

**JULY 2025**



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**This resource guide is for YOU**  
**Produced by Imagine Water Works**  
This guide is available for download  
on the following websites:

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)  
[www.antigravitymagazine.com](http://www.antigravitymagazine.com)

Contact us with questions, additions, requests,  
and offers to volunteer or collaborate:  
Coleen Murphy, coordinating organizer  
at [NOLAresourceguide@gmail.com](mailto:NOLAresourceguide@gmail.com)

*Access the guide as a pdf*

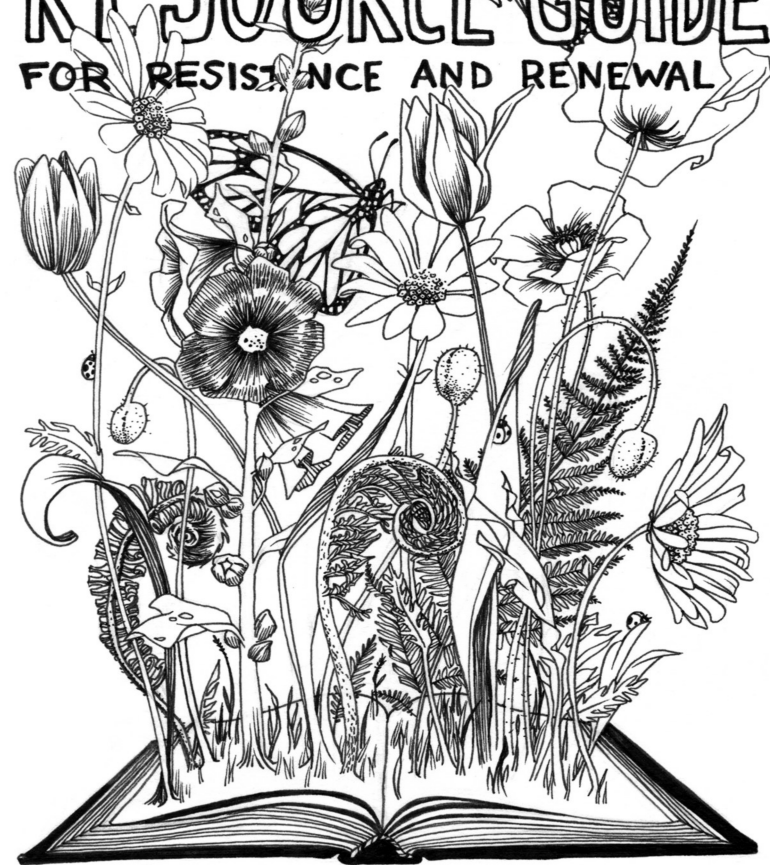


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# NEW ORLEANS COMMUNITY RESOURCE GUIDE

FOR RESISTANCE AND RENEWAL



**July 2025**

## **Welcome!**

This community resource guide has been compiled with the intention of increasing public access to services that are free or low-cost in the Greater New Orleans (GNO) area. Most listings are for services located in Orleans & Jefferson parishes, although select state and nationwide services have also been included.

Listed resources were contacted by phone and asked to verify the information listed. Organizations were specifically and intentionally asked about funding options for uninsured patients, the availability of Spanish translation services, and their ability to provide services for transgender and non-binary patients. Available transgender and non-binary services have been incorporated throughout and can also be found in a dedicated section of this guide.

This guide is a 2025 update based on information compiled for the REACH NOLA/Common Ground Health Clinic Community Resource Guide from 2006-14, and working directly from the 2024 edition, which sourced information compiled by volunteers at the Center for Ethical Living & Social Justice Renewal, as well as the Transgender and Gender Non-Conforming NOLA Resource Guide produced by Dr. Jennifer Glick and Dr. Robin Ivester.

This edition has been produced in partnership with Imagine Water Works as a public service by volunteer community members and is available free of charge to all people.

This guide is available for download on the following websites:

[www.imaginewaterworks.org](http://www.imaginewaterworks.org) [www.antigravitymagazine.com](http://www.antigravitymagazine.com)

Contact us with questions, additions, requests, & offers to collaborate:

Coleen Murphy, coordinating organizer, at

[NOLAresourceguide@gmail.com](mailto:NOLAresourceguide@gmail.com)

Not finding what you need? Try [www.findhelp.org](http://www.findhelp.org)

## **Acknowledgements**

Many people made this edition of the resource guide possible!

Thanks to the entire Imagine Water Works team for partnering on this project, to Antigravity and Imagine Water Works for digital distro, and to many New Orleanians committed to community care and harm reduction, including but not limited to: Klie Kliebert, Ruth Idakula, Ben Collongues, Elizabeth Gelvin, Marianne Cufone, Sarah Watson, Angelique Thomas, everyone who came out to our volunteer call-a-thons, and even more lovely folks who wish to remain anonymous, and probably you.

Finally, love and appreciation to Harriet Burbeck for the cover art.

Beauty matters!

## **Hotlines**

**Suicide Prevention Lifeline 800-273-8255**

**Trans Lifeline 877-565-8860**

**Metro Crisis Response for  
Mental Health or Substance Abuse**

**504-826-2675**

**Jefferson Parish Behavioral Health Mobile Crisis Line  
504-832-5123**

**LA Sexual Assault Crisis Line 888-995-7273**

**Family Justice Center Domestic Violence Crisis Line  
504-866-9554**

**Addiction Helpline 877-947-5900**

**Narcotics Anonymous 504-899-6262**

**Freedom for Immigrants Family Support 209-757-3733**

**211 Counseling & Resources in the GNO area**

**SBP**

504-460-2316 504-277-6831 www.sbpusa.org

2645 Toulouse St.

M-F 8-5

Rebuilding work includes: exterior work, framing repair, rough and finish electric, plumbing, insulation and drywall, interior texturing and painting, flooring and cabinets, interior doors, baseboards and trim work. Also sells homes to low to moderate income folks. Free or sliding scale; Call or walk-in

*Spanish spoken? N, but will arrange for interpreters*

**About Using This Guide**

Most agencies that state they have a sliding scale require proof of income (check stubs, W2 forms, letter from the person supporting you and their check stub, etc.). Usually they will require an ID and/or a utility bill to verify your address.

If you have a question about costs, services or eligibility, call ahead.

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## **Primary Care Clinics**

### **504 Health Net**

504-507-9112 [healthyhospitality.com](http://healthyhospitality.com) [504healthnet.org](http://504healthnet.org)  
Directory of primary care clinics in GNO  
Call or text to reach a Community Health Worker to assist with navigating the system.

### **Access Health Louisiana Primary Care Clinics**

866-530-6111 Patient line, all locations [accesshealthla.org](http://accesshealthla.org)

### **Access Health Belle Chasse Community Health Center**

504-398-1100 8200 Highway 23, Belle Chasse, 70037  
M-Th 8-4:30, F 8-12  
Adult & Pediatric Primary Care, Health Education, Pharmacy Assistance, enrollment in Medicaid. Appointment only Telehealth appointments available for established patients.. Welcoming to trans & non-binary people. Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 min.)  
*Spanish spoken? Y, also Arabic (via language line)*

### **Access Health Primary Care at Pythian**

504-226-2976 234 Loyola Ave Suite 300B New Orleans 70112  
M-Th 8-4:30, F 8-12  
Adult Primary care, HIV/STI/Infectious Disease, enrollment in Medicaid. Appointment only. Telehealth appointments available including for Covid-19 screening.  
Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 min.)  
*Spanish spoken? Y, via language line*

### **Access Health St. Bernard Community Health Center**

504-281-2800 8050 W. Judge Perez Dr., Ste 1300, Chalmette, 70043  
M-Th 8-7; Limited staff F 8-2; Sat 8-2  
Adult & Pediatric Primary Care, Family Planning, PAP exams, referrals for Podiatry, Nutritional Counseling, Health Education, Pharmacy Assistance, Pediatric Services, enrollment in Medicaid. Telehealth appointments available  
Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 min.)  
*Spanish spoken? Y, via language line*

hurricane relief programs and distributions. If not on social media, text or email to join the Network offline and before a storm hits. Led by trans, non-binary, and two-spirit people.  
*Spanish spoken? Y. ASL interpreter available.*

### **GNO Caring Collective**

Instagram: @GNOCARINGCOLLECTIVE  
5523 St. Claude (Lower 9th)  
Event space and resource hub including Fred Hampton Free Store Mon & Thu 4-7:30pm  
Tarps, tools, mold remediation, camping supplies, etc. Basic household goods, clothing, linens, books, furniture, emergency contraceptives, sometimes food & toiletries & personal care. See listing in Community Support & Education for additional services.

## **Rebuilding**

### **Lower 9<sup>th</sup> Center for Sustainable Engagement & Development**

504-324-9955 504-931-6190 to volunteer  
[www.sustainthenine.org](http://www.sustainthenine.org)  
5227 Chartres St., New Orleans, 70117  
Assistance for Lower 9th Ward residents with fresh food, volunteer home restoration, radiant barrier installation, neighborhood beautification. Will provide referrals for food distribution and other community needs. Fee for materials; Walk-in or call for information *Spanish spoken? N*

### **Preservation Resource Center**

504-581-7032 [prcno.org/](http://prcno.org/)  
Construction grants to assist low-to-moderate income homeowners with minor exterior repairs to their homes. Offers resources regarding permits, research, and advocacy.

### **Rebuilding Together**

504-264-1815 [www.rtno.org](http://www.rtno.org) 2801 Marais Street  
Volunteer & contract labor for home rebuilding. Must be low income, in Orleans Parish, and either 60+yrs, disabled, veteran, single guardian with custody of minors or a first responder to qualify. Salvaged materials available at their low-cost warehouse.  
Free; Call for info *Spanish spoken? Y, Se habla espanol*

preparedness guide, hurricane prep checklist, and waterproof folder checklists in English and Spanish; storm guide and zine for queer and trans individuals. Pop up supply distros. See listings in Community Support & Education and Relief & Recovery for additional services.

Led by trans, nonbinary, and two-spirit people.

*Spanish spoken? Y. ASL interpreter available.*

### **City of New Orleans “NOLA Ready”**

Ready.nola.gov all social media @NOLAReady

Website and social media channels have information in English, Spanish, and Vietnamese on how to prepare for a storm, shelter in place, evacuate, and return home. Text NOLAREADY to 77295 to sign up for emergency alerts.

### **Emergency Legal Responders**

504-708-4808 [www.emergencylegalresponders.org](http://www.emergencylegalresponders.org)

[admin@emergencylegalresponders.org](mailto:admin@emergencylegalresponders.org)

Instagram and Facebook: @emergencylegalresponders

X: @ELResponders

Shares clear, rights-based legal information to help prepare for and recover from disasters. *Spanish spoken? N*

### **For local real time information and updates:**

Call 3-1-1 and 2-1-1

Check @ImagineWaterWorks and @NOLAReady on social media.

### **Weather Updates:**

National Hurricane Center [www.nhc.noaa.gov](http://www.nhc.noaa.gov)

Trusted local meteorologists (Margaret Orr has retired but still livetweets storms)

### **Relief and Recovery**

#### **Mutual Aid Response Network via Imagine Water Works**

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)

Instagram and Facebook @imaginewaterworks

Email: [info@imaginewaterworks.org](mailto:info@imaginewaterworks.org) Text line 504-858-0200

Access in person (follow social media for events) or on Facebook through the “**Imagine Mutual Aid (New Orleans)**” group; in this group, you can request and offer specific items and information. Has a Community Power Map on IWW’s website where you can find and offer access to power outlets after a storm. Pop up

#### **Access Health South Broad Community Health Center**

504-309-5061

[accesshealthla.org/location/south-broad-new-orleans](http://accesshealthla.org/location/south-broad-new-orleans)

3300 S Broad, New Orleans, 70125

M-Th 8-4:30, F 8-12

Adult & Pediatric Primary Care, Family Planning, Pharmacy Assistance, referrals for Behavioral Health. Appt and walk-in. Telehealth appointments available. Appointment transportation assistance, maternal child coordinator. Medicaid, Medicare, insurance, sliding scale based on income & family size (\$15 min.)  
*Spanish spoken, Yes via language line*

#### **Baptist Community Health Services (BCHS)**

504-533-4999 [bchsnola.org](http://bchsnola.org) [info@bchsnola.org](mailto:info@bchsnola.org)

Primary Care Clinics in 5 locations (same contact info for all):

#### **BCHS Andrew P. Sanchez Center**

**1616 Fats Domino Ave., 2nd Floor**

Monday - Friday 8:00 am - 5:00 pm

Family Medicine & Behavioral Health

(Pediatric Dental Mobile Unit anticipated by July 2025)

*Language Services: Spanish, Mandarin*

#### **BCHS 4209 St. Claude Ave.**

Monday - Friday 8:00 am - 5:00 pm

Pediatrics & Behavioral Health

*Language Services: Spanish, Mandarin, Cantonese, and Taiwanese*

#### **BCHS 221 W. Genie Street (Chalmette)**

Monday - Friday 8:00 am - 5:00 pm

Pediatrics

*Language Services: Spanish, Mandarin, Taiwanese, and Cantonese*

#### **BCHS 1445 W. Causeway Approach (Mandeville)**

Monday - Friday 8:00 am-5:00 pm

Family & Internal Medicine

*Language Services: Spanish*

#### **BCHS 4960 St Claude Ave.**

Family Medicine & Behavioral Health

Monday, Wednesday, Thursday, & Friday

Clinic Hours: 9:30am-6:30pm

Business Office Hours: 8:00am-5:00pm  
*Language Services: Spanish*

### **Children's Hospital Academic Clinic**

504-299-9980 [www.chnola.org](http://www.chnola.org)  
4740 S. I-10 W Service Rd. Metairie  
M-F 8-4:30

Comprehensive pediatric care, including Adolescent Health Clinic providing primary care and consult services for adolescents up to age 21, including reproductive health services: STD screening, diagnosis, treatment and contraception. Sliding Scale for uninsured, Medicaid, private insurance. Appts preferred.  
*Spanish spoken? Y, Physician W & F afternoons, language line*

### **Common Ground Health Clinic**

504-265-0207 [cghcnola.org](http://cghcnola.org) 3737 General DeGaulle in Algiers  
M, Tu, Th 8-5, Fri 8-2

Adult primary care services, including physicals, prescriptions, lab tests, Medicaid applications, behavioral health, wellness & educational events. Sliding scale beginning at \$35, Medicaid, Medicare, major insurance; Appt. & walk-in  
*Spanish spoken? Y, Se habla espanol*

### **CrescentCare Health**

504-207-CARE (2273) 844-315-CARE (2273) Toll free  
[crescentcare.org](http://crescentcare.org)

1631 Elysian Fields Ave. & 2515 Canal St.  
M-F 8:30-5

Clinic with primary care, pediatrics, behavioral health, dental, preventative services, HIV services, transgender health, women's health, hepatitis C services, legal, insurance enrollment.  
Sliding scale based on income; call for appt.

### **DePaul Community Health Centers (formerly Daughters of Charity)**

For all locations: 504-207-3060  
[www.depaulcommunityhealthcenters.org](http://www.depaulcommunityhealthcenters.org)

### **DePaul Community Health Center - Algiers**

504-362-8930 Phone 504-362-8486 Fax  
2801 Gen DeGaulle Ave.  
M-F 8-8, Sat 8-4

Adult, pediatric, adolescent and geriatric primary care services including immunizations, physicals, podiatry, mental health, PAP smears, prenatal care, pharmacy, optometry, and STI and HIV

services. Free; Call for consultation  
*Spanish Spoken? Y, can arrange for interpreters for other languages*

### **Stuart H Smith Law Clinic & Center for Social Justice**

504-861-5590 <http://www.loyno.edu/lawclinic>  
540 Broadway St., New Orleans  
M-F 9-3

Loyola law student legal clinic providing legal services to low-income and indigent clients of New Orleans. Clinics in immigration, family law, criminal defense, child welfare and domestic violence. Free; call for appt. *Spanish spoken? Y*

### **Union Migrante**

[www.facebook.com/UnionMigrante](http://www.facebook.com/UnionMigrante) Instagram: @union\_migrante  
Democratic organization of immigrants and for immigrants. Frequent events to access legal aid, court support, know your rights trainings, and more. *Spanish spoken? Y*

### **Workplace Justice Project**

(504) 356 1390 [wccnola@gmail.com](mailto:wccnola@gmail.com) [www.wjpnola.org](http://www.wjpnola.org)  
May be able to provide free legal services based on income level. Not currently accepting new cases, but may be able to provide limited services, including free legal consultations. Contact us to discuss your workplace legal problem or to talk with someone about rights in the workplace.

### **Disaster Assistance**

In times of disaster, your known network, community, friends, and local organizations can offer invaluable support and resources. Don't be shy! Reaching out to familiar connections can often provide immediate aid, comfort, and a sense of solidarity.

### **Disaster Information**

### **Imagine Water Works**

[www.imaginewaterworks.org](http://www.imaginewaterworks.org)  
Instagram and Facebook: @imaginewaterworks  
Email: [info@imaginewaterworks.org](mailto:info@imaginewaterworks.org) Text line: 504-858-0200  
24/7 Anonymous Storm Prep Q&A on Instagram for every named storm in the Gulf. Local, fact-checked preparedness info on all social media channels and website, including: hurricane

**PELA – Plaintiff Employment Lawyers Association**

https://louisianaemploymentlawyers.org/  
Promotes public awareness of employee rights and provides collaboration with attorneys who represent employees, and provides referrals for employees seeking representation. Get in touch with a PELA attorney via their website. *Spanish spoken? Y*

**Patient Advocate Foundation**

800-532-5274 www.patientadvocate.org  
M-F 8:30-5  
Assistance to patients with specific issues they are facing with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening, chronic, or debilitating diseases. Mediation on behalf of the patient. Case Management, assistance with transportation, housing, and other costs. Case management + financial aid, resources for financial assistance available.  
Free; *Spanish Spoken? Y, upon request*

**Southeast Louisiana Legal Services**

504-529-1000 (Orleans, St. Bernard and Eastbank Jefferson Parishes)  
504-374-0977 (Westbank Jefferson, Plaquemines, St. Charles Parishes)  
877-521-6242 Toll free www.slls.org  
1340 Poydras, Ste 600, New Orleans  
M-F 8:30-5

Legal aid in civil matters (not criminal legal matters) for low income people, including domestic violence, divorce (no community partitions), custody, housing/landlord-tenant, employment/unemployment, food stamps, SSI medicaid, IRS tax disputes, bankruptcy, successions, simple wills and power of attorney, title clearing, tax sales, foreclosure counseling and defense, other homeownership problems, consumer debt/fraud. Free if qualified and case is accepted. Call for appointments or outreach sites. Evictions should come in without appointment ASAP. Free; Call for an appointment.  
*Spanish Spoken? Y, also Vietnamese, Chinese, and more*

**Southern Poverty Law Center - New Orleans Office**

504-486-8982 www.splcenter.org  
201 St. Charles Ave. Ste. 2000, NOLA  
M-F 8-5; Leave a message 24/hr day.  
Nonprofit civil rights organization providing legal and advocacy

testing; Dental program. Covid-19 vaccinations.  
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available).  
*Spanish spoken? Y*

**DePaul Community Health Center - Carrollton**

504-207-3060 Phone 504-207-3067 Fax  
3201 S. Carrollton, New Orleans (Mid City)  
M-F 7:30-8, Sat 8-2  
Adult, pediatric, adolescent & geriatric primary care services including immunizations, physicals, podiatry, mental health, PAP smears, prenatal care, pharmacy, optometry, and STI & HIV testing; Dental program. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in  
*Spanish spoken? Y*

**DePaul Community Health Center - Gentilly**

504-282-0089 Phone 504-282-2213 Fax  
100 Warrington Dr. New Orleans, LA 70122  
M-F 8-5  
Primary & Preventive Care, Pediatrics, Pharmacy, Women's Health (OB/GYN & Prenatal Care), Dental, Behavioral Health, Lab, Medicaid Enrollment, Medicare Enrollment Assistance. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available).

**DePaul Community Health Centers - Gretna**

504-367-8777 Phone 504-367-0133 Fax  
1629 Westbank Expwy, Suite A, Gretna, LA  
M-F 8-5  
Primary & Preventive Care, Pediatrics, Medicaid Enrollment, Medicare Enrollment Assistance, Lab, Behavioral Health, pharmacy. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients.

**DePaul Community Health Centers - Higgins**

504-948-2873 Phone 504-948-9292 Fax  
3303 Higgins Blvd. New Orleans, LA 70126  
M-F 8-5  
Primary & Preventive Care, Pediatrics, Medicaid Enrollment, Medicare Enrollment Assistance, Lab, Behavioral Health, Podiatry, Community Navigator to assist with accessing social services.

Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Insurance; Appt and some Walk-in, if established patients.

**DePaul Community Health Centers - Kenner**

504-468-4437 Phone 504-464-1386 Fax  
3715 Williams Blvd., Suite 220 Kenner, LA  
M-Th 8-5 F 8-1  
Pediatrics, General Medicine, Medicaid Enrollment, Medicare Enrollment Assistance  
Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Insurance; Appt and some Walk-in, if established patients.

**DePaul Community Health Center - Lakeside (Pediatrics only)**

504-837-9000 3616 6th Street suite 101 Metairie, LA 70001  
M-F 8-5  
Pediatrics, Behavioral Health, Medicaid Enrollment, Lab

**DePaul Community Health Center – Metairie**

504-482-0084 504-464-1386 fax  
111 N. Causeway Blvd.  
(same bldg. as the Jeff. Parish Health Unit), 70001, Metairie  
M-F 8-5  
Adult, women's & pediatric primary care including vaccinations, lab tests, TB testing, HIV & STI testing, discounted pharmacy.  
Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Insurance; Appt and some Walk-in, if established patients.  
*Spanish spoken? Y*

**DePaul Community Health Center - New Orleans East**

504-248-5357 Phone 504-248-5377 Fax  
5630 Read Blvd., Suite 550, New Orleans  
M-F 8-5 Sat 8-2  
Adult, women's & pediatric primary care including vaccinations, lab tests, TB testing, HIV & STI testing, dental. Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Insurance; Appt and some Walk-in, if established patients. *Spanish spoken? Y*

**DePaul Community Health Centers - Central City (Pediatrics only)**

504-899-5437 Phone 504-889-8668 Fax 1300 OC Haley Blvd.  
M-F 8-5  
Pediatric care, pharmacy. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in,

**Louisiana Center for Children's Rights**

504-658-6860 [www.laccr.org](http://www.laccr.org) 1100-B Milton Street  
Resources for supporting and organizing young people and transforming the juvenile justice system. Advocacy for youth in prisons and detention (including LGBT youth in the juvenile justice system), and youth in New Orleans public schools facing expulsion, suspension, and school arrest. Call for info.  
*Spanish spoken? Y*

**Louisiana Organization for Refugees and Immigrants**

225-239-7819 [www.mylori.org](http://www.mylori.org)  
Advocacy and resources for navigating the immigration system in Louisiana. Website includes robust resource listings.

**Louisiana Law Help**

[Louisianalawhelp.org](http://Louisianalawhelp.org)  
Free resource from Louisiana's nonprofit justice community; a starting point to search for assistance available for free or low-cost, or for assistance with self-representation.

**New Orleans Workers' Center for Racial Justice**

504-309-5165 [www.NOWCRJ.org](http://www.NOWCRJ.org) 3500 Canal St, 2nd Floor  
Organizing, legal, and policy advocacy focusing on civil, labor, and human rights agenda, leadership skills training, and workers' rights education and activism. Check schedule of events:  
[www.NOWCRJ.org/events](http://www.NOWCRJ.org/events) Free *Spanish Spoken, Y*

**Orleans Public Defenders**

504-821- 8101 [www.opdla.org](http://www.opdla.org) 2601 Tulane Ave, Ste. 700,  
Provides legal representation to indigent defendants accused of committing crimes in Orleans Parish. Call for info.  
*Spanish Spoken? Y*

**Project Ishmael**

504-233-3057 [www.projectishmaelNOLA.org](http://www.projectishmaelNOLA.org)  
[ProjectIshmaelNOLA@gmail.com](mailto:ProjectIshmaelNOLA@gmail.com)  
3401 Canal St., New Orleans, 70119  
Mon-Fri 9-5  
Pro-bono children's immigration legal services.  
Free; **Call and leave a message**; *Spanish Spoken? Y*

times. Call for more info. *Spanish spoken? N*

### **Innocence Project New Orleans**

504-943-1902 [www.ip-no.org](http://www.ip-no.org) [info@ip-no.org](mailto:info@ip-no.org) 4051 Ulloa Street  
M-F 9:30-5:30 (no walk-ins, please)

Frees innocent prisoners sentenced to life in prison and those serving unjust sentences. For more information on requesting assistance visit [www.ip-no.org/how-we-take-cases](http://www.ip-no.org/how-we-take-cases). We only accept written applications directly from incarcerated people wanting help. Free, only represents applicants who cannot pay; see website for info; *Spanish Spoken? Y*

### **Isla – Immigration Services and Legal Advocacy**

504-265-0416 504-259-8226

[www.islaimmigration.org](http://www.islaimmigration.org) 3801 Canal Street, Suite 210  
Legal services org. that defends the rights of our immigrant communities and advocates for just & humane immigration policy, and offers representation. *Spanish spoken? Y, se habla español.*

### **Justice and Accountability Center of Louisiana**

504-322-4050 [www.jaclouisiana.org](http://www.jaclouisiana.org)  
[info@jaclouisiana.org](mailto:info@jaclouisiana.org) 4035 Washington Ave., Suite 203  
M-F 10-5

Provides civil legal services (no open criminal matters) to individuals with criminal records. See listing in For Formerly Incarcerated People for complete info.

### **Louisiana Books 2 Prisoners**

504-272-7323 (voicemail only) Instagram: @books2prisoners  
Sends books to people incarcerated in LA, AL, & AR. We can only send 1 package/month to any single person. Incarcerated people should write directly, include your full name, identification number, and address, to:

Louisiana Books 2 Prisoners  
3157 Gentilly Blvd. #141  
New Orleans, LA 70122

Our library is diverse but small. We may be unable to fulfill specific requests but we will try to select books that match your interests. Please include multiple types of books, genres, or topics you are interested in, and any mail restrictions you know of at your facility. Our organization is all volunteers. We do our best to get your books to you as fast as we can but there are times when it will take longer than expected to receive your books.

if established patients.

### **DePaul Community Health Center-Saint Cecilia**

504-941-6041 Phone 504-941-9991 Fax  
1030 Lesseps St., New Orleans, 70117

M-F 8-5

Adult, pediatric, adolescent & geriatric primary care services including Immunizations, physicals, diabetes & cholesterol care, PAP smears, and STI & HIV testing. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available). *Spanish spoken? Y*

### **Drop-in Clinic at Covenant House (Tulane University)**

504-584-1112

[medicine.tulane.edu/centers-institutes/tulane-drop-center/location](http://medicine.tulane.edu/centers-institutes/tulane-drop-center/location)

611 N. Rampart St. (front entrance), New Orleans, 70112

M-W 9am-12pm Fri 1pm-5pm

Drop-In Clinic - for adolescents ages 14-23, specializing in homeless youth Mondays - Fridays 1pm- 4pm

Free, Medicaid; Call for appointment *Spanish spoken? N*

### **EJGH Family Medicine Residency Clinic**

504-454-7878 4228 Houma Blvd Suite 200 Metairie, LA 70006

[www.lcmchealth.org/east-jefferson-general-hospital/our-locations/east-jefferson-general-hospital-primary-and-fami/](http://www.lcmchealth.org/east-jefferson-general-hospital/our-locations/east-jefferson-general-hospital-primary-and-fami/)

Primary care for all ages and genders.

All insurance, Medicaid, cash pay discount for uninsured.

*Spanish spoken? N, multiple language interpreting available via online service.*

### **Excelth Family Health Center - Algiers**

504-526-1179 504-526-1190

4422 Gen. Meyer Ave, Ste 103, New Orleans

M - F 8-5

Pediatric, adolescent & adult primary care services, including immunizations, well-woman visits, chronic disease management and lab services; Behavioral Health for Adults; Social Services; Certified Medicaid Application Center; Podiatry. Min. \$25 for uninsured w/ sliding scale (with 2 paycheck stubs), additional fees for labs. \$10 co-pay for Medicare. Some private insurance.

*Spanish spoken? Y, and Arabic spoken M, T, W*

### **Excelth Family Health Center - Gentilly**

504-620-9868 504-620-9888 fax www.excelth.com  
6600 Franklin Ave Suite A-7  
M-F 8-5

Pediatric, adolescent & adult primary care services, including immunizations, well woman visits, podiatry, chronic disease management and lab services, transgender-specific care; Behavioral Health services for Children, Adolescents, Adults and Families Sliding Fee scale for uninsured (\$25 min., must bring proof of income). Set fees for laboratory tests and some procedures. Medicare accepted. Appts only *Spanish spoken? N*

### **Excelth Family Health Center - New Orleans East**

504-620-0500 www.excelth.com 9900 Lake Forest Blvd.  
M-F 8-5

Pediatric, adolescent & adult primary care services, including immunizations, dental care, well woman visits, chronic disease management and lab services, transgender-specific care; Behavioral Health services for Children, Adolescents, Adults and Families Sliding Fee scale for uninsured (\$25 min., must bring proof of income). Set fees for laboratory tests and some procedures. Medicare accepted. Appts/Some Walk-ins accepted *Spanish spoken? Y*

### **Freestanding Communities New Orleans**

504-233-2225 www.freestandingcommunities.org  
Health services include wound care, non-invasive preliminary on-site health screening e.g. vital signs, urinalysis, drug screening, pregnancy screening, and more. Advocacy assistance includes medical appointment and specialty care referral scheduling, escort and advocacy support at emergency departments and medical appointments (when requested). Additional advocacy services include RTA transportation ticket assistance to medical appointments, prescription medication co-pay assistance (when applicable), durable medical equipment procurement (canes, walkers, rollators, braces, etc.), health care supplies (incontinence, blood sugar and pressure monitoring equipment), and linkage to housing, medical insurance and other resources in the New Orleans area.

All services are provided free of charge and delivered at the following locations:

**Mondays 5:30pm - 8pm** - 5523 St. Claude Avenue (Old Family Dollar)

**Tuesdays 3pm - 5pm** - Duncan Plaza 1900 Perdido Street

help getting vital documents, and more. Transitional housing program for men only.

Free; Call or visit the website *Spanish spoken? N*

### **VOTE (Voice of the Experienced)**

504-571-9599 voiceoftheexperienced.org 4930 Washington Ave. M-F 9a-5p, Saturdays by appointment only. Grassroots membership based org. that works in advocacy & education by/with/for formerly incarcerated people, with a focus on: Voter mobilization, Economic empowerment, Legal education, Community education, & Leadership Development. Contact us or come to a meeting to join us in shifting power & building sustainable communities & enterprises. Member meetings are the 1st Wed. of the month from 6-8pm, open to all. Visit [voiceoftheexperienced.org/events](http://voiceoftheexperienced.org/events) for meeting & event updates. Call/visit website for more info. *Spanish spoken? N*

### **Justice & Legal Aid**

#### **ACLU of Louisiana**

504-522-0617 www.laACLU.org  
1340 Poydras St., New Orleans, 70112

Legal aid specializing in discrimination, 1st amendment rights, immigrant rights, transgender people, police practices, prisoners' rights. To file a complaint with the ACLU, it can be done through their website or by mail at the address listed above.

#### **The Advocacy Center - Disability Rights Louisiana**

800-960-7705 disabilityrightsla.org info@disabilityrightsla.org  
8325 Oak St.

M-F 9-5

Legal aid advocacy services to people living in LA of all ages who are living with disabilities. Provides legal representation, outreach & training programs and information & referral.

Free; call for more info

*Spanish spoken? Y, se habla espanol, Vietnamese spoken*

#### **Families & Friends of Louisiana's Incarcerated Children**

(504) 708-8376 www.fflic.org 1600 Oretha C. Haley Blvd.

M-F 9-5

Advocacy & education for families & friends of children involved in or targeted by the juvenile justice system, advocacy for youth in N.O. public schools facing expulsion or suspension. N.O. Chapter Meetings held monthly in the office, call for dates &

legal manual, which is geared toward attorneys, is also available for purchase.

If you are seeking **REENTRY LEGAL SERVICES**, please call our Administrative Clerk, Clare Fitzpatrick, at 504-273-1091 for screening and intake. JAC provides advice ONLY in the following areas:

- Child support modification or suspension (NOT divorce or custody issues)
- Reinstatement of suspended driver's licenses
- Obtaining a Provisional Driver's License (if incarcerated for 1 consecutive year or more)
- TWIC Card renewal or appeal
- Clearing pre-incarceration Municipal or Traffic Court cases
- Denial of employment due to criminal record
- Denial of professional license due to criminal record
- Incorrect information on your background check or credit report

### **Operation Restoration**

504-684-9222 or-nola.org IG: @operationrestorationtheor  
1450 Poydras, Suite 2260

Supports women & girls (including transgender people) impacted by incarceration to recognize their full potential, restore their lives, & discover new possibilities. Focuses on advocacy, education, economic mobility, & true economic equity for our staff, clients, & community. Works to end the incarceration of all women & girls and remove barriers to re-entry. Seeks to eliminate financial & societal incentives for incarceration/detention to increase investments in social services, education, housing, & healthcare for all people. OR defines incarceration as confinement in prison, jail, immigrant, youth or military detention, or a deportation facility. Directly impacted women and girls are those that are or have been incarcerated, arrested or are on probation and/or parole.

Free; Call to apply *Spanish spoken? N*

### **Re-Entry Program at Goodwill of SE LA**

504-456-2622 www.goodwillno.org  
3400 Tulane Ave, Ste 1000, New Orleans, 70119  
Re-entry job placement program, call for info.

### **The First 72 Plus**

504-324-8859 www.first72plus.org  
2915 Perdido St., New Orleans, 70119  
Assistance with re-entry for formerly incarcerated people, including job placement, Medicaid and SNAP applications, resume support, clothing and onsite food pantry, social services access, job seeking,

(Across from City Hall)

**First Tuesdays of each Month 10am - 12pm** - People's United Methodist Church

**Thursdays 8am - 12pm** - HTC Rebuild Center 1803 Gravier Street

**Fridays 6:30am - 8am** - Grace at the Greenlight 400 N. Rampart (In St. Jude Rec Center)

**Saturdays 9am - 4pm** - Ozanam Inn 2239 Poydras Street (Second Floor)

### **Health Care for the Homeless Program**

504-658-2785 www.nola.gov/health/homeless/  
2222 Simon Bolivar Ave, 2nd Fl.  
8-5:30pm

Comprehensive program offering primary medical care, dental care, pharmacy. Also at Community Resource Referral Center, 7530 Gravier St.

Services free if homeless; also Medicaid, Medicare, sliding scale based on income. Call or walk-in to fill out paperwork for appt.

*Spanish spoken? Y*

### **Hope Community Health Center**

504-503-0878 Main 504-355-0857 Forensic 504-592-4008 Fax  
hopeclinic@nofjc.org  
701 Loyola Ave Suite 108

Monday thru Friday, 8:00 am to 4:00 pm

Primary Care, OBGYN Care, Children's Care; Accept Medicaid, Medicare, private insurance, sliding scale for uninsured patients who qualify.

### **InclusivCare (Jefferson Community Health Care Centers)**

InclusivCare.com info@inclusivcare.com  
Primary care at 4 Jefferson Parish locations; Adult & pediatric care, including vaccinations, Covid testing & vaccinations, PAP smears/family planning, STI & HIV testing, low cost pharmacy. Specialty services: podiatry, general dental & nutritional counseling. Must bring a picture ID, proof of residence (a bill), & proof of income. Sliding scale for uninsured (\$20-\$85) excludes lab costs. Medicaid, Medicare, and Private ins. Appt or Walk-in at 7:30 AM

### **InclusivCare Avondale**

3932 US Route 90, Westwego, LA  
504-436-2223  
M-Th 8-5 Fri 8-230

**InclusivCare Lafitte**

5140 Church Street, Lafitte, LA

504-436-2223

Medical (Mon &amp; Tues 8-5) Dental (Wednesday 8-5)

**InclusivCare Kenner**

2552 Williams Blvd., Kenner, LA

504-463-3002

Family Dental Services 504-347-8377, 504-762-8921

M-Th 8-5 Fri 8-230

**InclusivCare Marrero**

7017 Lapalco Blvd., Marrero, LA

504-371-8958,

Family Dental Services 504-347-8377, 504-762-8921

M-W 8-5; Th 8-7 (last patient at 6:30); F 8-2

**Jefferson Parish Health Unit (A)**

504-838-5100 504-599-0100

regional office 111 N Causeway Blvd., Metairie

M, Tu, W, F 8am-4:30pm

Covid Testing &amp; Vaccinations W, F: 8-3

WIC: M, Tu, W, 8-4:30PM

Telehealth appointments on Fridays

STI testing &amp; treatment, vaccinations for children, pregnancy

testing, family control, breast exams, environmental health

services, WIC, TB and HIV/AIDS testing &amp; treatment. Must bring

a picture ID, proof of residence. Sliding Scale depending on

service. Appt. only; Walk-in for STD services

*Spanish spoken? Y, language line***Jefferson Parish Health Unit (B)**

504-349-8802 504-349-0092 Environmental Health

1855 Ames Blvd., Marrero

W &amp; Th 8-4:30

STI testing &amp; treatment; immunizations for up to age 18; pre-

natal care; planning; PAP smears; birth control; breast exams;

WIC; TB and HIV/AIDS testing and treatment. Free &amp; Sliding

Scale depending on service; Mostly Appt., Some Walk-ins.

*Spanish spoken? Y, language line***LSU Family Medicine - Oschner**

504-471-2750

200 W Esplanade Ave., Ste. 412, Kenner, 70065

Through its Cornerstone Re-Entry Program, Catholic Charities of New Orleans provides wrap-around case management services to recently released moderate and high-risk parolees.

Free *Spanish spoken? N*

**Formerly Incarcerated Transitions (FIT) Clinic**

504-475-3784 (Call Danielle Metz to make an appointment)

www.fitclinic.org

2222 Simon Bolivar, New Orleans, 2nd Floor in office with

Healthcare for the Homeless

Primary health care for recently released formerly incarcerated

people.

**Home is Here NOLA**

504-579-9800 www.homeisherenola.org

1610 Oretha Castle Haley Blvd. Ste A

Community services organization that offers advocacy, visitation

and sponsorship for the release, resettlement, and housing of

immigrants incarcerated in Louisiana detention centers.

Free; *Spanish Spoken, Y, se habla espanol***Justice and Accountability Center of Louisiana**

504-322-4050 www.jaclouisiana.org info@jaclouisiana.org

4035 Washington Avenue, Suite 203, New Orleans, 70125

M-F 10-5

For **EXPUNGEMENT ADVICE**, please attend one of our **Expungement Clinics**, held on the 2nd Wed. of every month at Propeller (4035 Washington Ave). Bring your court paperwork (bill of information & minute entries) from the clerk of court in the parish where your case was heard. For cases outside Orleans Parish, you will also need to bring a background check from the parish sheriff or State Police. If you were arrested but did not go to court, just bring your background check. **The clinic is first-come, first served. You may drop off your paperwork on the day of the clinic from 10am until we reach capacity.** Those who make the cutoff will be asked to return for 5pm to meet with an attorney.

Consult events calendar, sign up for our newsletter or follow us on social media @jac.louisiana for additional dates. You can also use our Expungement App to help determine your expungement eligibility and fill out the forms you'll need to file in court. If you cannot afford to pay for an expungement, you can use our IFP App to help you apply for pauper status. Blank expungement forms and "How To Guides" are available on our website. Our

M-F 9-5, Sat 10-4

Society for the Prevention of Cruelty to Animals, help with finding lost pets, pet care, pet adoption, low cost vet services.

*Spanish spoken? Y, sometimes*

### **New Orleans People's Assembly**

504-218-8817 [peoplesassemblyneworleans.org](http://peoplesassemblyneworleans.org)

1418 N Claiborne Ave #1

Organizing, advocacy & community building for, with, and by working people of New Orleans. Check website or facebook for events & programs

### **New Orleans Public Library**

504-596-2570 [www.nolalibrary.org](http://www.nolalibrary.org) 219 Loyola Ave. (Main Branch)

Public library system of New Orleans with locations across the city.

Access to all kinds of media (books, movies, etc.), computer use, programs for all ages. See website for full listing of locations, hours & programs. Services include public computers, charging stations; wifi in and around each building; wireless printing; Culture Pass program for area museums, zoo, etc.; B/W prints \$0.15 per page. Color \$0.75 per page. To get connected with digital and job-seeking skills building resources and access please call 504.596.3122, or email [rgoldblum@nolalibrary.org](mailto:rgoldblum@nolalibrary.org) Free; Check website for updates *Spanish spoken? Y, sometimes*

### **SONG CDC (Community Development Corporation)**

Instagram: [songcdc hello@songcdc.org](https://www.instagram.com/songcdc)

Pursuing the full liberation of BIPOC across all intersectional identities in vulnerable communities in Southern Louisiana. Advocacy and educational events.

### **For Formerly Incarcerated People**

#### **A New Way of Life**

504-320-189 [NOLA@anewwayoflife.org](mailto:NOLA@anewwayoflife.org)

P.O. Box 13544, New Orleans, LA 70118

Transitional housing for women returning home from incarceration. Incarcerated women (or women who were just released) should write directly to A New Way of Life, and they will respond to start the assessment process.

#### **CCANO Cornerstone Re-Entry Program**

504-234-9255 Email/call Kristen Becnel [kbecnel@ccano.org](mailto:kbecnel@ccano.org) to receive a referral form

M-Th 8-5 Fri 8-12

Complete adult and pediatric primary care, including pre-natal care, adolescent care, PAP smears, STI testing. Photo ID required. Sliding Scale (\$30 minimum, proof of income required), Medicaid, Medicare, some private insurance; Appt. only *Spanish spoken? Y*

### **Luke's House**

504-444-7879 [www.lukeshouseclinic.org](http://www.lukeshouseclinic.org)

2222 Simon Bolivar Ave., New Orleans

Phone calls received M-F 8-4, Clinic Hours Tues & Thu 5-7pm

Primary care for adults (including basic lab tests), spiritual health counseling, mental health counseling, referrals, vaccinations, prescription assistance. Thursday clinic includes bilingual (Spanish-English) providers. Free; Appointment only

*Spanish spoken? Y, always on Thursdays, sometimes on Tuesdays*

### **New Orleans East Louisiana Community Health Center**

504-255-8665 Adults 504-309-8390 Pediatrics

[www.noelachc.org](http://www.noelachc.org)

13085 Chef Mentour Hwy, New Orleans (East), 70129

M-F 8-5, Sat 8am-12pm. Call for after hours services.

Adult primary health care services, including women's health (OB/GYN), mental health, social services, diabetes classes, pharmacy assistance. Pediatrics across the street at 14401 Chef Mentour Hwy, Ste C. Sliding scale for uninsured based on income.

Medicaid, Medicare, some insurance. Appt preferred, walk-ins *Spanish spoken? Y, Se habla espanol & Vietnamese*

### **New Orleans Musicians' Clinic**

**(part of LSU Healthcare Network)**

504-412-1366 504-412-1298 fax [www.nomaf.org](http://www.nomaf.org)

478 S Johnson St. 3rd Floor

M-F 9-5

Professional musicians, culture bearers, & their families living in the GNO area are eligible for: health assessments, primary care, including OB/GYN, mental health, and social services information and referrals. Open to all culture-bearers, including vocalists, Mardi Gras Indians, Baby Dolls, etc. and adult household members.

\$10 per person, also Medicare, Medicaid, private insurance; Appt only, call to begin enrollment.

*Spanish spoken? N, French, ask for Katherine Lasperches*

**Odyssey House Health Clinic**504-821-9211 [www.ohlcommunityclinic.org](http://www.ohlcommunityclinic.org)

1125 N Tonti St. (&amp; Gov. Nichols St.)

M-Th 8-5

2700 South Broad St appointment only M-F 8-5 (*same phone*)

Primary adult health care, including labs, TB tests, flu vaccinations and mental health. See Substance Use section for info on additional programs. Pharmacy onsite.

Sliding scale fee to those in treatment, homeless or w/out income (proof required); no one turned away. Lab costs vary. Walk-in OK.

*Spanish spoken? N***St. Charles Kenner Community Health Center**504-712-7800 [www.stcchc.org](http://www.stcchc.org) 671 W. Esplanade, Kenner

M-Th 8-4:30, F 8-12

Complete pediatric and adult primary care services, including PAP smears, social work.

Sliding scale for uninsured (\$15 min. for first visit, \$10 for established patients);

Medicaid, Private insurance. Appt. only

*Spanish spoken? Y, Se habla espanol***St. Thomas Community Health Center – Multiple Locations**

504-529-5558 phone 504-529-8840 fax

[www.stthomaschc.org](http://www.stthomaschc.org) [info@stthomaschc.org](mailto:info@stthomaschc.org)

2014 Magazine St M-F 7:30am-5pm

1936 Magazine M-Th 7:30-5, F 7:30-1

3221 General De Gaulle NOLA 70114 (Algiers)

Wednesday 8-5pm

230 Ochsner Boulevard (Gretna) M-Th 7:30-5, F 7:30-1

Adult &amp; pediatric primary medical care; OB/GYN, STI and HIV testing, optometry, diabetic clinic, lab services, mental &amp; behavioral health, and referrals. Telemedicine available.

Specialty Services: LA Breast Cancer Screening (mammograms)

M-F 8-4:30, some Saturdays (call to check).

All forms of insurance, Medicaid, Medicare. Sliding scale for uninsured, \$30 minimum. Mammograms are free for ages 40+.

Glasses, \$35. Call at 8AM for same day/next day appt. or walk-in.

Appt. required for glasses.

*Spanish spoken? Y, for medical services, Se habla espanol***Veterans Health Care System of S.E. LA**1-800-935-8387 504-412-3700 [www.neworleans.va.gov](http://www.neworleans.va.gov)

2400 Canal St.,

24 Hour Veterans Crisis Line:

immigration, social services, job placement, taxes, worker's rights, other services. GNO 722-5692; Tulane 862-3420.

\$25 fee for textbook, financial aid available; Call for info.

*Spanish spoken? Y, Se habla espanol***GNO Caring Collective**

Instagram @GNOCARINGCOLLECTIVE

5523 St. Claude (Lower 9th)

Fred Hampton Free Store &amp; Clothing Boutique -Mon &amp; Thu 4-7:30pm + During Events. Basic household goods, clothing, linens, books, furniture, emergency contraceptives, sometimes food &amp; toiletries &amp; personal care.

Free Skate - Wed 4-10+pm Polished concrete indoor skating with live DJs. All wheels, all identities, all ages (with guardian), all solidarity. BYO skates / BYO snacks

Ongoing Community Care &amp; Support

Pickups &amp; Donations by Appointment

Resource &amp; Space Sharing

All genders welcome. Free.

**Imagine Water Works**[www.imaginewaterworks.org](http://www.imaginewaterworks.org) Instagram @imaginewaterworks[info@imaginewaterworks.org](mailto:info@imaginewaterworks.org) text line: 504-858-0200Advocacy, mutual aid, and disaster readiness and response through a lens of anti-oppression, harm reduction, and collective liberation. Current projects include: the Mutual Aid Response Network, the Community Power Map (Charging Stations), Imagine Mutual Aid on Facebook, an "Anonymous Storm Prep Q&A" on Instagram, annually updated hurricane season guides, the Queer/ Trans Guide to Hurricane Season, and the New Orleans Community Resource Guide. Check website and social media for events and projects or join Imagine Mutual Aid (New Orleans) at [facebook.com/groups/MutualAidNewOrleans](https://facebook.com/groups/MutualAidNewOrleans) Led by trans, nonbinary, and two-spirit people.*Spanish spoken? Y. ASL interpreter available.***The Inner Pup**[www.theinnerpup.org](http://www.theinnerpup.org) [info@theinnerpup.org](mailto:info@theinnerpup.org)

5208 Magazine Street, Box 357, New Orleans, LA 70115

Low cost pet care. Visit website to enroll.

**LA SPCA**504-368-5191 504-363-1333 Clinic [www.la-sPCA.org](http://www.la-sPCA.org)

1700 Mardi Gras Blvd, New Orleans (Algiers), 70114

follow our instagram! Formerly known as Real Name Campaign, we can connect community members in N.O. to legal name-change resources.

### **QT Care House**

Instagram: @qtcarehouse

An LGBTQ+ collective of holistic healers in New Orleans committed to creating joyful, affirming, and accessible care for our Queer and Trans community through events that offer free and sliding scale wellness services.

### **Trans Queer Youth NOLA**

transqueeryouth.nola Instagram

Youth-led project providing free & accessible activities for trans & queer youth (ages 12-24) in the N.O. region. Events range from movie nights to gender-affirming makeup workshops, all self-organized by youth.

### **General Advocacy & Education**

#### **Adult Education (GED) Program Delgado Community College**

504-671-5434 [www.facebook.com/nolaged](http://www.facebook.com/nolaged)

615 City Park Avenue (Registration in Bldg 7, Room 170)

Structured classes in mornings, afternoons, & evenings at sites throughout N.O. that are flexible in finding a class schedule to meet student availability. Students are encouraged to stay in the program as long as needed. Opportunities for students to begin college level classes at Delgado as they finish earning a GED, ELL classes, Computer Literacy seminars. Free; Call/check website for schedule. *Spanish spoken? Y, in ELL classes*

#### **The Data Center**

[www.datacenterresearch.org](http://www.datacenterresearch.org)

Online system-wide maps of New Orleans schools, child care centers, afterschool programs, regional hospitals, and community clinics; geared towards non-profit organizations, but available to anyone with internet access. *Spanish spoken? N*

#### **Educational Program at Hispanic Apostolate and Catholic Charities**

504-457-3462 504-722-5692 ESL 504-457-3462 citizenship

[www.ccano.org/english-second-language-classes](http://www.ccano.org/english-second-language-classes)

2505 Maine Ave, Metairie, 70003

ESL and citizenship classes throughout GNO area. Support with

*Call 800-273-8255 and select 1 Text 838255 TTY 800-799-4889*

M-F 7:30-4:30 Primary care: M-F 7:30-4 Urgent care: 8-5

Serves only veterans. Primary care, mental health, dental services, prescriptions, pharmacy. Bring VA ID. All Veterans, spouses, and caregivers eligible for Covid vaccine

Mental Health Clinic: 504-507-5550 more resources at

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

Fees & Rx vary according to income. Appt. preferred, urgent care walk-in

### **Mental Health**

This section has three parts:

Adult, Children, Family and Couples Mental Health Counseling; Adult Psychiatric, Case Management & Mental Health Team Support; 24 Hour Counseling Access Line.

In addition, for free counseling for survivors of violence or youth impacted by systems, please also see the Anti-Violence section.

### **Adult, Children, Family & Couples Mental Health Counseling**

#### **Beacon Behavioral Health**

504-581-4333 [www.beaconbh.com](http://www.beaconbh.com)

3200 Ridgelake Dr., Ste 100, Metairie 70002

Monday- Friday 8:00am-4:30pm

Outpatient group therapy for adults, including elderly, to improve or maintain an individual's ability to function as well as alleviate symptoms that may significantly interfere with functioning in at least one life domain (familial, social, occupational and/or educational). **Not equipped to work with transgender and non-binary patients--** sends client referral to Crescent Care for trans/nb safe group therapy. Most commercial insurance; Medicaid, United healthcare, Aetna, Healthy Blue.

*No Spanish language interpretation available.*

#### **Broadmoor Improvement Association**

504-249-5130 [www.broadmoorimprovement.com](http://www.broadmoorimprovement.com)

3900 General Taylor, New Orleans (Broadmoor)

Office hours M-Sat 9-5, Food Pantry Tue 10-12 & Wed 1-3

Wellness Center Hours M- F 10am-8pm Sat 9am-2pm

Social services, health and wellness programs, sliding scale

counseling services for individuals & couples. Welcoming to trans & non-binary people. See more services in Basic Needs

Free; Call for appt. *Spanish spoken? N*

### **Celebration Hope Center**

504-833-4673 [www.celebrationhopecenter.org](http://www.celebrationhopecenter.org)

1901-B Airline Dr., Metairie, 70001

Faith-based program offering group, family, individual and couple counseling sessions; support groups. Sliding scale based on income. Insurance accepted: Blue Cross Blue Shield, Aetna, Cigna, United Healthcare.

*No Spanish language interpretation available.*

### **Children's Hospital's Audrey Hepburn CARE Center**

504-896-9237 [chnola.org](http://chnola.org) 1101 Calhoun St., New Orleans

Free treatment and medical forensic exams for minors in cases of sexual or physical abuse or neglect. Youth Emergency Psychiatric facility.

Free; *Spanish spoken? Y, request when making appointment*

### **Community Care Hospital**

504-899-2500 Inpatient admissions

504-894-1999 Outpatient Care

1421 General Taylor St., New Orleans, 70115

Outpatient: 3600 Chestnut St.

M-F 9-5

Appointment only inpatient and outpatient psychiatric care for adult and geriatric patients. Individual, family and group therapy available. Transportation for outpatient services provided as needed. Medicare and private insurance accepted. Welcoming to trans & non-binary people. *Spanish spoken? N*

### **Crescent Care**

504-821-2601 [www.crescentcare.org](http://www.crescentcare.org)

1631 Elysian Fields Ave. & 2515 Canal St.

Provides wrap-around services and programs, including Medicaid covered individual counseling & psychiatry. There is often a several-month waitlist for these specific services. Welcoming to trans & non-binary people. Sliding scale.

*Spanish spoken? Y, Se habla espanol, 504-207-2273, marque 8*

### **Fathers Matter Program**

[www.compassionoutreach.org/fm](http://www.compassionoutreach.org/fm) 1228 Horace St.

Support groups/ group therapy & parenting skills for fathers. A program of Compassion Outreach of America offering Dad Discussions, weekly facilitated sessions for sharing parenting experiences & learning new things to incorporate into your life.

Daddy Bootcamp group for new fathers. *Spanish spoken? N*

authentic selves and thrive through connection. We have a range of ongoing programs: monthly community meetups, game nights, writing groups, therapeutic support circles and more, all of which are free and open to all. We also have weekly in-person and virtual LGBTQ+ youth (ages 13-24) drop-in groups. Our space is available to use for other LGBTQ2IA+ organizations and projects in the area. Learn more about upcoming events and access our growing resource directory at our website. *Free Spanish spoken? N*

### **PFLAG (Parents & Friends of Lesbians and Gays)**

504-862-5912 [info@pflagno.org](mailto:info@pflagno.org) [www.pflagno.org](http://www.pflagno.org)

PO Box 15515 New Orleans, LA 70175

Support, advocacy, community.

#### **METAIRIE MEETING**

2nd Thursdays @ 7:30 PM

Congregation Gates of Prayer

4000 West Esplanade

Metairie, LA 70002

#### **NEW ORLEANS MTG.**

4th Thursdays @ 7PM

Total Health Clinic at Ruth Fertel

Tulane Community Health Clinic

711 N. Broad St.

New Orleans, LA 70119

#### **NORTHSHORE MEETING**

3rd Thursdays @ 7PM

Northshore Jewish Congregation

1403 N. Causeway Blvd.

Mandeville, LA 70471

### **Queerfit**

Instagram: [queerfitnola](https://www.instagram.com/queerfitnola) [facebook.com/groups/queerfitnola](https://www.facebook.com/groups/queerfitnola)

[gmbnola@gmail.com](mailto:gmbnola@gmail.com) 3610 Toulouse St.

7:30 pm on Tuesdays and 8:30 am on Sundays

Free weekly LGBTQ+ community workout space for everybody and every body (all fitness levels welcome).

### **QTCAP (Queer & Trans Community Action Project)**

Instagram: [@qtcap\\_nola](https://www.instagram.com/@qtcap_nola)

Trans-led group of activists in N.O. organizing to resist rising transphobic and anti lgbtq+ rhetoric & policy in LA. Our mission is to protest and campaign against politicians that target our communities and for policies that would increase our ability to live with dignity. To learn more, stay updated, or to get in touch please

women. Includes exercise, support groups, breathwork, listening circles, spirituality, art classes, social justice forums, & more. Counseling services on a sliding scale. Many programs free or sliding scale/by donation; some set fees; Call or email for info on meetings & projects *Spanish spoken? Y, sometimes*

### **Xavier University Health & Wellness Center**

504-733-1127 wellnessctr@xula.edu  
5110 Jefferson Hwy (next to Wal-Mart)  
M-F 9-5 or by appointment

Programs and services that are offered: Blood pressure checks, Blood sugar checks, Blood cholesterol checks, Healthy cooking classes, Healthy living classes, Diabetes classes  
Free; Call or email for info *Spanish spoken? N*

### **LGBTQ+**

#### **Connect Northshore**

connectnorthshore.org IG: @connect.northshore  
info@connectnorthshore.org  
Facebook page to gain access to private FB group:  
fb.com/ConnectNorthshore

Black & Native queer-led non-profit organization centered on education, advocacy, and creating safe spaces for the Northshore's LGBTQ+ community. We collaborate with New Orleans and other Louisiana-based LGBTQ+ & ally orgs and opened the first LGBTQ Center on the Northshore in history in January 2024. Contact us at Connect Northshore to build & collaborate with LGBTQ+ Northshore residents.

#### **NOAGE (New Orleans Advocates for LGBTQ+ Elders)**

504-517-2345 www.noagenola.org Instagram: lgbtqeldersnola  
Services and advocacy for LGBT+ older adults in the N.O. metro area, including trainings and workshops on LGBT+ cultural competence for healthcare and other service providers, and social & educational events for LGBT+ older adults. Free; Call/check online for events calendar

#### **New Orleans Pride Center**

504-317-1627 www.nolapridecenter.org  
info@nolapridecenter.org  
2762 Orleans Ave, New Orleans, 70119

Welcoming, inclusive hub for local and regional LGBTQ2IA+ individuals and communities where all feel safe to celebrate their

#### **Integrated Family Services**

504-822-4333 3604 Canal St., New Orleans, 70119  
M-F 8-4

Individual & family counseling; Children ages 6-17 w/ behavioral problems in school or at home. Welcoming to trans & non-binary people. Medicaid only; Appt. Only *Spanish spoken? N*

#### **Jefferson Parish Human Services Authority/ Jeff Care Community Services**

504-349-8708 for West Bank residents

504-838-5257 for East Bank residents

After hours crisis line: 504- 832-5123 www.jphsa.org

Administrative Offices: 3616 S. 1-10 Service Rd., Metairie, 70001

Office hours M-F 7-5

For Adult and child mental health, addictive disorders and developmental disability

Group & individual services: psychiatric, psychological, counseling, case management, and crisis. Selected evening services are available.

JPHSA Locations:

Access Service Center West Bank, 5001 WB Expressway, Marrero 70072;

Access Service Center East Bank 3616 S. 1-10 Service Rd., Metairie (walk-in 8-3);

Adult Community Behavioral Health Services, 3616 S. 1-10 Service Rd., Metairie 70001,

Community Services for Persons with Developmental Disabilities and Their Families, 3300 West Esplanade Ave., Ste 208, Metairie 70002

Eunioia Crisis Respite Center in Marrero 504-332-7777

East Bank Adult/Child & Family Services Center, 3616 S. 1-10 Service Rd., Metairie

West Bank Adult/Child & Family Services Center, 5001 West Bank Expressway, Marrero

Sliding Scale (with paycheck stub), Medicaid, Medicare.

Welcoming to trans & non-binary people.

*Spanish spoken? Y, at some locations, call 504-471-2700*

#### **Jewish Family Service**

504-831-8475 www.jfsneworleans.org

3300 West Esplanade Ave. Suite 603, Metairie

M-Th 9-5, F 9-4

Social services including individual & group counseling (all ages), suicide prevention life line, support groups and services for disabled and elderly persons, including case management.

Welcoming to trans & non-binary people.  
Sliding scale \$18 & up, no one turned away Appt. only  
*Spanish spoken? N*

### **LSU HSC Child & Family Counseling Clinic**

(504) 556-3451 cfcc@lsuhsc.edu  
411 S Prieur St., Suite 307, New Orleans  
M-Th 8-5

Play therapy center for children. Individual sessions and child play therapy groups. Medicaid accepted. Insurance is the sole method for accessing sessions. *Spanish spoken? N*

### **Loyola Center for Counseling and Education**

504-864-7858 LCCE@loyno.edu  
7214 St Charles Ave, Greenville Hall, New Orleans  
M-Th 1PM-8PM

Mental health counseling services on a sliding scale to families, couples, groups, & individuals at every stage of life. No insurance, no medicaid. Call or email for appt. *Spanish spoken? N*

### **Magnolia Family Services, LLC**

985-449-4055 magnoliafamilyservices.com  
1418 Tiger Dr., Thibodaux, LA 70301  
M-F 8:30am - 4:30pm (office hours) - day, evening, and weekend service available  
Individual & Family Counseling, Medication Assessment & Management, Psychiatric Evaluations, and 24 hour on-call crisis services; offered in office, home, community, and via telehealth, for children 3+, adolescents, and adults. Welcoming to trans & non-binary people. Medicaid accepted *Spanish Spoken? N*

### **Mercy Family Center**

504-838-8283 Metairie 985-727-7993 Mandeville  
www.mercy.net/neworleansla  
Metairie: 110 Veterans Blvd., Ste 425  
Mandeville: 1445 W Causeway Approach  
M-F 8-5  
Psychological counseling & treatment for children, youth & adults at two GNO locations. Including gender-affirming behavioral health services for transgender and non-binary clients.  
Medicaid, Insurance, Sliding scale for uninsured individuals ONLY; Submit application online to begin process- must have applied for Medicaid first *Spanish spoken? N*

walk in or email for info  
*Spanish spoken? Y, call or email to confirm*

### **NADA New Orleans**

3401 St. Claude (entrance on Desire)  
nadaneworleans.weebly.com/  
donoharm@riseup.net Instagram: @nada.nola  
Free ear acupuncture in a group setting provided every Thurs. from 6:30-8:30. Please arrive by 8:00 for treatment. N95 / KN95 mask required. NADA is helpful for managing stress, anxiety, cravings, sleep troubles, substance use, trauma. It supports overall well-being. *Spanish spoken? Some volunteers speak Spanish; written info & consent form available in Spanish.*

### **NORDC (New Orleans Recreation Development Commission)**

504-658-3000 504-658-3052 www.nordc.org  
Many programs and facilities for Orleans Parish people of all ages, including aquatics, ballet, music lessons, football. Must register each season. Free or low cost  
*Spanish spoken? Y, for some programs*

### **Recirculating Farms Coalition/Growing Local NOLA**

recirculatingfarms.org Instagram: @recircfarms  
1924 Jackson Ave, New Orleans, LA  
Community garden, farm, and resource hub for food access & education. Free classes & community events, including yoga, farming, beekeeping, cooking, & more. Site for community fridge, composting, recycling. Weekly SNAP eligible produce box.

### **Vitality Natural Health:**

504-810-5692 nolavitality.com jennifer@nolavitality.com  
3401 St. Claude (entrance on Desire)  
Sliding-scale private acupuncture and herbal medicine by appointment only. Mon.-Thurs., hours vary. Appointments may be scheduled online, credit/bank card required for online scheduling; please send an email if this is a barrier, and also to discuss sliding scale options. TGNC welcome. Qigong classes Tues. evenings, (hours TBD, check website or send an email to confirm). N95 / KN95 mask required. HEPA air filter running in treatment rooms at all times. *Spanish Spoken? Y.*

### **Women's Center for Healing & Transformation**

985-892-811 www.womenscenterforhealing.org  
71667 Leveson St., Abita Springs, 70420  
M, W, F 10-2  
Programs to foster connection, growth & empowerment among  
81

Most programs Free; Call, walk in see website for info  
*Spanish spoken? N, some French speakers on staff*

### **Beautiful Bipolar Community Organization**

linktr.ee/beautifulbipolar www.instagram.com/beautiful.bipolar  
www.facebook.com/BeautifulBipolar1  
A mental wellness collective of creatives, counselors & healers who practice culturally conscious care. Community care is self care. No Cost.

### **Blue Bikes for All**

www.bluekrewe.org matt@bluekrewe.org  
Low cost access to bicycles throughout N.O. Blue Bikes For All membership is \$4/mon. for locals who use SNAP & Medicaid. To sign up, riders just take a photo of their LA Purchase or Medicaid card in our app and are approved for the reduced-fare membership in 24 hours.

### **Fight Covid NOLA**

FightCovidNola@gmail.com Twitter.com/FightCovidNola  
Instagram.com/FightCovidNola linktree.com/FightCovidNola  
Free high-quality masks for pickup or delivery in the GNO area. N95, KN95, FFP2, FFP3, and KF94 respirators. Free rapid home tests available on a more limited basis. Updated inventory posted on social media. Free mask fit-testing and loanable air purifiers. We provide information on COVID, organizing accessible events, and local resources.  
Online community for high-risk folks and active allies.  
*Spanish spoken? Y*

### **Hispanic Family Health Helpline**

1-866-SU-FAMILIA (783-2645) sufamil-  
ia@hispanichealth.org www.healthyamericas.org  
M-F 9-6 EST, voicemail after hours  
Health info (including mental health) in Spanish and English, assistance in finding low cost Spanish speaking services.  
*Spanish spoken? Y, Se habla espanol*

### **Miss Anne's Maypop Community Herb Shop**

504-304-5067 www.missannesmaypopherbshop.com  
2701 St. Claude Ave.  
Open for online & walk-up orders. Walk-up orders taken Mon., Wed., Fri. & Sat. from 1-6 pm. Join email list for updates & resources. Check the website to schedule in-depth consultations and "clinic" appointments. Most services on sliding scale; Call,

### **Milestones Mental Health Agency**

504-483-9883 Phone 504-483-9082 Fax milestonesmha.com  
4919 Canal St., Ste 203  
M-F 9 - 4:30  
In-home mental health services for children and teenagers, including skills training; also family services and parenting help, outpatient therapy for caregivers. For residents of Orleans & Jefferson Parishes. Medicaid only; Call to check availability  
*Spanish spoken? N*

### **NOLA Black Mental Health Matters**

nolamhm@gmail.com Instagram:@nolablackmentalhealthmatters  
A small collective of Black female mental health professionals in NOLA committed to destigmatizing mental health & making care more accessible. A regularly updated directory of New Orleans Based Black Mental Health and Psychiatric Providers:  
<https://docs.google.com/document/d/1n2jd22kA55LDaPQxLlorMwKpkaintArm0Ko-isHEQic/edit>

### **Plaquemines Community C.A.R.E. Centers Foundation, Inc**

504-393-5750 www.pcccf.org  
115 Keating Drive, Belle Chasse, LA 70037  
M-F 9-5 Counseling services for residents of Plaquemines Parish of all ages on a sliding scale.  
Medicaid and General Insurance *Spanish spoken? N*

### **Training Grounds**

504-240-8379 support@mytraininggrounds.org  
www.mytraininggrounds.org  
2200 Lafitte Ave New Orleans, LA 70119  
Training Grounds creates supportive learning environments to enable caregivers and educators to provide children with quality experiences that promote healthy brain development, appropriate adult-child interactions and positive social-emotional skills. Current programs include infant massage, breastfeeding cafe, autism services, "hug your baby" and more, in multiple locations, including Sojourner Truth Center and New Orleans East Public Library. Check website or call for schedule updates. Free.  
*Spanish spoken? Y*

### **Tulane Behavioral Health Center - Tulane Medical Center**

504-988-4794  
1415 Tulane Ave, 4th Floor of Hospital, New Orleans, 70112  
M- F 8-4:30  
Outpatient services for all psychiatric disorders serving children,

adolescents, and adults. This hospital sees ALL individuals and accepts medicaid. Services include medication management, therapy, and counseling. \$20 for students, \$25 for non-students; Appt. Only. *Spanish spoken? N*

### **University of Holy Cross Counseling and Training Center**

504-398-2168 4123 Woodland Dr, New Orleans (Algiers), 70131  
M-Th 11-8

Counseling services for adults, couples, families, children ages 4 & up, administered by graduate or post-graduate students supervised by senior staff. All sessions virtual or phone. LA state ID required. Free; Appt. Only, call for intake *Spanish spoken? Y*

### **Vet Center**

[www.va.gov/directory/guide/facility.asp?ID=5456](http://www.va.gov/directory/guide/facility.asp?ID=5456)  
1250 Poydras St., Suite 400

For assistance after hours, weekends, and holidays call:  
1-877-WAR-VETS (1-877-927-8387)

Mental Health Clinic: 504-507-5550

more resources at [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

Hours M-Th 7am-6pm F 8-4:30pm

Mental health services for combat veterans. Will work with clients to fit their schedule outside of normal hours. Free; Call for appt. and eligibility info; walk-ins OK *Spanish spoken? N*

### **Well Psychotherapy**

504-222-2454 [www.findyourwell.com](http://www.findyourwell.com) 601. N. Carrollton Ave.  
Mon-Sat 9am-6pm

Trauma-Informed Individual, Relationship, & Group Therapy.

Welcoming to trans & nonbinary people Private Pay, Sliding Scale Options Available; Appointment only *Spanish spoken? N*

### **Wellness Project New Orleans**

[www.wпно.org](http://www.wпно.org) 3300 Canal St Suite 100 New Orleans, LA 70119

Provides holistic, trauma informed, and culturally competent mental health & wellness services to individuals, families, and groups via in-person and telehealth services. Supports practitioners (with an emphasis on BIPOC- Black, Indigenous and People Of Color practitioners) by providing financial, educational, & social resources. Offers a sliding scale pricing model and services are provided regardless of ability to pay.

### **New Orleans Council On Aging**

504-821-4121 ext. 120 for questions about services

[www.nocoa.org](http://www.nocoa.org)

2475 Canal St., Ste 400, New Orleans, 70119

M-F 8-4

Info hub for senior centers & services all over New Orleans.

Programs include direct information, advocacy and referrals, low-cost comprehensive dental services, legal services, caregiver support groups, Meals on Wheels, personal care assistance, light home maintenance assistance, utility assistance, minor home repairs, retired & senior volunteer programs, senior companion program & more.

Free; Appt. only *Spanish spoken? Y, by request*

### **Senior Centers with Jefferson Council on Aging**

(504) 888-5880 800-635-1437 [www.jcoa.net](http://www.jcoa.net)

6620 Riverside Dr., Metairie

M-F 8:30-4:30

Activity Centers & Meals, including exercise programs and games for self-sufficient seniors. For members of Jefferson Council on Aging 55 and older. Free for activities, small donation requested for meals; *Spanish spoken? N*

### **Wellness**

#### **Anna's Place NOLA**

504-947-2121 [www.annasplacenola.org](http://www.annasplacenola.org)

[annasplace@stannanola.org](mailto:annasplace@stannanola.org)

1313 Esplanade Ave, New Orleans, 70116

Mon 12-3, Wed 3:30-7

Promoting healing and wholeness of body, mind and spirit in the Tremé/7th Ward and GNO community by offering academic, cultural, and arts enrichment; and healthy lifestyle education. Call or check website for schedule. Free; Walk-in *Spanish spoken? N*

#### **Ashe Cultural Arts Center**

504-569-9070 [ashecac@gmail.com](mailto:ashecac@gmail.com) [www.ashecac.org](http://www.ashecac.org)

1712 Oretha Castle Haley Blvd., New Orleans, 70113

M-F 9-6

Creates and supports programs, activities and creative works emphasizing the contributions of people of African descent. Offers theater programs, children's artistic and cultural programs, wellness events & more. Sistahs Making A Change health & wellness program provides dance & health education on Mon. & Thurs. evenings from 6-8 pm. Call or visit website for schedule.

**Young Aspirations/Young Artists (YaYa)**

504-529-3306 www.yayainc.com 3322 LaSalle St., New Orleans, 70112

M-F 10-6

Afterschool & professional enrichment program for youth ages 13-25, working with adult artists as mentors. Social justice oriented arts program.

Free; Call or check website for info *Spanish spoken? N*

**Elderly****Clover New Orleans (formerly Kingsley House)**

504-523-6221 www.clovernola.org

Main Campus: 1600 Constance St. New Orleans, LA 70130

Columbia Parc Office: 1401 Saint Denis St. New Orleans, LA 70122

M-F 9-5

Activities and recreation for adults and seniors; adult daycare (ext 694); breakfast, lunch and snacks provided. All services available to transgender and gender non-conforming people. Also offers workforce development (ext. 695), tax prep.

Appt. Only *Spanish spoken? Y*

**Harmony House Senior Center**

504-267-3333 2201 Barracks St., New Orleans, 70119

M-F 9-2:30

Program for seniors 60+. One hot meal served. Activities include field trips, arts & crafts, birthday parties. Free; Call for information.

*Spanish spoken? N*

**Mercy Endeavors Senior Center**

504-568-0607 504-568-0699 fax www.mercyendeavors.org

457 Jackson Ave.

M-F 8-4

Socialization, recreation, health programs, spiritual programs, retreats, crafts, computer classes and various other activities to approximately 100 seniors. The program stresses independence and strives to keep older adults active and out of nursing homes. The on-site parish nurse makes referrals, translates medications and medical instructions, as well as encourages weight loss and healthy diets.

\$35 annual membership fee requested, no one turned away, proof of income required as part of application; Walk in

*Spanish spoken? Y, Se habla espanol*

**Whole Village Art Therapy**

504-603-7136 bahareh@wholevillageart.org

Offers free, monthly drop-in community art making events and provides free mental health services to all ages. Work in various settings including schools, shelters & community spaces.

**Adult Psychiatric, Case Management & Mental Health Team Support****Assertive Community Treatment**

Jan Tarantino: 504-821-7085 504-821-2276

Jan.Tarantinon@rhd.org & nlegshe@rhd.org

www.lidh.la.gov/index.cfm/directory/detail/12792/catid/325

1050 S Jefferson Davis Parkway, Suites 212 & 325 New Orleans, LA 70125

Monday-Friday 8:00am-5:00pm

Multidisciplinary, recovery oriented team, providing in-home treatment to adults diagnosed w/ a serious mental illness who are unable to have their needs met in traditional outpatient settings.

Team includes Psychiatrists, Nurses, Mental Health Professional, Addiction Counselors, Vocational & Peer Specialists. Medicaid, Limited Louisiana Community Service (LCS) slots for Medicare & uninsured patients.

*Spanish language interpretation available by request.*

**Community Care Hospital**

504-899-2500

For information on admissions; ask for Intake Coordinator

Outpatient Care 504-894-1999

3600 Chestnut Street 2nd Floor (Outpatient Care)

1421 General Taylor St. (Inpatient Care)

M-F 9-5

Appointment only inpatient & outpatient psychiatric care for adult & geriatric patients. Individual, family & group therapy available.

Transportation for outpatient services provided as needed.

Medicare and private insurance accepted.

*Spanish language interpreters available upon request for inpatient care.*

**Crescent Care**

504-821-2601 www.crescentcare.org

Multiple wrap-around services and programs. Behavioral Health, Medicaid covered individual counseling, and psychiatry. Typically a several month waitlist for these specific services. See listing in Primary Care section for additional services.

Sliding scale for uninsured;  
*Spanish spoken? Y, Se habla español, 504-207-2273, marque 8*

### **LSU Behavioral Sciences Center**

504-412-1580 504-412-1536 fax [www.lsuhn.com/locations/](http://www.lsuhn.com/locations/)  
478 S. Johnson St., 7th Floor - New Orleans  
M-F 8-5

Psychiatry services for adults and children.

Call to make psychiatry appointments, but counseling services are by referral only once you've begun working with a Psychiatrist.

Accepts residents of all LA parishes. Not always accepting new clients, but encouraged to call back. Must have photo ID. Patient will be billed \$80 for first visit. \$40 each for further visits. Can accept insurance. Call for appt. *Spanish spoken? N*

### **Metropolitan Crisis Response Team**

504-826-2675 24 hours a day

Telephone and face-to-face triage, assessment, and intervention for persons experiencing mental health or substance abuse crises. 24/7 clinical staff to prevent unnecessary mental health hospitalization and link people to community based services that address their needs. Free

*Spanish spoken? Y, interpreters upon request, also interpreters for the hearing impaired*

### **Metropolitan Human Services District**

504-568-3130 Office (M-F 8-4:30) 504-826-2675 Crisis Line  
(available 24/day, 7 days/week)  
[www.mhsdla.org](http://www.mhsdla.org)

Outpatient mental health services provided for adults of all genders, including medication, crisis counseling, addictive disorders. Services at 5 locations in Orleans & Plaquemines Parishes, coordinated through main MHSD office at number above.

Locations:

Central City Behavioral Health Center: 2221 Phillip St. 70113

Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave 70117

Algiers-Fischer Behavioral Health Center: 3100 Gen. DeGaulle Ave. 70131

New Orleans East Behavioral Health Center: 5630 Read Blvd. 2nd Floor 70127

St. Bernard Behavioral Health Center: 6624 St. Claude Ave.

Medicaid, Medicare, No private insurance, No fee for uninsured; call for info; Appointment or walk-in

*Spanish spoken? Y, via language line*

enable caregivers and educators to provide children with quality experiences that promote healthy brain development, appropriate adult-child interactions and positive social-emotional skills. Current programs include diaper bank, infant massage, breastfeeding cafe, autism services, "hug your baby" and more, in multiple locations, including Sojourner Truth Center and New Orleans East Public Library. Check website or call for schedule updates. Free.

*Spanish spoken? Y*

### **Urban Impact Ministries & Castle Rock Community Church**

504-523-5556 [www.urbanimpact.org](http://www.urbanimpact.org) 2323 Galvez St.

M-F 12:30-4 summer day camp hours, M-F 9-5 office hours

Youth activities, including after-school homework help, recreation programs and summer programs. Free for Central City residents; Walk in or call for info *Spanish spoken? N*

### **VAYLA (Vietnamese American Young Leaders Association)**

504-264-2177 [www.vayla-no.org](http://www.vayla-no.org)

13235 Chef Menteur Hwy. Unit A, N.O. (East)

Intersectional AAPI (Asian American Pacific Islander) nonprofit organization based in New Orleans focused on advocacy through providing environmental and reproductive justice education, community organizing education, and comprehensive civic engagement.

Call or visit website for info *Spanish spoken? Y, and Vietnamese*

### **The Wellness Collective/Ballerinas of the Bayou**

504-603-6257 [www.botbwellnesscollective.org](http://www.botbwellnesscollective.org)

[admin@ballerinasofthebayou.org](mailto:admin@ballerinasofthebayou.org) Instagram: [ballerinasofthebayou](https://www.instagram.com/ballerinasofthebayou)  
2901 General DeGaulle Ste. 201 New Orleans, LA 70114

Health & wellness program for students K-12, emphasizing the arts.

### **YEP (Youth Empowerment Project)**

504-658-9221 Eastbank 504-658-4577 Westbank

504-267-3882 NO East

[www.youthempowermentproject.org](http://www.youthempowermentproject.org)

1600 Oretha Castle Haley Blvd. (classes held at 139 S Broad) in Central City,

1111 Newton St., 2nd Fl. in Algiers, New Orleans, 70119

1200 Hayne Blvd, New Orleans East

Days and hours vary by location; call for info. HISET and basic literacy instruction to out-of-school youth and adults 16 and older from the Greater New Orleans region.

Free; Call for info *Spanish spoken? In some locations*

**Rethink**

504-332-5533 [www.therethinkers.org](http://www.therethinkers.org) 705 Flood St,  
Youth organizing and leadership development organization that  
trains Black and brown young people to be organizers to support  
positive transformative change in their community. Programming  
under two umbrellas: Roots Crew 12-14 year olds and Branch  
Division 15-25. Our programs are year round with concentration  
during the school year and membership and lead organizer  
training in the summer. Free; Call for schedule *Spanish spoken? N*

**RUBARB (Rusted Up Beyond All Recognition Bikes)**

504-943 0216 [www.rubarbike.org](http://www.rubarbike.org) [buildit@rubarbike.org](mailto:buildit@rubarbike.org)  
2239 Piety St (upper 9th ward)  
Mondays and Wednesdays 4-8pm  
Volunteer-run community bike shop: tools, used parts and skilled  
folks available to teach how to fix your bicycle; field trips, and af-  
fordable refurbished bikes. All welcome to come learn to build &  
repair bikes. All bike donations welcome.  
Free; *Spanish spoken? Y, some bilingual volunteers*

**START Drop In Center**

504-350-8434 [www.startcorp.org/new-orleans](http://www.startcorp.org/new-orleans) 400 N Rampart  
M-F 9:30-5:30  
Call or drop in for current schedule and for group and case  
management times. Serving homeless and at-risk youth ages 14-  
24, including youth who are transgender and gender non-  
conforming. Harm reduction philosophy. Day center with food &  
clothing closets, mail, laundry, internet access, crisis manage-  
ment. Referrals for housing assistance, mental & physical health  
services, HIV/STI testing, check ups, immunizations.  
Free; Walk in *Spanish spoken? N*

**Start the Adventure in Reading Child Literacy Program  
(STAIR)**

504-899-0820 [www.stairnola.org](http://www.stairnola.org) [info@stairnola.org](mailto:info@stairnola.org) 1545 State St.  
M-F 10-4 office hours  
Tutoring for 2nd & 3rd grade students identified as needing  
assistance in reading. See website for additional information. Free;  
*Spanish spoken? Y, in some locations, call to check*

**Training Grounds**

504-240-8379 [support@mytraininggrounds.org](mailto:support@mytraininggrounds.org)  
[www.mytraininggrounds.org](http://www.mytraininggrounds.org)  
2200 Lafitte Ave New Orleans, LA 70119  
Training Grounds creates supportive learning environments to

**NAMI (National Alliance on Mental Illness) New Orleans**

504-896-2345 Main 504-368-1944 West Bank 504-896-2240  
fax [www.namineworleans.org](http://www.namineworleans.org) 1538 Louisiana Ave., New Orleans  
M-F 8:30-4:30 Office Hours  
Uptown Drop-In Center T & Th 1:30-4:30  
Mental health day treatment & services to adults w/ chronic mental  
illnesses, as well as support & education for adults w/ mental  
illness & their families, including numerous support groups.  
Drop-In Center and all support and education programs are free;  
Medicaid and other insurance accepted for additional services.  
Walk-In during Drop-In hours or Call for Appointment  
*Spanish spoken? N*

**Tulane Behavioral Health Center - Tulane Medical Center**

504-988-4794  
1415 Tulane Ave, 4th Floor of Hospital, New Orleans, 70112  
M- F 8-4:30  
Outpatient services for all psychiatric disorders serving children,  
adolescents, and adults. Sees ALL individuals and accepts  
Medicaid. Services include medication management, therapy, and  
counseling. \$20 for students, \$25 for non-students; Appt. Only.  
*Spanish spoken? N*

**River Oaks Hospital**

1-800-366-1740 [riveroakshospital.com/](http://riveroakshospital.com/)  
[riveroakshospital.com/contact-us/](http://riveroakshospital.com/contact-us/)  
(for form/online inquiry when not-emergent)  
Inpatient and outpatient psychiatric treatment and care. Offers 24  
hours a day no cost psychiatric assessment to assess and treat  
mental illness and chemical dependency. Available for emergency  
evening and weekend hospitalization. Insurance acceptance has  
changed over time, call to confirm or use the "contact us" form  
inquiry above.

**Volunteers of America (VOA)****Mental & Behavioral Health Services**

504-483-3557 127 S. Solomon St., New Orleans, 70119  
M-F 8:30-5  
Support for homeless persons with mental illness. Call for referrals  
to any service, including case management and supportive  
housing for Mental Health patients. Free; *Spanish spoken? N*

## **24 Hour Counseling Access Lines**

### **National Suicide Prevention Lifeline**

988 (English & Spanish), 888-628-9454 (Spanish)  
800-799-4889 for hearing & speech impaired with TTY  
www.suicidepreventionlifeline.org

## **Dental & Eye Care**

### **CrescentCare Dental Services**

504-821-2601- ask for dental dept.  
1631 Elysian Fields Ave, New Orleans, LA 70117  
M-F 8:30 a.m. - 4:30 p.m.  
Sliding scale based on income; Appointment only; Same day appointments sometimes available for emergencies (call first)  
LGBTQ+ friendly. *Spanish interpretation available*

### **Crescent City Optical**

504-347-9988 5128 LaPalco Blvd Marrero 70072  
M,T,W,F 9-5 (closed 12-2 for lunch)  
Medicaid, Sliding scale based on income; extra considerations for unhoused individuals (letter from shelter required) Appointment only *Spanish interpretation available*

### **Dental & Optometry Programs at DePaul Community Health Centers**

**Algiers:** 2801 Gen DeGaulle Ave, New Orleans, LA 70114 504-362-8930  
**Carrollton:** 3201 S. Carrollton, New Orleans, LA 70118 - Dental (504) 212-9550  
**Bywater:** 1030 Lesseps St., New Orleans, LA 70117 - Dental (504) 941-6079  
**Gentilly:** 100 Warrington Dr., New Orleans, LA 70122 - Dental (504) 282-2146  
M - F 8 -1 & 2-5  
Sliding scale based on income; accepts some private health insurance and Medicaid  
appointment only *Spanish interpretation available*

### **Excelth Family Dental Clinic**

504-620-0500 - for both locations  
**Algiers** 1111 Newton Street, Suite 207, New Orleans 70114  
**New Orleans East** 9900 Lake Forest Blvd. Suite F, New Orleans 70127  
M-F 8 - 5

### **Head Start New Orleans**

504-861-6344 www.ccano.org/head-start-program  
Preschool program for children ages 3-5 who come from low-income or disadvantaged homes and need enrichment, life-skills and school readiness training to prepare them for entry into kindergarten. Children with disabilities included. Referral by self/family or social service agency, application.  
Free if qualified; Enroll online via One App *Spanish spoken? Y*

### **Heroes of New Orleans**

504-381-5150 www.heroesofnola.org  
3712 Anson Street & Arthur Monday Center, 1111 Newton Street  
After school programming for Algiers youth

### **Kedila Family Learning Services**

504-723-8831 dipo@kedila.org www.kedila.org  
1922 S Salcedo St.  
Summer Camp 8:30-3, in multiple locations  
Summer camp programs for ages 6-14; Training programs for ages 18-24, including GED/HiSet prep, culinary & hospitality and basic construction training.  
Free; Walk-in or call. *Spanish spoken? N*

### **Level Up Campaign**

504-533-1652 thelevelupcamp.org  
thelevelupcampaign@gmail.com 200 S Broad  
Activities and meals for youth 13-24 in the Lower 9  
Programs include music, art, yoga, design, printing, environmental justice, community outreach. Call, email or check Instagram for update (IG: @thelevelupcamp)

### **The Re-Engagement Center**

504-474-9990  
www.neworleansyouthalliance.org/reengagement-center  
Direct services and connection hub for young people, ages 16-24, disconnected from postsecondary and employment opportunities. The Center is a pilot project of the New Orleans Youth Alliance and offers free postsecondary counseling, case management, supportive services, and direct referrals to over 40 training opportunities across the region. Call or email info@reengagementcenternola.org for more information or to schedule an appointment.  
Free; *Spanish spoken? N*

benefits. Need to be (1) out of work due to no fault of your own (2) able to work (3) available to work (4) actively seeking work. Amount awarded depends on previous wages earned. Takes around 3 weeks to receive benefits. Information about job service, employer tax info, labor and employment law also available. Free; *Spanish Spoken? Y, language line*

### **Online Job Postings arranged by category**

www.indeed.com www.glassdoor.com  
www.workNOLA.com www.ziprecruiter.com

### **Community Support & Education**

This section is in five parts:  
Youth; Elderly; Wellness; LGBTQ+;  
and General Advocacy & Education

### **Youth**

#### **1881 Institute**

504-475-8070 the1881institute.org bahiy@the1881school.org  
Alternative high school and workforce development program for youth and young adults, focusing on STEM. Check website and social media for info.

#### **Agenda for Children**

504-586-8509 800-486-1712 www.agendaforchildren.org  
8300 Earhart Blvd., Suite 201, New Orleans, 70118  
M-F 9-5

Child care resource & referral program helps families find and choose high quality care. Also programs and counselors to assist parents with child care referrals for their specific needs, and training workshops for child care providers. Most programs free, trainings between \$10-\$50.; Call for info, *Spanish spoken? Y*

#### **Grow Dat Youth Farm**

504-300-1132 growdatyouthfarm.org  
150 Zachary Taylor Drive  
(In City Park near Pan American Stadium)  
A 5-month leadership program that recruits & hires high school students to work in the field of urban agriculture. Through the collaborative work of growing food, the program focuses on developing a sense of responsibility, community, environmental stewardship, and service among participants.

Adults and children seen; Sliding scale based on income (bring photo ID & proof of income), accepts Medicaid; Appointment only; Same day appointments for emergencies only (call first)  
*Spanish interpretation available*

#### **Healthcare for the Homeless (Dental Program)**

504-658-2785  
2222 Simon Bolivar Ave., New Orleans, LA 70113; M - F 8 - 4  
1111 Newton St., New Orleans, LA 70114; T- Th 8 - 4  
2239 Poydras at Ozanam Inn; M-F 8-4  
Services for the unhoused and community at large  
Accepts Medicaid and offers "layaway" program to pay for services (cash only), sliding fee scale based on income (paperwork required) *Spanish interpretation available*

#### **InclusivCare (Jefferson Community Health Centers) – Dental Services**

504-341-4006 inclusivcare.com  
7001 Lapalco Blvd., Marrero, LA 70072  
3932 US Hwy. 90, Avondale, LA 70094  
M - Th 8 - 5, F 8-2:30, Sat 8-12  
Sliding scale based on income (proof required), some private insurance and Medicaid (call for info)  
*Spanish and Vietnamese interpretation available*

#### **LSU Dental School Clinic**

504-619-8770 (specify age of patient when calling for appt.)  
1100 Florida Ave.  
M-F 8-5  
Reduced fee dental care for adults & children  
No walk-ins, call for appointment *Spanish interpretation available*

#### **Rivertown Optical**

504-461-5500 400 Williams Blvd., Kenner, LA 70062  
M - F 9:30 - 3:00  
\$25 eye exam & \$25 glasses for low-income individuals. Proof of income, household size and expenses required. Welcoming to trans & non-binary people.

#### **Optometry at St. Thomas Community Health Center**

504-529-5558  
M- F 7:30-4  
Eye care at multiple locations:  
2000 Magazine St.  
1436 Magazine Street

3943 St. Bernard in Gentilly  
3500 Holiday Drive in Algiers  
230 Ochsner Drive

Welcoming to trans & non-binary people.

Medicare, Medicaid & many other ins. plans accepted; sliding scale based on income (\$30 min.) No walk-ins, call for appointment

*Spanish interpretation available*

### **Smiling Faces Family Dentistry**

504-483-7000 [www.smilingfacesnola.com](http://www.smilingfacesnola.com)

4747 Earhart Blvd., Suite C

M-Th 9-3

Dental clinic for children & adults, welcoming to all genders and orientations. Accepts Medicaid & private insurance, payment plans and assistance available for uninsured, determined on a case by case basis. *Spanish spoken? N*

### **HIV/AIDS & STIs**

#### **Access Health Primary Care at Pythian**

866-530-6111 [accesshealthla.org/service/hivtesting/](http://accesshealthla.org/service/hivtesting/)

234 Loyola Ave Suite 300B

M-Th 8-4:30, F 8-12

Free at home HIV testing available via Access Health. See listing in Primary Care Clinics for additional services & locations. You can request a home-based test three different ways:

#### **Fill out the request form at the bottom of the webpage**

**([accesshealthla.org/service/hivtesting/](http://accesshealthla.org/service/hivtesting/))**. This is the preferred method because the information you provide will be almost everything we need to get you registered and mail your test kit to you. They will be in touch within 24 hours of you completing the form

**Email [hometest@accesshealthla.org](mailto:hometest@accesshealthla.org) with your name and phone number.** They will be in touch within 24 hours to get you registered

**Call Access Health Louisiana at the Pythian clinic at (504) 226-2976 and request a home-based HIV test kit.** You will be linked to a testing navigator who will get you registered.

Once you complete your request, you will be registered as an Access Health Louisiana patient and the kit will be mailed to your house or your preferred shipping location. Their test kits can be mailed to

and connections with vocational schools. Some classes through Delgado. Trainings for Jefferson Parish residents only, computer access open to all, Louisiana ID required.

West Jefferson American Job Center 1900 Lafayette Street, Suite 1, Gretna, LA 70053

East Jefferson American Job Center 1801 Airline Drive, Suite F Metairie, LA, 70001 .

Free; Walk in

*Spanish Spoken? Y, se habla espanol, in Eastbank office; N in Gretna office*

### **New Orleans Job Corps**

504-484-3501 504-483-9078 fax 8825 Airline Hwy

[www.neworleans.jobcorps.gov](http://www.neworleans.jobcorps.gov) [glomb.heather@jobscorps.org](mailto:glomb.heather@jobscorps.org)

M-F 8-4:45

Academic, vocational, and social skills training program for low-income young people ages 16-24. Culinary, carpentry, electrical, CMA, CNA, office administration. Orientation T & Th 10 AM.

Prepared to work with trans and non-binary youth.

Free; all programs virtual, reach out to make an appointment.

*Spanish Spoken? N*

### **Operation Spark**

504-534-8277 514 Franklin Ave., New Orleans, LA 70117

M-F 9-5

Youth and adult learning programs. Adult workforce program prepares students for an in-demand, high-wage career in software development and computer programming. After graduation, networking and employment connection opportunities are available.

Free

### **SNAP Employment and Training**

1-888-524-3578 [dcfs.louisiana.gov](http://dcfs.louisiana.gov) [la.helpu.dcms@la.gov](mailto:la.helpu.dcms@la.gov)

Offers SNAP recipients the opportunity to gain skills, training, and work experience. Education includes job retention, job search training, and work experience. Applications online, complete SNAP application and send to DCFS. SNAP recipients eligible for federal reimbursement where qualified for transportation, dependent care and supportive services, such as clothing, uniforms, equipment, emergency temporary housing assistance, books, supplies, and tools. Free to SNAP recipients; *Spanish Spoken? N*

### **Unemployment Insurance/LA Workforce Commission**

866-783-5567 [www.laworks.net](http://www.laworks.net) 24 hrs. Automated system

Info about and help applying for unemployment insurance

Medicare, Medicaid, private insurance, sliding scale for uninsured (up to 60% off); Appt. only  
*Spanish spoken? Y, language line*

## **Employment**

### **City of New Orleans Workforce Development**

504-658-4500 job1nola.org 3400 Tulane Ave, New Orleans, 701119  
Resource maintained by city government, includes listing for Job1, Workforce Recovery, etc. Job 1 provides employment and training services federally funded through the Workforce Innovation and Opportunity Act. Free; *Spanish Spoken? Y*

### **Cafe Reconcile Youth Hospitality Training Program**

504-568-1157 504-568- 9599 www.cafereconcile.org  
1631 Oretha Castle Haley Blvd., New Orleans, 70113  
8 week paid job training program for youth ages 16 to 24; includes hands-on job training and life skills classes, a competitive stipend, daily meals, uniforms, and employment counseling. The program also covers professional communication methods, resume and cover letter writing, Front of House hospitality and Back of House Culinary techniques, and personal and professional life skills. Also provides connections to support services including mental health, child care, housing assistance, legal aid, and health care. Gladly accept transgender and gender nonconforming applicants. Free; Call for info or fill out application online. *Spanish Spoken? N*

### **Deep South Center for Environmental Justice**

504-272-0956 www.dscej.org 9801 Lake Forest Blvd  
M-F 10-4  
Free environmental health and safety training to undeserved N.O. residents ages 18+. Comprehensive environmental and construction training includes academic remediation, life skills, job readiness, and computer basics, as well as hands-on work simulation training in environmental technical courses designed to prepare trainees for careers in the construction and environmental remediation industry. Program graduates receive environmental certifications and are assisted with job placement in construction and environmental remediation jobs locally and across the United States. Free; Applications online; *Spanish Spoken? Y*

### **Jefferson Parish Workforce Connection**

504-227-1283 Gretna 504-838-5678 Metairie laworks.net  
M-F 8:30-4:30  
Job training, computer access for job search and resume creation

residents across southeast Louisiana.

If you have reason to believe that you have had a possible exposure to HIV in the past 72 hours, call Access Health Louisiana at the Pythian Clinic at (504) 226-2976 and ask to see a provider about post-exposure prophylaxis (PEP).  
*Spanish spoken? Y, via language line*

### **Bounce to Zero**

504-884-3307 bouncetozero.com 1515 Poydras St., Suite 1170  
City of New Orleans program for HIV testing and treatment.  
Call or Text (504) 931-7687 | (504) 877-2464  
To reach a TelePrEP Navigator  
8:00 AM to 5:00 PM Monday through Friday  
Website offers info about testing sites, at home tests, & other programs in Spanish & English

### **Brotherhood Incorporated**

504-566-7955 www.brotherhoodinc.org  
2714 Canal St., Suites 304 & 503  
M-Th 9-3:30 F9-12:30  
HIV/AIDS education for preventative services, counseling, & testing; Housing information services for those with HIV & AIDS. Capacity building training for other orgs. Advocacy program. Free, anonymous & confidential HIV/STI testing. Now offering wrap-around services including sex ed., case management, social work, transportation, & linkages to other agencies. Transitional housing available via Trinity House (HIV patients in need of transitional housing and case management). Free; Walk-in  
*Spanish spoken? Y, by appointment*

### **CrescentCare**

504-821-2601 (ask about STI testing)  
takecharge.cc crescentcare.org/service/sti-testing/  
1631 Elysian Fields Ave, New Orleans  
Walk-in rapid HIV testing is available Tuesdays 12-8, Wednesdays 10-5, Thursdays 10-3, and Fridays 10-5  
Take-home HIV tests are available Monday-Friday from 9 –5.  
Service in Spanish is available Tuesdays 12-4 pm.  
Case management, primary care clinic, assistance w/ primary medical care & medications, counseling, volunteer services, education, wellness center, & support services, Food for Friends program & assistance with housing placement. Outpatient substance abuse treatment program for HIV+ people, support groups including for Transgender people. Call for support group schedule. HIV testing no longer available in main office, but available via prevention offices in the same building. See listing in Primary Care

for additional services.  
Free; Walk-in or appt.; Clinic by appt. only *Spanish spoken? Y*

### **HIV Outpatient Program (HOP) Clinic**

504-702-5700 UMC 504-702-4344 Direct  
www.umcno.org/infectiousdisease  
2000 Canal St. (University Medical Center, Ambulatory Care Bldg),  
\*Parking garage access is at 2005 Tulane Avenue near the corner  
of S. Johnson Street.  
M-F 8-5  
Services for patients with HIV/AIDS, infectious diseases. Hep C  
clinic back in operation. New patients request "Phase 1" appt. HOP  
patient navigators can assist at 504-702-2858, 504-702-2681.  
PREP Clinic M, T, W @ 10am and 2pm, Th at 2pm, F at 7pm  
Comprehensive guide for seeking care can be found here:  
www.lcmchealth.org/sub/59170/documents/gettingstartedguide\_19-  
3830(002)finalwithhyperlinksforemailingtoothers1032019.pdf  
Uninsured can apply for free care through the UMC financial aid of-  
fice; Walk-in or appt.  
*Spanish spoken? Y, on call. Interpreting support through hospital.*

### **HIV Prevention & Management at St. Thomas Community Health Center**

504-529-5558 ext. 234  
Jake Tadevich (*He/They*), HIV Prevention Coordinator  
1936 Magazine Street New Orleans, LA 70130  
Primary Care Clinic with a range of options and specialized care  
specific to HIV. See Primary Care section for info on additional  
services at St. Thomas.

### **Home Again (Concerned Citizens for a Better Algiers)**

504-362-7583 504-362-1066 www.ccfbano.org  
1409 & 1417 Nunez St.  
M-F 9-5 office hours  
Short-term residential program for persons living with HIV/AIDS with  
adult literacy program, GED prep, computer & job training. Potential  
residents or their representative must:  
- Submit social work and physician referrals forms  
- Submit a copy of insurance card and picture ID  
- Submit a negative TB screen (not older than 6 months)  
- Schedule an intake interview CCFBA/Home Again Residence  
maintains a waiting list throughout the year and work to get clients  
housed as fast as possible.  
All referrals should be submitted to Dr. Jonal Abdin via fax at 504-  
275-1118 or e-mail at jabdin@ccfbano.org

Technology (AT) Marketplace (donated AT devices available for  
low or no cost). See website for additional programs.  
*Spanish spoken? N*

### **Lighthouse Louisiana**

504-899-4501 888-792-0163 Toll free 225-275-1200  
Baton Rouge www.lighthouselouisiana.org  
123 State Street, New Orleans 70118  
One American Place, Suite 150 Baton Rouge, LA 70802  
Monday - Friday 8:00am - 4:00pm  
Serves people in the region who are blind or visually impaired by  
providing employment opportunities and other services; some  
services for the Deaf also. Welcoming to trans & non-binary  
people. Most services are free; Call for info or appt.  
*Spanish spoken? Y*

### **LA Office of Disability Determinations**

504-361-6335 www.ssa.gov  
M-F 8-4:30  
Processes SSI/Disability Claims. It takes approx. 180 days to  
process a claim. Go to local SS office for assistance with signing  
up - call for locations - or use website to apply electronically.  
Free; *Spanish spoken? N, interpreting can be arranged*

### **Medicare**

800-633-4227 www.medicare.gov  
Health Insurance program for citizens of 65+ years or those  
receiving SSI or disability benefits for 2+ years. Individuals with  
Lou Gehrig's disease (ALS) or end-stage renal disease also  
qualify. Enrollment through Social Security Office 800-772-1213,  
which also has a "Low SS Program" that qualifies individuals who  
need extra help paying for medicine.  
Free; *Spanish spoken? Y, Se habla espanol*

### **Touro Diabetes Center**

504-897-8813  
www.lcmchealth.org/touro/our-services/diabetes-care  
Touro Diabetes Center Medical Arts Building  
3439 Prytania Street 5th Floor, Suite 501  
8 - 4:30 pm, Monday – Friday  
Outpatient diabetes education and training w/ MD order.  
Physician's order needs to be completed, signed and faxed to  
504.897-8121. Diabetes support group every third Tuesday 10-11  
AM, free and open to the public. All genders welcome.

systems of abuse and oppression, often reproduced by the mental health system. We are unable to provide medical advice or professional care referrals. Free crisis toolkit resource list available.

### **GiGi's Playhouse New Orleans Down Syndrome Achievement Center**

504-321-6770 [www.gigisplayhouse.org/neworleans](http://www.gigisplayhouse.org/neworleans)  
1023 Ridgewood Drive, Suite 2, Metairie, Louisiana 70001  
FREE educational and therapeutic programs for individuals with Down syndrome (birth through adulthood), their families, and the community.

### **Goodwill of Southeast Louisiana**

504-456-2622 [www.goodwillno.org](http://www.goodwillno.org)  
3400 Tulane Ave, Ste 1000, New Orleans, 70119  
647 Main Street Baton Rouge, LA. 70801  
1750 Martin Luther King Blvd. Suite 108 Houma, LA 70360  
Career Development services for people with disabilities: skills training, job placement and job retention, supported employment. Programs for veterans and formerly incarcerated people.  
Free; *Spanish spoken? N*

### **Jefferson Council on Aging/Aging & Disability Resource Center**

504-888-5880 [www.jcoa.net](http://www.jcoa.net)  
6620 Riverside Dr., Ste 107 & 216, Metairie, 70003  
8:30 a.m. to 3:30 p.m. Monday through Friday  
Assistance for Jefferson, St. Charles, St. James, and St. John the Baptist Parishes residents ages 60+ or disabled, including utility assistance, prescription assistance, job training/placement, meal delivery, referrals for equipment and homemaker services (limited to once per month). Social Security number required. Application process done over the phone or in person. Free; Fee requested for meals. Call for appt.  
*Spanish spoken? Y, Se habla espanol*

### **LATAN (Louisiana Assistive Technology Access Network)**

225-925-9500 or 800-270-6185 [www.latan.org](http://www.latan.org)  
10988 N. Harrell's Ferry Rd., Ste. 5 Baton Rouge, LA 70816  
M-Th 8:30-5:30, Fri 8:30-4  
Helps LA residents access devices, technology and aids that allow a person to be more independent, through reduced-interest, fixed-rate, extended-term loan program. Assistive

Sliding scale: free for no income, otherwise 30% of income;  
Referral required *Spanish spoken? Y, by appointment*

### **LSU-CrescentCare Sexual Health Center**

504-293-6899 (call in advance as walk-ins only accepted when space available)  
2515 Canal St. New Orleans, LA  
M-F 8 - 3  
Confidential testing and treatment for chlamydia, gonorrhea, HIV, Syphilis, and other sexually transmitted infections, with testing and onsite provision of most medications.  
Medicare, Medicaid, and private health insurance accepted; sliding scale available for those without insurance. *Spanish spoken? Y*

### **Office of Public Health HIV/AIDS Program**

504-568-7474 [www.louisianahealthhub.org](http://www.louisianahealthhub.org)  
1450 Poydras, Suite 2136  
M-F 8-5  
Referrals to other agencies for prevention & testing services  
Free; Appt Only, Need Referral *Spanish spoken? Y*

### **PAUSE - IWES**

504-599-7712 [www.facebook.com/PAUSE.IWES](http://www.facebook.com/PAUSE.IWES)  
[pause.iwes@gmail.com](mailto:pause.iwes@gmail.com)  
Check facebook page for testing and education events.  
Run by the Institute of Women & Ethnic Studies (IWES) through its Media Advocates for Prevention Program. Free in-home HIV tests shipped to people 18+ in Orleans, Jefferson, St. Bernard and St. Tammany parishes.

### **Planned Parenthood**

504-897-9200 [www.ppgulfcoast.org](http://www.ppgulfcoast.org)  
4636 S Claiborne Ave, Suite 100  
M-Th: 8:30 am – 4:30 pm, Fri: 9:30 am – 4:30 pm  
Comprehensive health services, including family planning, PAP smears, STI testing & treatment, pregnancy and HIV testing, pre-natal health information, breast exams, UTI diagnosis & treatment, healthy pregnancy education, and free sexual health workshops available to the community. Medicaid (Take Charge), cash, credit, some insurance; Appt only. *Spanish spoken? Y*

### **Priority Health Care**

504-309-3262 504-306-6057 504-509-4800 504-309-9307 fax  
[priorityhealthcare.org](http://priorityhealthcare.org) [priorityhealthcare@phc-no.org](mailto:priorityhealthcare@phc-no.org)  
12A Westbank Expwy Ste. 111, Gretna

Clinic open M-F 8-4, Thursday 10-6:30pm  
Early Intervention Services (EIS), Primary Medical Care (PMC), Case Management and Medical Case Management (MCM). Medical case management; provision of a range of client-centered services that link clients with health care, psychosocial, and other services that improve overall health. Non-medical case management, provides advice and assistance to empower clients to access services (including medical, social, community, legal and financial) that support medically related outcome measurements.

Transportation provided.

Sliding scale based on income; Walk in for free HIV testing. Other services are by appointment only.

*Spanish spoken? Y, via language line*

### **Project Lazarus**

504-949-3609 [www.projectlazarus.net](http://www.projectlazarus.net)

Location confidential, PO Box 3906, New Orleans, 70177

Office hours 7-3

Transitional housing for men and women with HIV/AIDS who cannot live independently and whose family and friends are unable to care for them. Inhouse case management, meals, wellness program, job training. Programs for substance abuse, case management for non-residents. Sliding scale on case by case basis; Call for info

*Spanish spoken? N*

### **Tulane Total Health**

504-988-3002 711 N. Broad St, New Orleans

M-F 8-4:30 Adolescent Clinic: M-Th 1-4:30

Ryan White funded HIV clinic, set within the Tulane University Community Health Center providing general primary care services. Two clinics share this space – one for adolescent primary care and one for STI testing and treatment for the general public. Free if qualified, Medicaid, Medicare, insurance. Can make appointment, but also walk-in is fine for STI testing.

*Spanish spoken? Y by appointment*

### **Women With a Vision, Inc.**

504-302-8822 504-301-0428 [www.wwav-no.org](http://www.wwav-no.org)

[info@wwav-no.org](mailto:info@wwav-no.org)

2028 Oretha Castle Haley Blvd, New Orleans, LA 70113

M-F 10-4

Health education and promotion agency specializing in reproductive health advocacy, prevention, harm reduction, outreach, community based research, and referrals. Provides referrals to care and support for HIV Testing & Counseling Weekly Harm Reduction for sex

Assistance with nutritional support, transportation, wigs and prosthesis available; additional programming for women undergoing breast reconstruction. Please visit website for further information and for application.

Free; Call for appointment or walk-in to pick application, which must be signed by a medical professional (applications can also be downloaded from website). *Spanish spoken? N*

### **Cancer Care**

1-800-813-HOPE (4367) [www.cancer.org](http://www.cancer.org)

M-Th 10-6 EST, F 10-5 EST

National nonprofit organization that provides free, professional support services for anyone affected by cancer. Provides grants to aid with transport, homecare, pet assistance, resource navigation, support groups, estate planning, coping circles, workshops, and childcare for low income patients and their caregivers in cancer treatment. All interviews and applications are done through phone & mail. Welcoming to trans & non-binary people.

*Spanish spoken? Y*

### **Deaf Action Center**

504-452-3354 [Shari.bernius@dacinterpretingservices.com](mailto:Shari.bernius@dacinterpretingservices.com)

[dacinterpretingservices.com](http://dacinterpretingservices.com)

Sign language interpretation services. \$50 an hour fee, may be covered by insurance; Call or email for info.

*Spanish spoken? Y, by request*

### **Epilepsy Foundation of Louisiana**

225-298-5499 Office 800-960-0587 Toll free

[www.epilepsyloisiana.org](http://www.epilepsyloisiana.org)

1882 Justice Avenue, Suite B4 Baton Rouge, LA 70816

Services for people with epilepsy and seizure disorder including support groups, counseling for the newly diagnosed, community education, assistance with medical support, information and referrals, medication assistance for indigent persons and a Hope mentoring program.

Free; *Spanish spoken? Y, Can call back with an interpreter*

### **Fireweed Collective**

[fireweedcollective.org](http://fireweedcollective.org) [administrator@fireweedcollective.org](mailto:administrator@fireweedcollective.org)

Fireweed Collective offers mental health education and mutual aid through a Healing Justice lens. We help support the emotional wellness of all people, and center the needs of those most marginalized by our society. Our work seeks to disrupt the harm of

education to service providers and first-time homebuyers.  
Free; Call for info *Spanish spoken? Y, will provide interpreters*

### **Unity of Greater New Orleans**

504-899-4589 504-821-4496 1-888-821-4542 hotline  
www.unitygno.org  
2407 Baronne St. and 2475 Canal St., New Orleans, 70113  
M-F 8:30-4, outreach M-Th 6-9pm  
The HUD-designated "continuum of care" intake for New Orleans, meaning most referrals to other housing assistance programs will go through UNITY. Assists in finding housing for the homeless, including outreach on the street and in abandoned buildings. They also run several Permanent Supportive Housing developments.  
Call for info, no walk-ins  
*Spanish spoken? Interpreters available upon request*

### **Disability Access & Justice**

#### **ACE (Alzheimer's Care and Enrichment Program) at the Jewish Community Center**

504-897-0143 www.nojcc.org rachel@nojcc.org  
5342 St. Charles Ave.  
M,W,F 10-2  
Exercise, meal preparation, music, and interaction with nursery school children for persons with Alzheimer's Disease or related dementia. Monthly support group available for caregivers.  
\$30 per day includes meals, scholarships available; Call & ask for Rachel Ruth *Spanish spoken? N*

#### **ARC of Greater New Orleans**

504-658-4500 www.arcgno.org  
925 S Labarre Rd., Metairie, with service locations in NOLA, Chalmette, Westwego, and Covington.  
M-F 8-4  
Services for people with intellectual disabilities; provides employment opportunities for individuals with special needs, and referrals to additional services. Free; *Spanish spoken? Y*

#### **Cancer Association of Louisiana**

504-733-5539 www.calacares.org 201 Evans Rd. Suite 319, New Orleans  
M-F 9-4  
General support for those undergoing cancer treatment.

workers, injection drug users, and other people at risk for HIV infection; safer sex/needle hygiene material distro. Services for all genders. See listing in Reproductive Health section for additional services. Free; Appt only. *Spanish spoken? Y, sometimes, call ahead*

### **Reproductive Health**

This section has four parts: Birth, Prenatal & Infant Care; Abortion Services; Family Planning; Advocacy & Education; and Cancer Screenings & Prevention.

#### **Birth, Prenatal & Infant Care**

##### **Birthmark Doula Collective**

504-515-1243 call/text admin@birthmarkdoulas.com  
www.birthmarkdoulas.com  
Provides information, support, and advocacy for pregnant and post-partum families through doula services, childbirth education, and infant feeding support. Also offers continuing education opportunities on infant feeding and perinatal emergency preparedness. Sliding scale based on income, and some insurance coverage available.  
*Spanish spoken? Y, by appt.*

##### **Family Birth Place at West Jefferson Medical Center**

504-349-6200 <http://www.wjmc.org/familybirthplace>  
1101 Medical Center Blvd., Marrero  
Shannen Winfield, RN, BSN, Perinatal Educator & Community Outreach Liaison  
shannen.winfield@lcmchealth.org, (504)349-1301  
Classes on many topics related to labor, birth, infant care, childcare, nutrition, and more. Schedule varies every six months, check website for current schedule and to register.  
All classes are free, open to all patients, and are held in person in the Marrero or Gretna Classrooms, first floor of the Hospital.  
All classes offered once a month, dates vary.

##### **Healthy Start New Orleans**

504-658-2600 [new.nola.gov/health/programs/healthy-start/](http://new.nola.gov/health/programs/healthy-start/)  
1616 Fats Domino St.  
M-F 8-4  
Provides women who are currently pregnant or have children under the age of 18 months the following: prenatal and parenting classes, emotional wellness counseling, breastfeeding education, free pregnancy test referrals, infant and children's services referrals, housing information referrals, job training referrals, WIC and nutrition education, transportation, community health referrals, support services

referrals, father involvement support groups (NOLA Dads, Crescent City Dads) and more. Free; *Spanish spoken? Y*

### **La Leche League**

www.lllalmsla.org www.llljefferson.com

www.facebook.com/llljefferson

Membership organization for breastfeeding support & education, meets monthly, call or email for info. New Orleans branch currently inactive; LLL of Jefferson meeting monthly. Jefferson Parish Library, Old Metairie Branch 2350 Metairie Road, Metairie, LA 70001 2nd Wednesday of the month 10:30 am-11:30 AM Chelsea.H.Miller88@gmail.com

### **Medicaid Programs for Prenatal Care**

1-877-455-9955 Specialty Care Resource Line

www.dhh.louisiana.gov

Several Medicaid providers are available for expecting mothers under Bayou Health Network.

-If you want to apply for Medicaid, LA Moms, Take Charge, call 1-888-342-6207

-To find OB/GYN providers under the Bayou Health Programs contact the specific Medicaid provider:

Amerigroup- 1800-600-4441

LACARE-1-888-756-0004

Louisiana Health Care Connections- 1-866-595-8133

United Community Plan of Louisiana- 1-866-675-1607

Community Health Solutions-18552475248

### **Partners for Healthy Babies Hotline**

800-251-2229 hotline www.1800251baby.org

Hours Central Time: M-F 7am-10pm, Sat 9am -5pm; Sun 12 -8

Partners for Healthy Babies connects Louisiana moms and their families to health and pregnancy resources, services and infor.

Free; *Spanish spoken? Y, request upon calling.*

### **Safe Haven Program**

833-lachild or 833-522-4453, text line at: 225-424-1533 (24/7)

www.louisianasafehaven.com

Crisis intervention/Parent education hotline 24/7 Under Louisiana's Safe Haven Law, parents who are unable to care for a baby can bring their baby less than 60 days old to an emergency designated facility, or Safe Haven. By leaving the baby in the care of an employee at a Safe Haven facility, parents can give up custody of a baby with no questions asked. Parents can seek to reclaim

Assemblies. Check website for other events & programs. Also offers affordable rentals; call for more information.

### **Habitat for Humanity**

504-861-2077 Office 504-609-3340 Homeowner's Hotline

www.habitat-nola.org

2900 Elysian Fields, New Orleans

M-F 9-4

Affordable homeownership (monthly payments no more than 30% of your income and no or low interest on the mortgage) for local families or individuals who might not qualify for a traditional home loan. The program requires 250 volunteer hours with the organization and a need for shelter. Home repair services also available for those in need. Some rentals are available, call 504-609-3341. Call for info *Spanish spoken? Y*

### **Neighborhood Housing Services of New Orleans**

504-612-1267 www.nhsnola.org 4605 Freret St.

M-T 9-3:30 Friday by appointment only.

Assistance for first time home-buyers, with education, foreclosure prevention counseling and credit repair classes.

Assistance for home-owners with researching contractors and overseeing work done. Some services free, fees for inspections, classes and estimates; Use website to sign up

*Spanish spoken? Y*

### **Neighborhood Development Foundation**

504-488-0155 ndf-neworleans.org 1429 S. Rampart Street

M-Th 8-7

Homebuyer education, landlord education, and financial fitness classes. Classes accepted for most first-time homebuyer's assistance programs. *Spanish spoken? Y, upon request*

### **Louisiana Fair Housing Action Center**

504-596-2100 504-684-4997 fax

www.lafairhousing.org 1340 Poydras, Ste 710

M-F 9-5

Investigations of discrimination complaints; legal support to survivors of discrimination based on race, color, religion, sex, national origin, familial status and disability in rental, eviction defense for those referred by SE LA Legal Services, sales, mortgage lending and homeowner's insurance transactions. Post-purchase housing counseling to homeowners who are behind on their mortgage payments, facing foreclosure, struggling with predatory loans, and dealing with insurance claims. Fair housing

## **Long Term Housing & Advocacy**

### **Boystown, LA**

504-293-7900 [www.boystownlouisiana.org](http://www.boystownlouisiana.org)

300 N Broad St. Ste 106

Residential treatment for youth with emotional/behavioral problems. Teaches social, academic, and self-help skills. For boys ages 12-17. Must be referred from courts or legal guardian. In-home services, Early Head start program Medicaid;  
*Spanish spoken? Y, Se habla espanol*

### **Catholic Charities Archdiocese of New Orleans Housing & Homeless Services**

(504) 523-3755 [www.ccano.org/homeless-services](http://www.ccano.org/homeless-services)

Homeless Services provide shelter and case management for individuals with chronic mental and physical health needs and families experiencing homelessness. Services include permanent supportive housing and sixteen independent apartments for intact, single-parent families. We provide case management, counseling, advocacy, referrals for additional services, therapeutic and educational groups. Additionally, we provide home-based case management, counseling, life skills training, budget planning, advocacy, linkages to mainstream resources, and referrals for additional services.

### **Housing Authority of New Orleans (HANO)**

504-670-3300 [www.hano.org](http://www.hano.org) (website has pre-application)

4100 Touro St.

Main office: M-F 8-5

HANO runs public housing, including River Garden, Harmony Oaks, and Columbia Parc. They manage the waitlist for Section 8 vouchers for rental assistance, as well as listings of project-based vouchers throughout New Orleans. Tenants in Project-Based units pay 30% of their income for rent and utilities. There are closed waitlists for Section 8; "pre-applications" for waitlists are available on HANO's website. Free  
*Spanish spoken? Y, Se habla espanol*

### **Jane Place Housing Sustainability Initiative**

504-799-1704 [jpnsi.org](http://jpnsi.org) 2533 Columbus Street

Renter's Rights Hotline: 504-539-4504 [nolarra.org](http://nolarra.org)

M-F 9-5

Community land trust providing advocacy and education for fair housing in New Orleans. Hosts monthly Renter's Rights

parental rights within 30 days by contacting the local parish Office of Community Services. Free; Call or visit website for Safe Haven locations & details of parental rights under the Safe Haven Law.  
*Spanish spoken? Y, through interpreter service*

### **Saul's Light**

504-233-4573 [programs@saulsight.org](mailto:programs@saulsight.org) [saulsight.org/sauls\\_light](http://saulsight.org/sauls_light)  
M-F, 9-5.

Available outside of those hours for families in emergencies. Supports LA's neonatal intensive care unit (NICU) & bereaved families by responding to their unique social-emotional needs by offering peer support, connections & referrals to community resources, assistance programs & perinatal mental health resources. Offers limited support for transportation & material resource needs for NICU families. Partners with Fourth Trimester NOLA to run a monthly stillbirth and infant loss support group. Support provided to trans/non-binary people. Works w/ families throughout LA. NICU support program, for families who currently have babies in a LA NICU. For referrals, please include: name, number, email & language. Free  
*Spanish spoken? Y (send email/text for Spanish-speaking social worker.)*

### **Abortion Services**

*As of June 2022, in light of the Dobbs vs Jackson Women's Health SCOTUS decision, abortion is completely banned in Louisiana. People seeking abortion care must travel out of state. As new legislation is introduced and implemented, options are subject to change. Utilize the INeedAnA or AbortionFinder websites for up-to-date information and to find the provider that works best for you logistically and based on your gestational age. If you are seeking abortion care, we recommend you visit the INeedanA or Abortion Finder website first, select the clinic of your choice, make your appointment, and ask the clinic directly about which funding sources (National Abortion Federation) and travel support networks they work with.*

### **INeedAnA**

[www.ineedana.com](http://www.ineedana.com)

Provides simple, up-to-date, and localized info for people seeking abortions. Website shows closest clinics based on location, age, & estimated gestational age. Free; *Spanish spoken? Y*

### **AbortionFinder**

[www.abortionfinder.com](http://www.abortionfinder.com)

Text line: 435-3-FINDER (English); 218-3-BUSCAR (Spanish)  
A comprehensive directory of trusted (and verified) abortion service providers & assistance resources in the U.S. Shows closest clinic options for people based on location, age, and estimated gestational age. AbortionFinder is also available via text message. For service in English, text "Hello" to 435-3-FINDER. Then provide your zip code, and they'll reply with the three abortion providers closest to you.  
Free; *Spanish? Y, text "Hola" to 218-3-BUSCAR.*

### **Exhale: After-Abortion Counseling**

617-749-2948 Text line [www.exhaleprovoice.org](http://www.exhaleprovoice.org)  
Text line hours Central Time  
M-F 5pm-11pm; Sat 3pm-11pm; Sun 5pm-9pm  
Nonjudgmental after abortion text line support for people who have had abortions and their loved ones. Free & confidential;  
*Spanish spoken? Y, Se habla espanol; Other languages available upon request: Cantonese, Mandarin, Vietnamese, Tagalog.*

### **Louisiana Abortion Fund**

844-442-2678 Call line open 3-8pm  
[www.louisianaabortionfund.org](http://www.louisianaabortionfund.org)  
Louisiana Abortion Fund (formerly New Orleans Abortion Fund) provides support to Louisianans seeking abortion care. Services may include abortion funding, practical support (travel support), and resource referral. Instructions for seeking support include calling their helpline and leaving a voicemail including your first name, phone number, and whether it is safe to call back.  
*Free; Spanish spoken? Yes, Information for Spanish speaking individuals can be found on their website (Informacion en español se puede encontrar en el sitio web de NOAF. Su línea de teléfono es 844-442-2678. Oprime 1 para nuestra Línea de Apoyo en Español)*

### **Miscarriage + Abortion Hotline**

1-833-246-2632 (call or text) [mahotline.org](http://mahotline.org)  
The Miscarriage + Abortion Hotline provides support and info to people who are going through an abortion or miscarriage. Offers private, free, caring, and accurate info & support. Staffed by experienced healthcare professionals to offer expert advice on various aspects of miscarriage and abortion, ensuring individuals receive accurate info and compassionate support. No identifying info collected. Legal and medical advice not provided & their support does not substitute for the representation of an attorney or the advice of a doctor. No attorney client relationship formed by

M-F 9-6 office hours; open 24/7

Overnight shelter for men & women. Intake/Check In from 3:30-5:30 PM. Breakfast/Lunch/Dinner served daily, only to those staying overnight. Must be out by 6:30 AM. Walk-in.  
*Spanish spoken? N*

### **New Orleans Women & Children's Shelter**

504-522-9340 [www.nowcs.org](http://www.nowcs.org) 2625 Iberville St., New Orleans  
Transitional housing for homeless single women, including transgender women, 18 and older who have children under 18, pregnant women, and "intact" and single father-led families. Programs for residents include case management, parenting classes, employment program. Free; Call for info  
*Spanish spoken? No, but can arrange for interpreters.*

### **Ozanam Inn**

504-523-1184 [www.ozanaminn.org](http://www.ozanaminn.org) 2239 Poydras St.  
Intake 8-3:30, bed requests end at 4PM  
Emergency shelter for men and women. No children. Priority for long term stays for those in self-help recovery program. Must leave in morning by 6 AM. 3 meals served daily. Legal counsel, supportive housing, medical services, counseling services, and employment skills resources also available. Women's clothing distro Tue & Wed 10:15; Men's clothing distro Tue & Fri 2pm.  
Welcoming to trans & non-binary people. Free; Walk-In  
*Spanish spoken? N*

### **Salvation Army**

504-899-4569 [salvationarmyalma.org/nola/center-of-hope/](http://salvationarmyalma.org/nola/center-of-hope/)  
4526 S. Claiborne Ave. (Office) 4500 S Claiborne Ave. (Shelter)  
Office: 8:30-4:30 M-F, Intakes 4:00pm-6:00pm  
Morning departure by 7 AM, return to shelter at 4 PM. Curfew is 6 PM. No weekend entries.  
Emergency shelter for men (without children), women, and women with children for 30-90 days. First 7 nights free, \$10 thereafter, or voucher. Breakfast and dinner provided. Emergency shelter & case management for women with children for up to 3 months with referral from overnight shelter. Must have state ID, COVID test and current TB test.  
Free for first 7 nights; *Spanish spoken? Y, ask for Mr. Nestor*

## **Shelters & Housing**

This section is in two parts: Short Term Shelters and Long Term Housing & Advocacy.

### **Short Term Shelters**

#### **Covenant House**

504-584-1111 [www.covenanthousenola.org](http://www.covenanthousenola.org) 611 N. Rampart St., Open 24 Hours; walk-in OK  
Shelter for homeless youth 16-22. Education, case management, drop-in medical clinic, job readiness program, food and clothing in a structured environment, Rites of Passage program. Services on an individual basis but will occasionally take adults on a case-by-case basis. Couples accepted, but housing is in separate facilities.  
Free to stay; sliding scale, Medicaid, Medicare, insurance accepted for health clinic (fees required for labs & tests); Call for info or walk-in. *Spanish spoken? Not currently*

#### **Hagar's House for Women**

504-210-5064 [www.hagarshousenola.org](http://www.hagarshousenola.org)  
[hagarshouse@gmail.com](mailto:hagarshouse@gmail.com)  
Intake hours (best time to call) M-F 9-5  
Long term transitional housing for single women, children, transgender and gender non-conforming folks who are 18 or older, and women with children who are not using drugs, and not suffering from any serious mental illnesses. Programs include art & yoga, community gardening, and a working residents' savings program. Call to set up an intake appointment. A waitlist is typical; preference to those with additional barriers (transgender, not English-speaking, etc.). Free; Call to set up an appt. *Spanish spoken? Y*

#### **New Orleans Low Barrier Shelter**

504-517-1815 1530 Gravier Street  
24-hour intakes for individuals of all genders 18 years old or older. All genders. Accepts pets and provides storage locker. Guests must be in by 11pm. 3 meals a day for those staying overnight. Communal setting. *Spanish spoken? N*

#### **New Orleans Mission**

504-638-5434 [www.neworleansmission.org](http://www.neworleansmission.org)  
1130 Oretha Castle Haley Blvd.

reviewing their material. Website provides links to orgs & websites that are not a part of M+A Hotline. M+A is not part of those orgs and M+A Hotline is not responsible for any info and/or services provided nor any actions you take based on that info/services.  
Hours: 7 AM - 12 AM CST; 7 days a week. Call or text. Free  
*Spanish spoken? Y Other language support available on request through the help of a Language Line or text message*

#### **Midwest Access Coalition**

847-750-6224 (Helpline for clients only)  
[www.midwestaccesscoalition.org](http://www.midwestaccesscoalition.org)  
MAC is a practical abortion fund providing financial assistance for costs and difficulties associated with getting an abortion (not for abortion procedures). For those traveling to, from or within the Midwest to access safe abortion services, they coordinate and fund lodging, transportation, and food & childcare support. Call/text 847-750-6224 Free; *Spanish spoken? Y*

#### **National Abortion Federation**

1-800-772-9100 [www.prochoice.org](http://www.prochoice.org)  
Hours Central Time: M-F 7 AM-6PM; Sat-Sun 7AM-3PM  
Largest national, toll-free, multi-lingual hotline for abortion provider info and financial assistance in the U.S. & Canada. Provide callers w/ accurate info, confidential consultation, info on providers of quality abortion care, case management services & limited financial assistance to help afford cost of care and travel-related expenses. Services for everyone, regardless of individual situation. Often very busy – callers may have to wait on the line for several minutes or call multiple times to contact a case manager. Free  
*Spanish spoken? Y Other language support available on request through the help of a Language Line*

#### **Online Abortion Resource Squad (OARS)**

[reddit.com/r/abortion](https://reddit.com/r/abortion) <https://www.abortionsquad.org>  
Runs the abortion subreddit. Peer-based online counseling model helps ensure that people have the info, support, & resources needed to access safe abortion care no matter where they live. Trained volunteers provide expert navigation & support services for those navigating resources and (mis)information  
Hours: Online forum, 24/7  
Free; *Spanish spoken? Y Other language support available*

#### **Tampa Bay Abortion Fund**

727-314-3956 Intake line [www.tbafund.com](http://www.tbafund.com) [info@tbafund.com](mailto:info@tbafund.com)  
Removes financial & logistical barriers to abortion access. Assists

pregnant Floridians & Gulf Southerners (including Louisianans) seeking abortion at providers both in FL (pending FL legislation) and other states. For response within 48 hours, use the intake form on their website or call their intake line. Free

*Spanish spoken? Y, Information for Spanish speaking individuals can be found by leaving a voicemail on their helpline 727-314-3956 or emailing them at info@tbafund.com*

### **Family Planning, Advocacy & Education**

#### **Adolescent Health Clinic (Children's Academic Clinic)**

504-894-5479 [www.chnola.org/Pediatrics/KidsFirstTigerCARE](http://www.chnola.org/Pediatrics/KidsFirstTigerCARE)  
4740 S I-10 Service Rd. W Metairie  
M-F 8-5

Primary care and consult services for adolescents up to age 21, including reproductive health services: STD screening, diagnosis, treatment and contraception; mother-baby clinic for young mothers and their children beginning with newborns. Welcoming to trans & nonbinary people.

Sliding Scale for uninsured (\$25-100), Medicaid, private insurance, no one turned away for inability to pay; Appts preferred  
*Spanish spoken? Y, by appt.*

#### **Institute of Women & Ethnic Studies**

504-599-7712 504-599-7713 Fax [www.iwesnola.org](http://www.iwesnola.org)  
2021 Lakeshore Dr. Suite 220, New Orleans, 70122

Public reproductive and sexual health org (including HIV prevention education) communication, education and advocacy for women and youth of color. The Collective Healing for the Community (CHC) program works with mental health. Check for existing programs on website, including Believe in Youth Nola (BY! NOLA), Teen Outreach Program® (TOP), Media Advocates for Prevention, and Community Engagement for School Based Health Centers. Free in-home HIV tests shipped to people 18+ in Orleans, Jefferson, St. Bernard and St. Tammany parishes. Serves people of all genders.

Call or visit website for info *Spanish spoken? Y*

#### **Gulf South Plan B**

[gulfsouthplanb.com](http://gulfsouthplanb.com) [gulfsouthplanb@protonmail.com](mailto:gulfsouthplanb@protonmail.com)  
Instagram: @gulfsouthplanb

Distributes free emergency contraception (EC), pregnancy tests, condoms, and reproductive health info resources across LA and the Gulf South (including TX, AR, MS, and FL). Provides free mail-request EC by filling out their webform. Kits include (2) doses of

know.

Crescent House/A program of the NOFJC (New Orleans)  
504-866-9554

Beyond the Veil (New Orleans) 504-259-4844

Metro Centers for Community Advocacy (Jefferson)  
24 Hour Crisis Hotline: 504-837-5400 Toll-Free: 1-800-411-1333

Family Violence Program of Saint Bernard (Chalmette) Crisis Line: 504-277-3177

The Haven (Houma) 985-872-0757 Terrebonne, Lafourche, and Assumption parishes

Safe Harbor (Mandeville) 24-Hour Crisis Line: 985-626-5740 or 888-411-1333

St. Tammany & Washington Parishes  
Jeff Davis (Jennings) 337-616-8418 (Jeff Davis area) Toll free: 866-883-2232

Oasis (Lake Charles) Sexual Assault Hotline 866-570-7273  
Domestic Violence Hotline: 1-888-411-1333

#### **INCITE! Women of Color Against Violence**

[incite.natl@gmail.com](mailto:incite.natl@gmail.com) [www.incite-national.org](http://www.incite-national.org)  
National activist organization of radical feminists of color advancing a movement to end violence against women of color in our communities through direct action, critical dialogue, and grassroots organizing. INCITE! is made up of grassroots chapters and affiliates across the U.S., including the Women's Health & Justice Initiative and formerly the New Orleans Women's Health Clinic; a national collective that works to leverage this grassroots organizing on a national and transnational platform; and thousands of members and supporters internationally. INCITE! works with groups of women of color and their communities to develop political projects that address the multiple forms of violence women of color experience in our lives, on our bodies, and in our communities.

*Spanish spoken? Y, Se habla espanol*

### **STAR (Sexual Trauma Awareness & Response)**

504-407-0711 Office 855-435-STAR Hotline star.ngo/  
123 N. Genois Street, New Orleans, 70119

Advocacy, counseling and legal services available to youth and adult survivors' of sexual violence at no cost, intended to assist you at any stage of healing. Services for all genders. Interpretation services available for multiple languages.  
Free; Call or check website for info

### **Tulane Law School Domestic Violence Clinic**

504-865-5153 6329 Freret St. Ste 130  
M-F 8:30-5p

Provides civil legal services to survivors of domestic violence. Must call in advance for a phone screening, no walk-ins. In order to engage with this legal clinic you cannot be currently represented by an attorney. Clinic does not charge clients for its services, but its clients must be income- eligible to receive representation.

### **Ubuntu Village**

504-252-1401 ubuntuvillagenola@gmail.com  
www.ubuntuvillagenola.org  
2021 South Dupre St.  
M-F 8:30-5p

Parent Navigators in the Juvenile Courts. Provide programming supporting families navigating the legal process and leadership groups, promoting advocacy and research. INSTEAD is a program at Ubuntu Village that offers alternatives to prosecution and incarceration for adults and youth that promote health, and healing for our participants. Peace Ambassadors: community members working to prevent conflicts from developing and intervening in potentially violent situations. They establish trust and credibility and use strategies for de-escalation. Peace Ambassadors is in collaboration with the New Orleans Office of Violence, UMC Trauma Recovery Center & community stakeholders.

### **Shelters for Victims Fleeing Violence**

These shelters are specifically for folks fleeing domestic or sexual violence and at unlisted locations. Call for intake—you will need to answer some questions about your situation for them to see if you qualify. If you experience discrimination in admission to any of these spaces due to your gender, please contact Louisiana Coalition Against Domestic Violence - LCADV.org to report the discrimination if you choose. All shelters state they admit all genders and if they do not in practice, please let the LCADV

EC and other health supplies. Kits mailed within (2) weeks of request. Provides bulk EC to community groups across the Gulf South. Free  
*Spanish spoken? Y, Spanish language request form on website.*

### **Plan B NOLA**

504-264-3656 text/call www.planbnola.com  
8:30-8:30 7 days a week

Project of The Reproductive Justice Action Collective (ReJAC) offering free or by-donation emergency contraception (EC) in the GNO area. Website shares locations in the GNO area where people can access free EC. Text their help line for the most up-to-date offerings re: delivery & outposts around New Orleans for EC

### **Planned Parenthood**

(504) 897-9200 www.ppgulfcoast.org  
4636 S Claiborne Ave, Ste 100  
M-Th: 8:30 am – 4:30 pm, Fri: 9:30 am – 4:30 pm  
Comprehensive health services, including family planning, PAP smears, STI testing & treatment, pregnancy and HIV testing, prenatal health info, breast exams, UTI diagnosis & treatment, healthy pregnancy education, and free sexual health workshops available to the community. Medicaid (Take Charge), cash, credit, some insurance; Appt only. *Spanish spoken? Y*

### **Women With a Vision, Inc.**

504-302-8822 504-301-0428  
www.wwav-no.org info@wwav-no.org  
2028 Oretha Castle Haley Blvd, New Orleans, LA 70113  
M-F 10-4  
Health education and promotion agency specializing in reproductive health advocacy, prevention, harm reduction, outreach, community based research, and referrals.  
Services include:  
1- Culturally competent support and referrals for women and LGTBQ+ folks, especially those formerly or currently incarcerated and/or engaged in sex work  
2- Referrals to care and support for HIV Testing & Counseling  
3- Assistance with ACA, Medicaid, Take Charge, or La CHIP applications  
4- Assistance with Louisiana Department of Children and Family Services Applications: SNAP (Food stamps) and Childcare Assistance  
5- Assistance for African-American and LGBTQ women survivors of domestic violence, sexual assault, stalking, and dating violence to culturally specific services and referrals in the New Orleans metro

area

6- Weekly Harm Reduction for sex workers, injection drug users, and other people at risk for HIV infection; safer sex/needle hygiene material distribution

7- Focus Groups, Small group sessions, Story Circles, presentations, health fairs, workshops, one on one sessions, community based grassroots organizing and advocacy. Topics covered include: Harm Reduction and Overdose Prevention, Domestic Violence Awareness, Birth Control, Family Planning, Sexually Transmitted Infections (STI's), HIV/AIDS, Breast and Cervical Cancer, Reproductive health and self-care, Women's rights to culturally appropriate care, human rights, economic empowerment, microenterprise, improving services for currently or formerly incarcerated women, women's (including Trans-identified) empowerment. Services for all genders. Free; Appt only. *Spanish spoken? Y, sometimes, call ahead*

### **Cancer Screenings & Prevention**

#### **LA Breast & Cervical Health Program in New Orleans at ILH**

1-888-599-1073 [www.lbchp.org](http://www.lbchp.org)  
LSUHSC School of Public Health, 2020 Gravier St., 3rd Fl.  
M-F 8-4:30  
Referrals for free breast exams, pelvic exams, PAP smears and mammograms to qualifying (uninsured & underinsured) Louisiana residents age 40-64; Appointment Only  
*Spanish spoken? Y, interpreter provided upon request*

### **For Transgender, Non Binary, & Gender-Expansive People**

#### **Brotherhood Incorporated**

504-566-7955 [www.brotherhoodinc.org](http://www.brotherhoodinc.org) 2714 Canal St. Suite 304  
M-Th 9-4; F 9-1  
Advocacy program, PREP navigation. See listing in HIV/STI section for info on additional programs. Free *Spanish spoken? N*

#### **CrescentCare Gender Clinic**

504-821-2601 [www.crescentcare.org/service/gender-services](http://www.crescentcare.org/service/gender-services)  
2515 Canal St. and 1631 Elysian Fields Ave.  
Provides quality care for transgender & gender-expansive patients, regardless of income, immigration, or insurance status. Offers access to primary care, gender affirming hormone therapy (informed consent model), referrals to gender affirming surgical care, name and gender marker change support, free chest binder exchange services, behavioral health care, resource list of external

#### **NOFJC (New Orleans Family Justice Center)**

504-592-4005 [www.nofjc.org](http://www.nofjc.org) [healing@nofjc.org](mailto:healing@nofjc.org)  
701 Loyola Ave, 2nd Fl., Ste 201, New Orleans, 70113  
M-F 8:30-5p.  
Serves ALL parishes, but is located in New Orleans.  
24 Hour Crisis Line for shelter/resources 504-866-9554  
Comprehensive free one-stop center for survivors of domestic violence, sexual assault, stalking, and their children. Shelter has private rooms/studios for survivors and their families actively fleeing violence. All services provided in both English and Spanish or will secure interpretation. Services include: Trauma counseling and groups, wellness supports, temporary safe space/shelter, legal consult, restraining orders, custody, housing consult, case management, and social and health care services. Hospital medical advocacy for survivors, HOPE Clinic partners with the NOFJC to provide forensic exams and medical care to survivors who don't feel comfortable going to a hospital. Counseling often has a two month waitlist but if a person is in a lethal, dangerous position, can be moved up and seen more immediately. Welcoming to trans and non-binary people.  
*Spanish spoken? Y, Se habla espanol*

#### **Project Save**

504-310-6872 639 Loyola, New Orleans, 70150  
Languages: Spanish, French, Vietnamese, English  
Restraining Orders & Emergency legal representation for survivors of domestic violence in Orleans Parish. Services include temporary restraining orders, temporary child support, temporary custody, and temporary use of property. Through the Catholic Charities Archdiocese of N.O. Welcoming to trans & nonbinary people. Free; *Spanish spoken? Y, Se habla espanol.*

#### **Silence is Violence**

(504) 282-0607 [speakup@silenceisviolence.org](mailto:speakup@silenceisviolence.org)  
2000 Lakeshore Dr.  
M-F 9-5  
Advocacy and resources for survivors of violence of all crimes. For crime survivors families and friends, and violence prevention. Includes Victim Allies Project.  
Services for all genders. Free; Call or check website for info  
*Spanish spoken? N*

### **Louisiana Foundation Against Sexual Assault**

225-372-8995 office 888-372-8995 Crisis Line  
11832 New Castle Ave, Ste 9, Baton Rouge, 70816  
Statewide nonprofit agency offering info & referrals, training & research regarding sexual violence & services for survivors, families. Offers legal services and assistance, hotline and survivor services, accredits sexual assault centers, and offers assistance to seek justice for victims of campus sexual assault. Text an advocate: 225-351-7233 (7 days per week, Mon-Th 12-8pm & Fri-Sun 4pm-12am)  
Text and chat Helpline, operating 12-8pm seven days a week that serves survivors of sexual harm, their loved ones, or anyone impacted by sexual harm in the state of Louisiana. This is a free, confidential service that provides short term emotional support, safety planning, and connection to long term resources. Visitors can access the chat online through [lafasa.org](http://lafasa.org) or by texting. Speak with an advocate: 1-888-995-7273 24/7  
Free; Call for more info *Spanish spoken? Y, on crisis line*

### **Louisiana Survivors for Reform / LSR**

[lrs@defendla.org](mailto:lrs@defendla.org)  
[www.facebook.com/LouisianaSurvivorsforReform](http://www.facebook.com/LouisianaSurvivorsforReform)  
A program of the Promise of Justice Initiative:  
[www.promiseofjustice.org/home/louisiana-survivors-for-reform/](http://www.promiseofjustice.org/home/louisiana-survivors-for-reform/)  
For support groups: <https://linktr.ee/LSReform>  
Coalition of crime survivors, homicide victims' family members, and community organizations creating change in Louisiana's criminal justice system through education, policy, & community. Provides several community support groups.

### **Metropolitan Center for Women and Children**

504-837-5400 24 hr crisis line,  
statewide rape crisis 1-888-995-7273,  
LA state wide hotline 1-888-411-1333 (call goes directly to them)  
[www.mccagno.org](http://www.mccagno.org) Location confidential, Call 24 hours a day.  
Serves all parishes but located in Jefferson Parish.  
Emergency shelter for survivors of domestic violence; provides legal advocacy, medical advocacy, services for victims of sexual assault; residential and nonresidential counseling for domestic violence, stalking, human trafficking or sexual assault.  
Free; Call for more info *Spanish spoken? Y*

gender affirming BH providers, STI testing & treatment, and dental care.

Must call for appointment. Sliding scale based on income  
*Spanish spoken? Y*

### **Louisiana Trans Advocates**

[info@latransadvocates.org](mailto:info@latransadvocates.org) [www.latransadvocates.org](http://www.latransadvocates.org)  
Strengthens and supports trans and allied communities across LA through social support, education, empowerment, & advocacy promoting self-determination of gender identity & expression for everyone.

### **nolaHYPE**

504-988-3883 [nolahype.org](http://nolahype.org)  
Ruth Fertel Tulane Total Health Clinic on Broad and Orleans is the clinic. The office for nolaHYPE is stationed on the ninth floor of 1440 Canal housed under Tulane Adolescent Med  
Sexual health treatment, prevention, gender affirming care, compensation for research studies, a community advisory board for Black trans or queer NOLA Youth 18-24, community organizing, events. Accepts walk ins to the Fertel Clinic -- hours on website.  
*Spanish spoken? Y*

### **New Orleans Pride Center**

504-317-1627 [www.nolapridecenter.org](http://www.nolapridecenter.org) [info@nolapridecenter.org](mailto:info@nolapridecenter.org)  
2762 Orleans Ave, New Orleans, 70119  
Welcoming, inclusive hub for local and regional LGBTQ2IA+ individuals and communities where all feel safe to celebrate their authentic selves and thrive through connection. Monthly community meetups, including groups for trans youth, parents of trans kids, and trans writers.  
*Free Spanish spoken? N*

### **QTCAP (Queer & Trans Community Action Project)**

Instagram: [@qtcap\\_nola](https://www.instagram.com/qtcap_nola)  
Trans-led group of activists in New Orleans organizing to resist rising transphobic and anti lgbtq+ rhetoric and policy in LA. Our mission is to protest and campaign against politicians that target our communities and for policies that would increase our ability to live with dignity. To learn more, stay updated, or to get in touch please follow our instagram!  
Formerly known as Real Name Campaign, we can connect community members in New Orleans to legal name-change resources.

### **QT Care House**

Instagram: @qtcarehouse

An LGBTQ+ collective of holistic healers in New Orleans committed to creating joyful, affirming, and accessible care for our Queer and Trans community through events that offer free and sliding scale wellness services.

### **Trans Income Project**

www.transincomeproject.org

natalie@transincomeproject.org Instagram:@trans\_income\_project

Mutual aid (including meal program) by and for trans people in New Orleans, particularly those engaged in sex work. Visit website to apply for support, including cash grants and meal program.

### **TIDAL New Orleans**

Tidalnola.org

TIDAL is a trans-led coalition of community members, healthcare providers, students, and teachers in the Gulf South, united in our commitment to trans liberation through equitable healthcare. We train healthcare providers and organizations to offer accessible and affirming healthcare services grounded in cultural humility for transgender, gender-expansive, and gender non-conforming communities (TGNC). We believe that TGNC folks are experts regarding their own needs and experiences. We envision a future where healthcare organizations and providers consider TGNC health equity to be necessary, intersectional, community-led, systemic, and ongoing. Our community values and agreements are regularly revisited.

Open TIDAL Community Meeting: 2 - 3 times a month on Wednesdays 6-7PM CT. Open meetings where we discuss our projects, invite community feedback, and center trans joy and resilience; For trans and gender-expansive community members or cisgender accomplices.

### **Trans Queer Youth NOLA**

Instagram: transqueeryouth.nola

T.Q.Y. NOLA is a youth-led project that provides free & accessible activities for trans and queer youth in the New Orleans region for ages 12-24. Events range from movie nights to gender-affirming makeup workshops and are all self-organized by youth.

### **Trans Lifeline**

877-565-8860 www.translifeline.org

8 AM – 2 PM

Hotline staffed by transgender people for transgender people.

Trans Lifeline volunteers are ready to respond to whatever support

### **Beyond Harm NOLA**

504-408-1284 www.beyondharmnola.org

instagram: beyondharm

Beyond Harm envisions a world where all people are free from structural and intimate violence. Provides referral for domestic violence intervention, sexual assault. Provides services or referrals for those seeking court mandated and unmandated groups for those who have caused harm. Sliding scale  
*Spanish spoken? Y*

### **Center for Restorative Approaches / CRA**

504-249-5274 www.thecra.net 223 N Rendon St.

Work with those affected by a conflict to develop collaborative solutions in the following settings: schools, organizations and businesses. Provides trainings throughout the year. Welcoming to trans & nonbinary people. *Spanish spoken? N*

### **Community Mediation Services New Orleans / CMS NOLA**

(504) 222-2954 www.cmsnola.org CommunityMediation-ServicesNOLA@gmail.com

CMS provides mediation and restorative justice services on a sliding scale for resolution of conflicts with family, neighbor, landlord-tenant, friends without going to court. Sliding scale available. *Spanish spoken? N*

### **Crime Survivors NOLA**

www.crimesurvivorsnola.org crimesurvivorsnola@gmail.com linktr.ee/crimesurvivorsnola

A group of survivors and advocates sharing resources on locating support groups, navigating the criminal legal system, etc., including the Crime Survivors Guidebook (free) for those who have survived violence in N.O. which includes resources for crime survivors and explanations of the criminal legal process, how to file for crime victim reparations funds, etc.

### **Family Violence Program of Saint Bernard**

504-277-3177 St. Bernard Parish 24 Hour Crisis Line

www.fvpsb.org

Provides 24-hour crisis line, safety planning, emergency shelter (45+ days), transportation, legal/court advocacy, support groups, art therapy, children's services, case management, educational materials, speakers, community education, teen violence prevention, outreach programs. Free; Call ahead  
*Spanish spoken? Y*

### **Trystereo (New Orleans Harm Reduction Network)**

504 535-4766 (text, no calls) [trystereo.org](http://trystereo.org)

Mobile Hours: Any, by appointment.

Weekly drop-in hours: 5:30-7 pm M at St Claude and Caffin and 3-4 pm T at Duncan Plaza (Gravier and Loyola)

Text hotline for after-hours mobile access to sterile smoking & injection equipment for people who use drugs, overdose prevention, fentanyl testing strips, and harm reduction trainings. No cost, donations appreciated. *Spanish spoken? Y*

### **University Medical Center**

504-962-6110 [umcno.org](http://umcno.org)

The Integrated Health Clinic at UMC offers an integrated team approach in treating opioid use disorders.

2003 Tulane Ave, Primary Care Center, Suite B; 504-962-6106; M-F 8-4:30

Tobacco/smoking cessation program with cessation medication and group behavioral counseling.

Free or low cost: contact Lucretia Young via phone 504-702-5178 or email [lyoun2@lsuhsc.edu](mailto:lyoun2@lsuhsc.edu).

*Spanish spoken? Y*

### **Women With a Vision, Inc.**

504-301-0428 [www.wwav-no.org](http://www.wwav-no.org) 2028 Oretha Castle Haley Blvd.

M-Th 10-4, with some late evening & weekend outreach and events

Black and Queer led health education and promotion agency specializing in reproductive health advocacy, sex worker rights, harm reduction outreach, community based research, case management and referrals. Safer sex, IDU kits and hygiene material distribution. Free; Appts taken, Walk-Ins welcome, All genders welcome *Spanish spoken? Sometimes, call ahead*

### **Anti-Violence & Conflict Support**

#### **Children's Hospital's Audrey Hepburn CARE Center**

504-896-9237 [chnola.org/services/audrey-hepburn-care-center](http://chnola.org/services/audrey-hepburn-care-center)  
1140 Calhoun St.

Free treatment and medical forensic exams for minors in cases of sexual or physical abuse or neglect. Youth Emergency

Psychiatric facility through Children's Hospital.

Free; *Spanish spoken? Y*

needs members of our community might have. Website includes resource list, including assistance with relocation to safer states.

### **Food Access**

This section has two parts: Meals & Food Pantries and Government Sponsored Food Programs. For resources we may have missed, use **Food Finder: [whyhunger.org/find-food/](http://whyhunger.org/find-food/)**

### **Meals & Food Pantries**

#### **Broadmoor Improvement Association**

504-249-5130 [wellness@broadmoorimprovement.com](mailto:wellness@broadmoorimprovement.com)

[www.broadmoorimprovement.com](http://www.broadmoorimprovement.com)

Food Pantry Tues 10-12 & Wed 1-3:00 at Broadmoor Community Church 2021 S. Dupre.

See Basic Needs section for info on additional services.

Free; Call for appt. *Spanish spoken? Y, upon request*

#### **Catholic Workers St. Thomas House of Hospitality**

504-457-8062 [www.nolacatholicworker.org](http://www.nolacatholicworker.org) [nocw@yahoo.com](mailto:nocw@yahoo.com)

Delivering hot meal to 60+ folks on Tuesday evenings, but currently AT CAPACITY. Free: Call to inquire about current capacity *Spanish spoken? N*

#### **Common Ground Relief Free Food Pantry**

[/www.commongroundrelief.org/projects/free-food-pantry](http://www.commongroundrelief.org/projects/free-food-pantry)

1804 Deslonde Street

Saturdays from 10 - 2

No intake paperwork required, just sign in. No requirements for residency, income. Walk-in

#### **Community Center of St. Bernard**

504-518-5968 7143 St. Claude Ave

Food bank Tues, Wed & Thurs 8AM - 12 noon;

First & Third Mondays of each month 8-2

Welcoming to trans and nonbinary people.

Free for low income residents of St. Bernard Parish; Walk in

*Spanish spoken? Y*

#### **Community Kitchen**

Instagram: [communitykitchennola](https://www.instagram.com/communitykitchennola)

Volunteers serving free meals and distributing fresh food in New Orleans. TUE hot food serving 3-4pm at duncan plaza between city hall & the main branch public library. Welcoming to trans &

nonbinary people.

Free; Walk in, check Instagram to check schedule

*Spanish spoken? Sometimes*

### **Community Table at Bethlehem Lutheran Church**

504-895-7050 [www.blcnola.org/communitytable](http://www.blcnola.org/communitytable)

1823 Washington Avenue

Tues, Thurs and Fri 9am - 1pm, closed Mon and Wed.

Free; walk-in.

### **Crescent City Café**

[www.crescentcitycafe.com](http://www.crescentcitycafe.com) [info@crescentcitycafe.com](mailto:info@crescentcitycafe.com)

3900 St. Charles Ave Rayne Memorial UMC

1st & 3rd Saturday of each month, 8-9:30 AM

Volunteer-run café serving no-cost meals two Saturday mornings each month.

Free & pay what you can; Walk in *Spanish spoken? N*

### **Dragon Café at St. George Episcopal Church**

504-899-2811 4600 St. Charles Ave, New Orleans, 70115

Mon-Thurs Morning Call program 9-10:30 people can come for coffee and continental breakfast, relax in AC or heat, charge devices, free wifi, clean bathrooms, hygiene products etc.

Sun 8:30-9:30 AM Hot breakfast.

Free; Walk in *Spanish spoken? N*

### **Familias Unidas**

504-813-4022 [Leticia@FamiliasUnidasLA.org](mailto:Leticia@FamiliasUnidasLA.org)

Food distro program; call before 8AM to check on availability.

Tues or Thurs pickup in person

*Spanish spoken? Y*

### **Grace at the Green Light**

504-239-4544 [graceatthegreenlight.org](http://graceatthegreenlight.org) 400 N Rampart

Meals, water, snacks, clothing closet, assistance connecting to social services.

Registration required; register between 6:30 & 7:30 every morning.

### **Gretna United Methodist Church Food Bank**

504-366-6685, Press 2 for food pantry

1309 Whitney Ave, Gretna, 70056

Second Harvest food pantry (ID & proof of residency required);

Food M and Th 10am-1pm

### **Smart Recovery**

[smartrecovery.org](http://smartrecovery.org)

Check website for information on times and places for virtual and in-person meetings throughout NO area. Each meeting has different phone and email contacts. Mutual support meetings are free and open to anyone seeking science-based, self-empowered addiction recovery.

Free; *Spanish spoken? N*

### **Suboxone (buprenorphine) providers that accept Medicaid (in addition to those already listed)**

Avenues Recovery (504-608-5817) two locations: 5620 Read Blvd, 5th Floor, New Orleans, LA 70127 and 4933 Wabash St, Metairie, LA 70001

Depaul Community Health Centers (dba Daughters of Charity) multiple locations St. Cecilia in Bywater, Carrollton, and Metairie 1030 Lesseps St, New Orleans LA 70117, 504-207-1070 or 504-207-3064

Healthcare for the Homeless, 1530 Gravier St., 504-658-2785 (other locations in Algiers and Central City see Primary Care section for additional services)

Other providers listed online but call ahead to verify:

[www.samhsa.gov/medication-assisted-treatment/find-treatment/treatment-practitioner-locator](http://www.samhsa.gov/medication-assisted-treatment/find-treatment/treatment-practitioner-locator)

Cost: Medication copay (Medicaid: \$3-10/mo for month supply), psychiatry, counseling, and urine toxicology screening requirements vary by location.

### **Treatment Atlas**

800-597-2557 [treatmentATLAS.org](http://treatmentATLAS.org)

Answer a 13-question, anonymous assessment that will take around 10 minutes. You'll receive guidance you can use to find the right treatment. ATLAS can help you compare treatment facilities to see which are providing high-quality addiction care described in the Shatterproof National Principles of Care. ATLAS is managed by Shatterproof and RTI International and now serves 6 states, including Louisiana.

Cost of care and accepted forms of payment reported by each facility. *Spanish spoken? N*

\$20-100, \$3-5 with Medicaid. Individuals who cannot access naloxone locally can be trained online and mailed supply naloxoneexchange.com (low cost) or nextdistro.org/louisiana (free)

**Regional Recovery Hub through Start Corp.**

504-584-8756 504-949-0859 startcorp.org  
701 Loyola Ave, Ste 106  
M-F 8-4:30

Peer recovery support services, recovery coaches, public education, prevention efforts, advocacy, mental health resources, job training and resume writing. Serves all genders.  
Free, walk-ins welcome

**Responsibility House**

504-367-4426 504-367-4234

(adult male residential treatment program)

504-366-6217 (housing) www.responsibilityhouse.org

1799 Stumpf Blvd, Building 7, Suite 4, Terrytown, 70056

4-5 week residential treatment program for adult men with substance abuse, co-occurring disorders or dual diagnosis. Intensive outpatient program and supportive housing for men and women. Residential Treatment Program is free, Medicaid; Call for appt.  
*Spanish spoken? N*

**River Oaks Hospital**

800-366-1740 Call Center (24/7 support) 504-734-1740

www.riveroakshospital.com

1525 River Oaks Rd W, New Orleans, LA 70123

Provides the following programs: Eating Disorders Treatment, Addictive Disorders/Dual Diagnosis Program, Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP) for the treatment of addictive disorders and dual diagnosis, Call 24/7 for non-cost assessments and admissions

Accepts most insurance and managed care plans, TRICARE, VA Benefits, Medicare, and Louisiana Medicaid

*Spanish spoken? Y ask for interpreters for any language and the hard of hearing. Resources for low vision and blind patients.*

**Serenity Outreach Center**

504-731-1607 134 North Broad Street, Suite A, New Orleans  
Outpatient Behavioral Health & Substance Abuse Therapy for ages 5-65. All Louisiana Bayou Health Plans accepted, sliding scale available. LGBTQ are welcome!

Free; Call or Walk in

*Spanish spoken? Sometimes in person, but will also find someone to assist. Paperwork available in Spanish.*

**Gwangi & Hollywood Community Center**

504-482-4177 Instagram:@\_peoplespoliticalparty

1531 Newton Street in Algiers, New Orleans 70114

Black Panther Party Community Center serving red beans & rice

Mondays at 11 am

Free Call for info on additional programs

**Hare Krishna Temple**

504-478-5439 2936 Esplanade Ave New Orleans

Free vegan meal every Sunday at 7:30pm

Walk-in, first come first serve

**Hope House**

504 525 2561

916 Saint Andrew St., New Orleans (Irish Channel), 70130

MWF 9-1PM, TR 9-4PM

Groceries for residents of 70130 zip code; See listing under Basic Needs for additional programs.

Free, requires proof of residence, proof of income, picture ID; Call for more info *Spanish spoken? N*

**Kula Bus**

Instagram: @santosha.village

OC Haley near New Orleans Mission

Hot meals every other Sunday 10am - 1pm

Check instagram for updates and additional services

**Lantern Light at Rebuild Center St. Joseph Church**

504-273-5577 www.lanternlight.org

1803 Gravier St., behind St Joseph Church

M-F 8 -2:30

Lunch served M-F 1-1:30PM; Food bank 1st & 3rd Fridays of the month, 9:30-10:30AM (call for eligibility). See Basic Needs section for info on additional programs. Free; Walk-in for lunch. Food bank requires state ID, copy of lease, and proof of income  
*Spanish spoken? N*

**Lower 9 Food Pantry**

504-278-1240 info@lowernine.org 1739 Jourdan Avenue

Open weekly on Saturdays from 10-2. Serves people by first

letter of last name: A-F 10-11; G-L 11-12; M-S 12-1; T-Z 1-2.  
Call with any questions, or for information on SNAP benefits registration support.

### **New Orleans Community Fridges**

[www.nolacommunityfridges.org/locations](http://www.nolacommunityfridges.org/locations)

[www.facebook.com/share/g/1Ee98SoppQ/](https://www.facebook.com/share/g/1Ee98SoppQ/)

Free food and meals in fridges in several locations across the city, available 24/7.

Refer to “Nola Fridges (NOCF) - Community” Facebook group for updates. Current locations as of May 2025:

1522 Villere

3908 Joliet St. @ Trinity Community Center

1206 Touro St.

2528 Lapeyrouse St.

300 Wagner St. (Algiers)

401 Sala Ave. (Westwego)

1014 N. Miro St.

1801 Alvar St.

1924 Jackson Ave. (*Solar powered*)

1609 Delery St.

1941 Marigny St. (at Johnson)

3016 St, Philip St.

8717 Hickory St.

2120 Port St.

9000 Oleander St. (*Solar powered*)

Short Term Adult Residential Treatment: 504-821-9211;  
approximately 28-day residential drug rehabilitation program

Intensive Outpatient (IOP)/Long Term Housing: 504-821-9211;  
intensive outpatient program where residents live on-site for 3-6 months; must complete OHL short-term residential treatment before moving into IOP

Sobering Center: 504-821-9211 ext. 7200; 732 N Claiborne Ave.  
Free service allowing overly intoxicated individuals to recover from immediate acute alcohol impairment; Outreach Van available to pick up & transport individuals at 504-439-5941

OHMega: 504-258-4203; no cost three to six month program that provides outpatient treatment services to racial/ethnic minority men who are who are suffering from substance use and are at high risk for HIV or are living with HIV

Serves all genders. Detox & Residential free for uninsured, Medicaid (no private insurance).  
*Spanish spoken? Y, by appointment*

### **Oxford House**

1-800-689-6411 [www.oxfordhousela.org](http://www.oxfordhousela.org) [oxfordvacancies.com](http://oxfordvacancies.com)  
Permanent housing at democratically run, self-supporting, drug and alcohol free homes. Rules may vary slightly among houses. Refer to website for locations of vacancies and contact information (specific to each house listing). Submit application and interview with residents for acceptance.

Cost of rent, utilities, and house supplies shared. Move-in fee ranging from \$150-250 (due upon acceptance into House). Weekly costs range from \$100 to \$125 per person.

*Spanish spoken? N*

### **Pharmacies in Orleans Parish that sell NALOXONE over the counter**

Naloxone is the drug used to reverse opioid overdose, no ID is required for purchase, the pharmacist can tell you how to administer it.

Any CVS or Walgreens.

Crescent City Pharmacy 2240 Simon Bolivar, New Orleans, 70113; 504-267-4100

Genoa Healthcare, 2221 Philip St, Ste Q, New Orleans, LA 70113; 504-571-9120 (free intranasal)

Plaquemines Community C.A.R.E. Center: 115 Keating Dr,  
Belle Chasse, LA 70337  
Medicaid, Medicare, some insurance, Appointment only  
*Spanish spoken? Y, at some locations, inquire on main line*

### **NADA NOLA**

nadaneworleans.weebly.com donoharm@riseup.net  
Community based acupuncture protocol that treats anxiety,  
trauma, insomnia, and general stress, and supports substance  
use management.  
Thursdays, 6:30-8:30 pm (arrive by 8) at 3401 St. Claude Ave  
(entrance on Desire St is wheelchair accessible)  
Please wear a (K)N95 mask. Ear acupuncture by donation or  
free; Call, walk in or email for info  
*Spanish spoken? Y, written materials in Spanish & English,  
some providers speak Spanish & English.*

### **Narcotics Anonymous**

504-899-6262 (GNO helpline) 877-554-8308 (Northshore)  
www.noana.org www.nsana.org  
GNO area group meetings to deal with and end addiction to  
narcotics held 7 days a week. Call either helpline or check  
website for current schedule of meetings held virtually (online/  
phone) and reopened in-person throughout GNO area. Option  
to speak with someone in recovery.  
Free; *Spanish spoken? Sometimes*

### **Ochsner Health**

www.ochsner.org/recovery Brent House Hotel, Ochsner Main  
Campus 1516 Jefferson Hwy  
M-F 9-3  
Recovery Program 504-842-3999 (option 2) Intensive  
outpatient program (IOP) for alcohol & substance use  
disorders, family treatment, and aftercare services. 20-30 day  
program. Smoking Cessation 504-842-7490 Free for LA and  
MS residents ages 18+ Serves all genders.  
Covered by Most Insurance, Private Pay, Payment Plans, No  
Medicaid; Call for evaluation, no walk-ins *Spanish spoken? N*

### **Odyssey House Louisiana**

504-821-9211 ohlclinic.org info@ohlclinic.org  
Medically Supported Detox: 504-821-9211; 2700 S Broad  
5-7 day inpatient detox treatment; admissions M-F 8 am-2 pm;  
admissions based on bed availability.

### **Northshore Food Bank**

985-893-3003 ext.102 www.northshorefoodbank.org  
125 W. 30th St Covington, LA 70433  
Distribution M, T, Th 9am-12pm  
Food bank with referrals for other services.  
Registration M, T, Th 9AM-11:30AM.  
Free: Can come through once for emergency food, but to be  
regular part of program, need: photo ID, proof of residence of St  
Tammany Parish, SS card, and proof of income for all household  
members. *Spanish spoken? Sometimes*

### **Open Table at Mt. Zion Methodist Church**

504-702-8442\_2700 Louisiana Ave., New Orleans, 70115  
Tuesday 3 PM  
Hot meal served during Good Samaritan Program  
Free; Walk in *Spanish spoken? N*

### **Rayne Memorial UMC Second Harvest Food Pantry**

http://facebook.com/Raynenola.org  
3900 Saint Charles Avenue (Food pantry is located across from  
2925 Pitt Street)  
Food Pantry Tue: 10am-12-noon Thu: 3pm-5pm

### **St Peter Claver Church - Misaada Center Food Pantry**

504-827-0707  
Direct assistance food pantry (Missada Center)  
T and Thu 10am-2pm 1839 St Philip St. 70116  
Free with ID and proof of address. *Spanish spoken? N*

### **Southern Solidarity**

southernsolidarity@gmail.com southernsolidarity.org  
Daily meal distribution between the hours of 5-8PM, downtown  
along Decatur, Canal & Calliope  
Free; Walk in *Spanish spoken? N*

### **Government Sponsored Food Programs**

#### **Food Stamp Program (SNAP)**

1-888-LAHELPU (1-888-524-3578) www.dcf.la.gov  
Call for info on LA Food Stamps.  
Free: *Spanish spoken? Y*

#### **WIC - Women Infants & Children Nutritional Program**

1-800-251-2229 General helpline for Partners for Healthy Babies

225-342-7893 LA Office [www.louisianawic.org](http://www.louisianawic.org)  
WIC supplies supplemental nutritious foods, nutrition education & counseling at WIC clinics, and screening and referrals to other health, welfare and social services, for pregnant women, from the beginning of pregnancy until up to 6 months after the baby is born or one year after the baby is born in women who are breastfeeding, and children up to the age of 5 years old.  
Orleans and Jefferson Parish WIC centers listed below.  
For updated info, call the City of New Orleans Health Department at (504) 658-2500 or 1 (888) 524-3578.  
*Spanish spoken? Y, language line has several languages*

#### **Orleans Parish WIC Clinic- Central City**

504-658-2895 504-565-7493 fax  
2222 Simon Bolivar Ave., 2nd Fl.  
(in Central City Health Clinic building, Edna Pillsbury Clinic)  
M-F 8-12, 1-4  
Free; Call for appt. *Spanish spoken? Y, Se habla espanol*

#### **Jefferson Parish Health Unit WIC Clinic - Marrero**

504-349-8802 1855 Ames Blvd., Marrero  
W, Th, F 8-4:30  
Free; Appt. only *Spanish spoken? N*

#### **Jefferson Parish Health Unit WIC Clinic - Metairie**

504-838-5100 111 N Causeway Blvd, Metairie  
M, T, Th, F 8-12, 1-4:30  
Free; Appt. only *Spanish spoken? N*

#### **Basic Needs Assistance**

##### **Broadmoor Improvement Association**

504-249-5130 [wellness@broadmoorimprovement.com](mailto:wellness@broadmoorimprovement.com)  
[www.broadmoorimprovement.com](http://www.broadmoorimprovement.com)  
3900 General Taylor, New Orleans (Broadmoor)  
Office hours M-F 10-7, Food Pantry Mon 10-12 & Wed 1-3  
Wellness Center Hours M-Th 9am-9pm Fri 12pm-9pm  
Sat 9am-2pm  
Social services, health and wellness programs, counseling services on sliding scale, SNAP assistance and food pantry.  
Community Lighthouse serving as solar powered charging and aid station when needed. Food pantry Wed 1 - 3 PM at 2021 S. Dupre. Food pantry is open to undocumented immigrants.  
Free; Call for appt. *Spanish spoken? Y, upon request*

Call ahead to schedule an intake. Long-term residential substance abuse treatment programs for females only (**not welcoming to trans or non-binary people**). Substance abuse treatment, mental health referrals, assistance with housing, job-seeking, healthcare. Call for interview. Residential program. Make appt with Intake Coordinator. No outpatient services. Accept anyone regardless of their ability to pay  
*Spanish spoken? Y*

#### **Jefferson Parish Human Services Authority**

504-846-6901 504-832-5132 mobile crisis team [www.jpsha.org](http://www.jpsha.org)  
Provide substance abuse and gambling prevention services, problem gambling treatment, outpatient and residential substance abuse services, and medication disposal drop boxes  
See Mental Health section for additional services  
Locations:  
• East Jefferson Health Center: 3616 S. I-10 Service Road W, Suite 100, Metairie, LA 70001  
• West Jefferson Health Center: 5001 West Bank Expressway, Suite 100, Marrero, LA 70072  
Sliding scale, Medicaid, Medicare, some private insurance.  
*Spanish spoken? Interpretive services available upon request*

#### **The Louisiana Tobacco Quitline**

1-800-784-8669 [www.quitwithusla.org](http://www.quitwithusla.org) 24/7  
Provides smoking cessation counseling & referrals to other services in LA.  
*Spanish spoken? Y, other languages through language line*

#### **Metropolitan Human Services District**

504-568-3130 Help is available 24/7 [www.mhsdla.org](http://www.mhsdla.org)  
Office hours M-F 8-4:30  
Intensive Outpatient (IOP) Programs, Suboxone and medication assisted treatment (MAT), addiction services for youth, treatment for gambling problems  
6 Clinic Locations:  
Algiers Behavioral Health Center: 3100 Gen. DeGaulle Dr.  
Central City Behavioral Health & Access Center: 2221 Phillip St.  
Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave.  
New Orleans East Behavioral Health Center: 5630 Read Blvd., 2nd Floor  
St. Bernard Behavioral Health Center: 6624 St. Claude Ave, Arabi, LA 70032

scale or private insurance

### **CrescentCare**

504-821-2601 1631 Elysian Fields Ave.  
crescentcare.org/service/harm-reduction-services/  
New Orleans Syringe Access Program (NOSAP) Wednesday:  
12-5 pm; Friday: 12-5 pm; safe, sterile syringes; safe injection  
materials; authorized syringe disposal, overdose prevention ed-  
ucation; Naloxone distribution; medication-assisted treatment  
referrals; bulk exchange every Wednesday: 12-5 pm matching  
bulk disposals of 300-500 syringes  
Recovery Works Intensive Outpatient Program (call number  
above and ask for Laura Collins or email  
laura.collins@crescentcare.org) talk therapy, education,  
medication-assisted treatment, art, music, yoga, social support,  
community education, trauma resolution  
Primary care offered including Suboxone (Buprenorphine),  
counseling, and dental services. (See Primary Care and Dental/  
Eye Care for more info) Free  
*Spanish spoken? Y, 504-207-2273, marque 2*

### **DePaul Community Health Centers**

504-207-3060  
Free help to quit smoking including prescriptions and over-the-  
counter medications, support services, and visits with a  
physician or nurse practitioner; available at St. Cecilia's  
(Bywater), New Orleans East, and Metairie locations. Outpatient  
Medication Assisted Treatment for Opioid Addiction available at  
St. Cecilia (Bywater) and Metairie locations (See listing in  
Primary Care for other services). Accept Medicaid, Medicare,  
private insurance, and offer sliding scale for uninsured  
*Spanish spoken? Si medicos, no terapeutas. Llame 504-207-  
3060 y marque 9*

### **Gateway Foundation**

(504) 368-9935 4103 Lac Couture Dr, Harvey, LA 70058  
Provide intensive outpatient (IOP) treatment for male veterans  
or active military or civilian males who have Medicaid health  
insurance. Accept Medicaid or VA coverage  
*Spanish spoken? No*

### **Grace House**

504-821-7120 ext. 1300 www.gracehouse.org  
6321 Stratford Place, New Orleans, 70131

### **Catholic Charities Archdiocese of New Orleans**

504-523-3755 www.ccano.org  
www.facebook.com/cathcharitiesNO  
Umbrella agency of diverse programs and ministries delivering  
health and human services to the poor and vulnerable. Catholic  
Charities services are rooted in the eight civil parishes of the  
Archdiocese of New Orleans, with food and nutrition services  
benefitting the entire state of LA.  
*Spanish spoken? Y, through September 2025 at 504-596-3082.*

### **Community Resource & Referral Center**

504- 658-2944 1530 Gravier St., New Orleans, LA  
M-F 7:30-4  
Multi-agency day-center with many service providers & services,  
including showers, restrooms, laundry, bus fare assistance,  
Traveler's Aid, Homeless Veterans Program, Pro Bono Project,  
Volunteers of America. Free for people experiencing homeless-  
ness; Walk in *Spanish spoken? N*

### **Grace at the Green Light**

504-239-4544 graceatthegreenlight.org 400 N Rampart St.  
Meals, water, snacks, clothing closet, assistance connecting to  
social services. Community Clothing Closet is open every  
Tuesday, Thursday, and Sunday 6:30 to 7:30 AM.  
Registration required; register between 6:30 & 7:30 every  
morning.

### **Harry Tompson Center at Rebuild Center**

504-273-5547 www.harrytompsoncenter.org  
1803 Gravier, behind St. Joseph Church  
M-F 7:30 -12:30pm  
Showers: M-F 7:45a-12:30pm; Laundry: M-F 1x/week, first  
come, first serve; Phone room daily 8AM-12:30PM; Restroom  
facilities daily. Case Management, & Housing Navigation coordi-  
nated on site. Hygiene & personal care items available upon  
request & depending on supply. Ask about notary/legal/medical  
services. Free; Walk-in OK,  
*Spanish spoken? No, but we do our best with translation.*

### **Hope House**

504-525-2561 fax 504-525-0011  
916 Saint Andrew St. (Irish Channel)  
Hours: M 9-1, T-Th 9-4, F 9-1pm  
*Adult Learning Center availability: M-F 9am-1pm, Tu & Wed  
5:30pm-7:30pm*

Food, rent and utility assistance (direct aid program for residents of 70130 only);  
Coffeehouse MWF 9-11:45 AM: Free coffee and pastries;  
Newspapers, magazines and books; Computers and internet access. Masks preferred.  
Adult Learning Center: Literacy, GED, computer training, career development; ACT, SAT preparation; After-school youth program: Recreation, field trips, homework help, Tulane University volunteers. Prison Ministry: Visits with people at Orleans and Angola prisons. Education for justice: workshops on poverty and justice, High school, college, church, and civic groups. Free; Call for more info *Spanish spoken? N*

### **JeffCAP (Jefferson Community Action Programs) Community Centers**

504-736-6900 TDD 800-947-5277

[www.jeffparish.net/departments/jeffcap](http://www.jeffparish.net/departments/jeffcap)

1221 Elmwood Park Blvd., Suite 402, Jefferson, 70123

M-F 8:30-4:30

Centers assist residents of Jefferson Parish with: emergency food assistance, housing counseling, low income mortgage & utility assistance, and first time homebuyer training. Must meet eligibility & income requirements, and provide proof of income & ID. Call or check website for list of locations. Free if qualified. Call for appointment or walk-in  
*Spanish spoken? Y, Se habla espanol, call ahead*

### **Lantern Light Ministry at Rebuild Center**

504-273-5573 [www.lanternlight.org](http://www.lanternlight.org)

1803 Gravier St., New Orleans, 70112

M-F 8a -1:30p

Many services for unhoused people, including: Breakfast Snack 9am-9:30am / Lunch served 1PM - 1:30PM M-F; Prescription Assistance Daily 1PM; Food bank for Orleans area residents 1<sup>st</sup> or 3<sup>rd</sup> Fridays 9:30-10:30 AM (must bring state ID, Proof of income and copy of lease); Mail, ID assistance, birth certificate assistance. Call for info on additional services. Free; Walk-in or appointment are made between 9am-9:30am and 1pm-1:30pm *Spanish spoken? N*

### **St. Luke Community Center Good Samaritan Ministry**

985-641-6421 [www.saintlukeslidell.org/goodsams](http://www.saintlukeslidell.org/goodsams)

910 Cross Gates Blvd., Slidell, LA 70461

M-Th 12:30-3:30, T-F 9:30-3:30, F 1-3:30

or Appt *Spanish spoken? N*

### **Alcoholics Anonymous**

[www.aaneworleans.org](http://www.aaneworleans.org)

Check website for information on times and places for daily, free meetings throughout NO area.

*Spanish spoken? Y, call 504-516-1090, Se habla espanol*

### **Below Sea Level Aid**

504-408-1888 Harm Reduction Hotline

Instagram: [belowsealevelaid](https://www.instagram.com/belowsealevelaid)

Community run harm reduction group by and for folks in New Orleans. Provides harm reduction supplies, outreach, overdose prevention education, and case management services.

### **Bridge House**

504-821-7120 [www.bridgehouse.org](http://www.bridgehouse.org)

4150 Earhart Blvd., New Orleans, 70125

Call ahead to schedule an intake. Long term residential substance abuse treatment center for males (including trans and non-binary) including individual & group counseling (see Grace House for females). Addiction & relapse services for unaccompanied adults, includes vocational training, resume training, job search assistance. No outpatient services Accepts anyone regardless of ability to pay. *Spanish spoken? Y*

### **CADA Prevention and Recovery Center**

504-821-2232 [cadagno.org](http://cadagno.org) [admin@cadagno.org](mailto:admin@cadagno.org)

260 Tulane Ave., Suite 945

M-TH 8:30-4:30, F 8:30-2:30

Provides prevention, treatment, and recovery support services including DWI/Driver Improvement classes every other month, HIV testing, STI testing, support groups, case management, counseling, anger management classes, domestic violence classes, and assessments. Serves all genders.

Accepts most insurance plans including Medicaid

*Spanish spoken? N*

### **Community Care Solutions**

504-309-9991 [www.ccsгно.org](http://www.ccsгно.org) 200 South Broad St., Suite 7

Outpatient behavioral health, counseling, and medication management. Welcoming to trans and non-binary people. Only accepting these Medicaid plans: Healthy Blue, United Healthcare, Aetna, Louisiana Healthcare Connection; no sliding

2475 Canal St., Ste 400, New Orleans, 70119

M-F 8-4

Prescription assistance for people on Medicare. Must have basic contact info available; see listing under Disability Access & Justice for other services. *Spanish spoken? N*

### **Needy Meds Program**

800-503-6897 [www.needymeds.org](http://www.needymeds.org)

Free drug discount card that can be used at pharmacies nationwide. There are no income guidelines, registration needed or expiration for the card. The card is good for prescription drugs, over-the-counter medicines & medical supplies if written on a prescription pad by a doctor. It is also good for pet prescriptions that you have to pick up at a pharmacy.

Visit website to find a list of participating pharmacies.

Free *Spanish spoken? Y*

### **Medicine Assistance Tool**

571-350-8643 [www.medicineassistancetool.org](http://www.medicineassistancetool.org)

M-F 9-5 EST

Online search engine for looking up financial assistance programs available through various biopharmaceutical programs for individuals who are uninsured or without eligible coverage for their medications. No cost for service; level of assistance based on medicine and/or program that is available at that time.

*Spanish spoken? Y, additional languages via language line*

### **WalMart \$4 Formulary**

[www.walmart.com](http://www.walmart.com)

Wal-Mart pharmacies offer \$4 per 30 day/\$10 for 90 day supply for certain medications. Go to a location in person or see website for complete medication listings and information.

## **Substance Use, Harm Reduction & Addiction Services**

### **Alchemy Addiction Recovery**

[www.alchemycanhelp.com](http://www.alchemycanhelp.com)

4430 S I10 Service Rd. W, Suite 100, Metairie 504-941-7580)

115 Christian Lane, Slidell, LA 70458 985-690-6622

M-Th 9-5 Metairie, M-F 9-5 Slidell

Outpatient programs for addiction recovery including detox services & counseling. Daytime and evening treatment offered.

Welcoming to trans & non-binary people. Private Insurance, weekly financial agreements, Grant program, Medicaid; Walk-in

Serves zip codes 70122, 70126, 70127, 70148. Case management, food, diapers, and referrals for Slidell residents. Financial aid by appointment. medications, job assistance, housing and utilities assistance. Free; Walk-in or appt. *Spanish spoken? Y*

### **St. Peter Claver Church**

504-822-8059, food pantry 504-827-0707

1910 Ursulines Ave., New Orleans, 70116

M-F 9-4 office hours

Direct assistance & Food Pantry available to residents with boundaries of Claiborne to Broad, Ursulines to Esplanade. Food Pantry T & Th 10-2 at Massada Center, 1839 St. Philip

Free; Walk in *Spanish spoken? N*

### **Sojourner Truth Neighborhood Center**

504-827-9963 [www.facebook.com/SojournerTruthNOLA](http://www.facebook.com/SojournerTruthNOLA)

2200 Lafitte, New Orleans, 70119

Asset/strengths-based approach to service delivery and client/resident engagement and learning organization model for organizational structure, with programs for all ages.

Free; Call ahead to confirm services *Spanish spoken? N*

### **Total Community Action**

504-324-8609 [www.tca-nola.org](http://www.tca-nola.org)

1420 South Norman C Francis Pkwy

M-Th 8-6 F 8-4:30

Connects people in Orleans Parish to many assistance programs, including: Utilities, weatherization, counseling, food pantries, employment, tax assistance, homeless prevention, summer youth programs. Emergency food pantry: Tuesdays 8:30-5 pm, Fridays 8:30-4. Zip codes 70118 and 70125. Must bring proof of income, picture ID, and Social Security card for everyone in household. Free; Call for appt.

## **Prescription Assistance**

### **Lantern Light (at Rebuild Center)**

504-273-5573 1803 Gravier St. (behind St. Joseph's Church)

Prescription assistance Mon- Fri 9-9:30 AM & 1-1:30; see listing under Basic Needs Assistance for other services. Free for homeless people with documentation *Spanish spoken? N*

### **Louisiana Answers Aging & Disability Resource Center**

504-827-7843, 888-922-8522