
Career Development services for people with disabilities: skills training, job placement and job retention, supported employment. Programs for veterans and formerly incarcerated people.  
Free; *Spanish spoken? N*

**Jefferson Council on Aging/Aging & Disability Resource Center**

800-635-1437 504-888-5880 [www.jcoa.net](http://www.jcoa.net)  
6620 Riverside Dr., Ste 107 & 216, Metairie, 70003  
8:30 a.m. to 3:30 p.m. Monday through Friday.  
Assistance for Jefferson, St. Charles, St. James, and St. John the Baptist Parishes residents ages 60+ or disabled, including utility assistance, prescription assistance, job training/placement, meal delivery, referrals for equipment and homemaker services (limited to once per month). Social Security number required.  
Free; Fee requested for meals. Call for appt.  
*Spanish spoken? Y, Se habla espanol*

**LATAN (Louisiana Assistive Technology Access Network)**

(225) 925-9500 or (800) 270-6185 [www.latan.org](http://www.latan.org)  
10988 N. Harrell's Ferry Rd., Ste. 5 Baton Rouge, LA 70816  
M-Th 8:30-5:30, Fri 8:30-4  
Helps LA residents access devices, technology and aids that allow a person to be more independent, through reduced-interest, fixed-rate, extended-term loan program. Assistive Technology (AT) Marketplace (donated AT devices available for low or no cost). See website for additional programs. *Spanish spoken? N*

**Lighthouse Louisiana**

504-899-4501 Toll-Free: 888-792-0163  
Baton Rouge 225-275-1200 [www.lighthouselouisiana.org](http://www.lighthouselouisiana.org)  
123 State Street, New Orleans 70118  
One American Place, Suite 150 Baton Rouge, LA 70802  
Monday - Friday 8:00am - 4:00pm  
Serves people in the region who are blind or visually impaired by providing employment opportunities and other services; some services for the Deaf also.  
Most services are free; Call for info or appt. *Spanish spoken? N*

**LA Office of Disability Determinations**

504-361-6335 [www.ssa.gov](http://www.ssa.gov)  
M-F 8-4:30  
Processes SSI/Disability Claims. Claim process typically takes 180 days. Go to local SS office for assistance with signing up - call for

Primary Care for additional services.  
Free; Walk-in or appt.; Clinic by appt. only *Spanish spoken? Y*

**HIV Outpatient Program (HOP) Clinic**

UMC number 504-702-5700, Direct number 504-702-4344  
[www.umcno.org/infectiousdisease](http://www.umcno.org/infectiousdisease)  
2000 Canal St. (University Medical Center, Ambulatory Care Bldg)  
\*Parking garage access is at 2005 Tulane Avenue near the corner of S. Johnson Street.  
M-F 8-5  
Services for patients with HIV/AIDS, infectious diseases. Hep C clinic back in operation. New patients request "Phase 1" appt. HOP patient navigators can assist at 504-702-2858, 504-702-2681.  
PREP Clinic M, T, W @ 10am and 2pm, Th at 2pm, F at 7pm  
Comprehensive guide for seeking care can be found here:  
[www.lcmchealth.org/sub/59170/documents/gettingstartedguide\\_19-3830\(002\)finalwithhyperlinksforemailingtoothers1032019.pdf](http://www.lcmchealth.org/sub/59170/documents/gettingstartedguide_19-3830(002)finalwithhyperlinksforemailingtoothers1032019.pdf)  
Uninsured can apply for free care through the UMC financial aid office; Walk-in or appt.  
*Spanish spoken? Y, on call. Interpreting support through hospital.*

**HIV Prevention & Management at St. Thomas Community Health Center**

**Jake Tadevich (He/They) HIV Prevention Coordinator**  
504-529-5558 ext. 234  
1936 Magazine Street New Orleans, LA 70130  
Primary Care Clinic with a range of options and specialized care specific to HIV. See Primary Care section for info on additional services at St. Thomas.

**Home Again (Concerned Citizens for a Better Algiers)**

(504) 362-7583, (504) 362-1066 [www.ccfbano.org](http://www.ccfbano.org)  
1409 & 1417 Nunez St., New Orleans (Algiers), 70114  
M-F 9-5 office hours  
Short-term residential program for persons living with HIV/AIDS with adult literacy program, GED prep, computer & job training. Potential residents or their representative must:  
-Submit social work and physician referrals forms  
-Submit a copy of insurance card and picture ID  
-Submit a negative TB screen (not older than 6 months)  
-Schedule an intake interview CCFBA/Home Again Residence maintains a waiting list throughout the year and works to get clients housed as fast as possible.  
All referrals should be submitted to Dr. Jonal Abdin via fax at 504-275-1118 or e-mail at [jabdin@ccfbano.org](mailto:jabdin@ccfbano.org)

Sliding scale: free for no income, otherwise 30% of income; Referral required *Spanish spoken? Y, by appointment*

### **LSU-CrescentCare Sexual Health Center**

504-293-6899 (call in advance as walk-ins only accepted when space available)

3308 Tulane Avenue, 5th Fl. New Orleans, LA

8 - 10:30 am, 12:30 -2:30 pm

Confidential testing and treatment for chlamydia, gonorrhea, HIV, Syphilis, and other sexually transmitted infections, with testing and onsite provision of most medications.

Medicare, Medicaid, and private health insurance accepted; sliding scale available for uninsured. *Spanish spoken? Y*

### **Office of Public Health HIV/AIDS Program**

504-568-7474 [www.louisianahealthhub.org](http://www.louisianahealthhub.org)

1450 Poydras, Ste 2136, New Orleans, 70112

M-F 8-5

Referrals to other agencies for prevention & testing services

Free; Appt Only, Need Referral *Spanish spoken? Y*

### **PAUSE - IWES**

[www.facebook.com/PAUSE.IWES](https://www.facebook.com/PAUSE.IWES) (504) 599-7712

[pause.iwes@gmail.com](mailto:pause.iwes@gmail.com)

Check facebook page for testing and education events.

Free in-home HIV tests shipped to people 18+ in Orleans,

Jefferson, St. Bernard and St. Tammany parishes - Contact

[mdunham@iwesnola.org](mailto:mdunham@iwesnola.org) for more information.

### **Planned Parenthood**

(504) 897-9200 [www.ppgulfcoast.org](http://www.ppgulfcoast.org)

4636 S Claiborne Ave, Ste 100, New Orleans, 70125

M-Th: 8:30 am – 4:30 pm, Fri: 9:30 am – 4:30 pm

Comprehensive health services, including family planning, PAP smears, STI testing & treatment, pregnancy and HIV testing, prenatal health information, breast exams, UTI diagnosis & treatment, healthy pregnancy education, and free sexual health workshops available to the community. Medicaid (Take Charge), cash, credit, some insurance; Appt only. *Spanish spoken? Y*

### **Priority Health Care**

(504) 309-3262, (504) 306-6057, 504-509-4800

[priorityhealthcare.org](http://priorityhealthcare.org) [priorityhealthcare@phc-no.org](mailto:priorityhealthcare@phc-no.org)

12A Westbank Expwy Ste. 111, Gretna

Clinic open M-F 8-4, Thursday 10-6:30pm

delivering the highest quality care and services. We work closely with participants, caregivers and their families to determine all payment options. Clover accepts the Louisiana Medicaid Waiver (ADHC), Community Choices Waiver (CCW), Residential Options Waiver (ROW), Veterans Administration (VA) benefits, and private pay. Private pay options are income-based with day and monthly rates available.

### **Deaf Action Center**

(504)452-3354 [Shari.bernius@dacinterpretingservices.com](mailto:Shari.bernius@dacinterpretingservices.com)

[dacinterpretingservices.com](http://dacinterpretingservices.com)

Sign language interpretation services.

\$50 an hour fee, may be covered by insurance

Call or email for info *Spanish spoken? Y, by request*

### **Epilepsy Foundation of Louisiana**

(225) 298-5499 Toll Free: (800) 960-0587 [epilepsylouisiana.org](http://epilepsylouisiana.org)

1882 Justice Avenue, Suite B4 Baton Rouge, LA 70816

Services for people with epilepsy and seizure disorder including support groups, counseling for the newly diagnosed, community education, assistance with medical support, information and referrals, medication assistance for indigent persons and a Hope mentoring program.

Free; *Spanish spoken? Y, Can call back with an interpreter*

### **Families Helping Families**

Toll Free:1-877-243-7352 [www.fhfsela.org](http://www.fhfsela.org)

2401 Westbend Parkway Ste 3090, New Orleans, 70114

M-F 9-4

Information referral agency for individuals with disabilities and their family members. New program: Computers for youth with autism, for youth 17-21.

Free; *Spanish spoken? Y*

### **Fireweed Collective**

[fireweedcollective.org](http://fireweedcollective.org) [administrator@fireweedcollective.org](mailto:administrator@fireweedcollective.org)

Mental health education and mutual aid through a Healing Justice lens. We help support the emotional wellness of all people, and center the needs of those most marginalized by our society.

Free crisis toolkit resource list available.

### **Goodwill of Southeast Louisiana**

504-456.2622; [www.goodwillno.org](http://www.goodwillno.org)

3400 Tulane Ave, Ste 1000, New Orleans, 70119

dementia. Monthly support group available for caregivers.  
\$30 per day include meals, scholarships available; Call & ask for Rachel Ruth *Spanish spoken? N*

### **ARC of Greater New Orleans**

504-658-4500 [www.arcgno.org](http://www.arcgno.org)  
1307 Oretha Castle Haley Blvd, with service locations in NOLA, Chalmette, Westwego, and Covington.  
M-Th 0-5, F 8-1  
Services for people with intellectual disabilities; provides employment opportunities for individuals with special needs, and referrals to additional services.  
Free; *Spanish spoken? Y*

### **Cancer Association of Louisiana**

504-733-5539 or 800-624-2039 [www.cagno.org](http://www.cagno.org)  
M-F 9-4  
Assistance with prescriptions & transportation for those undergoing cancer treatment; community education, including smoking cessation programs and projects geared for women undergoing breast reconstruction.  
Free; Call for appointment or walk-in to pick application for assistance, which must be signed by a medical professional (applications can also be downloaded from website).  
*Spanish spoken? N*

### **Cancer Care**

800-813-4673, 1-800-813-HOPE [www.cancercare.org](http://www.cancercare.org)  
M-Th 10-6 EST, F 10-5 EST  
National nonprofit organization that provides free, professional support services for anyone affected by cancer. Provides grants to aid with transport, homecare, pet assistance, resource navigation, support groups, estate planning, coping circles, workshops, and childcare for low income patients and their caregivers in cancer treatment. Interviews & applications by phone & mail.  
*Spanish spoken? Y*

### **Clover Adult Day Care**

504-523-6221 [www.clovernola.org/adult-day-care/](http://www.clovernola.org/adult-day-care/)  
Main Campus: 1600 Constance St. New Orleans, LA 70130  
Columbia Parc campus: 1401 Saint Denis St. New Orleans, LA  
Patrick F Taylor campus: 901 Richard St. New Orleans, LA  
Educare New Orleans: 3801 St. Bernard Ave New Orleans, LA  
Adult Day Care strives to be as cost-effective as possible while

Early Intervention Services (EIS), Primary Medical Care (PMC), Case Management and Medical Case Management (MCM). Non-medical case management, provides advice and assistance to empower clients to access a variety of necessary services (including medical, social, community, legal and financial) that support medically related outcome measurements. Transportation provided. Sliding scale based on income; Walk in for free HIV testing. Other services appointment only. *Spanish spoken? Y, via language line*

### **Project Lazarus**

(504) 949-3609, [www.projectlazarus.net](http://www.projectlazarus.net)  
Location confidential, PO Box 3906, New Orleans, 70177  
Open 24/7  
Transitional housing for men and women with HIV/AIDS who cannot live independently and whose family and friends are unable to care for them. Inhouse case management, meals, wellness program, job training. Programs for substance abuse, case management for non-residents.  
Sliding scale on case by case basis; *Spanish spoken? N*

### **Tulane Total Health**

(504) 988-3002 711 N. Broad St, New Orleans  
M-F 8-4:30  
Ryan White funded HIV clinic, set within the Tulane University Community Health Center which provides general primary care services. Two clinics share this space – one for adolescent primary care and one for STI testing and treatment for the general public. Also provides wrap-around case management and in-house pharmacy. Free if qualified, Medicaid, Medicare.  
Appointments accepted, but also walk-in is fine for STI testing.  
*Spanish spoken? Y. by appointment*

### **Women With a Vision, Inc.**

504-302-8822, 504-301-0428, [www.wwav-no.org](http://www.wwav-no.org)  
2028 Oretha Castle Haley Blvd, New Orleans, LA 70113  
M-F 10-4  
Health education and promotion agency specializing in reproductive health advocacy, prevention, harm reduction, outreach, community based research, and referrals. Provides referrals to care and support for HIV Testing & Counseling Weekly Harm Reduction for sex workers, injection drug users, and other people at risk for HIV infection; safer sex/needle hygiene material distro. Services for all genders.  
See listing in Reproductive Health section for additional services.  
Free; Appt only. *Spanish spoken? Y, sometimes, call ahead*

## **Reproductive Health**

This section has four parts: Birth, Prenatal & Infant Care; Abortion Services; Family Planning; Advocacy & Education; and Cancer Screenings & Prevention.

### **Birth, Prenatal & Infant Care**

#### **Birthmark Doula Collective**

504-515-1243, [www.birthmarkdoulas.com](http://www.birthmarkdoulas.com)

Provides information, support, and advocacy for pregnant and postpartum families through doula services, childbirth education, and infant feeding support. Continuing education on infant feeding and perinatal emergency preparedness.

Sliding scale based on income, and some insurance coverage available. *Spanish spoken? Y, by appt.*

#### **Family Birth Place at West Jefferson Medical Center**

(504) 349-6200 [www.wjmc.org](http://www.wjmc.org)

1101 Medical Center Blvd., Marrero, LA 70072

Schedule varies every six months, Check website

Classes offered once a month include - Labor and Birth, Caring for your newborn, and ABC's of Breastfeeding (all free). Classes offered once every other month include: Infant Safety & First Aid, Lamaze/Prepared Childbirth (call early in pregnancy to schedule) Mother-daughter Rap, and Family and Friends CPR. Additional classed resources include free car seat checkups, sibling TLC education, and Breastfeeding SOS. Most classes free of charge; Call or visit website for schedule *Spanish spoken? N*

#### **Healthy Start New Orleans**

504-658-2600, [new.nola.gov/health/programs/healthy-start/](http://new.nola.gov/health/programs/healthy-start/)

1616 Fats Domino St., New Orleans, 70117

M-F 8-4

Provides women who are currently pregnant or have children under the age of 18 months. Prenatal and parenting classes, emotional wellness counseling, breastfeeding education, free pregnancy test referrals, infant and children's services referrals, housing referrals, job training referrals, WIC and nutrition education, transportation, community health referrals, support services referrals, father involvement support groups (NOLA Dads, Crescent City Dads) and more.

Free; *Spanish spoken? Y*

foreclosure prevention counseling, first time homebuyer's classes, financial literacy training, Self-Help Housing Program, individual development account (IDAs) enrollment and resources or referrals to social services organizations.

Some services free, fees apply to pull credit reports & homebuyers classes; Call for info *Spanish spoken? N*

#### **Louisiana Fair Housing Action Center**

504-596-2100, fax 504-684-4997 [www.lafairhousing.org](http://www.lafairhousing.org)

1340 Poydras, Ste 710, New Orleans, 70112

M-F 9-5

Investigations of discrimination complaints; legal support to survivors of discrimination based on race, color, religion, sex, national origin, familial status and disability in rental, eviction defense, sales, mortgage lending and homeowner's insurance transactions. Post-purchase housing counseling to homeowners who are behind on their mortgage payments, facing foreclosure, struggling with predatory loans, and dealing with insurance claims. Fair housing education to service providers and first-time homebuyers.

Free; Call for info *Spanish spoken? Y, will provide interpreters*

#### **Unity of Greater New Orleans**

504-899-4589, 504-821-4496, hotline 1-888-821-4542

[www.unitygno.org](http://www.unitygno.org)

2407 Baronne St. and 2475 Canal St., New Orleans, 70113

M-F 8:30-4, outreach Sat 8-4, Sun 10-5

The HUD-designated "continuum of care" intake for New Orleans, meaning most referrals to other housing assistance programs will go through UNITY. Assists in finding housing for the homeless, including outreach on the street and in abandoned buildings. They also run several Permanent Supportive Housing developments.

Call for info, no walk-ins

*Spanish spoken? Interpreters available upon request*

### **Disability Access & Justice**

#### **ACE (Alzheimer's Care and Enrichment Program) at the Jewish Community Center**

504-897-0143, [www.nojcc.org](http://www.nojcc.org), [rachel@nojcc.org](mailto:rachel@nojcc.org)

5342 St. Charles Ave., New Orleans

M,W,F 10-2

Exercise, meal preparation, music, and interaction with nursery school children for persons with Alzheimer's Disease or related



**Jane Place Housing Sustainability Initiative**

jpnsl.org 504-799-1704  
2533 Columbus Street, Ste. 104 New Orleans, LA 70119  
Renter's Rights Hotline: 504-539-4504 nolarra.org  
M-F 9-5  
Community land trust providing advocacy and education for fair housing in New Orleans. Monthly Renter's Rights Assemblies. Check website for other events & programs. Also offers affordable rentals; call for more information.

**Habitat for Humanity**

Office: 504-861-2077; Homeowner's Hotline: 504-609-3340  
www.habitat-nola.org 2900 Elysian Fields, New Orleans  
M-F 9-5  
Affordable homeownership (monthly payments no more than 30% of your income and no or low interest on the mortgage) for local families or individuals who might not qualify for a traditional home loan. The program requires 250 volunteer hours with the organization and a need for shelter. Home repair services available for those in need. Some rentals available. Call for info *Spanish spoken? Y*

**Neighborhood Housing Services of New Orleans**

504-899-5900 Fax 504-899-6190 [www.nhsnola.org](http://www.nhsnola.org)  
4605 Freret St., New Orleans, 70115  
M-T 9-3:30 Friday by appointment only.  
Assistance for first time home-buyers, with education, foreclosure prevention counseling and credit repair classes. Assistance for home-owners with researching contractors and overseeing work done. Some services free, fees for inspections, classes and estimates; Use website to sign up *Spanish spoken? Y*

**Neighborhood Development Foundation**

504-488-0155 [ndf-neworleans.org](http://ndf-neworleans.org)  
1429 S. Rampart Street, New Orleans, 70112  
Homebuyer education, landlord education, and financial fitness classes. Some properties for sale for low-income residents.

**Family Resources of New Orleans**

504-822-8519 [familyresourcesnola.org](http://familyresourcesnola.org)  
817 N. Claiborne Ave., New Orleans, 70116  
HUD-certified housing counseling agency providing services such as: credit counseling, pre-purchase counseling, default/

**La Leche League**

877-452-5324 [www.lllallmsla.org](http://www.lllallmsla.org), [www.llljefferson.com](http://www.llljefferson.com),  
[www.facebook.com/llljefferson](http://www.facebook.com/llljefferson)  
Membership organization for breastfeeding support & education, meets monthly, call or email for info.  
New Orleans branch currently inactive; LLL of Jefferson meeting monthly. 2nd Wednesday of the month 10:30 am-11:30 AM  
For information, contact Chelsea Chelsea.H.Miller88@gmail.com  
Susan LLLJefferson@cox.net Claire clairolute@gmail.com

**Medicaid Programs for Prenatal Care**

There are several Medicaid providers available for expecting mothers under Bayou Health Network. For general information on programs contact the Specialty Care Resource Line: 1-877-455-9955 or visit [www.dhh.louisiana.gov](http://www.dhh.louisiana.gov)  
-To apply for Medicaid, LA Moms, Take Charge, call 1-888-342-6207  
-To find OB/GYN providers under the Bayou Health Programs contact the specific Medicaid provider:  
Amerigroup- 1800-600-4441  
LACARE-1-888-756-0004  
Louisiana Health Care Connections- 1-866-595-8133  
United Community Plan of Louisiana- 1-866-675-1607  
Community Health Solutions-18552475248

**Nurse Family Partnership**

(504) 568-5926 [www.nursefamilypartnership.org/locations/](http://www.nursefamilypartnership.org/locations/)  
Louisiana 1450 Poydras, Ste. 1271, New Orleans  
Maternal health program that introduces vulnerable first-time parents to caring maternal and child health nurses who provide info and support. Requirements for acceptance in the program are: Medicaid eligibility, first-time parent, resident of Orleans or Jefferson Parish, and less than 29 weeks of pregnancy. Free; Call or email for info *Spanish spoken? Y*

**Partners for Healthy Babies Hotline**

800-251-2229 hotline [www.1800251baby.org](http://www.1800251baby.org)  
Hours Central Time: M-F 7am-10 pm, Sat 9am-5pm Sun 12 - 8  
Partners for Healthy Babies connects Louisiana moms and their families to health and pregnancy resources, services and info. Free; *Spanish spoken? Y, request upon calling.*

### **Safe Haven Program**

833-lachild or 833-522-4453, text line at: 225-424-1533 (24/7)  
www.louisianasafehaven.com hotline 24/7

Under Louisiana's Safe Haven Law, parents who are unable to care for a baby can bring their baby less than 60 days old to an emergency designated facility, or Safe Haven. By leaving the baby in the care of an employee at a Safe Haven facility, parents can give up custody of a baby with no questions asked. Parents can seek to reclaim parental rights within 30 days by contacting the local parish Office of Community Services.

Free; Call or visit website for Safe Haven locations & details of parental rights under the Safe Haven Law.

*Spanish spoken? Y, through interpreter service*

### **Saul's Light**

504-233-4573

programs@saulsight.org saulsight.org/sauls\_light

Supports Louisiana's neonatal intensive care unit (NICU) and bereaved families by responding to their unique social-emotional needs during their journeys. Offers NICU and/or bereavement peer support, as well as connections and referrals to community resources, assistance programs and perinatal mental health resources. Offers limited support for transportation and material resource needs for NICU families. Partners with Fourth Trimester NOLA to run a monthly stillbirth and infant loss support group. New Orleans-based, we work with families throughout Louisiana. For our NICU support program, we can only support families who currently have babies in a Louisiana NICU. Trans & NB inclusive. For referrals, please include: name, number, email and language. Free

*Spanish spoken? Yes, email or text us and we can connect you to our Spanish-speaking social worker*

### **Abortion Services**

*As of June 2022, in light of the Dobbs vs Jackson Women's Health SCOTUS decision, abortion is completely banned in Louisiana. People seeking abortion care must travel out of state. To find the clinic nearest you, please visit [www.ineedana.com](http://www.ineedana.com) or [www.abortionfinder.com](http://www.abortionfinder.com).*

*As of May 2024, the nearest states to Louisiana with legal abortion access past 6 weeks include but are not limited to: New Mexico, Illinois, North Carolina, and Virginia. At the time of this publication, there is a 6 week ban in effect in Florida. This may revert in coming months back to a 15 week ban. As new legislation is introduced and implemented, these options are*

### **Long Term Housing & Advocacy**

#### **Armstrong Family Services**

504-899-2995 [www.facebook.com/1015arm/](https://www.facebook.com/1015arm/)

1015 Henriette Delille St., New Orleans, LA 70119

Office Hours: M-F 8 a.m.-5 p.m.

Prevention in the form of rent/deposit assistance for families with very low income (with children) living in Orleans Parish. Clients cannot be pregnant, living in public housing, or receiving Section 8 vouchers. Case management for families with children, can help homeless parties due to eviction or other form of crisis. No longer offers temporary shelter.

Free; *Spanish spoken? Y*

#### **Boystown, LA**

504-293-7900 [www.boystownlouisiana.org](http://www.boystownlouisiana.org)

300 N Broad St. Ste 106, New Orleans, 70119

Residential treatment for youth with emotional/behavioral problems. Teaches social, academic, and self-help skills. For boys ages 12-17. Must be referred from courts or legal guardian. In-home services, Early Head start program Medicaid; *Spanish spoken? Y, Se habla espanol*

#### **Catholic Charities Archdiocese of New Orleans Housing & Homeless Services**

(504) 523-3755 [www.ccano.org/homeless-services](http://www.ccano.org/homeless-services)

Homeless Services provide shelter and case management for individuals with chronic mental and physical health needs and families experiencing homelessness. Services include permanent supportive housing and sixteen independent apartments for intact, single-parent families. Provides case management, counseling, advocacy, referrals for additional services, therapeutic and educational groups.

#### **Housing Authority of New Orleans (HANO)**

504-670-3300 [www.hano.org](http://www.hano.org)--website has pre-application

4100 Touro St., New Orleans, 70122 Main office: M-F 8-5

HANO runs public housing, including River Garden, Harmony Oaks, and Columbia Parc. They manage the waitlist for Section 8 vouchers for rental assistance, as well as listings of project-based vouchers throughout New Orleans. Tenants in project-based units pay 30% of their income for rent and utilities. There are closed waitlists for Section 8; "pre-applications" for waitlists are available on HANO's website.

Free; *Spanish spoken? Y, Se habla espanol*

5:30 PM. Breakfast/Lunch/Dinner served daily, only to those staying overnight. Must be out by 6:30 AM. Work program available for men & women with full time jobs. Walk-in.  
*Spanish spoken? Y*

### **New Orleans Women & Children's Shelter**

504-522-9340, [www.nowcs.org](http://www.nowcs.org)  
2020 S Liberty St., New Orleans, LA 70113  
Transitional housing for homeless single women, including transgender women, 18 and older who have children under 18, pregnant women, and "intact" and single father-led families. Programs for residents include case management, parenting classes, employment program.  
Free *Spanish spoken? No, but can arrange for interpreters.*

### **Ozanam Inn**

504-523-1184 [www.ozanaminn.org](http://www.ozanaminn.org)  
2239 Poydras St., New Orleans  
Intake 8-3:30, bed requests end at 4PM  
Emergency shelter for men and women. No children. Priority for long term stays for those in self-help recovery program. Short term stays: Arrive between 8 & 3:30 to fill out intake form, check-in starts at 4:45. Must leave in morning by 6 AM. 3 meals served daily. Legal counsel, supportive housing, medical services, counseling services, and employment skills resources also available. Women's clothing distro Tue & Wed 10:15; Men's clothing distro Tue & Fri 2pm.  
Free; Walk-In *Spanish spoken? Y*

### **Salvation Army**

504-899-4569 [salvationarmyalma.org/nola/center-of-hope/](http://salvationarmyalma.org/nola/center-of-hope/)  
4500 S Claiborne Ave, New Orleans, 70125  
Office: 8:30-4:30 M-F Intakes 4:00pm-6:00pm.  
Morning departure by 7 AM, return to shelter at 4:00pm. Curfew is 6:00 pm. No weekend entries.  
Emergency shelter for men (without children), women, and women with children for 30-90 days. First 7 nights free, \$10 thereafter, or voucher. Breakfast and dinner provided.  
Emergency shelter & case management for women with children for up to 3 months with referral from overnight shelter. Must have state ID, COVID test and current TB test.  
Free for first 7 nights; *Spanish spoken? Y*

*subject to change. Please utilize the INeedAnA or AbortionFinder websites for up-to-date info and to find the provider that works best for you logistically and based on your gestational age.*

*If you are seeking abortion care, we recommend you visit the INeedanA or Abortion Finder website first, select the clinic of your choice, make your appointment, and ask the clinic directly about which funding sources (National Abortion Federation) and travel support networks they work with.*

### **INeedAnA**

[www.ineedana.com](http://www.ineedana.com)  
Simple, up-to-date, and localized source of information for people seeking abortions. Site shows closest clinic options for people based on location, age, and estimated gestational age.  
Free; *Spanish spoken? Y*

### **AbortionFinder**

[www.abortionfinder.com](http://www.abortionfinder.com)  
Text line: 435-3-FINDER (English); 218-3-BUSCAR (Spanish)  
AbortionFinder.org features the most comprehensive directory of trusted (and verified) abortion service providers and assistance resources in the United States. Their website shows closest clinic options for people based on location, age, and estimated gestational age.  
Abortion Finder is also available via text message. For service in English, text "Hello" to 435-3-FINDER. Then provide your zip code, and they'll reply with the three abortion providers closest to you.  
Free; *Spanish? Y, text "Hola" to 218-3-BUSCAR.*

### **Exhale: After-Abortion Counseling**

Text line: 617-749-2948 [www.exhaleprovoice.org](http://www.exhaleprovoice.org)  
CST M-F 5pm –11pm Sat 3pm–11pm Sun 5pm – 9pm  
Nonjudgmental after abortion text line support for people who have had abortions and their loved ones. Free & confidential  
*Spanish spoken? Y, Se habla espanol; Other languages available upon request: Cantonese, Mandarin, Vietnamese, Tagalog.*

### **Louisiana Abortion Fund**

[www.louisianaabortionfund.org](http://www.louisianaabortionfund.org) 844-442-2678  
Louisiana Abortion Fund (formerly New Orleans Abortion Fund) provides support to Louisianans seeking abortion care. Services may include abortion funding, practical support (travel support), and resource referral. Instructions for seeking support include calling their helpline and leaving a voicemail with your first name, phone number, and whether it is safe to call back & leave a

voicemail.

*Free; Spanish spoken? Maybe, Information for Spanish speaking individuals can be found on their website (Informacion en español se puede encontrar en el sitio web de NOAF. Su linea de telefono es 844-442-2678. Oprime 1 para nuestra Línea de Apoyo en Español)*

### **Miscarriage + Abortion Hotline**

mahotline.org 1-833-246-2632 (call or text)

Hours: 7 AM - 12 AM CST; 7 days a week.

Private, free, caring, and accurate information and support. For people experience miscarriage or abortion. Staffed by experienced healthcare professionals, the hotline offers expert advice on various aspects of miscarriage and abortion, ensuring individuals receive accurate information and compassionate support throughout their journey. They collect zero data that could identify a caller. They do not provide legal or medical advice and their support does not substitute for the representation of an attorney or the advice of a doctor. No attorney client relationship has been formed by reviewing their material.

*Spanish spoken? Y Other language support available on request through the help of a Language Line & through text message*

### **Midwest Access Coalition**

www.midwestaccesscoalition.com

847-750-6224 (Helpline for clients only)

MAC is a practical abortion fund. They do not provide financial assistance for abortion procedures—instead, they assist with the other costs and difficulties associated with getting an abortion. If you are traveling to, from or within the Midwest to access safe abortion services, they coordinate and fund lodging, transportation, and food and childcare support. Call or text their helpline above.

*Free; Spanish spoken? Y*

### **National Abortion Federation**

www.prochoice.org 1-800-772-9100

Hours Central Time: M-F 7 AM-6PM; Sat-Sun 7AM-3PM

The National Abortion Hotline is the largest national, toll-free, multi-lingual Hotline for abortion provider info and financial assistance in the U.S. and Canada. Provides accurate info, confidential consultation, and info on providers of quality abortion care, as well as case management services and limited financial assistance to help you afford the cost of your care and travel-related expenses. The helpline is often very busy – callers may have to wait several minutes or call multiple times to reach a case manager.

## **Shelters & Housing**

This section is in two parts: Short Term Shelters and Long Term Housing & Advocacy.

### **Short Term Shelters**

#### **Covenant House**

504-584-1111 [www.covenanthousenola.org](http://www.covenanthousenola.org)

611 N. Rampart St., New Orleans, 70112

Open 24 Hours; walk-in OK

Shelter for homeless youth 16-22. Education, case management, drop-in medical clinic, job readiness program, food and clothing in a structured environment, Rites of Passage program. Free to stay; sliding scale, Medicaid, Medicare, insurance accepted for health clinic (fees required for labs & tests)

Call for info or walk-in. *Spanish spoken? Not currently*

#### **Hagar's House for Women**

504-210-5064 [hagarshousenola.org](http://hagarshousenola.org) [hagarshouse@gmail.com](mailto:hagarshouse@gmail.com)

Intake hours (best time to call) M-F 9-5

Long term transitional housing for single women, children, transgender and gender non-conforming folks who are 18 or older, and women with children who are not using drugs, and not suffering from any serious mental illnesses. Programs include art & yoga, community gardening, and a working residents' savings program. Call to set up intake appointment. A waitlist is typical; preference to those with additional barriers (transgender, not English-speaking, etc.).

Free; Call to set up appt. *Spanish spoken? Y*

#### **New Orleans Low Barrier Shelter**

504-517-1815 1530 Gravier Street

24-hour intakes for individuals of all genders 18 years old or older. Accepts pets and provides storage locker. Guests must be in by 11pm. 3 meals a day for those staying overnight.

Communal setting. *Spanish spoken? N*

#### **New Orleans Mission**

504-638-5434 [www.neworleansmission.org](http://www.neworleansmission.org)

1130 Oretha Castle Haley Blvd., New Orleans, 70113

M-F 9-6 office hours; open 24/7

Overnight shelter for men & women. Intake/Check In from 3:30-

in New Orleans juvenile jail and prison, and supports families navigating this legal process for their youth.

### **Shelters for Victims Fleeing Violence**

These shelters are specifically for folks fleeing domestic or sexual violence and at unlisted locations. Call for intake—you will need to answer some questions about your situation for them to see if you qualify. If you experience discrimination in admission to any of these spaces, contact Louisiana Coalition Against Domestic Violence - LCADV.org to report. All shelters state they admit all genders and if they do not in practice, please let the LCADV know.

- Crescent House/A program of the NOFJC 504-866-9554
- Beyond the Veil (New Orleans) 504-259-4844
- Metro Centers for Community Advocacy (Jefferson) 24 Hour Crisis Hotline: 504-837-5400 Toll-Free: 1-800-411-1333
- Family Violence Program of Saint Bernard In Chalmette Crisis Line: (504) 277-3177
- The Haven (Houma) (985) 872-0757 Serving Terrebonne, Lafourche, and Assumption parishes
- Safe Harbor (Mandeville) 24-Hour Crisis Line: 985-626-5740 or 888-411-1333 St. Tammany & Washington Parishes
- Jeff Davis (Jennings) 337 616-8418 Toll free: 866-883-2232
- Oasis (Lake Charles) Sexual Assault Hotline 866-570-7273 Domestic Violence Hotline 1-888-411-1333

### **INCITE! Women of Color Against Violence**

incite.natl@gmail.com www.incite-national.org

INCITE! is a national activist organization of radical feminists of color advancing a movement to end violence against women of color in our communities through direct action, critical dialogue, and grassroots organizing. INCITE! works with groups of women of color and their communities to develop political projects that address the multiple forms of violence women of color experience in our lives, on our bodies, and in our communities. *Spanish spoken? Y, Se habla espanol*

*Free; Spanish spoken? Y Other language support available on request through the help of a Language Line*

### **Online Abortion Resource Squad (OARS)**

reddit.com/r/abortion www.abortionsquad.org Online forum, 24/7 The Online Abortion Resource Squad (OARS) runs the abortion subreddit. Their peer-based online counseling model helps ensure that in the enormous ocean of the internet, people have the information, support, and resources they need to access safe abortion care no matter where they live. People turn to Reddit when they have trouble locating resources, find themselves lost in a maze of (mis)information, or don't know whom to trust. Trained volunteers provide expert navigation and support services to the 90,000 individuals who visit r/abortion every month.

*Free; Spanish spoken? Y Other language support available*

### **Tampa Bay Abortion Fund**

www.tbafund.com 727-314-3956 info@tbafund.com

TBAF removes financial and logistical barriers to abortion access. They specifically assist pregnant Floridians and other Gulf Southerners (including Louisianans) seeking abortion at providers both in Florida (pending Florida legislation) and across other states. For quickest response, use the intake form found on their website. You can also call their intake line at 727-314-3956 and expect a response within 48 hours.

*Free; Spanish spoken? Y, Information for Spanish speakers can be found by leaving a voicemail on their helpline 727-314-3956 or emailing them at info@tbafund.com*

### **Family Planning, Advocacy & Education**

#### **Adolescent Health Clinic**

**(Children's Hospital Kids First Tiger Care Pediatric Clinic)**

(504) 299-9980 www.chnola.org/Pediatrics/KidsFirstTigerCARE

2633 Napoleon Ave. Suite 707, New Orleans, 70115

M-F 8-5

Primary care and consult services for adolescents up to age 21, including reproductive health services: STD screening, diagnosis, treatment and contraception; mother-baby clinic for young mothers and their children beginning with newborns.

Sliding Scale for uninsured (\$25-100), Medicaid, private insurance, no one turned away for inability to pay; Appts preferred

*Spanish spoken? Y, by appt.*

**Institute of Women & Ethnic Studies**

(504) 599-7712, (504) 599-7713 (fax), [www.iwesnola.org](http://www.iwesnola.org)  
2021 Lakeshore Dr. suite 220, New Orleans, 70122  
Public health organization in reproductive and sexual health  
(including HIV prevention) communication, education and  
advocacy for women and youth of color. The Collective Healing for  
the Community (CHC) program works with mental health. Check  
for existing programs on website, including Believe in Youth Nola  
(BY!NOLA), Teen Outreach Program® (TOP), Media Advocates for  
Prevention, and Community Engagement for School Based Health  
Centers. Free in-home HIV tests shipped to people 18+ in Orleans,  
Jefferson, St. Bernard and St. Tammany parishes - Contact  
[mdunham@iwesnola.org](mailto:mdunham@iwesnola.org) for more information. Serves all genders.  
Call or visit website for info *Spanish spoken? Y*

**Gulf South Plan B**

[gulfsouthplanb.com](http://gulfsouthplanb.com), [gulfsouthplanb@protonmail.com](mailto:gulfsouthplanb@protonmail.com)  
Instagram @gulfsouthplanb  
GSPB distributes free emergency contraception, pregnancy tests,  
condoms, and reproductive health information resources across  
Louisiana and the Gulf South (including Texas, Arkansas,  
Mississippi, Florida). Free mail-request emergency contraception  
by filling out their webform. Kits include two (2) doses of emergency  
contraception and other health supplies. Kits are mailed within two  
(2) weeks of request. Provides bulk emergency contraception to  
community groups across the Gulf South. Contact via webform or  
email for more information.  
Free  
*Spanish spoken? Y, Spanish language request form on website.*

**Plan B NOLA**

[www.planbnola.com](http://www.planbnola.com), text line: 504-264-3656  
A project of The Reproductive Justice Action Collective (ReJAC)  
offering free or by-donation emergency contraception (EC) in the  
greater New Orleans area. Info on their website about locations in  
the GNO area where people can access free EC. Text help line for  
the most up-to-date offerings.

**Planned Parenthood**

(504) 897-9200 [www.ppgulfcoast.org](http://www.ppgulfcoast.org)  
4636 S Claiborne Ave, Ste 100, New Orleans, 70125  
M-Th: 8:30 am – 4:30 pm, Fri: 9:30 am – 4:30 pm  
Comprehensive health services, including family planning, PAP  
smears, STI testing & treatment, pregnancy & HIV testing,  
prenatal health info, breast exams, UTI diagnosis & treatment,

moved up and seen more immediately.  
*Spanish spoken? Y, Se habla espanol*

**Project Save**

504-310-6872 701 Loyola, New Orleans, 70150  
Toll Free #: 1 (866) 891 2210  
Restraining Orders & Emergency legal representation for  
survivors of domestic violence in Orleans Parish.  
Free; *Spanish spoken? Y, also French, Vietnamese*

**Silence is Violence**

(504) 282-0607 [speakup@silenceisviolence.org](mailto:speakup@silenceisviolence.org)  
2000 Lakeshore Dr, New Orleans, LA 70148 M-F 9-5  
Hours: 9-5 M-F  
Advocacy and resources for survivors of violence of all crimes.  
For crime survivors families and friends, and violence  
prevention. Includes Victim Allies Project. Serves all genders.  
Free; Call or check website for info *Spanish spoken? N*

**STAR (Sexual Trauma Awareness & Response)**

Office: 504-407-0711 Hotline: 855-435-STAR [star.ngo](http://star.ngo)  
123 N. Genois Street, New Orleans, 70119  
Advocacy, counseling and legal services available to youth and  
adult survivors of sexual violence at no cost, intended to assist  
you at any stage of healing. Serves all genders.  
Interpretation available for multiple languages.  
Free; Call or check website for info

**Tulane Law School Domestic Violence Clinic**

504-865-5153. 6329 Freret St. Ste 130, New Orleans, 70118  
M-F 8:30-5  
Provides civil legal services to survivors of domestic violence.  
Must call in advance for a phone screening, no walk-ins. In  
order to engage with this legal clinic you cannot be currently  
represented by an attorney. No fees for eligible clients.

**Ubuntu Village**

504-345-8259  
[ubuntuvillagenola@gmail.com](mailto:ubuntuvillagenola@gmail.com) [ubuntuvillagenola.org](http://ubuntuvillagenola.org)  
2021 South Dupre St, New Orleans LA 70125  
M-F 8:30-5p.  
Family Advocacy in the Juvenile Courts. Ubuntu wants young  
people to know that they are part of a caring community and  
come from a rich cultural heritage. Provides an array of programs

term resources. Visitors can access the chat online through [lafasa.org](http://lafasa.org) or by texting 225-351-SAFE(7233).  
Speak with an advocate (English & Spanish):  
1-888-995-7273 24/7

Free; Call for more info *Spanish spoken? Y, on crisis line*

### **Louisiana Survivors for Reform / LSR**

[lrs@defendla.org](mailto:lrs@defendla.org) - [facebook.com/LouisianaSurvivorsforReform](https://facebook.com/LouisianaSurvivorsforReform)  
A program of the Promise of Justice Initiative:

[www.promiseofjustice.org/home/louisiana-survivors-for-reform/](http://www.promiseofjustice.org/home/louisiana-survivors-for-reform/)

For support groups: <https://linktr.ee/LSReform>

Coalition of crime survivors, homicide victims' family members, and community organizations creating change in Louisiana's criminal justice system through education, policy, & community.

### **Metropolitan Center for Women and Children**

504-837-5400 24 hr crisis line,  
statewide rape crisis 1-888-995-7273,  
LA state wide hotline 1-888-411-1333 (call goes directly to them)  
[www.mccagno.org](http://www.mccagno.org) Location confidential, Call 24 hours a day.  
Serves all parishes but located in Jefferson Parish.

Emergency shelter for survivors of domestic violence; provides legal advocacy, medical advocacy, services for victims of sexual assault; residential and nonresidential counseling for domestic violence, stalking, human trafficking or sexual assault.

Free; Call for more info *Spanish spoken? Y*

### **NOFJC (New Orleans Family Justice Center)**

504-592-4005, Fax 504-592-4009 [www.nofjc.org](http://www.nofjc.org)  
701 Loyola Ave, 2nd Fl., Ste 201, New Orleans, 70113  
M-F 8:30-5p.

Serves ALL parishes but is located in New Orleans.  
24 Hour Crisis Line for shelter/resources 504-866-9554  
Comprehensive free one-stop center for survivors of domestic violence, sexual assault, stalking, and their children. Shelter has private rooms/studios for survivors and their families actively fleeing violence. Services include: Trauma counseling and groups, wellness supports, temporary safe space/shelter, legal consult, restraining orders, custody, housing consult, case management, and social and health care services. Hospital medical advocacy for survivors, HOPE Clinic partners with the NOFJC to provide forensic exams and medical care to survivors who don't feel comfortable going to a hospital. Counseling often has a two month waitlist but if a person is in a lethal, dangerous position, can be

healthy pregnancy education, and free sexual health workshops available to the community. Medicaid (Take Charge), cash, credit, some insurance; Appt only. *Spanish spoken? Y*

### **Women With a Vision, Inc.**

504-302-8822, 504-301-0428, [www.wwav-no.org](http://www.wwav-no.org)  
2028 Oretha Castle Haley Blvd, New Orleans, LA 70113  
M-F 10-4

Health education and promotion agency specializing in reproductive health advocacy, prevention, harm reduction, outreach, community based research, and referrals.

Services include:

- 1- Culturally competent support and referrals for women and LGBTQ+ folks, especially those formerly or currently incarcerated and/or engaged in sex work
  - 2- Referrals to care and support for HIV Testing & Counseling
  - 3- Assistance with ACA, Medicaid, Take Charge, or La CHIP applications
  - 4- Assistance with Louisiana Department of Children and Family Services Applications: SNAP (Food stamps) and Childcare Assistance
  - 5- Assistance for African-American and LGBTQ women survivors of domestic violence, sexual assault, stalking, and dating violence to culturally specific services and referrals in the New Orleans metro area
  - 6- Weekly Harm Reduction for sex workers, injection drug users, and other people at risk for HIV infection; safer sex/needle hygiene material distribution
  - 7- Focus Groups, Small group sessions, Story Circles, community based grassroots organizing and advocacy.
- Topics covered include: Harm Reduction and Overdose Prevention, Domestic Violence Awareness, Birth Control, Family Planning, Sexually Transmitted Infections (STI's), HIV/AIDS, Breast and Cervical Cancer, Reproductive health and self-care, Women's rights to culturally appropriate care, human rights, economic empowerment, microenterprise, improving services for currently or formerly incarcerated women, women's (including Trans-identified) empowerment. Services for all genders.  
Free; Appt only. *Spanish spoken? Y, sometimes, call ahead*

### **Cancer Screenings & Prevention**

#### **LA Breast & Cervical Health Program in New Orleans at ILH**

1.888.599.1073 LSUHSC School of Public Health  
2020 Gravier St., 3rd Fl., New Orleans, 70112

M-F 8-4:30

Referrals for free breast exams, pelvic exams, PAP smears and mammograms to qualifying (uninsured & underinsured) women age 40-64. Sliding scale based on income; Appointment Only  
*Spanish spoken? Y, interpreter provided upon request*

### **For Transgender, Non Binary, & Gender Expansive People**

#### **BreakOUT!**

www.youthbreakout.org    instagram: youthbreakout  
Services on pause as of May 2024; check social media for updates  
Youth organizing, leadership development, healing justice programs for LGBTQ youth (ages 13-24) who are impacted by the juvenile and criminal justice system; Official intake site for the office of the independent police monitor; Resource referrals for LGBTQ youth, including GED program referrals and transgender-specific resources and support, including Trans Defense Fund.

#### **Brotherhood Incorporated**

504-566-7955 www.brotherhoodinc.org  
2714 Canal St. 304  
M-Th 9-4; F 9-1  
Advocacy program, PREP navigation.  
See listing in HIV/STI section for info on additional programs.  
Free *Spanish spoken? N*

#### **CrescentCare Gender Clinic**

504-821-2601 www.crescentcare.org/service/gender-services  
3308 Tulane Ave. and 1631 Elysian Fields Ave.  
Care for transgender and gender non-conforming patients, regardless of income, immigration, or insurance status. Offers access to primary care, gender affirming hormone therapy (informed consent model), referrals to gender affirming surgical care, name and gender marker change support, free chest binder exchange services, behavioral health care, resource list of external gender affirming BH providers, STI testing and treatment, and dental care. Appointment only. Sliding scale based on income  
*Spanish spoken? Y*

#### **Dr. Elizabeth Burke, PhD (she/her)**

Clinical Psychologist, Garden District Mental Health  
C: 201-892-4433  
*Extensive experience supporting trans identified patients*

#### **Community Mediation Services New Orleans / CMS NOLA**

(504) 222-2954 www.cmsnola.org  
CommunityMediationServicesNOLA@gmail.com  
CMS provides mediation and restorative justice services on a sliding scale for resolution of conflicts with family, neighbor, landlord-tenant, friends without going to court.  
Sliding scale available. *Spanish spoken? N*

#### **Crime Survivors NOLA**

www.crimesurvivorsnola.org  
crimesurvivorsnola@gmail.com linktr.ee/crimesurvivorsnola  
A group of survivors and advocates who share resources including the Crime Survivors Guidebook (free) for those who have survived violence in New Orleans. Includes explanations of the criminal legal process, how to file for crime victim reparations funds, etc.

#### **Family Violence Program of Saint Bernard**

St. Bernard Parish 24 Hour Crisis Line: 504-277-3177  
www.fvpsb.org  
Provides 24-hour crisis line, safety planning, emergency shelter (45+ days), transportation, legal/court advocacy, support groups, art therapy, children's services, case management, educational materials, speakers, community education, teen violence prevention, outreach programs.  
Free; Call ahead *Spanish spoken? N*

#### **Louisiana Foundation Against Sexual Assault**

225-372-8995 office, Fax 225-292-1986 www.lafasa.org  
Crisis Line: 888-372-8995 (English & Spanish)  
See below for additional communication options  
11832 New Castle Ave, Ste 9, Baton Rouge, 70816  
Info & referrals, training & research regarding sexual violence & services for survivors, families. Offers legal services and assistance, hotline and survivor services, accredits sexual assault centers, and offers assistance to seek justice for victims of campus sexual assault.  
Text an advocate: 225-351-7233 (7 days per week, Mon-Th 12-8pm & Fri-Sun 4pm-12am)  
LaFASA now has a text and chat Helpline, operating 12-8pm seven days a week that serves survivors of sexual harm, their loved ones, or anyone impacted by sexual harm in the state of Louisiana. This is a free, confidential service that provides short term emotional support, safety planning, and connection to long



Primary Care Center, Suite B; 504-962-6106; M-F 8-4:30  
Tobacco/smoking cessation program with cessation medication and group behavioral counseling. Free or low cost: contact Lucretia Young 504-702-5178 or lyoun2@lsuhsc.edu.  
Free or covered by Medicaid and other insurance, medication copays vary; *Spanish spoken? Y*

**Women With a Vision, Inc.**

504-301-0428, [www.wwav-no.org](http://www.wwav-no.org) 2028 Oretha Castle Haley Blvd, New Orleans, LA 70113  
M-Th 10-4, with some late evening & weekend outreach  
Black and Queer led health education and promotion agency specializing in reproductive health advocacy, sex worker rights, harm reduction outreach, community based research, case management and referrals. Safer sex, IDU kits and hygiene material distribution.  
Free; Appts taken, Walk-Ins welcome, All genders welcome  
*Spanish spoken? Sometimes, call ahead*

**Anti-Violence & Conflict Support**

**Children's Hospital's Audrey Hepburn CARE Center**

504-896-9237 [chnola.org/services/audrey-hepburn-care-center](http://chnola.org/services/audrey-hepburn-care-center)  
1101 Calhoun St., New Orleans  
Free treatment and medical forensic exams for minors in cases of sexual or physical abuse or neglect.  
Youth Emergency Psychiatric facility Free; *Spanish spoken? Y*

**Beyond Harm NOLA**

[www.beyondharmnola.org](http://www.beyondharmnola.org) instagram: [beyondharm](https://www.instagram.com/beyondharm)  
Beyond Harm envisions a world where all people are free from structural and intimate violence. Provides referrals for domestic violence intervention, sexual assault. Provides services or referrals for those seeking court mandated and unmandated groups for those who have caused harm.  
Sliding scale, *Spanish spoken? Y*

**Center for Restorative Approaches / CRA**

504-249-5274 [www.thecra.net](http://www.thecra.net) - Visit website for contact form  
Work with those affected by a conflict to develop collaborative solutions in the following settings: schools, organizations and businesses. Provides trainings throughout the year.  
*Spanish spoken? N*

**Louisiana Trans Advocates**

[info@latransadvocates.org](mailto:info@latransadvocates.org) [www.latransadvocates.org](http://www.latransadvocates.org)  
Strengthens and supports transgender and allied communities across the state through social support, education, empowerment, and advocacy to promote self-determination of gender identity and gender expression for everyone.

**nolaHYPE**

(504) 988-3883 [nolahype.org](http://nolahype.org)  
Ruth Fertel Tulane Total Health Clinic on Broad and Orleans is the clinic. The office for nolaHYPE is stationed on the ninth floor of 1440 Canal housed under Tulane Adolescent Med  
Sexual health treatment, prevention, gender affirming care, compensation for research studies, a community advisory board for Black trans or queer NOLA Youth 18-24, community organizing, events.  
Accepts walk ins to the Fertel Clinic *Spanish spoken? Y*

**QTCAP (Queer & Trans Community Action Project)**

Instagram: [@qtcap\\_nola](https://www.instagram.com/qtcap_nola)  
Trans-led group of activists in New Orleans organizing to resist rising transphobic and anti lgbtq+ rhetoric and policy in Louisiana. Our mission is to protest and campaign against politicians that target our communities and for policies that would increase our ability to live with dignity. Learn more, stay updated, or to get in touch via Instagram. Formerly known as Real Name Campaign, we can connect community members in New Orleans to legal name-change resources.

**QT Care House**

Instagram: [@qtcarehouse](https://www.instagram.com/qtcarehouse)  
An LGBTQ+ collective of holistic healers in New Orleans creating joyful, affirming, accessible care for our Queer and Trans community through events that offer free and sliding scale wellness services.

**Trans Income Project**

[www.transincomeproject.org](http://www.transincomeproject.org) [natalie@transincomeproject.org](mailto:natalie@transincomeproject.org)  
instagram: [trans\\_income\\_project](https://www.instagram.com/trans_income_project)  
Mutual aid by and for trans people in New Orleans, particularly those engaged in sex work. Visit website to apply for support.

**TIDAL New Orleans**

[Tidalnola.org](http://Tidalnola.org)  
Trans-led coalition of community members, healthcare

providers, students, and teachers in the Gulf South, united in our commitment to trans liberation through equitable healthcare. We train healthcare providers & organizations to offer accessible & affirming healthcare services grounded in cultural humility for transgender, gender expansive, and gender non-conforming communities (TGNC). We believe that TGNC folks are experts regarding their own needs and experiences and envision a future where healthcare organizations and providers consider TGNC health equity to be necessary, intersectional, community-led, systemic, and ongoing.

Our community values and agreements are regularly revisited.

Open TIDAL Community Meeting: 2 - 3 times a month on Wednesdays 6-7PM CT

- Open meetings where we discuss our projects, invite community feedback, and center trans joy and resilience
- For trans and gender expansive community members or cisgender accomplices

### **Trans Queer Youth NOLA**

Instagram: [transqueeryouth.nola](https://www.instagram.com/transqueeryouth.nola)

Youth-led project that provides free and accessible activities for trans and queer youth in the New Orleans region for ages 12-24. Events range from movie nights to gender-affirming makeup workshops and are all self-organized by youth.

### **Trans Lifeline**

877-565-8860 [www.translifeline.org](http://www.translifeline.org)

8 AM – 2 PM

Hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

### **Food Access**

This section has two parts: Meals & Food Pantries and Government Sponsored Food Programs.

For resources we may have missed, use

**Food Finder:** [whyhunger.org/find-food/](https://whyhunger.org/find-food/)

### **Meals & Food Pantries**

#### **Broadmoor Improvement Association**

504-249-5130 [wellness@broadmoorimprovement.com](mailto:wellness@broadmoorimprovement.com)  
[www.broadmoorimprovement.com](http://www.broadmoorimprovement.com)

Free; *Spanish spoken?* N

### **Suboxone (buprenorphine) providers that accept Medicaid (in addition to those already listed)**

- Avenues Recovery (504-608-5817) two locations: 5620 Read Blvd, 5th Floor, New Orleans, LA 70127 and 4933 Wabash St, Metairie, LA 70001
- Depaul Community Health Centers (fka Daughters of Charity) multiple locations St. Cecilia in Bywater, Carrollton, and Metairie 504-207-1070 or 504-207-3064
- Healthcare for the Homeless, 1530 Gravier St., 504-658-2785 (other locations in Algiers and Central City see Primary Care section for additional services)

Other providers listed online but call ahead to verify:

[www.samhsa.gov/medication-assisted-treatment/find-treatment/treatment-practitioner-locator](http://www.samhsa.gov/medication-assisted-treatment/find-treatment/treatment-practitioner-locator)

Cost: Medication copay (Medicaid: \$3-10/mo for month supply), psychiatry, counseling, and urine toxicology screening requirements vary by location.

### **Treatment Atlas**

800-597-2557 [treatmentATLAS.org](http://treatmentATLAS.org)

Answer a 13-question, anonymous assessment that will take around 10 minutes. ATLAS can help you compare treatment facilities to see which are providing high-quality addiction care described in the Shatterproof National Principles of Care.

ATLAS is managed by Shatterproof and RTI International and now serves 6 states, including Louisiana.

Cost of care and accepted forms of payment reported by each facility. *Spanish spoken?* N

### **Trystereo (New Orleans Harm Reduction Network)**

504 535-4766 (text, no calls) [trystereo.org](http://trystereo.org)

Mobile Hours: Any, by appointment. Weekly drop-in hours: 5:30-7 pm M at St Claude and Caffin and 3-4 pm T at Duncan Plaza (Gravier and Loyola)

Text hotline for after-hours mobile access to sterile smoking & injection equipment for people who use drugs, overdose prevention, fentanyl testing strips, and harm reduction trainings. No cost, donations appreciated. *Spanish spoken?* Y

### **University Medical Center**

504-962-6110; [umcno.org](http://umcno.org)

The Integrated Health Clinic at UMC offers an integrated team approach in treating opioid use disorders. 2003 Tulane Ave,

supply at [naloxoneexchange.com](http://naloxoneexchange.com) (low cost) or [nextdistro.org/louisiana](http://nextdistro.org/louisiana) (free)

### **Regional Recovery Hub through Start Corp.**

504-584-8756 504-949-0859 [startcorp.org](http://startcorp.org)  
701 Loyola Ave, Ste 106, New Orleans, LA 70113  
M-F 8-4:30

Peer recovery support services, recovery coaches, public education, prevention efforts, advocacy, mental health resources, job training and resume writing. Serves all genders. Free, walk-ins welcome

### **Responsibility House**

504-367-4426, 504-367-4234 (adult male residential treatment program) or 504-366-6217 (housing) [responsibilityhouse.org](http://responsibilityhouse.org)  
1799 Stumpf Blvd, Building 7, Suite 4, Terrytown, 70056  
4-5 week residential treatment program for adult men with substance abuse, co-occurring disorders or dual diagnosis. Outpatient program & supportive housing for men and women. Residential Treatment Program is free, Medicaid. Call to make an appt. *Spanish spoken? N*

### **River Oaks Hospital**

Call Center (24/7 support) 800-366-1740, 504-734-1740  
[www.riveroakshospital.com](http://www.riveroakshospital.com)  
1525 River Oaks Rd W, New Orleans, LA 70123  
River Oaks Hospital provides the following programs: Eating Disorders Treatment, Addictive Disorders/Dual Diagnosis Program, Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP) for the treatment of addictive disorders and dual diagnosis. Call 24/7 for non-cost assessments and admissions. Accepts most insurance and managed care plans, TRICARE, VA Benefits, Medicare, and Louisiana Medicaid  
*Spanish spoken? Y ask for interpreters for any language and the hard of hearing. Resources for low vision and blind patients.*

### **Smart Recovery**

[smartrecovery.org](http://smartrecovery.org)  
Check website for information on times and places for virtual and in-person meetings throughout GNO area. Each meeting has different phone and email contact. Mutual support meetings are free and open to anyone seeking science-based, self-empowered addiction recovery.

Food Pantry Mon 10-12 & Wed 1-3:30  
Food pantry at Broadmoor Community Church 2021 S Dupree. See Basic Needs section for info on additional services. Free; Call for appt. *Spanish spoken? Y, upon request*

### **Community Center of St. Bernard**

504-518-5968 [ccofstb.com](http://ccofstb.com) 7143 St. Claude Ave, Arabi  
Food bank Tues, Wed & Thurs 8AM - 12noon; First & Third Mondays of each month 8-2  
Welcoming to trans and nonbinary people. Free for low income residents of St. Bernard Parish; Walk in *Spanish spoken? Y*

### **Community Kitchen**

[kitchen@commiekitsch.org](mailto:kitchen@commiekitsch.org) Instagram: [communitykitchennola](https://www.instagram.com/communitykitchennola)  
Volunteers serving free meals and distributing fresh food in New Orleans. TUE hot food serving 3-4pm @ Duncan Plaza between City Hall & the Main Branch Public Library. Welcoming to trans & nonbinary people. Free; Walk in, call or check Instagram to check schedule *Spanish spoken? Sometimes*

### **Community Table at Bethlehem Lutheran Church**

1823 Washington Avenue [www.blcnola.org/communitytable](http://www.blcnola.org/communitytable)  
(504) 895-7050  
Lunch served for all people Mondays, Wednesdays, Thursdays at noon  
Free; walk-in

### **Crescent City Café**

[www.crescentcitycafe.com](http://www.crescentcitycafe.com) [info@crescentcitycafe.com](mailto:info@crescentcitycafe.com)  
3900 St. Charles Ave (Rayne Memorial UMC)  
1st & 3rd Saturday of each month, 8-9:30 AM  
Volunteer-run café serving no-cost meals two Saturday mornings each month. Free & pay what you can; Walk in *Spanish spoken? N*

### **Crescent City Farmers Market (Market Umbrella)**

[www.marketumbrella.org](http://www.marketumbrella.org)  
Instagram @crescentcityfarmersmkt 504-861-4485  
**Tuesday** Uptown Market | **8am - 12pm** @ Uptown Square, 200 Broadway St. at the River  
**Thursday** Mid-City Market | **3pm - 7pm** (Regular hours), **3pm - 6pm** (Winter hours from 11/7/24 to 3/6/25) @ Lafitte Greenway

*Plaza, 500 N. Norman C. Francis Parkway at the Bayou*  
**Sunday City Park Market | 8am - 12pm @ Tad Gormley Stadium, Marconi Drive & Navarre Ave**  
Fresh and local fruits, vegetables, prepared foods, and more.  
Double your SNAP & FMNP dollars through Market Match at all markets and partner locations found on our website.  
Food and community programs: Market Mommas Club, Marketeers Club, Meet Me at the Market.  
Markets are open to the public, rain or shine.  
*Spanish interpretation services for Market Mommas Club.*

### **Culture Aid NOLA Food Distro**

504-517-5059

Wednesdays, 6pm Our Lady Star of the Sea 1835 St. Roch  
Saturdays, 9am Corpus Christi Church 2022 St. Bernard  
Free food distribution twice weekly and volunteer opportunities as well! No reservation, ID or proof of income required, no questions asked. Pick up fresh food for your family!

### **Dragon Café at St. George Episcopal Church**

504-899-2811 4600 St. Charles Ave, New Orleans, 70115

Sun 8:30-9:30 AM

Breakfast served Sundays.

Free; Walk in *Spanish spoken? N*

### **Familias Unidas**

(504) 813-4022 [Leticia@FamiliasUnidasLA.org](mailto:Leticia@FamiliasUnidasLA.org)

Food distro program is currently at capacity; call before 8AM to check on availability. *Spanish spoken? Y*

### **Gretna United Methodist Church Food Bank**

504-366-6685 1309 Whitney Ave, Gretna, 70056

Second Harvest food bank (ID & proof of residency required);

Food M and Th 10-12pm

Free; Call or Walk in *Spanish spoken? Sometimes*

### **Hare Krishna Temple**

504-486-3583 2936 Esplanade Ave New Orleans

Free vegan meal every Sunday at 6:30pm

Walk-in, first come first serve

### **Hope House**

504 525 2561

916 Saint Andrew St., New Orleans (Irish Channel), 70130

- Short Term Adult Residential Treatment: 504-821-9211; approximately 28-day residential drug rehabilitation program
- Intensive Outpatient (IOP)/Long Term Housing: 504-821-9211; intensive outpatient program where residents live on-site for 3-6 months; must complete OHL short-term residential treatment before moving into IOP
- Sobering Center: 504-821-9211 ext. 7200; 732 N Claiborne Ave, New Orleans, LA 70116; Free service allowing overly intoxicated individuals to recover from immediate acute alcohol impairment; Sobering Center Outreach Van available to pick up and transport individuals to the Sobering Center at 504-439-5941
- OHMega: 504-258-4203; no cost three to six month program that provides outpatient treatment services to racial/ethnic minority men who are who are suffering from substance use and are at high risk for HIV or are living with HIV. Serves all genders. Detox and Residential free for uninsured, Medicaid (no private insurance).  
*Spanish spoken? Y, by appointment*

### **Oxford House**

1-800-689-6411; [www.oxfordhousela.org](http://www.oxfordhousela.org) [oxfordvacancies.com](http://oxfordvacancies.com)

Permanent housing at democratically run, self-supporting, drug and alcohol free homes. Rules may vary slightly among houses. Refer to website for locations of vacancies and contact info (specific to each house listing). Submit application and interview with residents for acceptance.

Cost of rent, utilities, and house supplies shared. Move-in fee ranging from \$150-250 (due upon acceptance into House). Weekly costs range from \$100 to \$125 per person.

*Spanish spoken? N*

### **Pharmacies in Orleans Parish that sell NALOXONE over the counter**

Naloxone is the drug used to reverse opioid overdose, no ID is required for purchase, the pharmacist can tell you how to administer it.

- Any CVS or Walgreens
- Crescent City Pharmacy 2240 Simon Bolivar, New Orleans, 70113; 504-267-4100
- Genoa Healthcare, 2221 Philip St, Ste Q, New Orleans, LA 70113; 504-571-9120 (free intranasal)  
\$20-100, \$3-5 with Medicaid. Get trained online and mailed

Medicaid, Medicare, some insurance, call for info; Appointment only

*Spanish spoken? Y, at some locations, call to confirm*

### **NADA NOLA**

nadaneworleans.weebly.com donoharm@riseup.net

NADA is a community based acupuncture protocol that treats anxiety, trauma, insomnia, and general stress, and supports substance use management.

Thursdays, 6:30-8:30 pm (arrive by 8) at 3401 St. Claude Ave (entrance on Desire St is wheelchair accessible)

Please wear a (K)N95 mask. Ear acupuncture by donation or free; Call, walk in or email for info

*Spanish spoken? Y, written materials in Spanish & English, some providers speak Spanish & English.*

### **Narcotics Anonymous**

504-899-6262 (New Orleans area helpline)

877-554-8308 (Northshore) [www.noana.org](http://www.noana.org) or [www.nsana.org](http://www.nsana.org)

Greater New Orleans area group meetings to deal with and end addiction to narcotics held seven days a week. Call either of the helplines or check website for current schedule of meetings held virtually (online/phone) and reopened in-person throughout GNO area. Option to speak with someone in recovery.

Free *Spanish spoken? Sometimes*

### **Ochsner Health**

[www.ochsner.org/recovery](http://www.ochsner.org/recovery)

Brent House Hotel, Ochsner Main Campus 1516 Jefferson Hwy M-F 9-3

Recovery Program 504-842-3999 (option 2) Provides intensive outpatient program (IOP) for alcohol and substance use disorders, family treatment, and aftercare services. 20-30 day program. Smoking Cessation 504-842-7490 Smoking cessation clinics free for LA and MS residents ages 18+

Serves all genders.

Most Insurance, Private Pay, Payment Plans, No Medicaid

Call for evaluation, no walk-ins *Spanish spoken? N*

### **Odyssey House Louisiana**

504-821-9211 [ohlclinic.org](http://ohlclinic.org) [info@ohlclinic.org](mailto:info@ohlclinic.org)

- Medically Supported Detox: 504-821-9211; 2700 S Broad 5-7 day inpatient detox treatment; admissions M-F 8 am-2 pm; admissions based on bed availability

MWF 9-1PM, TR 9-4PM

Groceries for residents of 70130 zip code; See listing under Basic Needs for additional programs.

Free, requires proof of residence, proof of income, picture ID

*Spanish spoken? N*

### **Lantern Light at Rebuild Center**

(504) 273-5577 [www.lanternlight.org](http://www.lanternlight.org)

1803 Gravier St., New Orleans, 70112

M-F 8 -2:30

Lunch served M-F 1-1:30PM; Food bank 1st & 3rd Fridays of the month, 9:30-10:30AM (call for eligibility). See Basic Needs section for info on additional programs.

Free; Walk-in for lunch. Food bank requires state ID, copy of lease, and proof of income *Spanish spoken? N*

### **Lower 9 Food Pantry**

[lowernine.org](http://lowernine.org) 504.278.1240 1739 Jourdan Avenue

Open weekly on Saturdays from 10-2. Serves people by first letter of last name: A-F 10-11; G-L 11-12; M-S 12-1; T-Z 1-2.

Call with any questions, or for info on SNAP benefits registration support.

### **Northshore Food Bank**

985-893-3003 x. 102 [www.northshorefoodbank.org](http://www.northshorefoodbank.org)

840 N Columbia St., Covington, LA 70433

M, T, Th 9-12pm

Food bank with referrals for other services

Food Distribution M, T, Th 9-11AM.

Registration M, T, Th 9-10AM.

Free; Requires photo ID, proof of residence, SS card, and proof of income for all household members *Spanish spoken? N*

### **New Orleans Community Fridges**

[www.nolacommunityfridges.org/locations](http://www.nolacommunityfridges.org/locations)

Free food and meals in fridges in several locations across the city, available 24/7. Current locations as of May 2024:

1522 Villere

3908 Joliet St. @ Trinity Community Center

1206 Touro St.

2528 Lapeyrouse St.

300 Wagner St. (Algiers)

401 Sala Ave. (Westwego)

1014 N. Miro St.

1801 Alvar St.

1924 Jackson Ave.

1609 Delery St.

1941 Marigny St. (at Johnson)

3016 St, Philip St.

8717 Hickory St.

2120 Port St.

9000 Oleander St.

**Open Table at Mt. Zion Methodist Church**

2700 Louisiana Ave., New Orleans, 70119

Tuesday 3 PM

Hot meal served during Good Samaritan Program

Free; Walk in *Spanish spoken? N*

**Rayne Memorial UMC Second Harvest Food Pantry**

<http://facebook.com/Raynenola.org>

3900 Saint Charles Avenue

(Food pantry is located across from 2925 Pitt Street)

Food Pantry Tue: 10am-12-noon Thu: 3pm-5pm

**St. Thomas House of Hospitality**

504-457-8062 [www.nolacatholicworker.org](http://www.nolacatholicworker.org) [nocw@yahoo.com](mailto:nocw@yahoo.com)

Dinner, movie and internet access at Hope House, located at 917

St Andrews, Tuesday evenings at 6 PM, delivering hot meal to

60+ folks on Tuesday evenings, currently AT CAPACITY.

Free; Call to inquire *Spanish spoken? N*

**St. Peter Claver Church**

504-822-8059

Direct assistance & Food Pantry T & Th 10-2 at

*Spanish spoken? Y*

**Jefferson Parish Human Services Authority**

504-846-6901; [www.jpghsa.org](http://www.jpghsa.org) 504-832-5132 mobile crisis team

Provide substance abuse and gambling prevention services,

problem gambling treatment, outpatient and

residential substance abuse services, and medication disposal

drop boxes

See Mental Health section for additional services

Locations:

- East Jefferson Health Center: 3616 S. I-10 Service Road W, Suite 100, Metairie, LA 70001

- West Jefferson Health Center: 5001 West Bank Expressway, Suite 100, Marrero, LA 70072

Sliding scale, Medicaid, Medicare, some private insurance.

*Spanish spoken? Interpretive services available upon request*

**The Louisiana Tobacco Quitline**

1-800-784-8669; [www.quitwithusla.org](http://www.quitwithusla.org) 24/7

Call line that provides smoking cessation counseling and

referrals to other services in Louisiana.

*Spanish spoken? Y, Se habla espanol, other languages through language line*

**Metropolitan Human Services District**

504-568-3130; Help is available 24/7, [www.mhsdla.org](http://www.mhsdla.org)

Office hours M-F 8-4:30

Intensive Outpatient (IOP) Programs, Suboxone and medication assisted treatment (MAT), addiction services for youth, treatment for gambling problems

6 Clinic Locations:

- Algiers Behavioral Health Center: 3100 Gen. DeGaulle Dr, New Orleans, LA 70114
- Central City Behavioral Health & Access Center: 2221 Phillip St., New Orleans, LA 70113
- Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave, New Orleans, LA 70117
- New Orleans East Behavioral Health Center: 5630 Read Blvd., 2nd Floor, New Orleans, LA 70127
- St. Bernard Behavioral Health Center: 6624 St. Claude Ave, Arabi, LA 70032
- Plaquemines Community C.A.R.E. Center: 115 Keating Dr, Belle Chasse, LA 70337

materials; authorized syringe disposal, overdose prevention education; Naloxone distribution; medication-assisted treatment referrals; bulk exchange every Wednesday: 12-4 pm matching bulk disposals of 300-500 syringes

Recovery Works Intensive Outpatient Program (call number above and ask for Sharon Normand) talk therapy, education, medication-assisted treatment, art, music, yoga, social support, community education, trauma resolution  
Primary care offered including Suboxone (Buprenorphine), counseling, and dental services. (See Primary Care and Dental/Eye Care for more info)

Free *Spanish spoken? Y, 504-207-2273 marque 2*

**DePaul Community Health Centers (Daughters of Charity)**  
504-207-3060

Free help to quit smoking including prescriptions and over-the-counter medications, support services, and visits with a physician or nurse practitioner; available at St. Cecilia's (Bywater), New Orleans East, and Metairie locations

Outpatient Medication Assisted Treatment for Opioid Addiction available at St. Cecilia (Bywater) and Metairie locations (See listing in Primary Care for other services)

Accept Medicaid, Medicare, private insurance, and offer sliding scale for uninsured *Spanish spoken? Si medicos, no terapias. Llame 504-207-3060 y marque 9*

**Gateway Foundation**

(504) 368-9935 4103 Lac Couture Dr, Harvey, LA 70058  
Provide intensive outpatient (IOP) treatment for male veterans or active military or civilian males who have Medicaid health insurance.

Accept Medicaid or VA coverage *Spanish spoken? No*

**Grace House**

504-821-7120 ext. 1300 [www.gracehouse.org](http://www.gracehouse.org)

6321 Stratford Place, New Orleans, 70131

Call ahead to schedule an intake

Long-term residential substance abuse treatment programs for females only (**not welcoming to trans or nonbinary people**).

Substance abuse treatment, mental health referrals, assistance with housing, job-seeking, healthcare.

Call for interview. Residential program. Need to make appt with Intake Coordinator. No outpatient services.

Accept anyone regardless of their ability to pay

Sankofa Center, 1839 St. Philip  
Free with ID and proof of address; Walk in  
*Spanish spoken? Sometimes*

**Sankofa Lower 9 Food Pantry**

[sankofanola.org/fresh-food-pantry/](http://sankofanola.org/fresh-food-pantry/) 504-872-9214

5200 Dauphine St, New Orleans

Monday and Weds 9am-12pm

Food pantry & grocery boxes

Free for residents of Orleans Parish; Complete application (in-person, online or by phone) to determine eligibility.

Requires name, address, household size, and income info.

Requires date of birth for senior commodity box.

*Spanish spoken? N, application available in Spanish*

**Southern Solidarity**

[southernsolidarity@gmail.com](mailto:southernsolidarity@gmail.com) [southernsolidarity.org](http://southernsolidarity.org)

Meal distribution every day between the hours of 5-8PM, downtown along Decatur, Canal and Calliope

Free; Walk in *Spanish spoken? N*

**Government Sponsored Food Programs**

**Food Stamp Program (SNAP)**

1-888-LAHELPU (1-888-524-3578) [www.dcfs.la.gov](http://www.dcfs.la.gov)

Call for info on LA Food Stamps. Free; *Spanish spoken? Y*

**WIC - Women Infants & Children Nutritional Program**

1-800-251-2229, LA Office 225-342-7893

[www.wic.dhh.louisiana.gov](http://www.wic.dhh.louisiana.gov)

WIC supplies supplemental nutritious foods, nutrition education and counseling at WIC clinics, and screening and referrals to other health, welfare and social services, for pregnant women, from the beginning of pregnancy until up to 6 months after the baby is born or one year after the baby is born in women who are breastfeeding, and children up to the age of 5 years old. Orleans and Jefferson Parish WIC centers listed below. For updated info, call the City of New Orleans Health Department at (504) 658-2500 or 1 (888) 524-3578.

*Spanish spoken? Y, language line has several languages*

**Orleans Parish WIC Clinic- Central City**

(504) 658-2895

2222 Simon Bolivar Ave., 2nd Fl. (in Central City Health Clinic building, Edna Pilsbury Clinic), New Orleans, 70113

M-F 8-12, 1-4

Free; Call for appt. *Spanish spoken? Y, Se habla espanol*

**Jefferson Parish Health Unit WIC Clinic - Marrero**

504-349-8802 1855 Ames Blvd., Marrero

W, Th, F 8-4:30

Free; Appt. only *Spanish spoken? N*

**Jefferson Parish Health Unit WIC Clinic - Metairie**

504-838-5100

111 N Causeway Blvd, Metairie

M, T, Th, F 8-12, 1-4:30

Free; Appt. only *Spanish spoken? N*

**Basic Needs Assistance**

**Broadmoor Improvement Association**

504-249-5130 wellness@broadmoorimprovement.com

www.broadmoorimprovement.com

3900 General Taylor, New Orleans (Broadmoor)

Office hours M-Sat 9-5, Food Pantry Mon 10-12 & Wed 1-3

Wellness Center M-Th 9am-9pm Fri 12pm-9pm Sat 9am-2

Social services, health and wellness programs, counseling

services on sliding scale, SNAP assistance and food pantry.

Food pantry Wed 1 - 3 PM at 2021 S. Dupre. Food pantry is open to undocumented immigrants.

Free; Call for appt. *Spanish spoken? Y, upon request*

**Catholic Charities Archdiocese of New Orleans**

504-523-3755 www.ccano.org facebook.com/

cathcharitiesNO

1000 Howard Avenue, Suite 200, New Orleans, LA 70113

Umbrella agency of diverse programs and ministries

delivering health and human services to the poor and

vulnerable. Call or visit online for more info.

*Spanish spoken? Y, through Immigration and Refugee*

*Services 504-310-6875*

**Community Resource & Referral Center**

504- 658-2944 1530 Gravier St., New Orleans, LA

M-F 7:30-4

Multi-agency day-center with many service providers & services, including showers, restrooms, laundry, bus fare assistance, Traveler's Aid, Homeless Veterans Program, Pro

**Below Sea Level Aid**

Instagram: belowsealevelaid

Community run harm reduction group by and for folks in New Orleans. Provides harm reduction supplies, outreach, overdose prevention education, and case management services.

**Bridge House**

504-821-7120; www.bridgehouse.org

4150 Earhart Blvd., New Orleans, 70125

Call ahead to schedule an intake

Long term residential substance abuse treatment center for males (including trans and nonbinary) including individual and group counseling (see Grace House for females). Addiction and relapse services for unaccompanied adults, includes vocational training, resume training, job search assistance. No outpatient services

Accepts anyone regardless of their ability to pay

*Spanish spoken? Y*

**CADA Prevention and Recovery Center**

504-821-2232; cadagno.org; admin@cadagno.org

2601 Tulane Ave, Suite 945, New Orleans, LA 70119

M-TH 8:30-4:30, F 8:30-2:30

Provides prevention, treatment, and recovery support services including DWI/Driver Improvement classes every other month, HIV testing, STI testing, support groups, case management, counseling, anger management classes, domestic violence classes, and assessments. Serves all genders.

Accepts most insurance plans including Medicaid

*Spanish spoken? N*

**Community Care Solutions**

504-309-9991 www.ccsno.org

200 South Broad St., Suite 7, New Orleans, LA 70119

Outpatient behavioral health, counseling, and medication management

Only accepting these Medicaid plans: Healthy Blue, United Healthcare, Aetna, Louisiana Healthcare Connection

**CrescentCare**

504-821-2601 crescentcare.org/service/harm-reduction-services

1631 Elysian Fields Ave., New Orleans, LA

New Orleans Syringe Access Program (NOSAP) Wednesday:

12-4 pm; Friday: 12-5 pm; safe, sterile syringes; safe injection



or program that is available at that time.  
*Spanish spoken? Y, Se habla espanol, additional languages via language line*

### **WalMart \$4 Formulary**

www.walmart.com  
Wal-Mart pharmacies offer \$4 per 30 day/\$10 for 90 day supply for certain medications. Go to a location in person or see website for complete medication listings and information.

### **Substance Use, Harm Reduction & Addiction Services**

#### **Alchemy Addiction Recovery**

www.alchemycanhelpp.com  
2321 N Hullen St., Ste B, Metairie, 70001 (504-941-7580)  
115 Christian Lane, Slidell, LA 70458 (985-690-6622)  
7701 Arabi, LA 70032 (504-682-9550)  
M-T 9-5 Administrative hours  
Outpatient programs for addiction recovery including detox services and counseling.  
Daytime and evening treatment offered.  
Private Insurance, weekly financial agreements, Grant program, Medicaid; Walk-in or Appt *Spanish spoken? Y*

#### **Alcoholics Anonymous**

504-838-3399; www.aaneworleans.org  
Call or check website for information on times and places for daily, free meetings throughout GNO area.  
*Spanish spoken? Y, call 504-516-1090, Se habla espanol*

#### **Behavioral Health Group (BHG)**

504-524-7205 (Eastbank), 504-347-1120 (West Bank)  
www.bhgrecovey.com  
Eastbank:  
2235 Poydras St. Suite B, New Orleans 70112 M-Sat 5am-1:30pm  
Westbank: 1141 Whitney Avenue, Building 4, Gretna 70056, M-F 4:45am-1pm, Sat 5am-9am  
Methadone (dispensing), buprenorphine, and counseling. Offers detox from methadone for existing patients. Serves all genders. Private Pay, Payment Plans (Eastbank only), Some insurance, Medicare, Medicaid; Call for evaluation, walk-ins OK *Spanish spoken? N*

Bono Project, Volunteers of America.  
Free for people experiencing homelessness; Walk in  
*Spanish spoken? N*

#### **Harry Thompson Center at Rebuild Center**

504-273-5547, www.harrythompsoncenter.org  
1803 Gravier, behind St. Joseph's, and 1530 Gravier  
M-F 7:30 -2:30  
Showers: M-F 7:45a-12:30pm; Laundry: M, Tu, W, F 7:30am-10:30am, last pickup at 2:30pm; Phone room daily 8AM-12:30PM and 1:15-2:30; Restroom facilities daily; Legal Aid: M & W 8-9 AM; Notary Services: T, W, Th 12:30 PM; Medical Services coordinated TWF 10-1 (for the homeless only; first come, first served; not a clinic); Hygiene kits distributed daily at 8AM (one/week; 30 distributed daily).  
Free; Walk-in OK *Spanish spoken? N*

#### **Hope House**

504-525-2561 fax 504-525-0011  
916 Saint Andrew St., New Orleans (Irish Channel), 70130  
Hours: M-Th 9-4, F 9-1pm  
*Adult Learning Center availability: M-F 9am-1pm, Tu & Wed 5:30pm-7:30pm*  
Food, rent and utility assistance (direct aid program for residents of 70130 only);  
Coffeehouse MWF 9-11:45 AM: Free coffee and pastries; Newspapers, magazines and books; Computers and internet access. Literacy, GED, computer training, career development; ACT, SAT preparation; After-school youth program: Recreation, field trips, homework help, Tulane University volunteers. Visits with people at Orleans and Angola prisons. Masks preferred.  
Free; Call for more info *Spanish spoken? N*

#### **JeffCAP (Jefferson Community Action Programs) Community Centers**

504-736-6900 www.jeffparish.net/departments/jeffcap  
TDD 800-947-5277  
1221 Elmwood Park Blvd., Suite 402, Jefferson, 70123  
M-F 8:30-4:30  
Centers assist residents of Jefferson Parish with: emergency food assistance, housing counseling, low income rent/mortgage & utility assistance, and first time homebuyer training. Must meet eligibility & income requirements, and provide proof of income & ID. Call or check website for list of locations.

Free if qualified. Call for appointment or walk-in  
*Spanish spoken? Y, Se habla espanol, call ahead*

**Lantern Light at Rebuild Center (CCANO program)**

504-273-5573 [www.lanternlight.org](http://www.lanternlight.org)  
1803 Gravier St., New Orleans, 70112  
M-F 8 -2:30

Many services for homeless people, including: Lunch served 1 PM M-F; Prescription Assistance Daily 1:30; Food bank for area residents 1<sup>st</sup> & 3<sup>rd</sup> Fridays 9:30-10:30 AM (must bring state ID, Proof of income and copy of lease); Mail, ID assistance, birth certificate assistance. Call for info on additional services.  
Free; Walk-in or appointment *Spanish spoken? N*

**St. Luke Community Center Good Samaritan Ministry**

985-641-6421 [www.saintlukeslidell.org/goodsams](http://www.saintlukeslidell.org/goodsams)  
910 Cross Gates Blvd., Slidell, LA 70461  
M-Th 12:30-3:30, T-F 9:30-3:30, F 1-3:30  
Serves zip codes 70122, 70126, 70127, 70148. Case management, food, diapers, and referrals for Slidell residents. Financial aid by appointment. medications, job assistance, housing and utilities assistance.  
Free; Walk-in or appt. *Spanish spoken? Y*

**St. Peter Claver Church**

504-822-8059, food pantry 504-827-0707  
1910 Ursulines Ave., New Orleans, 70116  
M-F 9-5 office hours  
Direct assistance & Food Pantry available to residents with boundaries of Claiborne to Broad, Ursulines to Esplanade. Food Pantry T & Th 10-2 at Sankofa Center, 1839 St. Philip  
Free; Walk in *Spanish spoken? N*

**Sojourner Truth Neighborhood Center**

504-827-9963 [www.facebook.com/SojournerTruthNOLA](http://www.facebook.com/SojournerTruthNOLA)  
2200 Lafitte, New Orleans, 70119  
Asset/strengths-based approach to service delivery and client/resident engagement and learning organization model for organizational structure, with programs for all ages.  
Center membership is free & encouraged.  
Free; Call ahead to confirm services *Spanish spoken? N*

**Total Community Action**

504-324-8609 [www.tca-nola.org](http://www.tca-nola.org)  
1420 South Norman C Francis Pkwy, New Orleans, 70125  
M-F 8:3-5:30  
Connects people in Orleans Parish to many assistance programs, including: Utilities, weatherization, counseling, food pantries, employment, tax assistance, homeless prevention, summer youth programs.  
Free; Call for appt. *Spanish spoken? Y, Se habla espanol*

**Prescription Assistance**

**Lantern Light (at Rebuild Center)**

504-273-5573 1803 Gravier St. (behind St. Joseph's Church)  
Prescription assistance Tues & Fri 10-10:30 AM; see listing in Basic Needs Assistance for other services.  
Free for homeless *Spanish spoken? N*

**Louisiana Answers Aging & Disability Resource Center**

504-827-7843, 888-922-8522  
2475 Canal St., Ste 400, New Orleans, 70119  
M-F 8-4  
Prescription assistance for people aged 21+. Must have basic contact info available; see listing in Disability Access & Justice for other services. *Spanish spoken? N*

**Needy Meds Program**

[www.needy meds.org](http://www.needy meds.org) 800-503-6897  
Free discount card to be used at over 70,000 pharmacies nationwide. No income guidelines, registration needed or expiration for the card. Good for prescription drugs, over-the-counter medicines & medical supplies if written on a prescription pad by a doctor. It is also good for pet prescriptions that you have to pick up at a pharmacy.  
Look online at [www.needy meds.org](http://www.needy meds.org) to find a list of participating pharmacies. Free *Spanish spoken? Y*

**Medicine Assistance Tool**

571-350-8643 [www.medicineassistancetool.org](http://www.medicineassistancetool.org)  
M-F 9-5 EST  
Online search engine for financial assistance programs available through various biopharmaceutical programs for those who are uninsured or without coverage for medications. No cost for service; level of assistance based on medicine and/