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This resource guide is for YOU
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www.imaginewaterworks.org
www.antigravitymagazine.com

Contact us with questions, additions, requests,
and offers to volunteer or collaborate:
Coleen Murphy, coordinating organizer
at NOLAResourceguide@gmail.com

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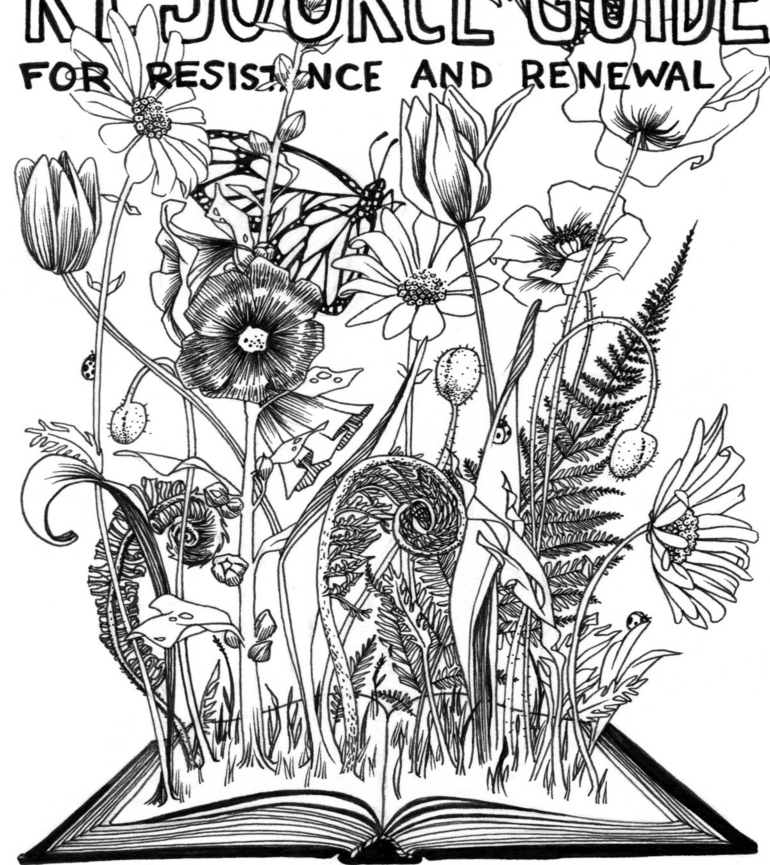


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NEW ORLEANS COMMUNITY RESOURCE GUIDE

FOR RESISTANCE AND RENEWAL



July 2026

Welcome!

This community resource guide has been compiled with the intention of increasing public access to services that are free or low-cost in the Greater New Orleans (GNO) area. Most listings are for services located in Orleans & Jefferson parishes, although select state and nationwide services are included.

Listed resources were contacted by phone and asked to verify the information listed. Organizations were specifically and intentionally asked about funding options for uninsured patients, the availability of Spanish translation services, and their ability to provide services for transgender and non-binary patients. Available transgender and non-binary services have been incorporated throughout and can also be found in a dedicated section of this guide.

This guide is a 2026 update based on information compiled for the REACH NOLA/Common Ground Health Clinic Community Resource Guide from 2006-14, and working directly from the 2025 edition, which sourced information compiled by volunteers at the Center for Ethical Living & Social Justice Renewal, as well as the Transgender and Gender Non-Conforming NOLA Resource Guide produced by Dr. Jennifer Glick and Dr. Robin Ivester.

This edition has been produced in partnership with Imagine Water Works as a public service by volunteer community members and is available free of charge to all people.

This guide is available for download on the following websites:

www.imaginewaterworks.org www.antigravitymagazine.com

Contact us with questions, additions, requests, & offers to collaborate:

Coleen Murphy, coordinating organizer, at

NOLAresourceguide@gmail.com

Not finding what you need? Try www.findhelp.org

Acknowledgements

Many people made this edition of the resource guide possible!

Thanks to the entire Imagine Water Works team for partnering on this project, to Antigravity and Imagine Water Works for digital distro, and to many New Orleanians committed to community care and harm reduction, including but not limited to: Klie Kliebert, Ben Collongues, Carle Ry, Sana Fujimura, Virginia Gregory, Elizabeth Gelvin, Sarah Watson, Angelique Thomas, everyone who came out to our volunteer call-a-thons, and even more lovely folks who wish to remain anonymous, and probably you.

Finally, love and appreciation to Harriet Burbeck for the cover art.

Beauty matters!

Hotlines

Suicide Prevention Lifeline 800-273-8255

Trans Lifeline 877-565-8860

**Metro Crisis Response for
Mental Health or Substance Abuse 504-826-2675**

**Jefferson Parish Behavioral Health Mobile Crisis Line
504-832-5123**

LA Sexual Assault Crisis Line 888-995-7273

**Family Justice Center Domestic Violence Crisis Line
504-866-9554**

Addiction Helpline 877-947-5900

Narcotics Anonymous 504-899-6262

Freedom for Immigrants Family Support 209-757-3733

211 Counseling & Resources in the GNO area

qualify. Salvaged materials available at their low-cost warehouse.
Free; Call for info *Spanish spoken? Y, Se habla espanol*

SBP

504-460-2316 504-277-6831 www.sbpusa.org

2645 Toulouse St.

M-F 8-5

Rebuilding work includes: exterior work, framing repair, rough and finish electric, plumbing, insulation and drywall, interior texturing and painting, flooring and cabinets, interior doors, baseboards and trim work.

Free or sliding scale; Call or walk-in

Spanish spoken? N, but will arrange for interpreters

About Using This Guide

Most agencies that state they have a sliding scale require proof of income (check stubs, W2 forms, letter from the person supporting you and their check stub, etc.). Usually they will require an ID and/or a utility bill to verify your address.

If you have a question about costs, services or eligibility, call ahead.

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Primary Care Clinics

504 Health Net

504-507-9112 healthyhospitality.com 504healthnet.org
Directory of primary care clinics in GNO
Call or text to reach a Community Health Worker to assist with navigating the system.

Access Health Louisiana Primary Care Clinics

866-530-6111 Patient line, all locations accesshealthla.org

Access Health Belle Chasse Community Health Center

504-398-1100 8200 Highway 23, Belle Chasse, 70037
M-Th 8-4:30, F 8-12
Adult & Pediatric Primary Care, Health Education, Pharmacy Assistance, enrollment in Medicaid. Appointment preferred, Telehealth appointments available for established patients. Welcoming to trans & nonbinary people. Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 min.) *Spanish spoken? Y, also Arabic (via language line)*

Access Health Primary Care at Pythian

504-226-2976 234 Loyola Ave Suite 300B New Orleans 70112
M-Th 8-4:30, F 8-12, Sat 8-12
Adult Primary care, HIV/STI/Infectious Disease, enrollment in Medicaid. Appointment only. Telehealth appointments available including for Covid-19 screening. Welcoming to trans & nonbinary people.
Medicaid, Medicare, private insurance, sliding scale based on income & family size. *Spanish spoken? Y, via language line*

Access Health St. Bernard Community Health Center

504-281-2800
8050 W. Judge Perez Dr., Ste 1300, Chalmette, 70043
M-F 8-4:30; Sat 8-12
Adult & Pediatric Primary Care, Family Planning, PAP exams, referrals for Podiatry, Nutritional Counseling, Health Education, Pharmacy Assistance, Pediatric Services, enrollment in Medicaid. Telehealth appointments available. Welcoming to trans & nonbinary people.
Medicaid, Medicare, private insurance, sliding scale based on income & family size (\$15 min.)
Spanish spoken? Y, via language line

Weather Updates:

- National Hurricane Center www.nhc.noaa.gov
- Trusted local meteorologists (Margaret Orr has retired but livetweets storms on X and bluesky. Bob Breck posts before, during and after storms on bobbreck.blogspot.com)

Relief and Recovery

Mutual Aid Response Network via Imagine Water Works

www.imaginewaterworks.org Instagram and Facebook @imaginewaterworks; email Email: info@imaginewaterworks.org Text line 504-858-0200
Access in person (follow social media for events) or on Facebook through the “**Imagine Mutual Aid (New Orleans)**” group; in this group, you can request and offer specific items and information. Has a Community Power Map on IWW’s website where you can find and offer access to power outlets after a storm. Pop up hurricane relief programs and distributions.
Spanish spoken? Y. ASL interpreter available.

GNO Caring Collective

Instagram: @GNOCARINGCOLLECTIVE
5523 St. Claude (Lower 9th)
Event space and resource hub including Fred Hampton Free Store Mon & Thu 4-7:30pm
See listing in Community Support & Education for additional services.

Rebuilding

Preservation Resource Center

504-581-7032 prcno.org/
Construction grants to assist low-to-moderate income homeowners with minor exterior repairs to their homes. Offers resources regarding permits, research, and advocacy.

Rebuilding Together

504-264-1815 www.rtno.org info@rtno.org
2831 St. Claude, New Orleans, LA 70117
Volunteer & contract labor for home rebuilding. Must be low income, in Orleans Parish, and either 60+yrs, disabled, veteran, single guardian with custody of minors or a first responder to

Disaster Assistance

In times of disaster, your known network, community, friends, and local organizations can offer invaluable support and resources. Don't be shy!

Disaster Information

Imagine Water Works

www.imaginewaterworks.org

Instagram and Facebook: @imaginewaterworks

Email: info@imaginewaterworks.org Text line: 504-858-0200

Hurricane hub on website. 24/7 Anonymous Storm Prep Q&A on Instagram for every named storm in the Gulf. Local, fact-checked preparedness info on all social media channels and website, including: hurricane preparedness guide, hurricane prep checklist, and waterproof folder checklists in English and Spanish; storm guide and zine for queer and trans individuals. Pop up supply distros. See listings in Community Support & Education and Relief & Recovery for additional services.

Led by trans, nonbinary, and two-spirit people.

Spanish spoken? Y. ASL interpreter available.

City of New Orleans “NOLA Ready”

Ready.nola.gov all social media @NOLAReady

Website and social media channels have information in English, Spanish, and Vietnamese on how to prepare for a storm, shelter in place, evacuate, and return home. Text NOLAREADY to 77295 to sign up for emergency alerts.

Emergency Legal Responders

www.emergencylegalresponders.org

admin@emergencylegalresponders.org

Instagram and Facebook: @emergencylegalresponders

X: @ELResponders

Shares clear, rights-based legal information to help prepare for and recover from disasters.

Spanish spoken? N

For local real time information and updates:

- Call 3-1-1 and 2-1-1
- Check @ImagineWaterWorks and @NOLAReady on social media.

Access Health South Broad Community Health Center

504-309-5061

accesshealthla.org/location/south-broad-new-orleans

3300 S Broad, New Orleans, 70125

M-F 8-4:30

Primary Care for people 16 and older, Family Planning, Health Education, Pharmacy Assistance, enrollment in Medicaid, referrals for Behavioral Health. Appointment only. Appointment transportation assistance, maternal child coordinator. Medicaid, Medicare, private insurance, sliding scale based on income & family size. *Spanish spoken, Yes via language line*

Baptist Community Health Services (BCHS)

504-533-4999 bchsnola.org info@bchsnola.org

Primary Care Clinics in 5 locations (same contact info for all), welcoming to trans & nonbinary people. Medicaid, private insurance, sliding scale (\$35 minimum).

BCHS Andrew P. Sanchez Center

1616 Fats Domino Ave., 2nd Floor

Monday - Friday 8:00 am - 5:00 pm

Family Medicine & Behavioral Health

Spanish, Mandarin

BCHS 4209 St. Claude Ave.

Monday - Friday 8:00 am - 5:00 pm

Pediatrics & Behavioral Health

Spanish, Mandarin, Cantonese, Taiwanese

BCHS 221 W. Genie Street (Chalmette)

Monday - Friday 8:00 am - 5:00 pm

Pediatrics

Spanish, Mandarin, Taiwanese, Cantonese

BCHS 1445 W. Causeway Approach (Mandeville)

Monday - Friday 8:00 am-5:00 pm

Family & Internal Medicine

Spanish

BCHS 4960 St Claude Ave.

Family Medicine & Behavioral Health

Monday, Wednesday, Thursday, & Friday

Clinic Hours: 9:30am-6:30pm

Business Office Hours: 8:00am-5:00pm: *Spanish*

Children's Hospital Academic Clinic

504-299-9980 www.chnola.org
4740 S. I-10 W Service Rd. Metairie
M-F 8-4:30

Comprehensive pediatric care, including Adolescent Health Clinic providing primary care and consult services for adolescents up to age 21, including reproductive health services: STD screening, diagnosis, treatment and contraception. Sliding Scale for uninsured, Medicaid, private insurance. Appts preferred.
Spanish spoken? Y, Physician W & F afternoons, language line

Common Ground Health Clinic

504-265-0207 3737 General DeGaulle in Algiers
M, Tu, Th 8-5, Fri 8-2

Adult primary care services, including physicals, prescriptions, lab tests, Medicaid applications, behavioral health. educational events. Sliding scale beginning at \$35, Medicaid, Medicare, major insurance; Appt. & walk-in *Spanish spoken? Y*

CrescentCare Health

504-207-CARE (2273) 844-315-CARE (2273) Toll free
crescentcare.org 1631 Elysian Fields Ave.
M-F 8:30-5

Clinic with primary care, pediatrics, behavioral health, dental, preventative services, HIV services, transgender health, women's health, hepatitis C services, legal, insurance enrollment.
Sliding scale based on income; call for appt.

**DePaul Community Health Centers
(formerly Daughters of Charity)**

For all locations: 504-207-3060
www.depaulcommunityhealthcenters.org

DePaul Community Health Center - Algiers

504-362-8930 Phone 504-362-8486 Fax
2801 Gen DeGaulle Ave. New Orleans
M-F 8-8, Sat 8-4

Adult, pediatric, adolescent and geriatric primary care services including immunizations, physicals, podiatry, mental health, PAP smears, prenatal care, pharmacy, optometry, and STI and HIV testing; Dental program. Covid-19 vaccinations.
Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available).
Spanish spoken? Y

Free; Call for an appointment.

Spanish Spoken? Y, also Vietnamese, Chinese, other languages.

Southern Poverty Law Center - New Orleans Office

504-486-8982 www.splcenter.org
201 St. Charles Ave. Ste. 2000, NOLA
M-F 8-5; Leave a message 24/hr day.

Nonprofit civil rights organization providing legal and advocacy services.

Free; Call for consultation *Spanish Spoken? Y, can arrange for interpreters for other languages*

Stuart H Smith Law Clinic & Center for Social Justice

504-861-5590 <http://www.loyno.edu/lawclinic>
M-F 9-3

Loyola law student legal clinic providing legal services to low-income and indigent clients of New Orleans. Clinics in immigration, family law, criminal defense, child welfare and domestic violence. Free; call for appt. *Spanish spoken? Y*

Workplace Justice Project

(504) 356 1390 www.wjpnola.org wjp@wjpnola.org

WJP is the only legal services organization in Louisiana focused solely on workplace issues and providing representation for marginalized workers. We work with community and labor organizers to advocate for policies that support working families. WJP also provides education and training on workforce rights and readiness. Provides free or low-cost (sliding scale) legal services based on income level. Not currently accepting new cases, but may be able to provide limited services, including free legal consultations. Contact us to discuss your workplace legal problem or to talk with someone about rights in the workplace.
Spanish spoken? Y/Si and Portuguese

Orleans Public Defenders

504-821- 8101 www.opdla.org
2601 Tulane Ave, Ste. 700, New Orleans, 70119
Provides legal representation to indigent defendants accused of committing crimes in Orleans Parish. Call for info.
Spanish Spoken? Y

PELA – Plaintiff Employment Lawyers Association

<https://louisianaemploymentlawyers.org/>
PELA is a professional association of attorneys who represent workers across Louisiana and Mississippi on employment matters. You can view a directory of these attorneys and submit a request for legal assistance on PELA's website. Availability of Spanish speakers is on a firm-by-firm basis.

Patient Advocate Foundation

800-532-5274 www.patientadvocate.org
M-F 8:30-5
Assistance to patients with specific issues they are facing with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening, chronic, or debilitating diseases. Mediation on behalf of the patient. Case Management, assistance with transportation, housing, and other costs. Case management + financial aid, resources for financial assistance available.
Free; Spanish Spoken? Y, upon request

Southeast Louisiana Legal Services

504-529-1000
(Orleans, St. Bernard and Eastbank Jefferson Parishes)
504-374-0977
(Westbank Jefferson, Plaquemines, St. Charles Parishes)
877-521-6242 Toll free www.slls.org
1340 Poydras, Ste 600, New Orleans
M-F 8:30-5
Legal aid in civil matters (not criminal legal matters) for low income people, including domestic violence, divorce (no community partitions), custody, housing/landlord-tenant, employment/unemployment, food stamps, SSI medicaid, IRS tax disputes, bankruptcy, successions, simple wills and power of attorney, title clearing, tax sales, foreclosure counseling and defense, other homeownership problems, consumer debt/fraud. Free if qualified and case is accepted. Call for appointments or outreach sites. Evictions should come in without appointment ASAP.

DePaul Community Health Center - Carrollton

504-207-3060 Phone 504-207-3067 Fax
3201 S. Carrollton, New Orleans (Mid City)
M-F 7:30-8, Sat 8-2
Adult, pediatric, adolescent & geriatric primary care services including immunizations, physicals, podiatry, mental health, PAP smears, prenatal care, pharmacy, optometry, STI & HIV testing; Dental program. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available). *Spanish spoken? Y*

DePaul Community Health Center - Gentilly

504-282-0089 Phone 504-282-2213 Fax
100 Warrington Dr. New Orleans, LA 70122
M-F 8-5
Primary & Preventive Care, Pediatrics, Pharmacy, Women's Health (OB/GYN & Prenatal Care), Dental, Behavioral Health, Lab, Medicaid Enrollment, Medicare Enrollment Assistance. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available).

DePaul Community Health Centers - Gretna

504-367-8777 Phone 504-367-0133 Fax
1629 Westbank Expwy, Suite A, Gretna, LA
M-F 8-5
Primary & Preventive Care, Pediatrics, Medicaid Enrollment, Medicare Enrollment Assistance, Lab, Behavioral Health, pharmacy. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients.

DePaul Community Health Centers - Higgins

504-948-2873 Phone 504-948-9292 Fax
3303 Higgins Blvd. New Orleans, LA 70126
M-F 8-5
Primary & Preventive Care, Pediatrics, Medicaid Enrollment, Medicare Enrollment Assistance, Lab, Behavioral Health, Podiatry, Community Navigator to assist with accessing social services.
Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients.

DePaul Community Health Centers - Kenner

504-468-4437 Phone 504-464-1386 Fax
3715 Williams Blvd., Suite 220 Kenner, LA
M-Th 8-5 F 8-1
Pediatrics, General Medicine, Medicaid Enrollment, Medicare Enrollment Assistance
Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients.

DePaul Community Health Center - Lakeside (Pediatrics)

504-837-9000
3616 6th Street suite 101 Metairie, LA 70001
M-F 8-5
Pediatrics, Behavioral Health, Medicaid Enrollment, Lab

DePaul Community Health Center – Metairie

504-482-0084 504-464-1386 fax
111 N. Causeway Blvd.
(same bldg. as the Jeff. Parish Health Unit), 70001, Metairie
M-F 8-5
Adult, women's & pediatric primary care including vaccinations, lab tests, TB testing, HIV & STI testing, discounted pharmacy. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients. *Spanish spoken? Y*

DePaul Community Health Center - New Orleans East

504-248-5357 Phone 504-248-5377 Fax
5630 Read Blvd., Suite 550, New Orleans
M-F 8-5 Sat 8-2
Adult, women's & pediatric primary care including vaccinations, lab tests, TB testing, HIV & STI testing, dental. Sliding Scale for uninsured (\$35 minimum), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients. *Spanish spoken? Y*

DePaul Community Health Centers - Central City (Pediatrics)

504-899-5437 Phone 504-889-8668 Fax 1300 OC Haley Blvd.
M-F 8-5
Pediatric care, pharmacy. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in, if established patients.

Louisiana Books 2 Prisoners

504-272-7323 (voicemail only) LAb2p.org
Instagram: @books2prisoners
Sends books to people incarcerated in LA, AL, & AR. We can only send 1 package/month to any single person. Incarcerated people should write directly, include your full name, identification number, and address, to:
Louisiana Books 2 Prisoners
3157 Gentilly Blvd. #141
New Orleans, LA 70122
Our library is diverse but small. We may be unable to fulfill specific requests but we will try to select books that match your interests. Please include multiple types of books, genres, or topics you are interested in, and any mail restrictions you know of at your facility. Our organization is all volunteers. We do our best to get your books to you as fast as we can but there are times when it will take longer than expected to receive your books.

Louisiana Center for Children's Rights

504-658-6860 www.laccr.org
1100-B Milton Street, New Orleans, 70122
Resources for supporting and organizing young people and transforming the juvenile justice system. Advocacy for youth in prisons and detention (including LGBT youth in the juvenile justice system), and youth in New Orleans public schools facing expulsion, suspension, and school arrest. Call for info. *Spanish spoken? Y*

Louisiana Law Help

Louisianalawhelp.org
Free resource from Louisiana's nonprofit justice community; a starting point to search for assistance available for free or low-cost, or for assistance with self-representation.

New Orleans Workers' Center for Racial Justice

504-309-5165 www.NOWCRJ.org 3500 Canal St, 2nd Floor
Organizing, policy, and legal advocacy focusing on civil, labor, and human rights agenda, leadership skills training, and workers' rights education and activism. Check schedule of events: www.NOWCRJ.org/events Free
Spanish Spoken, Y, se habla espanol

Union Migrante

www.facebook.com/UnionMigrante Instagram: @union_migrante
Democratic organization of immigrants and for immigrants.
Frequent events to access legal aid, court support, know your rights trainings, and more. *Spanish spoken? Y*

Justice & Legal Aid**ACLU of Louisiana**

504-522-0617 www.laACLU.org
1340 Poydras St., New Orleans, 70112
Legal aid specializing in discrimination, 1st amendment rights, immigrant rights, transgender people, police practices, prisoners' rights. To file a complaint with the ACLU, it can be done through their website or by mail at the address listed above.

Families & Friends of Louisiana's Incarcerated Children

(504) 708-8376 www.fflic.org 1600 Oretha C. Haley Blvd.
M-F 9-5
Advocacy & education for families & friends of children involved in or targeted by the juvenile justice system, advocacy for youth in N.O. public schools facing expulsion or suspension. N.O. Chapter Meetings held monthly in the office, call for dates & times. Call for more info. *Spanish spoken? N*

Innocence Project New Orleans

504-943-1902 www.ip-no.org info@ip-no.org 4051 Ulloa Street
M-F 9:30-5:30 (no walk-ins, please)
Frees innocent prisoners sentenced to life in prison and those serving unjust sentences. For more information on requesting assistance visit www.ip-no.org/how-we-take-cases. We only accept written applications directly from incarcerated people wanting help. Free, only represents applicants who cannot pay; see website for info; *Spanish Spoken? Y*

Justice and Accountability Center of Louisiana

504-322-4050 www.jaclouisiana.org info@jaclouisiana.org
4640 S Carrollton Ave Suite 280
M-F 10-5
Provides civil legal services (no open criminal matters) to individuals with criminal records. See listing in For Formerly Incarcerated People for complete info.

DePaul Community Health Center-Saint Cecilia

504-941-6041 Phone 504-941-9991 Fax
1030 Lesseps St., New Orleans, 70117
M-F 8-5
Adult, pediatric, adolescent & geriatric primary care services including Immunizations, physicals, diabetes & cholesterol care, PAP smears, and STI & HIV testing. Sliding Scale for uninsured (\$35 min.), Medicare, Medicaid, Private Insurance; Appt and some Walk-in (if available). *Spanish spoken? Y*

Drop-in Clinic at Covenant House (Tulane University)

504-584-1112 medicine.tulane.edu/centers-institutes/tulane-drop-center/location
611 N. Rampart St. (front entrance), New Orleans, 70112
Drop-in clinic Hours: M-W 9am-12pm Fri 1pm-5pm Drop-In Clinic - for adolescents ages 14-23, specializing in homeless youth
Mondays - Fridays 1pm- 4pm
Free, Medicaid; Call for appointment *Spanish spoken? N*

EJGH Family Medicine Residency Clinic

504-454-7878 4228 Houma Blvd Suite 200 Metairie, LA 70006
www.lcmchealth.org/east-jefferson-general-hospital/our-locations/east-jefferson-general-hospital-primary-and-fami/
Primary care for all ages and genders.
All insurance accepted, Medicaid, cash pay discount for uninsured.
Multiple languages available via language line

Excelth Family Health Center - Algiers

504-526-1179 504-526-1190
4422 Gen. Meyer Ave, Ste 103, New Orleans
M - F 8-5
Pediatric, adolescent & adult primary care services, including immunizations, well-woman visits, chronic disease management and lab services; Behavioral Health for Adults; Social Services; Certified Medicaid Application Center; Podiatry. Min. \$25 for uninsured w/ sliding scale (with 2 paycheck stubs), additional fees for labs. \$10 co-pay for Medicare. Some private insurance.
Spanish spoken? Y, and Arabic spoken M, T, W

Excelth Family Health Center - Gentilly

504-620-9868 504-620-9888 fax www.excelth.com
6600 Franklin Ave Suite A-7
M-F 8-5

Pediatric, adolescent & adult primary care services, including immunizations, well woman visits, podiatry, chronic disease management and lab services, transgender-specific care; Behavioral Health services for Children, Adolescents, Adults and Families

Sliding Fee scale for uninsured (\$25 min., must bring proof of income). Set fees for laboratory tests and some procedures. Medicare accepted. Appts only *Spanish spoken? N*

Excelth Family Health Center - New Orleans East

504-620-0500 www.excelth.com 9900 Lake Forest Blvd.
M-F 8-5

Pediatric, adolescent & adult primary care services, including immunizations, dental care, well woman visits, chronic disease management and lab services, transgender-specific care; Behavioral Health services for Children, Adolescents, Adults and Families

Sliding Fee scale for uninsured (\$25 min., must bring proof of income). Set fees for laboratory tests and some procedures. Medicare accepted. Appts/Some Walk-ins accepted
Spanish spoken? Y

Freestanding Communities New Orleans

504-233-2225 www.freestandingcommunities.org

Health services include wound care, non-invasive preliminary on-site health screening e.g. vital signs, urinalysis, drug screening, pregnancy screening, and more. Advocacy assistance includes medical appointment and specialty care referral scheduling, escort and advocacy support at emergency departments and medical appointments (when requested), RTA transportation ticket assistance to medical appointments, prescription medication co-pay assistance (when applicable), durable medical equipment procurement (canes, walkers, rollators, braces, etc.), health care supplies (incontinence, blood sugar and pressure monitoring equipment), and linkage to housing, medical insurance and other resources.

All services are provided free of charge and delivered at the following locations:

Mondays 7-8:30am Grace at the Greenlight at Ozanam Inn
2239 Poydras (2nd Floor)

Mondays 5:30-8pm 5523 St. Claude Avenue (Old Family Dollar)

Tuesdays 3pm-5pm Duncan Plaza 1900 Perdido Street
(Across from City Hall)

Wednesdays 7am-8:30am Grace at the Greenlight at

Free; *Spanish Spoken? Y*

Educational Program Hispanic Apostolate Catholic Charities

504-457-3462 504-722-5692 ESL 504-457-3462 citizenship
www.ccano.org/immigration-services/ and www.ccano.org/refugee-services/

www.ccano.org/english-second-language-classes

2505 Maine Ave, Metairie, 70003

ESL and citizenship classes throughout GNO area. Support with immigration, social services, job placement, taxes, worker's rights, other services. GNO 722-5692; Tulane 862-3420.

\$25 fee for textbook, financial aid available; *Spanish spoken? Y*

Isla – Immigration Services and Legal Advocacy

504-265-0416 504-259-8226 www.islaimmigration.org
3801 Canal Street, Suite 210

Legal services org. that defends the rights of our immigrant communities and advocates for just & humane immigration policy, and offers representation. *Spanish spoken? Y*

Louisiana Organization for Refugees and Immigrants

225-239-7819 www.mylori.org

Advocacy and resources for navigating the immigration system in Louisiana. Website includes robust resource listings.

Project Ishmael

504-233-3057 www.projectishmaelNOLA.org

ProjectIshmaelNOLA@gmail.com

3401 Canal St., New Orleans, 70119

Mon-Fri 9-5

Pro-bono children's immigration legal services.

Free; **Call and leave a message**; *Spanish Spoken? Y*

Southeast Dignity not Detention Coalition (SEDND)

<https://sednco.my.canva.site/official-sednd-website>

sedndcoalition@pm.me Instagram: @Sedndco

Community Coalition supporting immigrants in detention in the Southeast through a visitation program, penpal program, commissary donations & advocacy work. SEDND also provides some mutual aid assistance to local immigrant families with partial rental and utilities bill assistance as well as maintains a community pantry space.

Free; *Spanish spoken? Y*

societal incentives for incarceration/detention to increase investments in social services, education, housing, & healthcare for all people. OR defines incarceration as confinement in prison, jail, immigrant, youth or military detention, or a deportation facility.

Directly impacted women and girls are those that are or have been incarcerated, arrested or are on probation and/or parole.

Free; Call to apply

Spanish spoken? No interpreter onsite but can arrange for one

Re-Entry Program at Goodwill of SE LA

504-456-2622 www.goodwillno.org

3400 Tulane Ave, Ste 1000, New Orleans, 70119

Re-entry job placement program, call for info.

The First 72 Plus

504-324-8859 www.first72plus.org

2915 Perdido St., New Orleans, 70119

Assistance with re-entry for formerly incarcerated people, including job placement, Medicaid and SNAP applications, resume support, clothing and onsite food pantry, social services access, job seeking, help getting vital documents, and more.

Transitional housing program for men only.

Free; Call or visit the website *Spanish spoken? N*

VOTE (Voice of the Experienced)

504-571-9599 voiceoftheexperienced.org 4930 Washington Ave.

M-F 9a-5p, Saturdays by appointment only.

Grassroots membership based org. that works in advocacy & education by/with/for formerly incarcerated people, with a focus on: Voter mobilization, Economic empowerment, Legal education, Community education, & Leadership Development. Contact us or come to a meeting to join us in shifting power & building sustainable communities & enterprises. Member meetings are the 1st Wed. of the month from 6-8pm, open to all. Visit voiceoftheexperienced.org/events for meeting & event updates. Call/visit website for more info.

Spanish spoken? N

Immigrant Justice & Solidarity

Home is Here NOLA

504-579-9800 www.homeisherenola.org

Community services organization that offers advocacy, visitation and sponsorship for the release, resettlement, and housing of immigrants incarcerated in Louisiana detention centers.

Ozanam Inn 2239 Poydras (2nd Floor)

Fridays 7am-8:30am Grace at the Greenlight at Ozanam Inn
2239 Poydras (2nd Floor)

Health Care for the Homeless Program

504-658-2785 www.nola.gov/health/homeless/

2222 Simon Bolivar Ave, 2nd Fl.

8-5:30pm

Comprehensive program offering primary medical care, dental care, pharmacy. Also at Community Resource Referral Center, 7530 Gravier St.

Services free if homeless; also Medicaid, Medicare, sliding scale based on income. Call or walk-in to fill out paperwork for appt.

Spanish spoken? Y

Hope Community Health Center

504-503-0878 Main 504-355-0857 Forensic 504-592-4008 Fax

hopeclinic@nofjc.org 701 Loyola Ave Suite 108

Monday thru Friday, 8:00 am to 4:00 pm

Primary Care, OBGYN Care, Children's Care; Accept Medicaid, Medicare, private insurance, and offer a sliding scale for uninsured patients who qualify.

InclusivCare (Jefferson Community Health Care Centers)

InclusivCare.com info@inclusivcare.com

Primary care at 4 Jefferson Parish locations; Adult & pediatric care, including vaccinations, Covid testing & vaccinations, PAP smears/family planning, STI & HIV testing, low cost pharmacy. Specialty services: podiatry, general dental & nutritional counseling. Must bring a picture ID, proof of residence (a bill), & proof of income. Sliding scale for uninsured (\$20-\$85) excludes lab costs. Medicaid, Medicare, and Private ins. Appt or Walk-in at 7:30 AM

InclusivCare Avondale

3932 US Route 90, Westwego, LA

504-436-2223

M-Th 8-5 Fri 8-230

InclusivCare Lafitte

5140 Church Street, Lafitte, LA

504-436-2223

Medical (Mon & Tues 8-5) Dental (Wednesday 8-5)

InclusivCare Kenner

2552 Williams Blvd., Kenner, LA

504-463-3002

Family Dental Services 504-347-8377, 504-762-8921

M-Th 8-5 Fri 8-230

InclusivCare Marrero

7017 Lapalco Blvd., Marrero, LA

504-371-8958,

Family Dental Services 504-347-8377, 504-762-8921

www.jchcc.org

M-W 8-5; Th 8-7 (last patient at 6:30); F 8-2

Jefferson Parish Health Unit (A)

504-838-5100 504-599-0100 regional office

111 N Causeway Blvd., Metairie

M, Tu, W, F 8am-4:30pm

Covid Testing & Vaccinations W, F: 8-3

WIC: M, Tu, W, 8-4:30PM

Telehealth appointments on Fridays

STI testing & treatment, vaccinations for children, pregnancy testing, family control, breast exams, environmental health services, WIC, TB and HIV/AIDS testing & treatment. Must bring a picture ID, proof of residence. Sliding Scale depending on service. Appt. only; Walk-in for STD services

*Spanish spoken? Y, language line***Jefferson Parish Health Unit (B)**

504-349-8802 504-349-0092 Environmental Health

1855 Ames Blvd., Marrero

W & Th 8-4:30

STI testing & treatment; immunizations for up to age 18; pre-natal care; planning; PAP smears; birth control; breast exams; WIC; TB and HIV/AIDS testing and treatment. Free & Sliding Scale depending on service; Mostly Appt., Some Walk-ins.

*Spanish spoken? Y, language line***LSU Family Medicine - Oschner**

504-471-2750 200 W Esplanade Ave., Ste. 412, Kenner, 70065

M-Th 8-5 Fri 8-12

Complete adult and pediatric primary care, including pre-natal care, adolescent care, PAP smears, STI testing. Photo ID required. Sliding Scale (\$30 minimum, proof of income required), Medicaid, Medicare, some private insurance; Appt. only

Expungement Clinics, held on the 2nd Wed. of every month at Propeller (4035 Washington Ave). Bring your court paperwork (bill of information & minute entries) from the clerk of court in the parish where your case was heard. For cases outside Orleans Parish, you will also need to bring a background check from the parish sheriff or State Police. If you were arrested but did not go to court, just bring your background check.

The clinic is first-come, first served. You may drop off your paperwork on the day of the clinic from 10:00 a.m. until we reach capacity. Those who make the cutoff will be asked to return for 5:00 to meet with an attorney.

For additional clinic dates & locations, consult our events calendar, sign up for our newsletter or follow us on social media. You can also use our Expungement App to help determine your expungement eligibility and fill out the forms you'll need to file in court. If you cannot afford to pay for an expungement, you can use our IFP App to help you apply for pauper status.

Blank expungement forms and "How To Guides" are available on our website. Our legal manual, which is geared toward attorneys, is also available for purchase.

If you are seeking REENTRY LEGAL SERVICES, please call our Administrative Clerk, Clare Fitzpatrick, at 504-273-1091 for screening and intake. JAC provides advice ONLY in the following areas:

- Child support modification or suspension (NOT divorce or custody issues)
- Reinstatement of suspended driver's licenses
- Obtaining a Provisional Driver's License (if incarcerated for 1 consecutive year or more)
- TWIC Card renewal or appeal
- Clearing pre-incarceration Municipal or Traffic Court cases
- Denial of employment due to criminal record
- Denial of professional license due to criminal record
- Incorrect information on your background check or credit report

Operation Restoration

504-684-9222 or-nola.org IG: @operationrestorationtheor

1515 Poydras, Suite 2400

Supports women & girls (including transgender people) impacted by incarceration to recognize their full potential, restore their lives, & discover new possibilities. Focuses on advocacy, education, economic mobility, & true economic equity for our staff, clients, & community. Works to end the incarceration of all women & girls and remove barriers to re-entry. Seeks to eliminate financial &

SONG CDC (Community Development Corporation)

Instagram: songcdc hello@songcdc.org

Pursuing the full liberation of BIPOC across all intersectional identities in vulnerable communities in Southern Louisiana.

Advocacy and educational events.

For Formerly Incarcerated People

A New Way of Life

504-320-1891 NOLAhousing@anewwayoflife.org

www.anewwayoflife.org/new-orleans/

PO Box 13544, New Orleans 70118

Transitional housing for women returning home from incarceration.

Incarcerated women (or women who were just released) should write

directly to A New Way of Life, and they will respond to start the

assessment process.

CCANO Cornerstone Re-Entry Program

504-234-9255 Email/call Kristen Becnel kbecnel@ccano.org

to receive a referral form

Through its Cornerstone Re-Entry Program, Catholic Charities of New Orleans provides wrap-around case management services to

recently released moderate and high-risk parolees. Free

Spanish spoken? N

FIP Peer Support Group

(504) 427-1713 thadtatum108762@gmail.com

Formerly Incarcerated Peer Support (FIPS) Group meets the 2nd and 4th Tuesday each month, from 6-8pm. We provide peer-to-peer support on a wide range of topics that individuals coming home from prison face, especially the impact on our mental wellness.

Formerly Incarcerated Transitions (FIT) Clinic

504-475-3784 (Call Danielle Metz to make an appointment)

fit.clinic.nola@gmail.com www.fitclinic.com

2222 Simon Bolivar, New Orleans, 2nd Floor in office with

Healthcare for the Homeless

Primary care for recently released formerly incarcerated people.

Justice and Accountability Center of Louisiana

504-322-4050 www.jaclouisiana.org info@jaclouisiana.org

4640 S Carrollton Ave, Suite 280, New Orleans, 70125

M-F 10-5

For **EXPUNGEMENT ADVICE**, please attend one of our

Spanish spoken? Y

Luke's House

504-444-7879 www.lukeshouseclinic.org

2222 Simon Bolivar Ave., New Orleans

Phone calls received M-F 8-4, Clinic Hours Tues & Thu 5-7pm

Primary care for adults (including basic lab tests), spiritual health

counseling, mental health counseling, referrals, vaccinations,

prescription assistance. Thursday clinic includes bilingual

(Spanish-English) providers. Free; Appointment only

Spanish spoken? Y, always on Thursdays, sometimes on

Tuesdays

New Orleans East Louisiana Community Health Center (NOELA)

504-255-8665 Adults 504-309-8390 Pediatrics

www.noelachc.org

13085 Chef Mentour Hwy, New Orleans (East), 70129

M-F 8-5, Sat 8am-12pm. Call for after hours services.

Adult primary health care services, including women's health (OB/

GYN), mental health, social services, diabetes classes, pharmacy

assistance. Pediatrics across the street at 14401 Chef Mentour

Hwy, Ste C. Sliding scale for uninsured based on income.

Medicaid, Medicare, some insurance. Appt preferred, walk-ins

OK. *Spanish spoken? Y, Se habla espanol & Vietnamese*

New Orleans Musicians' Clinic (part of LSU Healthcare)

504-412-1366 504-412-1298 fax www.nomaf.org

478 S Johnson St. 3rd Floor

M-F 9-5

Professional musicians, culture bearers, & their families living in

the GNO area are eligible for: health assessments, primary care,

including OB/GYN, mental health, and social services information

and referrals. Open to all culture-bearers, including vocalists,

Mardi Gras Indians, Baby Dolls, etc. and adult household

members.

\$10 per person, also Medicare, Medicaid, private insurance; Appt

only, call to begin enrollment.

Spanish spoken? N, French, ask for Katherine Lasperches

Odyssey House Health Clinic

504-821-9211 www.ohlcommunityclinic.org

1125 N Tonti St. (& Gov. Nichols St.)

M-Th 8-5

2700 South Broad St appointment only M-F 8-5 (*same phone*)
Primary adult health care, including labs, TB tests, flu vaccinations and mental health. See Substance Use section for info on additional programs. Pharmacy onsite.
Sliding scale fee to those in treatment, homeless or w/out income (proof required); no one turned away. Lab costs vary. Walk-in OK.
Spanish spoken? N

St. Charles Kenner Community Health Center

504-712-7800 www.stcchc.org 671 W. Esplanade, Kenner
M-Th 8-4:30, F 8-12
Complete pediatric and adult primary care services, including PAP smears, social work.
Sliding scale for uninsured (\$15 min. for first visit, \$10 for established patients); Medicaid, Private insurance. Appt. only
Spanish spoken? Y

St. Thomas Community Health Center – Multiple Locations

504-529-5558 phone 504-529-8840 fax
www.stthomaschc.org info@stthomaschc.org

- 2014 Magazine St M-F 7:30am-5pm
- 1936 Magazine M-Th 7:30-5, F 7:30-1
- 3221 General De Gaulle NOLA 70114 (Algiers)
Wednesday 8-5pm
- 230 Ochsner Boulevard (Gretna) M-Th 7:30-5, F 7:30-1

Adult & pediatric primary medical care; OB/GYN, STI and HIV testing, optometry, diabetic clinic, lab services, mental & behavioral health, and referrals. Telemedicine available.
Specialty Services: LA Breast Cancer Screening (mammograms) M-F 8-4:30, some Saturdays (call to check).

All forms of insurance, Medicaid, Medicare. Sliding scale for uninsured, \$30 minimum. Mammograms are free for ages 40+.
Glasses, \$35. Call at 8AM for same day/next day appt. or walk-in.
Appt. required for glasses.
Spanish spoken? Y, for medical services,

Veterans Health Care System of S.E. LA

1-800-935-8387 504-412-3700 www.neworleans.va.gov
2400 Canal St.,
24 Hour Veterans Crisis Line: *Call 800-273-8255 and select 1 Text 838255 TTY 800-799-4889*
M-F 7:30-4:30 Primary care: M-F 7:30-4 Urgent care: 8-5
Serves only veterans. Primary care, mental health, dental services, prescriptions, pharmacy. Bring VA ID.

Led by trans, nonbinary, and two-spirit people.
Spanish spoken? Y. ASL interpreter available.

The Inner Pup

www.theinnerpup.org info@theinnerpup.org
5208 Magazine Street, Box 357, New Orleans, LA 70115
Low cost pet care. Visit website to enroll.

LA SPCA

504-368-5191 504-363-1333 Clinic www.la-sPCA.org
1700 Mardi Gras Blvd, New Orleans (Algiers), 70114
M-F 9-5, Sat 10-4
Society for the Prevention of Cruelty to Animals, help with finding lost pets, pet care, pet adoption, low cost vet services.
Spanish spoken? Y, sometimes

New Orleans People's Assembly

504-218-8817 peoplesassemblyneworleans.org
Instagram: [nolapeoplesassembly](https://www.instagram.com/nolapeoplesassembly)
1418 N Claiborne Ave #1
Organizing, advocacy & community building for, with, and by working people of New Orleans. Check online for events.

New Orleans Liberation Center

Instagram: [neworleansliberationcenter](https://www.instagram.com/neworleansliberationcenter)
4999 Burgundy Street in Lower 9/Holy Cross
Open hours Tuesdays 1-5 & Thursdays 3-7
Community center for working class organizing, education, and culture in New Orleans.

New Orleans Public Library

504-596-2560 www.nolalibrary.org 219 Loyola Ave. (Main Library)
Access all kinds of media (books, movies, etc.), attend an event for any age, get tutoring help, and more for free at locations around the City. Services include public computers, charging stations, wifi in and around each building, wireless printing, the Culture Pass Program for local museums and so much more. See website for full listing of services, programs, locations, and hours. For assistance with job-seeking needs or phone/computer help, please call or text 504-224-8720.
Free; Check website for updates; *Spanish spoken? Y, sometimes*

in obtaining educational evaluations so that every child obtains all the support they deserve. All are welcome, trans inclusive. Walk-ins are welcome for food when distributions are announced, no appointments needed. For other services, contact Cristi.
Spanish/Portuguese/English spoken.

GNO Caring Collective

Instagram @GNOCARINGCOLLECTIVE
5523 St. Claude (Lower 9th)

- Fred Hampton Free Store & Clothing Boutique -Mon & Thu 4-7:30pm + During Events
- Basic household goods, clothing, linens, books, furniture, emergency contraceptives, sometimes food & toiletries
- Free Skate - Wed 4-10+pm
- Polished concrete indoor skating with live DJs. All wheels, all identities, all ages (with guardian), all solidarity. BYO skates / BYO snacks
- Ongoing Community Care & Support
- Pickups & Donations by Appointment
- Resource & Space Sharing

All genders welcome. Free.

Gwangi & Hollywood Community Center

504-482-4177 Instagram:@gwangi.hollywoodcc
1531 Newton Street in Algiers, New Orleans 70114
Black Panther Party Community Center with frequent educational programs and mutual aid events, serving red beans & rice Mondays at 11am
Free Call or check instagram for schedule

Imagine Water Works

www.imaginewaterworks.org Instagram @imaginewaterworks
info@imaginewaterworks.org text line: 504-858-0200
Advocacy, mutual aid, and disaster readiness and response through a lens of anti-oppression, harm reduction, and collective liberation. Current projects include: the Mutual Aid Response Network, the Community Power Map (Charging Stations), Imagine Mutual Aid on Facebook, an "Anonymous Storm Prep Q&A" on Instagram, annually updated hurricane season guides, the Queer/Trans Guide to Hurricane Season, and the New Orleans Community Resource Guide. Check website and social media for events and projects or join Imagine Mutual Aid (New Orleans) at facebook.com/groups/MutualAidNewOrleans

Mental Health Clinic: 504-507-5550 more resources at www.veteranscrisisline.net
Fees & Rx vary according to income. Appt. preferred, urgent care walk-in

Mental Health

This section has three parts listed below. Adult, Children, Family and Couples Mental Health Counseling; Adult Psychiatric, Case Management & Mental Health Team Support; 24 Hour Counseling Access Lines. In addition, for free counseling for survivors of violence or youth impacted by systems, see the Anti-Violence section.

Adult, Children, Family and Couples Mental Health Counseling

Beacon Behavioral Health

504-581-4333 www.beaconbh.com
3200 Ridgelake Dr., Ste 100, Metairie 70002
Monday- Friday 10am - 1pm

Outpatient group therapy for adults, including elderly, to improve or maintain an individual's ability to function as well as alleviate symptoms that may significantly interfere with functioning in at least one life domain (familial, social, occupational and/or educational). For trans & NB patients, sends client referral to Crescent Care for trans/nb safe group therapy. Most commercial insurance; Medicaid, United healthcare, Aetna, Healthy Blue.
Spanish language interpretation available by appointment.

Broadmoor Improvement Association

504-249-5130 www.broadmoorimprovement.com
3900 General Taylor, New Orleans (Broadmoor)
Office hours M-Sat 9-5, Food Pantry Tue 10-12 & Wed 1-3
Wellness Center Hours M- F 10am-8pm Sat 9am-2pm
Social services, health and wellness programs, sliding scale counseling services for individuals & couples. Welcoming to trans & non-binary people. See more services in Basic Needs
Free; Call for appt. *Spanish spoken? N*

Celebration Hope Center

504-833-4673 www.celebrationhopecenter.org
1901-B Airline Dr., Metairie, 70001
Faith-based program offering group, family, individual and couple

counseling sessions; support groups. Sliding scale based on income. Insurance accepted: Blue Cross Blue Shield, Aetna, Cigna, United Healthcare.

No Spanish language interpretation on site, but can refer.

Morgan Rae Center for Hope - Manning Family Children's

504-896-9237 1140 Calhoun St., New Orleans
manningchildrens.org/services/care-medical-clinic/chnola.org
M-S 8-4:30

CARE Medical Clinic and the Child Advocacy Center (CAC): Support immediate needs of at-risk and alleged child victims of abuse, neglect, human trafficking, or witnesses to violent crimes. The CARE Medical Clinic has a team of child abuse pediatricians and nurse practitioners who complete outpatient physical assessments and evaluations for youth who may have experienced abuse or neglect.

No cost for medical evaluations, forensic interviews, or case management; Medicaid and commercial insurance for therapy services *Spanish spoken? Y, request when making appointment*

Community Care Hospital

504-899-2500 Inpatient admissions 504-894-1999 Outpatient
1421 General Taylor St., New Orleans, 70115
Outpatient: 3600 Chestnut St.
M-F 9-5

Appointment only inpatient and outpatient psychiatric care for adult and geriatric patients. Individual, family and group therapy available. Transportation for outpatient services provided as needed. Medicare and private insurance accepted. Welcoming to trans & non-binary people. *Spanish spoken? N*

Crescent Care

504-821-2601 www.crescentcare.org
1631 Elysian Fields Ave. & 2515 Canal St.
M - F 8:30am - 5pm

Provides wrap-around services and programs, including Medicaid covered individual counseling & psychiatry. Welcoming to trans & non-binary people.

Sliding scale; *Spanish spoken? Y, 504-207-2273, marque 8*

Early Psychosis Intervention Clinic (EPIC) NOLA

<https://calmnola.org/> calm@tulane.edu 504-988-0301
Coordinated specialty care clinic providing psychiatry and psychotherapy services for those between ages 12-35

QT Care House

QTcarehouse@proton.me Instagram: @qtcarehouse
An LGBTQ+ collective of holistic healers in New Orleans committed to creating joyful, affirming, and accessible care for our Queer and Trans community through events that offer free and sliding scale wellness services.

Trans Queer Youth NOLA

transqueeryouth.nola@gmail.com

Instagram: transqueeryouth.nola

Youth organized, community supported bimonthly open hang out and mutual aid network for trans and queer youth in the New Orleans region ages 12-24.

General Advocacy, Mutual Aid & Education

Adult Education (GED) Program at Delgado

504-671-5434

www.dcc.edu/academics/adult-education/default.aspx

www.facebook.com/nolaged

615 City Park Avenue (Registration in Bldg 7, Room 170)
Structured classes in mornings, afternoons, & evenings at sites throughout N.O. that are flexible in finding a class schedule to meet student availability. Also offer: opportunities for students to begin college level classes at Delgado as they finish earning a GED, ELL classes and Computer Literacy seminars. Free; Call/check website for schedule. *Spanish spoken? Y, in ELL classes*

The Data Center

www.datacenterresearch.org

Online system-wide maps of New Orleans schools, child care centers, afterschool programs, regional hospitals, and community clinics; geared towards non-profit organizations, but available to anyone with internet access. *Spanish spoken? N*

El Pueblo NOLA - Nola Village

cristi.nolavillage@gmail.com (504) 575-6333 elpueblonola.org
Comprehensive direct mutual aid for the communities of New Orleans East including food to families/ individuals/pets, as well as veterinary services for pets (spay/neuter and vaccinations) and helping place domestic animals without a home. We also help connect people with legal resources, and help families navigate the school system and advocate for their childrens' rights in school, help overcome linguistic barriers, and when needed, help parents

our website. Free *Spanish spoken?* N

PFLAG (Parents & Friends of Lesbians and Gays)

504-862-5912 info@pflagno.org www.pflagno.org
PO Box 15515 New Orleans, LA 70175
Support, advocacy, community.

METAIRIE MEETING

2nd Thursdays @ 7:30 PM
Congregation Gates of Prayer
4000 West Esplanade
Metairie, LA 70002

NEW ORLEANS MTG.

4th Thursdays @ 7PM
Total Health Clinic at Ruth Fertel
Tulane Community Health Clinic
711 N. Broad St.
New Orleans, LA 70119

NORTHSHORE MEETING

3rd Thursdays @ 7PM
Northshore Jewish Congregation
1403 N. Causeway Blvd.
Mandeville, LA 70471

Queerfit

Instagram: queerfitnola facebook.com/groups/queerfitnola
gmbnola@gmail.com
3610 Toulouse St.
7:30 pm on Tuesdays and 8:30 am on Sundays
Free weekly LGBTQ+ community workout space for everybody
and every body (all fitness levels welcome).

QTCAP (Queer & Trans Community Action Project)

qtcapnola@gmail.com Instagram: @qtcap_nola
Trans-led group of activists in New Orleans organizing to resist
rising transphobic and anti lgbtq+ rhetoric and policy in LA. Our
mission is to protest and campaign against politicians that target
our communities and for policies that would increase our ability to
live with dignity. To get in touch please follow our instagram!
Formerly known as Real Name Campaign, we can connect
community members in New Orleans to legal name-change
resources.

experiencing new onset psychosis (within 3 years since onset).
Requires diagnosis of schizophrenia or other psychotic disorder,
even if unspecified, and the willingness to be evaluated and
treated by healthcare professionals as referral criteria.

Fathers Matter Program

www.compassionoutreachoa.org/fm
info@compassionoutreachoa.org 1228 Horace St.
Support groups/ group therapy & parenting skills for fathers. A
program of Compassion Outreach of America offering: Dad
Discussions, weekly facilitated sessions for sharing parenting
experiences & learning new things to incorporate into your life.
Also, Daddy Bootcamp, a group for new fathers.
Spanish spoken? N

Integrated Family Services

504-822-4333 3604 Canal St., New Orleans, 70119
M-F 8-4
Individual & family counseling; Children ages 6-17 w/ behavioral
problems in school or at home. Welcoming to trans & non-binary
people. Medicaid only; Appt. Only *Spanish spoken?* N

**Jefferson Parish Human Services Authority/ Jeff Care
Community Services**

504-349-8708 for West Bank residents 504-838-5257 for East
Bank residents
After hours crisis line: 504- 832-5123 www.jphsa.org
Administrative Offices: 3616 S. 1-10 Service Rd., Metairie, 70001
Office hours M-F 7-5
For Adult and child mental health, addictive disorders and
developmental disability
Group & individual services: psychiatric, psychological,
counseling, case management, and crisis. Selected evening
services are available.
JPHSA Locations:

- Access Service Center West Bank, 5001 WB
Expressway, Marrero 70072;
- Access Service Center East Bank 3616 S. 1-10 Service
Rd., Metairie (walk-in 8-3);
- Adult Community Behavioral Health Services, 3616 S.
1-10 Service Rd., Metairie 70001,
- Community Services for Persons with Developmental
Disabilities and Their Families, 3300 West Esplanade Ave.,
Ste 208, Metairie 70002

- Eunoia Crisis Respite Center in Marrero 504-332-7777
- East Bank Adult/Child & Family Services Center, 3616 S. 1-10 Service Rd., Metairie
- West Bank Adult/Child & Family Services Center, 5001 West Bank Expressway, Marrero

Sliding Scale (with paycheck stub), Medicaid, Medicare. Welcoming to trans & non-binary people.

Spanish spoken? Y, at some locations, call 504-471-2700

Jewish Family Service

504-831-8475 www.jfsneworleans.org
3300 West Esplanade Ave. Suite 603, Metairie
M-Th 9-5, F 9-4

Social services including individual & group counseling (all ages), suicide prevention life line, support groups and services for disabled and elderly persons, including case management.

Welcoming to trans & non-binary people.

Sliding scale \$18 & up, no one turned away Appt. only

Spanish spoken? N

LSU HSC Child & Family Counseling Clinic

(504) 556-3451 cfcc@lsuhsc.edu
411 S Prieur St., Suite 307, New Orleans
M-F 8-5

Play therapy center for children. Individual sessions and child play therapy groups. Medicaid accepted. Insurance is the sole method for accessing sessions. *Spanish spoken? by appointment*

Loyola Center for Counseling and Education

504-864-7858 LCCE@loyno.edu
7214 St Charles Ave, Greenville Hall, New Orleans
M-Th 1PM-8PM

Mental health counseling services on a sliding scale to families, couples, groups, & individuals at every stage of life. No insurance, no medicaid. Call or email for appt. *Spanish spoken? N*

Magnolia Family Services, LLC

985-449-4055 magnoliafamilyservices.com
1418 Tiger Dr., Thibodaux, LA 70301
M-F 8:30am - 4:30pm (office hours) - day, evening, and weekend service available

Individual & Family Counseling, Medication Assessment & Management, Psychiatric Evaluations, and 24 hour on-call crisis services; offered in office, home, community, and via telehealth, for

Vitality Natural Health:

504-810-5692 nolavitality.com jennifer@nolavitality.com
3401 St. Claude (entrance on Desire)
Sliding-scale private acupuncture and herbal medicine by appointment only. Mon.-Thurs., hours vary. Appointments may be scheduled online, credit/bank card required for online scheduling; please send an email if this is a barrier, and also to discuss sliding scale options. TGNC welcome. N95 / KN95 mask required. HEPA air filter running in treatment rooms at all times. Wheelchair accessible. *Spanish Spoken? Y*

LGBTQ+

Connect Northshore

connectnorthshore.org IG: @connect.northshore
Connect Northshore (2023 - present) is a Black & Native queer-led non-profit organization centered on education, advocacy, and creating safe spaces for the Northshore's LGBTQ+ community.

NOAGE (New Orleans Advocates for LGBTQ+ Elders)

504-517-2345 www.noagenola.org Instagram: [lgbtqeldersnola](https://www.instagram.com/lgbtqeldersnola)
Services and advocacy for LGBT+ older adults in the N.O. metro area, including trainings and workshops on LGBT+ cultural competence for healthcare and other service providers, and social & educational events for LGBT+ older adults. Free; Call/ check online for events calendar

New Orleans Lambda Center

nolalambdacenter.org Instagram: [nolalambdacenter](https://www.instagram.com/nolalambdacenter)
2372 Saint Claude Avenue Suite 270 New Orleans, LA 70117
in the New Orleans Healing Center
Meeting place for the LGBTQ+ recovery community.

New Orleans Pride Center

504-317-1627 www.nolapridecenter.org
2762 Orleans Ave, New Orleans, 70119
Welcoming, inclusive hub for LGBTQ2IA+ people where all feel safe to celebrate their authentic selves and thrive through connection. Monthly community meetups, game nights, writing groups, therapeutic support circles and more, all of which are free and open to all. Weekly in-person and virtual LGBTQ+ youth (ages 13-24) drop-in groups and provide free affirming mental health counseling for those who can't access it through traditional avenues. Our space is available to use for other LGBTQ2IA+ organizations and projects in the area. Learn more about upcoming events and access our growing resource directory at

active allies. *Spanish spoken? Y*

Hispanic Family Health Helpline

1-866-SU-FAMILIA (783-2645) www.healthyamericas.org
M-F 9-6 EST, voicemail after hours
Health info (including mental health) in Spanish and English,
assistance in finding low cost Spanish speaking services.
Spanish spoken? Y, Se habla espanol

Miss Anne's Maypop Community Herb Shop

504-304-5067 www.missannesmaypopherbshop.com
2701 St. Claude Ave.
Open for online & walk-up orders most days 11- 6 pm. Join email
list for updates & resources. Check the website to schedule
in-depth consultations and "clinic" appointments. Most services on
sliding scale; Call, walk in or email for info
Spanish spoken? Y, call or email to confirm

NADA New Orleans

3401 St. Claude (entrance on Desire) nadaneworleans.weebly.com
donoharm@riseup.net Instagram: @nada.nola
Free ear acupuncture in a group setting provided every Thurs. from
6:30-8:30. Please arrive by 8:00 for treatment. N95 / KN95 mask
required. NADA is helpful for managing stress, anxiety, cravings,
sleep troubles, substance use, trauma. It supports overall well-
being. *Spanish spoken? Some volunteers speak Spanish; written
info & consent form available in Spanish.*

NORDC (New Orleans Recreation Development Commission)

504-658-3000 504-658-3052 www.nordc.org
Many programs and facilities for Orleans Parish people of all ages,
including aquatics, ballet, music lessons, football. Must register
each season.
Free or low cost *Spanish spoken? Y, for some programs*

Recirculating Farms Coalition/Growing Local NOLA

recirculatingfarms.org Instagram: @recircfarms
1924 Jackson Ave, New Orleans, LA
Community garden, farm, and resource hub for food access &
education. Free classes & community events, including yoga,
farming, beekeeping, cooking, & more. Site for community fridge,
composting, recycling. Weekly SNAP eligible produce box.

children 3+, adolescents, and adults. Welcoming to trans & non-
binary people. Medicaid accepted *Spanish Spoken? N*

Manning Family Children's Outpatient Mental Health

504.896.7272 200 Henry Clay Ave, New Orleans, LA 70118
[https://www.manningchildrens.org/services/behavioral-health/
outpatient-services/](https://www.manningchildrens.org/services/behavioral-health/outpatient-services/)
Provides psychiatric evaluation, medication management, psycho-
therapy. Also has subspecialty clinics such as the Autism Center,
Eating Disorder Clinic, Trauma and Grief (TAG) Center.
Medicaid accepted.

Mercy Family Center

504-838-8283 Metairie 985-727-7993 Mandeville
www.mercy.net/neworleansla
Metairie: 110 Veterans Blvd., Ste 425
Mandeville: 1445 W Causeway Approach
M-F 8-5
Psychological counseling & treatment for children, youth & adults
at two GNO locations. Including gender-affirming behavioral
health services for transgender and non-binary clients. **7 month
wait as of May 2026.**
Medicaid, Insurance, Sliding scale for uninsured individuals ON-
LY; Submit application online to begin process- must have applied
for Medicaid first *Spanish spoken? Y, with language line.*

Michael R. Boh Center for Child Development New Orleans

504-493-2019 www.ochsner.org/boh/
Provides child and adolescent psychology and psychiatry
services, as well a specialty services such as Autism Assessment
clinic, Down Syndrome clinic, Pediatric feeding clinic,
Neuromotor and Spasticity clinic.

Milestones Mental Health Agency

504-483-9883 Phone 504-483-9082 Fax milestonesmha.com
4919 Canal St., Ste 203
M-F 9 - 4:30
In-home mental health services for children and teenagers,
including skills training; also family services and parenting help,
outpatient therapy for caregivers. For residents of Orleans &
Jefferson Parishes. Medicaid only; Call to check availability
Spanish spoken? N

Plaquemines Community C.A.R.E. Centers Foundation, Inc
504-393-5750 www.pcccf.org 115 Keating Drive, Belle Chasse,
M-F 9-5 Counseling services for residents of Plaquemines Parish
of all ages on a sliding scale.
Medicaid and General Insurance *Spanish spoken? N*

Training Grounds

504-240-8379 support@mytraininggrounds.org
www.mytraininggrounds.org
2200 Lafitte Ave New Orleans, LA 70119
Training Grounds creates supportive learning environments to
enable caregivers and educators to provide children with quality
experiences that promote healthy brain development, appropriate
adult-child interactions and positive social-emotional skills.
Current programs include infant massage, breastfeeding cafe,
autism services, “hug your baby” and more, in multiple locations,
including Sojourner Truth Center and New Orleans East Public
Library.
Check website or call for schedule updates. Free.
Spanish spoken? Y

Tulane Center for Autism and Related Disorders (TCARD)

504-988-3533 <https://medicine.tulane.edu/tulane-doctors/tcard>
Multidisciplinary team specializing in the identification and
management of Autism and other Developmental Disorders.
Intake packet required to be filled out by caregiver before
placement on waitlist. Several month waitlist for autism evaluation
currently.

University of Holy Cross Counseling and Training Center

504-398-2168 4123 Woodland Dr, New Orleans (Algiers), 70131
M-Th 11-8
Counseling services for adults, couples, families, children ages 4
& up, administered by graduate or post-graduate students super-
vised by senior staff. All sessions virtual or phone. LA state ID
required. Free; Appt. Only, call for intake *Spanish spoken? Y*

Vet Center

www.va.gov/directory/guide/facility.asp?ID=5456
1250 Poydras St., Suite 400
For assistance after hours, weekends, and holidays call:
1-877-WAR-VETS (1-877-927-8387)
Mental Health Clinic: 504-507-5550 more resources at
www.veteranscrisisline.net

for self-sufficient seniors. For members of Jefferson Council on
Aging 55 and older. Free for activities, small donation requested
for meals; *Spanish spoken? N*

Wellness

Anna's Place NOLA (St. Anna's Episcopal Church)

504-947-2121 ext. 303 www.annasplacenola.org
1313 Esplanade Ave, New Orleans, 70116
Mon 12-3, Wed 3:30-7
Promoting healing and wholeness of body, mind and spirit in the
Tremé/7th Ward and GNO community by offering academic,
cultural, and arts enrichment; and healthy lifestyle education. Call
or check website for schedule. Free; *Walk-in Spanish spoken? N*

Ashe Cultural Arts Center

504-569-9070 ashecac@gmail.com www.ashecac.org
1712 Oretha Castle Haley Blvd., New Orleans, 70113
Tues-Sat 10-5
Creates and supports programs, activities and creative works
emphasizing the contributions of people of African descent. Offers
theater programs, children's artistic and cultural programs,
wellness events & more. Sistahs Making A Change health & well-
ness program provides dance & health education on Mon. &
Thurs. evenings from 6-8 pm. Call or visit website for schedule.
Most programs Free; Call, walk in see website for info
Spanish spoken? N, some French speakers on staff

Blue Bikes for All

www.bluekrewe.org matt@bluekrewe.org
Low cost access to bicycles throughout N.O. Blue Bikes For All
membership is \$4/mon. for locals who use SNAP & Medicaid. To
sign up, riders just take a photo of their LA Purchase or Medicaid
card in our app and are approved for the reduced-fare member-
ship in 24 hours.

Fight Covid NOLA

FightCovidNola@gmail.com
[Instagram.com/FightCovidNola](https://www.instagram.com/FightCovidNola) [linktree.com/FightCovidNola](https://www.linktree.com/FightCovidNola)
Free high-quality masks for pickup or delivery in the GNO area.
N95, KN95, FFP2, FFP3, and KF94 respirators. Free rapid home
tests available on a more limited basis. Updated inventory posted
on social media. Free mask fit-testing and loanable air purifiers.
We provide information on COVID, organizing accessible events,
and local resources. Online community for high-risk folks and

and career connections (ext. 695), tax prep.
Appt. Only *Spanish spoken? Y*

Harmony House Senior Center

504-267-3333 2201 Barracks St., New Orleans, 70119
M-F 9-2:30

Program for seniors 60+. One hot meal served. Activities include field trips, arts & crafts, birthday parties. Free; Call for info
Spanish spoken? N

Mercy Endeavors Senior Center

504-568-0607 504-568-0699 fax www.mercyendeavors.org
457 Jackson Ave.
M-F 8-4

Socialization, recreation, health programs, spiritual programs, retreats, crafts, computer classes and various other activities to approximately 100 seniors. The program stresses independence and strives to keep older adults active and out of nursing homes. Trans inclusive.
\$35 annual fee requested, no one turned away, proof of income required as part of application; Walk in *Spanish spoken? Y*

New Orleans Council On Aging

504-821-4121 ext. 120 for questions about services
www.nocoa.org
2475 Canal St., Ste 400, New Orleans, 70119
M-F 8-4

Info hub for senior centers & services all over New Orleans. Non-profit corporation responsible for seeing that a comprehensive and coordinated assortment of social, recreational, educational, employment and nutritional services are made available for all persons aged 60 and over in the City of N.O. Programs include direct information, advocacy and referrals, low-cost comprehensive dental services, legal services, caregiver support groups, Meals on Wheels, personal care assistance, light home maintenance assistance, utility assistance, minor home repairs, retired & senior volunteer programs, senior companion program & more.
Free; Appt. only *Spanish spoken? Y, by request*

Senior Centers with Jefferson Council on Aging

(504) 888-5880 800-635-1437 www.jcoa.net
6620 Riverside Dr., Metairie
M-F 8:30-4:30

Activity Centers & Meals, including exercise programs and games

Hours M-Th 7am-6pm F 8-4:30pm

Mental health services for combat veterans. Will work with clients to fit their schedule outside of normal hours. Free; Call for appt. and eligibility info; walk-ins OK *Spanish spoken? N*

Well Psychotherapy

504-222-2454 www.findyourwell.com 601. N. Carrollton Ave.
Mon-Sat 9am-6pm

Trauma-Informed Individual, Relationship, & Group Therapy. Welcoming to trans & nonbinary people Private Pay, Sliding Scale Options Available; Appointment only *Spanish spoken? N*

Wellness Project New Orleans

www.wpno.org info@wpno.org

Instagram: wellnessproject_neworleans

3300 Canal St Suite 100 New Orleans, LA 70119

Provides holistic, trauma informed, and culturally competent mental health & wellness services to individuals, families, and groups via in-person and telehealth services. Supports practitioners (with an emphasis on BIPOC- Black, Indigenous and People Of Color practitioners) by providing financial, educational, & social resources. Offers a sliding scale pricing model and services are provided regardless of ability to pay.

Whole Village Art Therapy

504-603-7136 bahareh@wholevillageart.org

Offers free, monthly drop-in community art making events and provides free mental health services to all ages. Work in various settings including schools, shelters & community spaces.

Adult Psychiatric, Case Management & Mental Health Team Support

Assertive Community Treatment

Jan Tarantino: 504-821-7085 504-821-2276

Jan.Tarantinon@rhd.org & nlegshe@rhd.org

www.rhd.org 3909 Biendo St.

Monday-Friday 8:00am-5:00pm

Multidisciplinary, recovery oriented team, providing in-home treatment to adults diagnosed w/ a serious mental illness who are unable to have their needs met in traditional outpatient settings. Team includes Psychiatrists, Nurses, Mental Health Professional, Addiction Counselors, Vocational & Peer Specialists. Medicaid; Limited Louisiana Community Service (LCS) slots for Medicare, Medicaid & uninsured patients. *Spanish spoken? N*

Bastion Veteran Wellness Center

888-737-5577 joinbastion.org 1825 Mirabeau Avenue
 M-F, 9:00-5:00, some programs offered evenings and weekends
 On-site counseling, group programs focusing on mental health,
 traumatic brain injury recovery, and physical wellness, community
 meals and social events, classes on educational topics like financial
 management and stress reduction, and case management support
 for veterans navigating multiple resource providers.
Spanish spoken? Limited Spanish support available

Community Care Hospital

504-899-2500 For info on admissions; ask for Intake Coordinator
 Outpatient Care 504-894-1999
 3600 Chestnut Street 2nd Floor (Outpatient Care)
 1421 General Taylor St. (Inpatient Care)
 M-F 9-5
 Appointment only inpatient & outpatient psychiatric care for adult &
 geriatric patients. Individual, family & group therapy available.
 Transportation for outpatient services provided as needed. Medicare
 and private insurance accepted.
Spanish language interpreters available upon request

Crescent Care

504-821-2601 www.crescentcare.org
 Multiple wrap-around services and programs. Behavioral Health,
 Medicaid covered individual counseling, and psychiatry. See listing
 in Primary Care section for additional services.
 Sliding scale for uninsured
Spanish spoken? Y, 504-207-2273, marque 8

Collective Grief at The Holistic Environment

<https://www.nicoleblaironline.com>
 inside the New Orleans Healing Center
 Mondays, 6:30-7:45, text 504-416-0590 to attend
 A weekly grounded space to share your story, connect in
 community, and move through grief with body-based breath and
 support.
 Sliding scale \$10-20, no one turned away for lack of funds

Metropolitan Crisis Response Team

504-826-2675 24 hours a day
 Telephone and face-to-face triage, assessment, and intervention for
 persons experiencing mental health or substance abuse crises. 24/7
 clinical staff to prevent unnecessary mental health hospitalization
 and link people to community based services that address their
 needs. Trans-friendly and ADA accessible.

Call or visit website for info *Spanish spoken? Y, and Vietnamese*

The Wellness Collective/Ballerinas of the Bayou

504-603-6257 www.botbwellnesscollective.org
 Instagram: ballerinasofthebayou
 2901 General DeGaulle Ste. 201 New Orleans, LA 70114
 Health and wellness program for students K-12, emphasizing the
 arts.

YEP (Youth Empowerment Project)

504-658-9221 Eastbank 504-658-4577 Westbank
 504-267-3882 NO East
 www.youthempowermentproject.org

- 1600 Oretha Castle Haley Blvd. (classes held at 139 S Broad) in Central City,
- 1111 Newton St., 2nd Fl. in Algiers, New Orleans, 70119
- 1200 Hayne Blvd, New Orleans East

Days and hours vary by location; call for info. HISET and basic literacy instruction to out-of-school youth and adults 16 and older from the Greater New Orleans region.
 Free; Call for info
Spanish spoken? In some locations, classes in Spanish twice weekly

Young Aspirations/Young Artists (YaYa)

504-529-3306 www.yayainc.org
 3322 LaSalle St., New Orleans, 70112
 Afterschool & professional enrichment program for youth ages 13-25, working with adult artists as mentors. Social justice oriented arts program.
 Free; Call or check website for info *Spanish spoken? N*

Elderly**Clover New Orleans (formerly Kingsley House)**

504-523-6221 www.clovernola.org

- Main Campus: 1600 Constance St. New Orleans, LA 70130
- Columbia Parc Office: 1401 Saint Denis St. New Orleans, LA 70122

M-F 8-4
 Daycare for seniors and medically fragile adults (ext 694); breakfast, lunch and snacks provided. Additional programs: early head start (ext 692), preschool (ext 693). Full day kids' summer camp (registration in March). All services available to transgender and gender non-conforming people. Also offers workforce development

assistance, mental & physical health services, HIV/STI testing, check ups, immunizations.

Free; Walk in *Spanish spoken? Sometimes*

Start the Adventure in Reading Child Literacy Program (STAIR)

504-202-8187 www.stairnola.org info@stairnola.org

1535 State St. 2nd Floor

M-F 9:30-4:30 office hours

Tutoring (in person or virtual) for 2nd & 3rd grade students identified as needing assistance in reading. See website for additional information.

Free; *Spanish spoken? Y, ask for Chloe*

Training Grounds

504-240-8379 www.mytraininggrounds.org

2200 Lafitte Ave New Orleans, LA 70119

M-F (9-4)

Training Grounds creates supportive learning environments to enable caregivers and educators to provide children with quality experiences that promote healthy brain development, appropriate adult-child interactions and positive social-emotional skills. Current programs include diaper bank, infant massage, breastfeeding cafe, autism services, “hug your baby” and more, in multiple locations, including Sojourner Truth Center and New Orleans East Public Library. Check website or call for schedule updates. Free.

Spanish spoken? Y

Urban Impact Ministries & Castle Rock Community Church

504-523-5556 www.urbanimpact.org

2323 Galvez St., New Orleans, 70125

M-F 12:30-4 summer day camp hours, M-F 9-5 office hours

Youth activities, including after-school homework help, recreation programs and summer programs. Wheelchair accessible.

Free for Central City residents; Walk in or call for info

Spanish spoken? N

VAYLA (Vietnamese American Young Leaders Association)

504-253-6000, 504-264-2177 www.vayla-no.org

13235 Chef Menteur Hwy. Unit A, N.O. (East)

Intersectional AAPI (Asian American Pacific Islander) nonprofit organization based in New Orleans focused on advocacy through providing environmental and reproductive justice education, community organizing education, and comprehensive civic engagement.

Free

Spanish spoken? Y, interpreters upon request, also interpreters for the hearing impaired

Metropolitan Human Services District

504-568-3130 Office (M-F 8-4:30) 844-568-6473 Crisis Line

(available 24/day, 7 days/week)

www.mhsdla.org

Outpatient mental health services provided for youth and adults of all genders, including medication, crisis counseling, addictive disorders. Services at 5 locations in Orleans & Plaquemines Parishes, coordinated through main MHSD office at number above.

Locations:

- Central City Behavioral Health Center: 2221 Phillip St. 70113 - adults
- Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave 70117 - kids
- Algiers-Fischer Behavioral Health Center: 3100 Gen. DeGaulle Ave. 70131
- New Orleans East Behavioral Health Center: 5630 Read Blvd. 2nd Floor 70127
- St. Bernard Behavioral Health Center: 6624 St. Claude

Medicaid, Medicare, Do not take private insurance, No fee for uninsured; call for info; Documentation of legal citizenship status is required. Appointment or walk-in

Spanish spoken? Y, via language line

NAMI (National Alliance on Mental Illness) New Orleans

504-896-2345 Main 504-368-1944 West Bank

www.namineworleans.org 1538 Louisiana Ave., New Orleans

M-F 8:30-4:30 Office, Uptown Drop-In Center T & Th 1:30-4:30

Mental health day treatment & services to adults w/ chronic mental illnesses, as well as support & education for adults w/ mental illness & their families, including numerous support groups.

Drop-In Center and all support and education programs are free; Medicaid and other insurance accepted for additional services.

Walk-In during Drop-In hours or Call for Appointment

Spanish spoken? N

Tulane Behavioral Health Center - Tulane Medical Center

504-988-4794

1415 Tulane Ave, 4th Floor of Hospital, New Orleans, 70112

M- F 8-4:30

Outpatient services for all psychiatric disorders serving adults 18+.

Sees ALL individuals and accepts medicaid. Services include medication management, therapy, and counseling.
Appt. Only. *Spanish spoken? Y, electronically*

River Oaks Hospital

1-800-366-1740 riveroakshospital.com/
riveroakshospital.com/contact-us/

Inpatient and outpatient psychiatric treatment and care. Offers 24 hours a day no cost psychiatric assessment to assess and treat mental illness and chemical dependency. Available for emergency evening and weekend hospitalization. Insurance acceptance has changed over time, call to confirm or use the "contact us" form.

Volunteers of America (VOA) - Mental & Behavioral Health

504-482-2130 4152 Canal St., New Orleans, 70119
M-F 8:30-5

Support for persons with mental illness. Call for referrals to any service, including case management and supportive housing for Mental Health patients. Free; *Spanish spoken? N*

24 Hour Counseling Access Lines

National Suicide Prevention Lifeline

988 (English & Spanish), 888-628-9454 (Spanish)
800-799-4889 for hearing & speech impaired with TTY
www.suicidepreventionlifeline.org

Dental & Eye Care

CrescentCare Dental Services

504-821-2601- ask for dental dept.
1631 Elysian Fields Ave, New Orleans, LA 70117
M-F 8:30 a.m. - 4:30 p.m.

Sliding scale based on income; Appointment only; Same day appointments sometimes available for emergencies only (call first)
LGBTQ+ friendly. *Spanish interpretation available*

Crescent City Optical

504-347-9988 5128 LaPalco Blvd Marrero 70072
M,T,W,F 9-5 (closed 12-2 for lunch)

Medicaid, Sliding scale based on income; extra considerations for unhoused individuals (letter from shelter required) Appointment only *Spanish interpretation available*

The Re-Engagement Center

504-474-9990 www.noya.org/reengagement-center
Direct services and connection hub for young people, ages 16-24, disconnected from postsecondary and employment opportunities. The Center is a pilot project of the New Orleans Youth Alliance and offers free postsecondary counseling, case management, supportive services, and direct referrals to over 40 training opportunities across the region. Call or email info@noya.org for more info
Free; *Spanish spoken? Y, with appointment*

Rethink New Orleans

www.therethinkers.org Instagram: [rethink.nola](https://www.instagram.com/rethink.nola)
Text: 504-224-4680 info@therethinkers.org
705 Flood St, New Orleans, 70117
Youth organizing and leadership development organization by and for Black and brown young people organizing to support positive transformative change in their community. Programming under two umbrellas: Roots Crew 10-14 year olds and Branch Division 15-22. Our programs are year round with concentration during the school year and membership and lead organizer training in the summer.
Free; Check instagram or text for schedule *Spanish spoken? N*

RUBARB (Rusted Up Beyond All Recognition Bikes)

504-943-0216 www.rubarbike.org
2239 Piety St (upper 9th ward)
Mondays 4-8pm, Wednesdays 10-2pm
Volunteer-run community bike shop: tools, used parts and skilled folks available to teach how to fix your bicycle; field trips, and affordable refurbished bikes. All welcome to come learn to build & repair bikes. All bike donations welcome. Free
Spanish spoken? Y, some bilingual volunteers

START Drop In Center

504-350-8434 www.startcorp.org/new-orleans
701 Loyola
M-F 8:30-5
Call or drop in for current schedule and for group and case management times. Serving homeless and at-risk youth ages 18-24, including youth who are transgender and gender non-conforming. Harm reduction philosophy. Day center with food & clothing closets, mail, internet access, crisis management, support with foster care age-out. Referrals for housing

The Black School

contact@theblack.school <https://theblack.school/>

Instagram: theblackschool

1660 N. Roman St., New Orleans

Community arts center teaching Black, Indigenous, People of Color (BIPoC), and allies to be agents of change in their community through art, design, and activism programming while prioritizing local community needs. The Black School uses art to transform social realities through Black Love, Healing, and Self-Determination. Our vision is a liberated future where art and design flourish as tools for expanding social good. Design Apprenticeship Program, Library, Meditation room, Gallery, Saturday all-ages arts education programming, Community Garden. Welcoming to trans & nonbinary people. Grand opening October 10 2026

Grow Dat Youth Farm

504-300-1132 growdatyouthfarm.org info@growdatyouthfarm.org

150 Zachary Taylor Drive (In City Park near Pan Am Stadium)

A 5-month leadership program that recruits & hires high school students to work in the field of urban agriculture. Through the collaborative work of growing food, the program focuses on developing a sense of responsibility, community, environmental stewardship, and service among participants.

Head Start New Orleans

504-861-6344 www.ccano.org/head-start-program

Preschool program for children ages birth - 5 who come from low-income or disadvantaged homes and need enrichment, life-skills and school readiness training to prepare them for entry into kindergarten. Children with disabilities included. New program includes support for pregnant/birthing parents. Referral by self/family or social service agency, application.

Free if qualified; Enroll online via One App *Spanish spoken? Y*

Heroes of New Orleans

504-381-5150 www.heroesofnola.org

3712 Anson Street & Arthur Monday Center, 1111 Newton Street
Tues-Thurs afternoons

After school programming for Algiers youth. New center opening during summer 2026, check website for updates.

Spanish spoken? N

Dental & Optometry Programs at DePaul Community Health Centers

Algiers: 2801 Gen DeGaulle Dr, New Orleans, LA 70114

(504)362-8930

Carrollton: 3201 S. Carrollton, New Orleans, LA 70118 - Dental

(504) 212-9550

Bywater: 1030 Lesseps St., New Orleans, LA 70117 - Dental

(504) 941-6079

Gentilly: 100 Warrington Dr., New Orleans, LA 70122 - Dental

(504) 282-2146

M - F 8 -1 & 2-5

Sliding scale based on income; accepts some private insurance and Medicaid; appointment only *Spanish interpretation available*

Excelth Family Dental Clinic

504-620-0500 - for both locations

Algiers 1111 Newton Street, Suite 207, New Orleans 70114

New Orleans East 9900 Lake Forest Blvd. Suite F, New Orleans

M-F 8 - 5

Adults and children seen; Sliding scale based on income (bring photo ID & proof of income), accepts Medicaid; Appointment only; Same day appointments for emergencies only (call first)

Spanish interpretation available

Healthcare for the Homeless (Dental Program)

504-658-2785

2222 Simon Bolivar Ave., New Orleans, LA 70113; M - F 8 - 4

Services for the unhoused and community at large

Accepts Medicaid and offers program to pay for services (cash only), sliding fee scale based on income (paperwork required)

Spanish interpretation available

InclusivCare (Jefferson Community Health Centers) – Dental

504-341-4006 inclusivcare.com

7001 Lapalco Blvd., Marrero, LA 70072

3932 US Hwy. 90, Avondale, LA 70094

M - Th 8 - 5, F 8-2:30, Sat 8-12

Sliding scale based on income (proof required), accepts some private insurance and Medicaid (call for info)

Spanish and Vietnamese interpretation available

LSU Dental School Clinic

504-619-8770 (specify age of patient when calling for appt.)

1100 Florida Ave.

M-F 8-4:30pm

Reduced fee dental care for adults & children
No walk-ins, call for appointment *Spanish interpretation available*

Rivertown Optical

504-461-5500 400 Williams Blvd., Kenner, LA 70062

M - F 9:30 - 3:00

\$25 eye exam & \$25 glasses for low-income individuals. Proof of income, household size and expenses required. Welcoming to trans & non-binary people.

Optometry at St. Thomas Community Health Center

504-529-5558

M- F 7:45-4

Eye care at 1020 St. Andrew St

Welcoming to trans & non-binary people.

Medicare, Medicaid & many other ins. plans accepted; sliding scale based on income (\$50 min.) No walk-ins, call for appointment

Spanish interpretation available

Smiling Faces Family Dentistry

504-483-7000 www.smilingfacesnola.com

4747 Earhart Blvd., Suite C

M-Th 9-3

Dental clinic for children & adults, welcoming to all genders and orientations. Accepts Medicaid & private insurance, payment plans and assistance available for uninsured, determined on a case by case basis. *Spanish spoken? Y*

HIV/AIDS & STIs

Access Health Primary Care at Pythian

866-530-6111 accesshealthla.org/service/hivtesting/

234 Loyola Ave Suite 300B

M-F 8-4:30

Free at home HIV testing available via Access Health. See listing in Primary Care Clinics for additional services & locations. You can request a home-based test three different ways:

1. **Fill out the request form at the bottom of the webpage (<https://accesshealthla.org/service/hivtesting/>).** This is the preferred method because the information you provide will be almost everything we need to get you registered and mail your test kit to you. They will be in touch within 24 hours of you completing the form
2. **Email hometest@accesshealthla.org with your name and phone number.** They will be in touch within 24 hours to get you

Youth and adult learning programs. Adult workforce program prepares students for an in-demand, high-wage career in software development and computer programming. After graduation, networking and employment connection opportunities are available. Free

SNAP Employment and Training

1-888-524-3578 dcfs.louisiana.gov la.helpu.dcf@la.gov

Offers SNAP recipients the opportunity to gain skills, training, and work experience. Education includes job retention, job search training, and work experience. Applications online, complete SNAP application and send to DCFS. Free to SNAP recipients *Spanish Spoken? N*

Unemployment Insurance/LA Workforce Commission

866-783-5567 www.laworks.net 24 hrs. Automated system

Info about and help applying for unemployment insurance benefits. Need to be (1) out of work due to no fault of your own (2) able to work (3) available to work (4) actively seeking work.

Amount awarded depends on previous wages earned. Takes around 3 weeks to receive benefits. Information about job service, employer tax info, labor and employment law also available.

Free; *Spanish Spoken? Y, language line*

Online Job Postings arranged by category:

www.indeed.com www.glassdoor.com

www.workNOLA.com www.ziprecruiter.com

Community Support & Education

This section is in five parts: Youth; Elderly; Wellness; LGBTQ+; and Advocacy, Mutual Aid & Education

Youth

Agenda for Children

504-586-8509 800-486-1712 www.agendaforchildren.org

8300 Earhart Blvd., Suite 201, New Orleans, 70118

M-Th 8:30-5 F 8:30-4

Child care resource & referral program helps families find and choose high quality care. Also programs and counselors to assist parents with child care referrals for their specific needs, and training workshops for child care providers. Most programs free, trainings between \$10-\$50.

Call for info, *Spanish spoken? Y*

Deep South Center for Environmental Justice

504-272-0956 www.dscej.org

9801 Lake Forest Blvd, New Orleans, LA 70127

M-F 10-4

Free environmental health and safety training to underserved N.O. residents ages 18+. Comprehensive environmental and construction training includes academic remediation, life skills, job readiness, and computer basics, as well as hands-on work simulation training in environmental technical courses designed to prepare trainees for careers in the construction and environmental remediation industry. Program graduates receive environmental certifications and are assisted with job placement in construction and environmental remediation jobs locally and across the United States. Free; Applications online; *Spanish Spoken? Y*

Jefferson Parish Workforce Connection

504-838-5678 laworks.net

M-F 8:30-4:30

Job training, computer access for job search and resume creation and connections with vocational schools. Some classes through Delgado. Trainings for Jefferson Parish residents only, computer access open to all, Louisiana ID required.

- West Jefferson American Job Center 1900 Lafayette Street, Suite 1, Gretna, LA 70053
- East Jefferson American Job Center 1801 Airline Drive, Suite F Metairie, LA, 70001 .

Free; Walk in; *Spanish Spoken? Y, in Eastbank office; N in Gretna*

New Orleans Job Corps

504-484-3501 504-483-9078 fax

8825 Airline Hwy New Orleans, LA 70118

www.neworleans.jobcorps.gov glomb.heather@jobscorps.org

M-F 8-3:30

Academic, vocational, and social skills training program for low-income young people ages 16-24. Culinary, carpentry, electrical, CMA, CNA, office administration. Orientation T & Th 10 AM. Prepared to work with trans and non-binary youth.

Free; all programs virtual, reach out to make an appointment.

Spanish Spoken? N

Operation Spark

504-534-8277

514 Franklin Ave., New Orleans, LA 70117

M-F 9-5

registered

3. Call Access Health Louisiana at the Pythian clinic at (504) 226-2976 and request a home-based HIV test kit. You will be linked to a testing navigator who will get you registered.

Once you complete your request, you will be registered as an Access Health Louisiana patient and the kit will be mailed to your house or your preferred shipping location. Their test kits can be mailed to residents across southeast Louisiana.

If you have reason to believe that you have had a possible exposure to HIV in the past 72 hours, call Access Health Louisiana at the Pythian Clinic at (504) 226-2976 and ask to see a provider about post-exposure prophylaxis (PEP). Welcoming to trans & nonbinary people. *Spanish spoken? Y, via language line*

Bounce to Zero

504-884-3307 bouncetozero.com 1515 Poydras St., Suite 1170

City of New Orleans program for HIV testing and treatment.

Call or Text (504) 931-7687 | (504) 877-2464

8:00 AM to 5:00 PM Monday through Friday

Website offers info about testing sites, at home HIV tests, & other programs in Spanish & English

Brotherhood Incorporated

504-566-7955 www.brotherhoodinc.org

2714 Canal St., Suites 304 & 503

M-Th 9-3:30 F9-12:30

HIV/AIDS education for preventative services, counseling, & testing; Housing information services for those with HIV & AIDS. Capacity building training for other orgs. Advocacy program. Free, anonymous & confidential HIV/STI testing. Now offering wraparound services including sex ed., case management, in-house social worker, transportation, & linkages to other agencies. Free; Walk-in *Spanish spoken? Sometimes*

CrescentCare

504-821-2601 (ask about STI testing)

takecharge.cc crescentcare.org/service/sti-testing/

1631 Elysian Fields Ave, New Orleans

Walk-in rapid HIV testing is available Tuesdays 12-8, Wednesdays 10-5, Thursdays 10-3, and Fridays 10-5 at our St. Roch location (1631 Elysian Fields Ave.). Walk-in testing is free for HIV, hepatitis c, syphilis testing. Testing for gonorrhea and chlamydia is also free for participants in the Wellness program (AMAB and transgender people), but will cost other participants via Provider

appts you have to have insurance or provide proof of income for sliding scale; visit can be between 15-50 for sliding scale. Take-home HIV tests are available for pick up Monday-Friday from 9 am – 5 pm.

Case management, primary care clinic, assistance w/ primary medical care & medications, counseling, volunteer services, education, wellness center, & support services, Food for Friends program & assistance with housing placement. Outpatient substance abuse treatment program for HIV+ people, support groups including for Transgender people. Call for support group schedule. Dental care also available. HIV testing available in main office Tuesday-Friday. Office is wheelchair accessible. Free; Walk-in or appt.; Clinic by appt. Only. *Spanish spoken? Y*

HIV Outpatient Program (HOP) Clinic

504-702-5700 UMC 504-702-4344 Direct
www.umcno.org/infectiousdisease

2000 Canal St. (University Medical Center, Ambulatory Care Bldg)
*Parking garage access is at 2005 Tulane Avenue near the corner of S. Johnson Street.

M-F 8-5

Services for patients with HIV/AIDS, infectious diseases. Hep C clinic back in operation. New patients request "Phase 1" appt. HOP patient navigators can assist at 504-702-2858, 504-702-2681.

PREP Clinic M, T, W @ 10am and 2pm, Th at 2pm, F at 7pm

Comprehensive guide for seeking care can be found here: [https://www.lcmhealth.org/sub/59170/documents/gettingstartedguide_19-3830\(002\)finalwithhyperlinksforemailingtoothers1032019.pdf](https://www.lcmhealth.org/sub/59170/documents/gettingstartedguide_19-3830(002)finalwithhyperlinksforemailingtoothers1032019.pdf)

Uninsured can apply for free care through the UMC financial aid office; Walk-in or appt.

Spanish spoken? Y, on call. Interpreting support through hospital.

LSU-CrescentCare Sexual Health Center

504-293-6899 (call in advance as walk-ins only accepted when space available)

2515 Canal St. New Orleans, LA

M-F 8 - 3

Confidential testing and treatment for chlamydia, gonorrhea, HIV, Syphilis, and other sexually transmitted infections, with testing and onsite provision of most medications.

Medicare, Medicaid, and private health insurance accepted; sliding scale available for those without insurance. *Spanish spoken? Y*

Free; *Spanish spoken? N, interpreting can be arranged*

Medicare

800-633-4227 www.medicare.gov

Health Insurance program for citizens of 65+ years or those receiving SSI or disability benefits for 2+ years. Individuals with Lou Gehrig's disease (ALS) or end-stage renal disease also qualify. Enrollment through Social Security Office 800-772-1213, which also has a "Low SS Program" that qualifies individuals who need extra help paying for medicine.

Free; *Spanish spoken? Y, Se habla espanol*

Touro Diabetes Center

504-897-8813 lcmhealth.org/touro/our-services/diabetes-care
Touro Diabetes Center Medical Arts Building 3439 Prytania Street
5th Floor, Suite 501

8 - 4:30 pm, Monday – Friday

Outpatient diabetes education and training w/ MD order.

Diabetes support group every third Tuesday 10-11 AM, free and open to the public. All genders welcome.

Medicare, Medicaid, private insurance, sliding scale for uninsured (up to 60% off); Appt. only *Spanish spoken? Y, language line*

Employment

City of New Orleans Workforce Development

504-658-4500 job1nola.org

1300 OC Haley Blvd

Resource maintained by city government, includes listing for Job1, Workforce Recovery, etc. Job 1 provides employment and training services federally funded through the Workforce Innovation and Opportunity Act. Free; *Spanish Spoken? Y*

Cafe Reconcile Youth Hospitality Training Program

504-568-1157 504-568- 9599 www.cafereconcile.org

1631 Oretha Castle Haley Blvd., New Orleans, 70113

8 week paid job training program for youth ages 16 to 24; includes hands-on job training and life skills classes, a competitive stipend, daily meals, uniforms, and employment counseling, connections to support services including mental health, child care, housing assistance, legal aid, and health care. Gladly accept transgender and gender nonconforming applicants.

Free; Call for info or fill out application online. *Spanish Spoken? N*

Jefferson Council on Aging/Aging & Disability Resource Center

504-888-5880 www.jcoa.net
6620 Riverside Dr., Ste 107 & 216, Metairie, 70003
8:30 a.m. to 3:30 p.m. Monday through Friday
Assistance for Jefferson, St. Charles, St. James, and St. John the Baptist Parishes residents ages 60+ or disabled, including utility assistance, prescription assistance, job training/placement, meal delivery, referrals for equipment and homemaker services (limited to once per month). Social Security number required. Application process done over the phone or in person. Free; Fee requested for meals. Call for appt.
Spanish spoken? Y, Se habla espanol

LATAN (Louisiana Assistive Technology Access Network)

225-925-9500 or 800-270-6185 www.latan.org
10988 N. Harrell's Ferry Rd., Ste. 5 Baton Rouge, LA 70816
M-Th 8:30-5:30, Fri 8:30-4
Helps LA residents access devices, technology and aids that allow a person to be more independent, through reduced-interest, fixed-rate, extended-term loan program. Assistive Technology (AT) Marketplace (donated AT devices available for low or no cost). See website for additional programs.
Spanish spoken? N

Lighthouse Louisiana

504-899-4501 888-792-0163 Toll free 225-275-1200 Baton Rouge www.lighthouselouisiana.org

- 123 State Street, New Orleans 70118
- One American Place, Suite 150 Baton Rouge, LA 70802

Monday - Friday 8:00am - 4:00pm
Serves people in the region who are blind or visually impaired by providing employment opportunities and other services; some services for the Deaf also. Welcoming to trans & non-binary people. Most services are free; Call for info or appt.
Spanish spoken? Y

LA Office of Disability Determinations

Office 504-361-6335 Review team 1-800-717-1213
www.ssa.gov
M-F 8-4:30
Processes SSI/Disability Claims. It takes approx. 180 days to process a claim. Go to local SS office for assistance with signing up - call for locations - or use website to apply electronically.

PAUSE - IWES

504-599-7712 www.facebook.com/PAUSE.IWES
pause.iwes@gmail.com
Check facebook page for testing and education events.
Run by the Institute of Women & Ethnic Studies (IWES) through its Media Advocates for Prevention Program. Free in-home HIV tests shipped to people 18+ in Orleans, Jefferson, St. Bernard and St. Tammany parishes - Contact mdunham@iwesnola.org for more information.

Priority Health Care

504-309-3262 504-509-4800 504-309-9307 fax priorityhealthcare.org priorityhealthcare@phc-no.org
12A Westbank Expwy Ste. 111, Gretna
Clinic open M-F 8-4, Thursday 10-6:30pm
Early Intervention Services (EIS), Primary Medical Care (PMC), Case Management and Medical Case Management (MCM).
Medical case management; provision of a range of client-centered services that link clients with health care, psychosocial, and other services that improve overall health. Non-medical case management, provides advice and assistance to empower clients to access a variety of necessary services (including medical, social, community, legal and financial) that support medically related outcome measurements. Transportation provided.
Sliding scale based on income; Walk in for free HIV testing. Other services are by appointment only.
Spanish spoken? Y, via language line

Project Lazarus

504-949-3609 www.projectlazarus.net
Location confidential, PO Box 3906, New Orleans, 70177
Office hours 7-3
Transitional housing for men and women with HIV/AIDS who cannot live independently and whose family and friends are unable to care for them. Inhouse case management, meals, wellness program, job training. Programs for substance abuse, case management for non-residents. Sliding scale on case by case basis; Call for more info *Spanish spoken? N*

Tulane Total Health

504-988-3002 711 N. Broad St, New Orleans
M-F 8-4:30 Adolescent Clinic: M-Th 1-4:30
Ryan White funded HIV clinic, set within the Tulane University Community Health Center which provides general primary care services. Two clinics share this space – one for adolescent primary

care and one for STI testing and treatment for the general public. Tulane Total Health also provides wrap-around case management and has an in-house pharmacy. Free if qualified, Medicaid, Medicare, insurance. Can make appointment, but also walk-in is fine for STI testing. *Spanish spoken? Y by appointment*

Women With a Vision, Inc.

504-302-8822 504-301-0428 www.wwav-no.org
2028 Oretha Castle Haley Blvd, New Orleans, LA 70113
M-F 10-4

Health education and promotion agency specializing in reproductive health advocacy, prevention, harm reduction, outreach, community based research, and referrals. Provides referrals to care and support for HIV Testing & Counseling Weekly Harm Reduction for sex workers, injection drug users, and other people at risk for HIV infection; safer sex/needle hygiene material distro. Services for all genders. See listing in Reproductive Health section for additional services. Free; Appt only.

Spanish spoken? Y, sometimes, call ahead

Reproductive Health

This section has four parts: Birth, Prenatal & Infant Care; Abortion Services; Family Planning; Advocacy & Education; and Cancer Screenings & Prevention.

Birth, Prenatal & Infant Care

Birthmark Doula Collective

504-515-1243 call/text admin@birthmarkdoulas.com
www.birthmarkdoulas.com

Provides information, support, and advocacy for pregnant and post-partum families through doula services, childbirth education, and infant feeding support, continuing education opportunities on infant feeding and perinatal emergency preparedness. Sliding scale based on income, and some insurance coverage available.

Spanish spoken? Y, by appt.

Family Birth Place at West Jefferson Medical Center

504-349-6200 <http://www.wjmc.org/familybirthplace>
1101 Medical Center Blvd., Marrero
Shannen Winfield, RN, BSN, Perinatal Educator & Community Outreach Liaison

shannen.winfield@lcmchealth.org, (504)349-1301

Classes on many topics related to labor, birth, infant care, childcare,

Deaf Action Center

504-452-3354

Shari.bernius@dacinterpretingservices.com

dacinterpretingservices.com

Sign language interpretation services for an hourly fee, may be covered by insurance; Call or email for info. *Spanish spoken? N*

Epilepsy Foundation of Louisiana

225-298-5499 Office 800-960-0587 Toll free

www.epilepsylouisiana.org

2041 Silverside Dr. Baton Rouge, LA 70808

Services for people with epilepsy and seizure disorder including support groups, counseling for the newly diagnosed, community education, assistance with medical support, information and referrals, medication assistance for indigent persons and a Hope mentoring program.

Free; *Spanish spoken? Y, Can call back with an interpreter*

Fireweed Collective

fireweedcollective.org administrator@fireweedcollective.org

Fireweed Collective offers mental health education and mutual aid through a Healing Justice lens. Our work seeks to disrupt the harm of systems of abuse and oppression, often reproduced by the mental health system. We are unable to provide medical advice or professional care referrals. Free crisis toolkit available.

GiGi's Playhouse Down Syndrome Achievement Center

504-321-6770 www.gigisplayhouse.org/neworleans

1023 Ridgewood Drive, Suite 2, Metairie, Louisiana 70001

FREE educational and therapeutic programs for individuals with Down syndrome (birth through adulthood), their families, and the community. *Spanish spoken? interpreters upon request*

Goodwill of Southeast Louisiana

504-456-2622 www.goodwillno.org

- 3400 Tulane Ave, Ste 1000, New Orleans, 70119
- 647 Main Street Baton Rouge, LA. 70801
- 1750 Martin Luther King Blvd. Suite 108 Houma, LA 70360

Career Development services for people with disabilities: skills training, job placement and job retention, supported employment. Programs for veterans and formerly incarcerated people.

Free; *Spanish spoken? N*

for Rachel Ruth *Spanish spoken? N*

ARC of Greater New Orleans

504-658-4500 www.arcgno.org

925 S Labarre Rd., Metairie, with service locations in NOLA, Chalmette, Westwego, and Covington.

M-F 8-4

Services for people with intellectual disabilities; provides employment opportunities for individuals with special needs, and referrals to additional services. Free; *Spanish spoken? Y*

Beautiful Bipolar Community Organization

linktr.ee/beautifulbipolar www.instagram.com/beautiful.bipolar

www.facebook.com/BeautifulBipolar1

A mental wellness collective of creatives, counselors & healers who practice culturally conscious care. Community care is self care. No Cost.

Cancer Association of Louisiana

504-733-5539 www.calacares.org 201 Evans Rd. Suite 319, New Orleans

M-F 9-4

General support for those undergoing cancer treatment. Assistance with nutritional support, transportation, wigs and prosthesis available; additional programming for women undergoing breast reconstruction. Please visit website for further information and for application.

Free; Call for appointment or walk-in to pick application for assistance, which must be signed by a medical professional (applications can also be downloaded from website).

Spanish spoken? N

Cancer Care

1-800-813-HOPE (4367) www.cancercare.org

M-Th 10-6 EST, F 10-5 EST

National nonprofit organization that provides free, professional support services for anyone affected by cancer. Provides grants to aid with transport, homecare, pet assistance, resource navigation, support groups, estate planning, coping circles, workshops, and childcare for low income patients and their caregivers in cancer treatment. All interviews and applications are done through phone & mail. Welcoming to trans & non-binary people. *Spanish spoken? Y*

nutrition, and more. Schedule varies every six months, check website for current schedule and to register.

All classes are free, open to all patients, and are held in person in the Marrero or Gretna Classrooms, first floor of the Hospital.

Healthy Start New Orleans

504-658-2600 new.nola.gov/health/programs/healthy-start/

1616 Fats Domino St.

M-F 8-4

Provides women who are currently pregnant or have children under the age of 18 months the following: prenatal and parenting classes, emotional wellness counseling, breastfeeding education, free pregnancy test referrals, infant and children's services referrals, housing information referrals, job training referrals, WIC and nutrition education, transportation, community health referrals, support services referrals, father involvement support groups (NOLA Dads, Crescent City Dads) and more. Free; *Spanish spoken? Y*

La Leche League

www.lllallmsla.org www.llljefferson.com

www.facebook.com/llljefferson

Membership organization for breastfeeding support & education, meets monthly, email for info. New Orleans branch currently inactive; LLL of Jefferson meeting monthly. Jefferson Parish Library, Old Metairie Branch 2350 Metairie Road, Metairie, LA 70001 2nd Wednesday of the month 10:30 am-11:30 AM
Chelsea.H.Miller88@gmail.com

Medicaid Programs for Prenatal Care

1-877-455-9955 Specialty Care Resource Line

www.dhh.louisiana.gov

Several Medicaid providers are available for expecting mothers under Bayou Health Network.

-To apply for Medicaid, LA Moms, Take Charge, call 1-888-342-6207

-To find OB/GYN providers under the Bayou Health Programs contact the specific Medicaid provider:

Amerigroup- 1800-600-4441

LACARE-1-888-756-0004

Louisiana Health Care Connections- 1-866-595-8133

United Community Plan of Louisiana- 1-866-675-1607

Community Health Solutions-18552475248

Partners for Healthy Babies Hotline

800-251-2229 hotline www.1800251baby.org

Hours Central Time: M-F: 7am - 10pm, Sat: 9am - 5pm; Sun: 12 - 8

Partners for Healthy Babies connects Louisiana moms and their

families to health and pregnancy resources, services and information. Free; *Spanish spoken? Y, request upon calling.*

Safe Haven Program

833-lachild or 833-522-4453, text line at: 225-424-1533 (24/7)
www.louisianasafehaven.com

Crisis intervention/Parent education hotline 24/7 Under Louisiana's Safe Haven Law, parents who are unable to care for a baby can bring their baby less than 60 days old to an emergency designated facility, or Safe Haven. By leaving the baby in the care of an employee at a Safe Haven facility, parents can give up custody of a baby with no questions asked. Parents can seek to reclaim parental rights within 30 days by contacting the local parish Office of Community Services. Free; Call or visit website for Safe Haven locations & details of parental rights under the Safe Haven Law. *Spanish spoken? Y, through interpreter service*

Saul's Light

504-233-4573 programs@saulslight.org saulslight.org/sauls_light
M-F, 9-5

Available outside of those hours for families in emergencies. Supports LA's neonatal intensive care unit (NICU) & bereaved families by responding to their unique social-emotional needs by offering peer support, connections & referrals to community resources, assistance programs & perinatal mental health resources. Offers limited support for transportation & material resource needs for NICU families. Partners with Fourth Trimester NOLA to run a monthly stillbirth and infant loss support group. Support provided to trans/non-binary people. Works w/ families throughout LA. NICU support program, for families who currently have babies in a LA NICU. For referrals, please include: name, number, email & language. Free
Spanish spoken? Y (send email/text for Spanish)

Abortion Services

As of June 2022, in light of the Dobbs vs Jackson Women's Health SCOTUS decision, abortion is completely banned in Louisiana. People seeking abortion care must travel out of state. To find the clinic nearest you, please visit www.ineedana.com or www.abortionfinder.com.

As new legislation is introduced and implemented, options are subject to change. Utilize the INeedAnA or AbortionFinder websites for up-to-date information and to find the provider that works best for you logistically and based on your gestational age.

Legal support to people experiencing housing discrimination based on race, color, religion, sex, national origin, familial status (kids in the household) and disability in rental, sales, mortgage lending and homeowner's insurance transactions. Eviction defense for those referred by SE LA Legal Services. Post-purchase housing counseling to homeowners who are behind on their mortgage payments, facing foreclosure, and struggling with predatory loans. Fair housing education to service providers and first-time homebuyers.

Free; Call for info *Spanish spoken? Y, will provide interpreters*

Unity of Greater New Orleans

504-899-4589 504-821-4496 1-888-821-4542 hotline
www.unitygno.org

2407 Baronne St. and 2475 Canal St., New Orleans, 70113
M-F 8:30-4, outreach M-Th 6-9pm

The HUD-designated "continuum of care" intake for New Orleans, meaning most referrals to other housing assistance programs will go through UNITY. Assists in finding housing for the homeless, including outreach on the street and in abandoned buildings. They also run several Permanent Supportive Housing developments.

Call for info *Spanish spoken? Interpreters available upon request*

Disability Access & Justice

The Advocacy Center - Disability Rights Louisiana

800-960-7705 504-522-2337 disabilityrightsla.org

8325 Oak St.

M-F 9-5

Legal aid advocacy services to people living in LA of all ages who are living with disabilities. Provides legal representation, outreach & training programs and information & referral.

Free; call for more info

Spanish spoken? Y, se habla espanol, Vietnamese spoken

ACE (Alzheimer's Care and Enrichment Program) at the Jewish Community Center

504-897-0143 www.nojcc.org rachel@nojcc.org

5342 St. Charles Ave.

M,W,F 10-2

Exercise, meal preparation, music, and interaction with nursery school children for persons with Alzheimer's Disease or related dementia. Monthly support group available for caregivers.

\$30 per day includes meals, scholarships available; Call & ask

Housing Authority of New Orleans (HANO)

504-670-3300 www.hano.org (website has pre-application)

4100 Touro St.

Main office: M-F 8-5

HANO runs public housing, including River Garden, Harmony Oaks, and Columbia Parc. They manage the waitlist for Section 8 vouchers for rental assistance, as well as listings of project-based vouchers throughout New Orleans. Tenants in Project-Based units pay 30% of their income for rent and utilities. There are closed waitlists for Section 8; "pre-applications" for waitlists are available on HANO's website. Free *Spanish spoken? Y, Se habla español*

Jane Place Housing Sustainability Initiative

504-799-1704 jpsni.org

200 S. Broad Suite 200 New Orleans, LA 70119

Renter's Rights Hotline: 504-539-4504 nolarra.org

M-F 9-5

Community land trust providing advocacy and education for fair housing in New Orleans. Hosts monthly Renter's Rights Assemblies. Check website for other events & programs. Also offers affordable rentals; call for more information.

Habitat for Humanity

504-861-2077 Office 504-609-3340 Homeowner's Hotline

www.habitat-nola.org

2900 Elysian Fields, New Orleans

M-F 9-4

Affordable homeownership for local families or individuals who might not qualify for a traditional home loan. Some rentals are available, call 504-609-3341. Call for info *Spanish spoken? N*

Neighborhood Development Foundation

504-488-0155 ndf-neworleans.org

1429 S. Rampart Street, New Orleans, 70113

M-Th 8-7

Homebuyer education, landlord education, and financial fitness classes. Classes accepted for most first-time homebuyer's assistance programs. *Spanish spoken? Y, upon request*

Louisiana Fair Housing Action Center

504-596-2100 504-684-4997 fax

www.lafairhousing.org 1340 Poydras, Ste 710

M-F 9-5

If you are seeking abortion care, we recommend you visit the INeedAnA or Abortion Finder website first, select the clinic of your choice, make your appointment, and ask the clinic directly about which funding sources (National Abortion Federation) and travel support networks they work with.

INeedAnA

www.ineedana.com

Provides simple, up-to-date, and localized info for people seeking abortions. Website shows closest clinics based on location, age, & estimated gestational age. Free; *Spanish spoken? Y*

AbortionFinder

www.abortionfinder.com Text line: 435-3-FINDER (English)

218-3-BUSCAR (Spanish)

A comprehensive directory of trusted (and verified) abortion service providers & assistance resources in the U.S. Shows closest clinic options for people based on location, age, and estimated gestational age. AbortionFinder is also available via text message. For service in English, text "Hello" to 435-3-FINDER. Then provide your zip code, and they'll reply with the three abortion providers closest to you. Free; *Spanish? Y, text "Hola" to 218-3-BUSCAR.*

Exhale: After-Abortion Counseling

617-749-2948 Text line www.exhaleprovoice.org

Text line hours Central Time M-F 5 p.m. – 11 p.m.; Sat 3 p.m. – 11 p.m.; Sun 5 p.m. – 9 p.m.

Nonjudgmental after abortion text line support for people who have had abortions and their loved ones. Free & confidential *Spanish spoken? Y, Other languages available upon request: Cantonese, Mandarin, Vietnamese, Tagalog.*

Louisiana Abortion Fund

844-442-2678 Helpline www.louisianaabortionfund.org

Louisiana Abortion Fund (formerly New Orleans Abortion Fund) provides support to Louisianans seeking abortion care. Services may include abortion funding, practical support (travel support), and resource referral. Instructions for seeking support include calling their helpline and leaving a voicemail including your first name, phone number, and whether it is safe to call back.

Free; *Spanish spoken? Yes, Information for Spanish speakers is on the website (Informacion en español se puede encontrar en el sitio web de NOAF. Su línea de teléfono es 844-442-2678. Oprime 1 para nuestra Línea de Apoyo en Español)*

Miscarriage + Abortion Hotline

1-833-246-2632 (call or text) mahotline.org

The Miscarriage + Abortion Hotline provides support and info to people who are going through an abortion or miscarriage. Offers private, free, caring, and accurate info & support. Staffed by experienced healthcare professionals to offer expert advice on various aspects of miscarriage and abortion, ensuring individuals receive accurate info and compassionate support. No identifying info collected. Legal and medical advice not provided & their support does not substitute for the representation of an attorney or the advice of a doctor.

Hours: 7 AM - 12 AM CST; 7 days a week. Call or text.

Free; *Spanish spoken? Y Other language support available on request through the help of a Language Line*

Midwest Access Coalition

847-750-6224 (Helpline for clients only)

www.midwestaccesscoalition.org

MAC is a practical abortion fund providing financial assistance for costs and difficulties associated with getting an abortion (not for abortion procedures). For those traveling to, from or within the Midwest to access safe abortion services, they coordinate and fund lodging, transportation, and food & childcare support. Call/text 847-750-6224 Free; *Spanish spoken? Y*

National Abortion Federation

1-800-772-9100 www.prochoice.org

Hours Central Time: M-F 7 AM-6PM; Sat-Sun 7AM-3PM

Largest national, toll-free, multi-lingual hotline for abortion provider info and financial assistance in the U.S. & Canada. Services for everyone, regardless of individual situation. Often very busy – callers may have to wait on the line for several minutes or call multiple times to contact a case manager. Free; *Spanish spoken? Y Other language support available on request through the help of a Language Line*

Online Abortion Resource Squad (OARS)

reddit.com/r/abortion <https://www.abortionsquad.org>

Runs the abortion subreddit. Peer-based online counseling model helps ensure that people have the info, support, & resources needed to access safe abortion care no matter where they live.

Trained volunteers provide expert navigation & support services for those navigating resources and (mis)information

Hours: Online forum, 24/7

Free; *Spanish spoken? Y Other language support available*

Salvation Army

504-899-4569 salvationarmyalm.org/nola/center-of-hope/
4526 S. Claiborne Ave. (Office) 4500 S Claiborne Ave. (Shelter)
Office: 8:30-4:30 M-F, Intakes 4:00pm-6:00pm
Morning departure by 7 AM, return to shelter at 4 PM. Curfew is 6 PM. No weekend entries.

Emergency shelter for men (without children), women, and women with children for 30-90 days. First 7 nights free, \$10 thereafter, or voucher. Breakfast and dinner provided.

Emergency shelter & case management for women with children for up to 3 months with referral from overnight shelter. Must have state ID and current TB test.

Free for first 7 nights; *Spanish spoken? Y, ask for Mr. Nestor*

Long Term Housing & Advocacy

Boystown, LA

504-293-7900 www.boystownlouisiana.org

300 N Broad St. Ste 106

Residential treatment for youth with emotional/behavioral problems. Teaches social, academic, and self-help skills. For boys ages 12-17. Must be referred from courts or legal guardian. In-home services, Early Head start program Medicaid; *Spanish spoken? Y, Se habla espanol*

Catholic Charities Archdiocese of New Orleans Housing & Homeless Services

(504) 523-3755 www.ccano.org/homeless-services

Housing: The Ciara Independent Living program provides stable, safe, stigma-free, and low-cost transitional housing to the mentally ill, some disabled and recently incarcerated re-entering society by giving them a sense of community and a path to self-sufficiency.

Homeless Services: Rapid-Rehousing program is designed to quickly move families experiencing homelessness into housing, offering a combination of short-term rental assistance and case management/supportive services.

The Homelessness Prevention program focuses on helping those at risk of homelessness by offering resources and support to maintain their current housing and avoiding eviction/displacement.

Free; Call to set up appt. *Spanish spoken? Y*

New Orleans Low Barrier Shelter

504-517-1815 1530 Gravier Street
24-hour intakes for individuals of all genders 18 years old or older. All genders. Accepts pets and provides storage locker. Guests must be in by 11pm. 3 meals a day for those staying overnight. Communal setting. *Spanish spoken? N*

New Orleans Mission

504-638-5434 www.neworleansmission.org
1130 Oretha Castle Haley Blvd.
M-F 9-6 office hours; open 24/7
Overnight shelter for men & women. Intake/Check In from 3:30-5:30 PM. Breakfast & Dinner served daily, only to those staying overnight; Lunch served to public 11-12. Showers & clothing for men daily 1:30-2:30; Clothing for women M, W, Th 1:30-2:30. Overnight guests must be out by 6:30 AM. Walk-in.
Spanish spoken? No official interpreter, but some staff

New Orleans Women & Children's Shelter

504-522-9340 www.nowcs.org 2625 Iberville St., New Orleans
Transitional housing for homeless single women and men, including transgender people, 18 and older who have children under 18, and pregnant women. Programs for residents include case management, parenting classes, employment program, children's activities.
Free; Call for info
Spanish spoken? No, but can arrange for interpreters.

Ozanam Inn

504-523-1184 www.ozanaminn.org
2239 Poydras St., New Orleans
Intake 8-3:30, bed requests end at 4PM
Emergency shelter for men and women. No children. Priority for long term stays for those in self-help recovery program. Must leave in morning by 6 AM. 3 meals served daily. Legal counsel, supportive housing, medical services, counseling services, and employment skills resources also available. Women's clothing distro Tue & Wed 10:15; Men's clothing distro Tue & Fri 2pm. Welcoming to trans & non-binary people. Free; Walk-In
Spanish spoken? N

Tampa Bay Abortion Fund

727-314-3956 Intake line www.tbafund.com info@tbafund.com
Removes financial & logistical barriers to abortion access. Assists pregnant Floridians & Gulf Southerners (including Louisianans) seeking abortion at providers both in FL (pending FL legislation) and other states. For response within 48 hours, use the intake form on their website or call their intake line. Free; *Spanish spoken? Y, Information for Spanish speakers can be found by leaving a voicemail on their helpline or emailing info@tbafund.com*

Family Planning, Advocacy & Education

Adolescent Health Clinic (Children's Academic Clinic)

504-894-5479 www.chnola.org/Pediatrics/KidsFirstTigerCARE
4740 S I-10 Service Rd. W Metairie
M-F 8-5
Primary care and consult services for adolescents up to age 21, including reproductive health services: STD screening, diagnosis, treatment and contraception; mother-baby clinic for young mothers and their children beginning with newborns. Welcoming to trans & nonbinary people.
Sliding Scale for uninsured (\$25-100), Medicaid, private insurance, no one turned away for inability to pay; Appts preferred
Spanish spoken? Y, by appt.

The Clinic NOLA

504-399-0364 | www.theclinicnola.com
1534 Aline Street, New Orleans, LA 70115
Open on Weekdays, and Saturday
Accessible sexual reproductive health care with same-day or next-day appointments for everyone. Services Provided: Comprehensive STI Testing and Treatment, PrEP(Pre-Exposure Prophylaxis), PEP (Post-Exposure Prophylaxis), Gender Affirming Hormone Replacement Therapy (HRT), Tailored Birth Control options, Thorough Well-Women Exams/ PAP, Detailed Genital Exams, Early Pregnancy Ultrasounds (6-15 weeks)

Institute of Women & Ethnic Studies

504-599-7712 504-599-7713 Fax www.iwesnola.org
2021 Lakeshore Dr. Suite 220, New Orleans, 70122
Public reproductive and sexual health org (including HIV prevention education) communication, education and advocacy for women and youth of color. The Collective Healing for the Community (CHC) program works with mental health. Check for existing programs on website, including Believe in Youth Nola (BY!NOLA),

Teen Outreach Program® (TOP), Media Advocates for Prevention, and Community Engagement for School Based Health Centers. Free in-home HIV tests shipped to people 18+ in Orleans, Jefferson, St. Bernard and St. Tammany parishes - Contact mdunham@iwesnola.org for more information. Serves people of all genders. Call or visit website for info *Spanish spoken? Y*

Gulf South Plan B

gulfsouthplanb.com gulfsouthplanb@protonmail.com

Instagram: [@gulfsouthplanb](https://www.instagram.com/gulfsouthplanb)

Distributes free emergency contraception (EC), pregnancy tests, condoms, and reproductive health info resources across LA and the Gulf South (including TX, AR, MS, and FL). Provides free mail-request EC by filling out their webform. Kits include (2) doses of EC and other health supplies. Kits mailed within (2) weeks of request. Provides bulk EC to community groups across the Gulf South. Free

Spanish spoken? Y, Spanish language request form on website.

Plan B NOLA

504-264-3656 text/call www.planbnola.com

8:30-8:30 7 days a week

Project of The Reproductive Justice Action Collective (ReJAC) offering free or by-donation emergency contraception (EC) in the GNO area. Website shares locations in the GNO area where people can access free EC. Text help line for the most up-to-date offerings re: delivery & outposts for EC retrieval.

Women With a Vision, Inc.

504-302-8822 504-301-0428 www.wwav-no.org

2028 Oretha Castle Haley Blvd, New Orleans, LA 70113

M-F 10-4

Health education and promotion agency specializing in reproductive health advocacy, prevention, harm reduction, outreach, community based research, and referrals.

Services include:

- 1- Culturally competent support and referrals for women and LGTBQ+ folks, especially those formerly or currently incarcerated and/or engaged in sex work
- 2- Referrals to care and support for HIV Testing & Counseling
- 3- Assistance with ACA, Medicaid, Take Charge, or La CHIP applications
- 4- Assistance with Louisiana Department of Children and Family Services Applications: SNAP (Food stamps) and Childcare Assistance

groups, promoting advocacy and research. INSTEAD is a program at Ubuntu Village that offers alternatives to prosecution and incarceration for adults and youth that promote health, and healing for our participants. Peace Ambassadors: community members working to prevent conflicts from developing and intervening in potentially violent situations. They establish trust and credibility and use strategies for de-escalation. Peace Ambassadors is in collaboration with the New Orleans Office of Violence Prevention, University Medical Center Trauma Recovery Center, and community stakeholders.

Shelters & Housing

This section is in two parts: Short Term Shelters and Long Term Housing & Advocacy.

Short Term Shelters

Covenant House

504-584-1111 www.covenanthousenola.org

611 N. Rampart St., New Orleans

Open 24 Hours; walk-in OK

Shelter for homeless youth 16-22. Education, case management, drop-in medical clinic, job readiness program, food and clothing in a structured environment, Rites of Passage program. Services on an individual basis but will occasionally take adults on a case-by-case basis. Couples accepted, but housing is in separate facilities.

Free to stay; sliding scale, Medicaid, Medicare, insurance accepted for health clinic (fees required for labs & tests); Call for info or walk-in. *Spanish spoken? Not currently*

Hagar's House

504-210-5064 www.hagarshousenola.org

hagarshouse@gmail.com

Intake hours (best time to call) M-F 2-8PM Voicemails answered Long term transitional housing for single women, children, transgender and gender non-conforming folks who are 18 or older, and women with children who are not using drugs, and not suffering from any serious mental illnesses. Programs include art & yoga, community gardening, and a working residents' savings program. Call to set up an intake appointment. A waitlist is typical; preference to those with additional barriers (transgender, not English-speaking, etc.).

Tulane Law School Domestic Violence Clinic

504-865-5153 6329 Freret St. Ste 130

M-F 8:30-5p

Provides civil legal services to survivors of domestic violence. Must call in advance for a phone screening, no walk-ins. In order to engage with this legal clinic you cannot be currently represented by an attorney. Clinic does not charge clients for its services, but its clients must be income- eligible to receive representation

Shelters for Victims Fleeing Violence

These shelters are specifically for folks fleeing domestic or sexual violence and at unlisted locations. Call for intake—you will need to answer some questions about your situation for them to see if you qualify. If you experience discrimination in admission to any of these spaces due to your gender, you can contact Louisiana Coalition Against Domestic Violence - LCADV.org to report the discrimination. All shelters state they admit all genders. Phone numbers listed below are for crisis calls.

- Crescent House/A program of the NOFJC (New Orleans) 504-866-9554
- Beyond the Veil (New Orleans) 504-259-4844
- Metro Centers for Community Advocacy (Jefferson)
24 Hour Crisis Hotline: 504-837-5400
Toll-Free: 1-800-411-1333 EMERGENCY SHELTER
- Family Violence Program of Saint Bernard (Chalmette)
Crisis Line: 504-277-3177
- The Haven (Houma) 985-872-0757 Terrebonne, Lafourche, and Assumption parishes
- Safe Harbor (Mandeville) 24-Hour Crisis Line: 985-626-5740 or 888-411-1333 St. Tammany & Washington Parishes
- Jeff Davis (Jennings) 337-616-8418 (Jeff Davis area)
Toll free: 866-883-2232
- Oasis (Lake Charles) Sexual Assault Hotline 866-570-7273
Domestic Violence Hotline: 1-888-411-1333.

Ubuntu Village

504-252-1401 www.ubuntuvillagenola.org info@ubuntuvillage.org

2021 South Dupre St.

M-F 8:30-5p

Parent Navigators in the Juvenile Courts. Provide programming supporting families navigating the legal process and leadership

5- Assistance for African-American and LGBTQ women survivors of domestic violence, sexual assault, stalking, and dating violence to culturally specific services and referrals in the New Orleans metro area

6- Weekly Harm Reduction for sex workers, injection drug users, and other people at risk for HIV infection; safer sex/needle hygiene material distribution

7- Focus Groups, Small group sessions, Story Circles, presentations, health fairs, workshops, one on one sessions, community based grassroots organizing and advocacy.

Services for all genders.

Free; Appt only. *Spanish spoken? Y, sometimes, call ahead*

Cancer Screenings & Prevention

LA Breast & Cervical Health Program in New Orleans at ILH

1-888-599-1073 www.lbchp.org

LSUHSC School of Public Health, 2020 Gravier St., 3rd Fl.

M-F 8-4:30

Referrals for free breast exams, pelvic exams, PAP smears and mammograms to qualifying (uninsured & underinsured) Louisiana residents age 40-64; Appointment Only

Spanish spoken? Y, interpreter provided upon request

For Transgender, Non Binary, & Gender Expansive People

Brotherhood Incorporated

504-566-7955 www.brotherhoodinc.org 2714 Canal St. Suite 304

M-Th 9-4; F 9-1

Advocacy program, PREP navigation. See listing in HIV/STI section for info on additional programs. Free *Spanish spoken? N*

Campaign for Southern Equality

southernequality.org

National organization with robust resources for LGBTQ+ people, including the Trans Youth Emergency Project. Visit website.

CrescentCare Gender Clinic

504-821-2601

2515 Canal St. and 1631 Elysian Fields Ave.

Provides quality care for transgender & gender non-conforming patients, regardless of income, immigration, or insurance status. Offers access to primary care, gender affirming hormone therapy (informed consent model), referrals to gender affirming surgical care, name and gender marker change support, free chest binder exchange services, behavioral health care, resource list of external

gender affirming BH providers, STI testing & treatment, and dental care.

Must call for appointment. Sliding scale based on income

Spanish spoken? Y

Louisiana Trans Advocates

info@latransadvocates.org www.latransadvocates.org

Advances the well-being and self-determination of trans communities across Louisiana through advocacy, education, direct support, and community organizing. We host monthly support groups across the state and connect individuals with affirming resources and community care. Visit our website or find us on Facebook to learn more!

New Orleans Pride Center

504-317-1627 www.nolapridecenter.org info@nolapridecenter.org
2762 Orleans Ave, New Orleans, 70119

Welcoming, inclusive hub for local and regional LGBTQ2IA+ individuals and communities where all feel safe to celebrate their authentic selves and thrive through connection. We have a range of ongoing programs: monthly community meetups, game nights, writing groups, therapeutic support circles and more, all of which are free and open to all. We also have weekly in-person and virtual LGBTQ+ youth (ages 13-24) drop-in groups and provide free affirming mental health counseling for those who can't access it through traditional avenues. Our space is available to use for other LGBTQ2IA+ organizations and projects in the area. Learn more about upcoming events and access our growing resource directory at our website.

Free *Spanish spoken? N*

QTCAP (Queer & Trans Community Action Project)

qtcapnola@gmail.com Instagram: @qtcap_nola

Trans-led group of activists in New Orleans organizing to resist rising transphobic and anti lgbtq+ rhetoric and policy in LA. Our mission is to protest and campaign against politicians that target our communities and for policies that would increase our ability to live with dignity. To learn more, stay updated, or to get in touch please follow our instagram!

Formerly known as Real Name Campaign, we can connect community members in New Orleans to legal name-change resources.

private rooms/studios for survivors and their families actively fleeing violence. All services provided in both English and Spanish or will secure interpretation. Services include: Trauma counseling and groups, wellness supports, temporary safe space/shelter, legal consult, restraining orders, custody, housing consult, case management, and social and health care services. Hospital medical advocacy for survivors, HOPE Clinic partners with the NOFJC to provide forensic exams and medical care to survivors who don't feel comfortable going to a hospital.

Counseling often has a two month waitlist but if a person is in a lethal, dangerous position, can be moved up and seen more immediately.

Welcoming to trans and non-binary people. *Spanish spoken? Y*

Project Save

504-310-6872 639 Loyola, New Orleans, 70150

Restraining Orders & Emergency legal representation for survivors of domestic violence in Orleans Parish. Services include temporary restraining orders, temporary child support, temporary custody, and temporary use of property. Through the Catholic Charities Archdiocese of N.O. Welcoming to trans & nonbinary people.

Free; *Spanish spoken? Y, and French, Vietnamese*

STAR (Sexual Trauma Awareness & Response)

504-407-0711 Office 855-435-STAR Hotline

<https://star.ngo/>

123 N. Genois Street, New Orleans, 70119

M-F 8:30 - 5

Advocacy, counseling and legal services available to youth and adult survivors' of sexual violence at no cost, intended to assist you at any stage of healing. Services for all genders.

Interpretation services available for multiple languages.

Free; Call or check website for info

Silence is Violence

(504) 282-0607 speakup@silenceisviolence.org

2000 Lakeshore Dr.

M-F 9-5

Advocacy and resources for survivors of violence of all crimes.

For crime survivors families and friends, and violence prevention. Includes Victim Allies Project. Services for all

genders. Free; Call or check website for info *Spanish spoken? N*

term resources. Visitors can access the chat online through lafasa.org or by texting. Speak with an advocate (English & Spanish): 1-888-995-7273 24/7
Free; Call for more info *Spanish spoken? Y, on crisis line*

Metro Centers for Community Advocacy

504-837-5400 24 hr crisis line
statewide rape crisis 1-888-995-7273
LA state wide hotline 1-888-411-1333 (call goes directly to them)
www.mccagno.org Location confidential, Call 24 hours a day.
Serves all parishes but located in Jefferson Parish. Emergency shelter for survivors of domestic violence; provides legal advocacy, medical advocacy, services for victims of sexual assault; residential and nonresidential counseling for domestic violence, stalking, human trafficking or sexual assault.
Free; Call for more info *Spanish spoken? Y, and Vietnamese*

Morgan Rae Center for Hope - Manning Family Children's

504-896-9237 1140 Calhoun St., New Orleans
www.manningchildrens.org/services/care-medical-clinic/chnola.org
M-S 8-4:30
CARE Medical Clinic and the Child Advocacy Center (CAC):
Support immediate needs of at-risk and alleged child victims of abuse, neglect, human trafficking, or witnesses to violent crimes. Our center offers non-leading, developmentally appropriate forensic interviews at the request of law enforcement and/or child protective services. The CARE Medical Clinic has a team of child abuse pediatricians and nurse practitioners who complete outpatient physical assessments and evaluations for youth who may have experienced abuse or neglect.
No cost for medical evaluations, forensic interviews, or case management; Medicaid and commercial insurance for therapy services *Spanish spoken? Y, request when making appointment*

NOFJC (New Orleans Family Justice Center)

504-592-4005 www.nofjc.org healing@nofjc.org
701 Loyola Ave, 2nd Fl., Ste 201, New Orleans, 70113
M-F 8:30-5p.
Serves ALL parishes, but is located in New Orleans.
24 Hour Crisis Line for shelter/resources 504-866-9554
Comprehensive free one-stop center for survivors of domestic violence, sexual assault, stalking, and their children. Shelter has

QT Care House

QTcarehouse@proton.me Instagram: [@qtcarehouse](https://www.instagram.com/qtcarehouse)
An LGBTQ+ collective of holistic healers in New Orleans committed to creating joyful, affirming, and accessible care for our Queer and Trans community through events that offer free and sliding scale wellness services.

Trans Income Project

transincomeproject.org Instagram: [@trans_income_project](https://www.instagram.com/trans_income_project)
Mutual aid by and for trans people in New Orleans. Visit our website for info on our cash transfer program and wraparound services like support groups, HRT access, and meal assistance. Email operations@transincomeproject.org for all program questions and aid requests.

Trans Queer Youth NOLA

transqueeryouth.nola@gmail.com
Instagram: [transqueeryouth.nola](https://www.instagram.com/transqueeryouth.nola)
Youth organized, community supported bimonthly open hang out and mutual aid network for trans and queer youth in the New Orleans region for ages 12-24.

Trans Lifeline

877-565-8860 www.translifeline.org
8 AM – 2 PM
Hotline staffed by transgender people for transgender people. Website includes resource list, including info on relocation to safer states.

Food Access

This section has two parts: Meals & Food Pantries and Government Sponsored Food Programs. For resources we may have missed, check out louisianafoodpolicy.org/resources/new-orleans-food-access-resources

Meals & Food Pantries

Algiers Free Lil Pantry

615 Opelousas Ave Instagram: [freelilpantryalgiers](https://www.instagram.com/freelilpantryalgiers)
24/7 Dry goods pantry in Algiers Point

Broadmoor Improvement Association

504-249-5130 www.broadmoorimprovement.com
Food Pantry Tues 10-12 & Wed 1-3:00 at Broadmoor Community Church 2021 S. Dupre.
See Basic Needs section for info on additional services.
Free; Call for appt. *Spanish spoken? Y, upon request*

Common Ground Relief Free Food Pantry

www.commongroundrelief.org/projects/free-food-pantry
1804 Deslonde Street
Saturdays from 10 - 2
No intake paperwork required, just sign in. No requirements for residency, income. Walk-in

Community Center of St. Bernard

504-518-5968 7143 St. Claude Ave
Food bank Tues, Wed & Thurs 8AM - 12 noon; First & Third Mondays of each month 8-2
Welcoming to trans and nonbinary people.
Free for low income residents of St. Bernard Parish; Walk in
Spanish spoken? Y

Community Kitchen

Instagram: [communitykitchennola](https://www.instagram.com/communitykitchennola)
Volunteers serving free meals and distributing fresh food
TUE hot food serving 3-4pm @ duncan plaza between city hall & the main branch public library. Welcoming to trans & nonbinary people.
Free; Walk in, check Instagram to check schedule
Spanish spoken? Sometimes

Community Table at Bethlehem Lutheran Church

504-895-7050 bethlehemplutheranneworleans.org
1823 Washington Avenue
Thursdays & Saturdays Noon til 1
Free; walk-in.

Communion: MidCity Meal

First Grace UMC Fellowship Hall 3401 Canal Street
Second Wednesdays of the month (excluding July)
6PM
Free hot meal with vegetarian & gluten-free options

Crescent City Café

www.crescentcitycafe.com [instagram: crescentcitycafe](https://www.instagram.com/crescentcitycafe)
3900 St. Charles Ave (Rayne Memorial United Methodist Church),

Community Mediation Services New Orleans / CMS NOLA

(504) 222-2954 www.cmsnola.org
CommunityMediationServicesNOLA@gmail.com
CMS provides mediation and restorative justice services on a sliding scale for resolution of conflicts with family, neighbor, landlord-tenant, friends without going to court. Sliding scale available. *Spanish spoken? N*

Crime Survivors NOLA

www.crimesurvivorsnola.org crimesurvivorsnola@gmail.com
linktr.ee/crimesurvivorsnola
Survivors and advocates who share info and resources on locating support groups, navigating the criminal legal system, etc., including the Crime Survivors Guidebook (free) for those who have survived violence in N.O. The book includes resources for crime survivors and explanations of the criminal legal process, how to file for victim reparations funds, etc.

Family Violence Program of Saint Bernard

504-277-3177 St. Bernard Parish 24 Hour Crisis Line
www.fvpsb.org
Provides 24-hour crisis line, safety planning, emergency shelter (45+ days), transportation, legal/court advocacy, support groups, art therapy, children's services, case management, educational materials, speakers, community education, teen violence prevention, outreach programs. Free; Call ahead
Spanish spoken? Y

Louisiana Foundation Against Sexual Assault

225-372-8995 office 225-292-1986 fax 888-372-8995 Crisis Line (English & Spanish)
11832 New Castle Ave, Ste 9, Baton Rouge, 70816
Statewide nonprofit agency offering info & referrals, training & research regarding sexual violence & services for survivors, families. Offers legal services and assistance, hotline and survivor services, accredits sexual assault centers, and offers assistance to seek justice for victims of campus sexual assault. Text an advocate: 225-351-7233 (7 days per week, Mon-Th 12-8pm & Fri-Sun 4pm-12am)
LaFASA now has a text and chat Helpline, operating 12-8pm seven days a week that serves survivors of sexual harm, their loved ones, or anyone impacted by sexual harm in the state of Louisiana. This is a free, confidential service that provides short term emotional support, safety planning, and connection to long

(Gravier and Loyola)

Text hotline for after-hours mobile access to sterile smoking & injection equipment for people who use drugs, overdose prevention, fentanyl testing strips, and harm reduction trainings. No cost, donations appreciated. *Spanish spoken? Y*

University Medical Center

504-962-6110 umcno.org

2003 Tulane Ave, Primary Care Center, Suite B; 504-962-6106
The Integrated Health Clinic at UMC offers an integrated team approach in treating opioid use disorders.

Tobacco/smoking cessation program with cessation medication and group behavioral counseling. Free or low cost: contact Lucretia Young 504-702-5178 or email lyoun2@lsuhsc.edu. Free or covered by Medicaid and other insurance, medication copays vary; *Spanish spoken? Y*

Women With a Vision, Inc.

504-301-0428 www.wwav-no.org 2028 Oretha Castle Haley Blvd.

M-Th 10-4, with some late evening & weekend outreach
Black and Queer led health education and promotion agency specializing in reproductive health advocacy, sex worker rights, harm reduction outreach, community based research, case management and referrals. Safer sex, IDU kits and hygiene material distribution. Free; Appts taken, Walk-Ins welcome, All genders welcome *Spanish spoken? Sometimes, call ahead*

Anti-Violence & Conflict Support

Beyond Harm NOLA

504-408-1284 www.beyondharmnola.org instagram: beyondharm

Beyond Harm envisions a world where all people are free from structural and intimate violence. Provides referral for domestic violence intervention, sexual assault. Provides services or referrals for those seeking court mandated and unmandated groups for those who have caused harm. Sliding scale
Spanish spoken? Y

Center for Restorative Approaches / CRA

504-249-5274 www.thecra.net 223 N Rendon St.

Work with those affected by a conflict to develop collaborative solutions in the following settings: schools, organizations and businesses. Provides trainings throughout the year. Welcoming to trans & nonbinary people. *Spanish spoken? N*

1st & 3rd Saturday of each month, 8-9:30 AM

Volunteer-run café serving no-cost meals two Saturday mornings each month. Transitioning soon to new location & hours, check instagram for updates.

Free & pay what you can; Walk in *Spanish spoken? N*

Crescent City Farmers Market (Operated by Market Umbrella)

504-861-4485 www.marketumbrella.org

Instagram: @crescentcityfarmersmkt

Tuesday Uptown Market | **8am - 12pm** @ *The Batture, 25 Walnut Street off of Leake Ave*

Thursday Mid-City Market | **3pm - 7pm** (Regular hours), **3pm - 6pm** (Winter hours outside of Daylight Saving Time) @ *Lafitte Greenway Plaza, 500 N. Norman C. Francis Pkwy at the Bayou*

Sunday City Park Market | **8am - 12pm** @ *City Putt Parking Lot, 33 Dreyfous Drive*

Fresh and local fruits, vegetables, prepared foods, and more.

Double your SNAP dollars up to \$40 through Market Match at all markets and partner locations found on our website. Food and community programs: Market Mommas Club, Marketeers Club, Meet Me at the Market. No ID or residency requirements.

Dragon Café at St. George Episcopal Church

504-899-2811 4600 St. Charles Ave, New Orleans, 70115

Mon-Thurs Morning Call program 9-10:30 people can come for coffee and continental breakfast, relax in AC or heat, charge devices, free wifi, clean bathrooms, hygiene products etc. Free resources table with information on food and housing and other support.

Sun 8:30-9:30 AM Hot breakfast.

Free; Walk in *Spanish spoken? N*

Familias Unidas

504-813-4022 Leticia@FamiliasUnidasLA.org

Food distro program; call before 8AM to check on availability.

Tues or Thurs pickup in person

Spanish spoken? Y

Food Share

Mondays Holy Cross: 5:30pm at

Fred Hampton Free Store, 5523 St. Claude Ave.

Wednesdays Downtown: between 2:30/3pm at OC Haley (under the I-10 overpass)/ at Duncan Plaza (on the Library side.)

Free hot boxed meals. Vegetarian options available. Welcoming to trans and nonbinary people.

Free for people physically present; walk-up
Spanish spoken: sometimes

Grace & Greens at Okra Abbey

504-615-2844 www.okraabbey.com
Corner of Eagle & Hickory Streets
Community meal every Wednesday Noon til 1
Welcoming to trans & nonbinary people.
Free; *Spanish spoken? N*

Grace at the Green Light

504-239-4544 graceatthegreenlight.org
2239 Poydras Street
Hot breakfast served daily (at the Ozanam Inn) from 6:15am-7:20am
Free; See Basic Needs listing for additional services

Gretna United Methodist Church Food Bank

504-366-6685, Press 2 for food pantry
1309 Whitney Ave, Gretna, 70056
Second Harvest food pantry (ID & proof of residency required);
Food M and Th 10am-1pm
Free; Call or Walk in Spanish spoken? Sometimes in person, but will find someone to assist. Paperwork available in Spanish.

Gwangi & Hollywood Community Center

504-482-4177 Sister Shanta 504-901-7070
Instagram: [@gwangi.hollywoodcc](https://www.instagram.com/gwangi.hollywoodcc)
1531 Newton Street in Algiers, New Orleans 70114
Black Panther Party Community Center serving red beans & rice
Mondays at 11am
Free; Call or check instagram for info on additional programs

Hare Krishna Temple

504-478-5439 2936 Esplanade Ave New Orleans
Free vegan meal every Sunday at 7:30pm
Walk-in, first come first serve

Hope House

504 525 2561
916 Saint Andrew St., New Orleans (Irish Channel), 70130
MWF 9-1PM, TR 9-4PM
Groceries for residents of 70130 zip code; See Basic Needs for additional programs.

Smart Recovery

smartrecovery.org
Check website for information on times and places for virtual and in-person meetings throughout NO area. Each meeting has different phone and email contacts. Mutual support meetings are free and open to anyone seeking science-based, self-empowered addiction recovery.
Free; *Spanish spoken? N*

Suboxone (buprenorphine) providers that accept Medicaid (in addition to those already listed)

- Avenues Recovery (504-608-5817) two locations: 5620 Read Blvd, 5th Floor, New Orleans, LA 70127 and 4933 Wabash St, Metairie, LA 70001
- Depaul Community Health Centers (dba Daughters of Charity) multiple locations St. Cecilia in Bywater, Carrollton, and Metairie 1030 Lesseps St, New Orleans LA 70117, 504-207-1070 or 504-207-3064
- Healthcare for the Homeless, 1530 Gravier St., 504-658-2785 (other locations in Algiers and Central City see Primary Care section for additional services)

Other providers listed online but call ahead to verify:
www.samhsa.gov/medication-assisted-treatment/find-treatment/treatment-practitioner-locator
Cost: Medication copay (Medicaid: \$3-10/mo for month supply), psychiatry, counseling, and urine toxicology screening requirements vary by location.

Treatment Atlas

800-597-2557 treatmentATLAS.org
Answer a 13-question, anonymous assessment that will take around 10 minutes. You'll receive guidance you can use to find the right treatment. ATLAS can help you compare treatment facilities to see which are providing high-quality addiction care described in the Shatterproof National Principles of Care. ATLAS is managed by Shatterproof and RTI International and now serves 6 states, including Louisiana.
Cost of care and accepted forms of payment reported by each facility. *Spanish spoken? N*

Trystereo (New Orleans Harm Reduction Network)

504 535-4766 (text, no calls) trystereo.org
Mobile Hours: Any, by appointment. Weekly drop-in hours: 5:30-7 pm M at St Claude and Caffin and 3-4 pm T at Duncan Plaza

(low cost) or nextdistro.org/louisiana (free)

Regional Recovery Hub through Start Corp.

504-584-8756 504-949-0859 startcorp.org

701 Loyola Ave, Ste 106

M-F 8-4:30

Peer recovery support services, recovery coaches, public education, prevention efforts, advocacy, mental health resources, job training and resume writing. Serves all genders.

Free, walk-ins welcome

Responsibility House

504-367-4426 504-367-4234 (adult male residential treatment)

504-366-6217 (housing) www.responsibilityhouse.org

1799 Stumpf Blvd, Building 7, Suite 4, Terrytown, 70056

4-5 week residential treatment program for adult men with substance abuse, co-occurring disorders or dual diagnosis.

Intensive outpatient program and supportive housing for men and women.

Residential Treatment Program is free, Medicaid; Call to make an appt. *Spanish spoken? N*

River Oaks Hospital

800-366-1740 Call Center (24/7 support) 504-734-1740

www.riveroakshospital.com

1525 River Oaks Rd W, New Orleans, LA 70123

Eating Disorders Treatment, Addictive Disorders/Dual Diagnosis Program, Partial Hospitalization (PHP) and Intensive Outpatient Programs (IOP) for the treatment of addictive disorders and dual diagnosis, Call 24/7 for non-cost assessments and admissions Accepts most insurance and managed care plans, TRICARE, VA Benefits, Medicare, and Louisiana Medicaid

Spanish spoken? Y ask for interpreters for any language and the hard of hearing. Resources for low vision and blind patients.

Serenity Outreach Center

504-731-1607

134 North Broad Street, Suite A, New Orleans, La. 70119

Outpatient Behavioral Health & Substance Abuse Therapy for ages 5-65. All Louisiana Bayou Health Plans accepted, sliding scale available. LGBTQ are welcome!

Free, requires proof of residence, proof of income, picture ID; Call for more info *Spanish spoken? N*

Kula Bus with Santosha Village

Instagram: [@santosha.village](https://www.instagram.com/santosha.village)

OC Haley near New Orleans Mission

Hot meals every other Sunday 10am - 1pm

Check instagram for updates; See Basic Needs section for additional services

Lantern Light at Rebuild Center St. Joseph Church

504-273-5577 www.lanternlight.org

1803 Gravier St., behind St Joseph Church

M-F 8 -2:30

Lunch served M-F 1-1:30PM; Food bank 1st & 3rd Fridays of the month, 9:30-10:30AM (call for eligibility). See Basic Needs section for info on additional programs. Free; Walk-in for lunch. Food bank requires state ID, copy of lease, and proof of income *Spanish spoken? N*

Lower 9 Food Pantry

504-278-1240 info@lowernine.org 1739 Jourdan Avenue

Open weekly on Saturdays from 10-2. Serves people by first letter of last name: A-F 10-11; G-L 11-12; M-S 12-1; T-Z 1-2.

Call with any questions, or for information on SNAP benefits registration support.

Northshore Food Bank

985-893-3003 ext.102 www.northshorefoodbank.org

125 W. 30th St Covington, LA 70433

Distribution M, T, Th 9am-12pm

Food bank with referrals for other services. Registration M, T, Th 9AM-11:30AM.

Free: Can come through once for emergency food, but to be regular part of program, need: photo ID, proof of residence of St Tammany Parish, SS card, and proof of income for all household members. *Spanish spoken? Sometimes*

Open Table at Mt. Zion Methodist Church

504-702-8442 2700 Louisiana Ave., New Orleans, 70115

Tuesday 3 PM

Hot meal served during Good Samaritan Program




Free; Walk in *Spanish spoken? N*

New Orleans Community Fridges

Refrigeradores para la Comunidad de Nueva Orleans



LOCATIONS / UBICACIONES CURRENT AS OF MARCH 13, 2026

Hollygrove/ Uptown and Irish Channel/Garden District


-  9000 Oleander St (Hollygrove- fridge open 8:00am – 4:30pm, pantry always open)
-  3908 Joliet St (behind Costco, on left side of Trinity Community Center)
-  7100 St. Charles Ave (side of church at corner of Broadway)
- 739 Jackson Ave (near Turkey and Wolf Restaurant)




Central City

-  1924 Jackson Ave (at Recirculating Farms Urban Garden)
-  1823 Washington Ave (near Dryades)

Mid-City



- 3016 St Phillip St (Bayou St. John)
-  2528 Lapeyrouse (around corner on Rousselin Dr side)

 Food box icon indicates there are shelves for dry goods.

Gentilly and 7th Ward

- 4012 Clermont Dr (Gentilly)
- 2781 Sage St (Desire)
-  2120 Port St (St. Claude neighborhood, at the community garden.)
- 2372 St Claude (St. Claude Healing Center - 9am - 9pm)
-  2831 St Claude Ave (at Press St. across tracks from Harold's Plants)
- 1961 Marigny St (St. Roch Neighborhood at corner on N. Johnson St.)

West Bank

-  300 Wagner St (Algiers)
-  401 Sala Ave (Westwego)

**Take What You Need
Leave What You Can**

**Comparte Lo Que Puedes
Toma Lo Que Necesites**

www.nolacommunityfridges.org/locations

Interactive detailed map of locations at Impact504.org

Free food and meals in fridges in several locations across the city. Refer to “Nola Fridges (NOCF) - Community” Facebook group for updates.

Rayne Memorial UMC Second Harvest Food Pantry

<http://facebook.com/Raynenola.org>

3900 Saint Charles Avenue (Food pantry is located across from 2925 Pitt Street)

Food Pantry Tue: 10am-12-noon Thu: 3pm-5pm

St Peter Claver Church - Misaada Center Food Pantry

504-827-0707

Direct assistance food pantry (Missada Center) T and Thu

- Intensive Outpatient (IOP)/Long Term Housing: 504-821-9211; intensive outpatient program where residents live on-site for 3-6 months; must complete OHL short-term residential treatment before moving into IOP
- Sobering Center: 504-821-9211 ext. 7200; 732 N Claiborne Ave. Free service allowing overly intoxicated individuals to recover from immediate acute alcohol impairment; Outreach Van available to pick up & transport individuals to center at 504-439-5941
- OHMega: 504-258-4203; no cost three to six month program that provides outpatient treatment services to racial/ethnic minority men who are who are suffering from substance use and are at high risk for HIV or are living with HIV

Serves all genders. Detox and Residential free for uninsured, Medicaid (no private insurance).

Spanish spoken? Y, by appointment

Oxford House

1-800-689-6411 www.oxfordhouse.org [oxfordvacancies.com](http://www.oxfordvacancies.com)
Permanent housing at democratically run, self-supporting, drug and alcohol free homes. Rules may vary slightly among houses. Refer to website for locations of vacancies and contact information (specific to each house listing). Submit application and interview with residents for acceptance.

Cost of rent, utilities, and house supplies shared. Move-in fee ranging from \$150-250 (due upon acceptance into House). Weekly costs range from \$100 to \$125 per person.

Spanish spoken? N

Pharmacies in Orleans Parish that sell NALOXONE over the counter

Naloxone is the drug used to reverse opioid overdose, no ID is required for purchase, the pharmacist can tell you how to administer it.

- Any CVS or Walgreens.
- Crescent City Pharmacy 2240 Simon Bolivar, New Orleans, 70113; 504-267-4100
- Genoa Healthcare, 2221 Philip St, Ste Q, New Orleans, LA 70113; 504-571-9120 (free intranasal)

\$20-100, \$3-5 with Medicaid. Individuals who cannot access naloxone locally can be mailed supply at naloxoneexchange.com

Please wear a (K)N95 mask. Ear acupuncture by donation or free; Call, walk in or email for info
Spanish spoken? Y, written materials in Spanish & English, some providers speak Spanish & English.

Narcotics Anonymous

504-899-6262 (GNO helpline) 877-554-8308 (Northshore)
www.noana.org www.nsana.org
GNO area group meetings to deal with and end addiction to narcotics held 7 days a week. Call either helpline or check website for current schedule of meetings held virtually (online/ phone) and reopened in-person throughout GNO area. Option to speak with someone in recovery. Free
Spanish spoken? Sometimes

New Orleans Lambda Center

nolalambdacenter.org Instagram: nolalambdacenter
2372 Saint Claude Avenue Suite 270 New Orleans, LA 70117
in the New Orleans Healing Center
Meeting place for the LGBTQ+ recovery community.
See website or instagram for schedules.

Ochsner Health

www.ochsner.org/recovery
Brent House Hotel, Ochsner Main Campus
1516 Jefferson Hwy
M-F 9-3
Recovery Program 504-842-3999 (option 2)
Intensive outpatient program (IOP) for alcohol & substance use disorders, family treatment, and aftercare services. 20-30 day program. Smoking Cessation 504-842-7490 Free for LA and MS residents ages 18+
Serves all genders. Covered by Most Health Insurance, Private Pay, Payment Plans, No Medicaid; no walk-ins
Spanish spoken? N

Odyssey House Louisiana

504-821-9211 ohlclinic.org info@ohlclinic.org

- Medically Supported Detox: 504-821-9211; 2700 S Broad 5-7 day inpatient detox treatment; admissions M-F 8 am-2 pm; admissions based on bed availability
- Short Term Adult Residential Treatment: 504-821-9211; approximately 28-day residential drug rehabilitation program

10am-2pm 1839 St Philip St. 70116
Free with ID and proof of address. Spanish spoken? N

Volunteer for Veggies at Sprout NOLA

sproutnolafarm.org 504-512-6646 Instagram: sproutnola
Mondays 3:30-5 at 2501 St. Louis (on Lafitte Greenway)
Wednesdays 10-12 at N Dorgenois & Bienville
Thursdays 4-5:30 at N Dorgenois & Conti
Volunteer for fresh produce on the community farm.
Check Instagram for updates & additional programs.

Government Sponsored Food Programs

Food Stamp Program (SNAP)

1-888-LAHELPU (1-888-524-3578) www.dcfslouisiana.gov
Call for info on LA Food Stamps.
Free: *Spanish spoken? Y*

WIC - Special Supplemental Nutrition Program for Women, Infants and Children

1-800-251-2229 General helpline for Partners for Healthy Babies
225-342-7893 LA Office www.louisianawic.org
WIC provides supplemental healthy foods, breastfeeding support, nutrition education & referrals to other health and social services. Parish Health Units and stand-alone WIC clinics are open to women who are pregnant, breastfeeding or have already delivered. Infants and children under 5 years old may also receive benefits. For updated WIC Center location info, call the Regional Office at (504) 599-0100 or 1 (888) 524-3578 or visit the website. *Spanish spoken? Y*

Basic Needs Assistance

Broadmoor Improvement Association

504-249-5130 wellness@broadmoorimprovement.com
www.broadmoorimprovement.com
3900 General Taylor, New Orleans (Broadmoor)
Office hours M-F 10-7, Food Pantry Mon 10-12 & Wed 1-3
Wellness Center M-Th 9am-9pm Fri 12-9pm Sat 9am-2pm
Social services, health and wellness programs, counseling services on sliding scale, SNAP assistance and food pantry.
Services are offered from different locations in the neighborhood.
Food pantry Wed 1 - 3 PM at 2021 S. Dupre. Food pantry is open to undocumented immigrants.

Free; Call for appt. *Spanish spoken? Y, upon request*

Catholic Charities Archdiocese of New Orleans

504-523-3755 www.ccano.org

www.facebook.com/cathcharitiesNO

Catholic Charities Archdiocese of New Orleans

Umbrella agency of diverse programs and ministries delivering health and human services to the poor and vulnerable. Catholic Charities services are rooted in the eight civil parishes of the Archdiocese of New Orleans. Through housing, healthcare, education, emergency response and more, Catholic Charities addresses urgent needs in the community. *Spanish spoken? Y*

Community Resource & Referral Center

504- 658-2944 mhernandez@travelersaidneworleans.org

2222 Simon Bolivar, New Orleans, LA

M & W 8 - 2:30

Multi-agency day-center with many service providers & services, including restrooms, laundry, bus fare assistance, Traveler's Aid, Homeless Veterans Program, Pro Bono Project, Volunteers of America. Free for people experiencing homelessness; Walk in *Spanish spoken? Y*

Grace at the Green Light

504-239-4544 graceatthegreenlight.org

2239 Poydras Street

Hot breakfast served daily (at the Ozanam Inn) from 6:15am-7:20am

Going Home Family Reunification Program-assistance with Greyhound and Amtrak tickets, Intakes Monday through Thursday, 8-10:15am

Harry Tompson Center at Rebuild Center

504-273-5547 www.harrytompsoncenter.org

1803 Gravier, behind St. Joseph Church

M-F 7:30 -12:30pm

Showers: M-F 7:45a-12:30pm; Laundry: M-F 1x/week, first come, first serve; Phone room daily 8AM-12:30PM; Restroom facilities daily. Case Management, & Housing Navigation coordinated on site. Hygiene & personal care items available upon request & depending on supply. Ask about notary/legal/medical services. Free; Walk-in OK

Spanish spoken? No, but we do our best with translation.

See Mental Health section for additional services

Locations:

- East Jefferson Health Center: 3616 S. I-10 Service Road W, Suite 100, Metairie, LA 70001
 - West Jefferson Health Center: 5001 West Bank Expressway, Suite 100, Marrero, LA 70072
- Sliding scale, Medicaid, Medicare, some private insurance.
Spanish spoken? Interpretive services available upon request

The Louisiana Tobacco Quitline

1-800-784-8669 www.quitwithusla.org 24/7

Provides smoking cessation counseling & referrals to other services in LA.

Spanish spoken? Y, other languages through language line

Metropolitan Human Services District

504-568-3130 Help is available 24/7 www.mhsdla.org

Office hours M-F 8-4:30

Intensive Outpatient (IOP) Programs, Suboxone and medication assisted treatment (MAT), addiction services for youth, treatment for gambling problems

6 Clinic Locations:

- Algiers Behavioral Health Center: 3100 Gen. DeGaulle Dr
- Central City Behavioral Health & Access Center: 2221 Phillip St.
- Chartres-Pontchartrain Behavioral Health Center: 719 Elysian Fields Ave.
- New Orleans East Behavioral Health Center: 5630 Read Blvd., 2nd Floor
- St. Bernard Behavioral Health Center: 6624 St. Claude Ave, Arabi, LA 70032
- Plaquemines Community C.A.R.E. Center: 115 Keating Dr, Belle Chasse, LA 70337

Medicaid, Medicare, some insurance, call for info; no walk ins
Spanish spoken? at some locations, inquire on main office line

NADA NOLA

nadaneworleans.weebly.com donoharm@riseup.net

Community based acupuncture protocol that treats anxiety, trauma, insomnia, and general stress, and supports substance use management.

Thursdays, 6:30-8:30 pm (arrive by 8) at 3401 St. Claude Ave (entrance on Desire St is wheelchair accessible)

Free *Spanish spoken? Y, 504-207-2273, marque 2*

DePaul Community Health Centers

504-207-3060

Free help to quit smoking including prescriptions and over-the-counter medications, support services, and visits with a physician or nurse practitioner; available at St. Cecilia's (Bywater), New Orleans East, and Metairie locations. Outpatient Medication Assisted Treatment for Opioid Addiction available at St. Cecilia (Bywater) and Metairie locations (See listing in Primary Care for other services). Accept Medicaid, Medicare, private insurance, and offer sliding scale for uninsured
Spanish spoken? Si medicos, Llame 504-207-3060 y marque 9

Harm Reduction Recovery Punx

Fred Hampton Free Store 5523 St. Claude Ave

Every Tuesday at 7:30PM

Inclusive peer support group for sober/sober-curious people searching for an alternative to twelve step programs.

Gateway Foundation

(504) 368-9935 4103 Lac Couture Dr, Harvey, LA 70058

Provide intensive outpatient (IOP) treatment for male veterans or active military or civilian males who have Medicaid health insurance. Accept Medicaid or VA coverage

Spanish spoken? No

Grace House

504-821-7120 ext. 1300 www.gracehouse.org

6321 Stratford Place, New Orleans, 70131

Call ahead to schedule an intake. Long-term residential substance abuse treatment programs for females only (**not welcoming to trans or non-binary people**). Substance abuse treatment, mental health referrals, assistance with housing, job-seeking, healthcare. Call for interview. Residential program. Need to make appt with Intake Coordinator. No outpatient services. Accept anyone regardless of their ability to pay

Spanish spoken? Y

Jefferson Parish Human Services Authority

504-846-6901 504-832-5132 mobile crisis team www.jphsa.org

Provide substance abuse and gambling prevention services, problem gambling treatment, outpatient and residential substance abuse services, and medication disposal drop boxes

Hope House

504-525-2561 fax 504-525-0011

916 Saint Andrew St. (Irish Channel)

Hours: M 9-1, T-Th 9-4, F 9-1pm

Adult Learning Center: M-F 9am-1pm

Food pantry and utility assistance (direct aid program for residents of 70130 only);

Coffeehouse MWF 9-11:45 AM: Free coffee and pastries; Newspapers, magazines and books; Computers and internet access. Masks preferred.

Adult Learning Center: Literacy, GED, computer training, career development; ACT, SAT preparation; After-school youth program: Recreation, field trips, homework help, Tulane University volunteers. Prison Ministry: Visits with people at Orleans and Angola prisons. Education for justice: workshops on poverty and justice, High school, college, church, and civic groups. Free; Call for more info *Spanish spoken? N*

JeffCAP (Jefferson Community Action Programs) Community Centers

504-736-6900 www.jeffparish.gov TDD 800-947-5277

1221 Elmwood Park Blvd., Suite 402, Jefferson, 70123

M-F 8:30-4:30

Centers assist residents of Jefferson Parish with: emergency food assistance, housing counseling, low income mortgage & utility assistance, and first time homebuyer training. Must meet eligibility & income requirements, and provide proof of income & ID. Call or check website for list of locations. Free if qualified.

Call for appointment. *Spanish spoken? Y, call ahead*

Kula Bus with Santosha Village

Instagram: [@santosha.village](https://www.instagram.com/santosha.village)

OC Haley near New Orleans Mission

Every other Sunday 10am - 1pm

Many services including hot meals, showers, haircuts, charging stations. Check instagram for updates

Lantern Light Ministry at Rebuild Center

504-273-5573 www.lanternlight.org

1803 Gravier St., New Orleans, 70112

M-F 8a -1:30p

Many services for unhoused people, including: Breakfast Snack 9am-9:30am / Lunch served 1PM - 1:30PM M-F; Prescription Assistance Daily 1PM; Food bank for Orleans area residents 1st or 3rd Fridays 9:30-10:30 AM (must bring state ID, Proof of

income and copy of lease); Mail, ID assistance, birth certificate assistance. Call for info on additional services. Free; Walk-in or appointment are made between 9am-9:30am and 1pm-1:30pm *Spanish spoken? N*

St. Luke Community Center Good Samaritan Ministry

985-641-6421 www.saintlukeslidell.org/goodsams
910 Cross Gates Blvd., Slidell, LA 70461
M-Th 12:30-3:30, T-F 9:30-3:30, F 1-3:30
Serves zip codes 70122, 70126, 70127, 70148.
Case management, food, diapers, and referrals for Slidell residents. Financial aid by appointment. medications, job assistance, housing and utilities assistance.
Free; Walk-in or appt. *Spanish spoken? Y*

St. Peter Claver Church

504-822-8059, food pantry 504-827-0707
1910 Ursulines Ave., New Orleans, 70116
M-TH 9 - 4 Fri 9 - 1 office hours
Direct assistance & Food Pantry available to residents with boundaries of Claiborne to Broad, Ursulines to Esplanade.
Food Pantry T & Th 10-2 at Massada Center, 1839 St. Philip
Free; Walk in *Spanish spoken? N*

Sojourner Truth Neighborhood Center

504-827-9963 www.facebook.com/SojournerTruthNOLA
2200 Lafitte, New Orleans, 70119
Asset/strengths-based approach to service delivery and client/resident engagement and learning organization model for organizational structure, with programs for all ages.
Services offered at STNC include Wealth & Asset Development (financial literacy, homeownership counseling, credit counseling, employment assistance & career counseling, resume development, employment information and resource sessions, after school tutoring, GED & literacy referrals); our Community Technology Learning Lab; and Health & Wellness (senior citizen club, health workshops, health referrals, exercise classes, nutrition discussion groups, tennis court use, etc); Family Stabilization services include case management & basic needs information & referral. Community Building (meeting & event space, Lafitte resident council community & resident support, advocacy & policy workshops & initiatives, neighborhood conferencing circles).

non-binary) including individual & group counseling (see Grace House for females). Addiction & relapse services for unaccompanied adults, includes vocational training, resume training, job search assistance. No outpatient services Accepts anyone regardless of ability to pay. *Spanish spoken? Y*

CADA Prevention and Recovery Center

504-821-2232 cadagno.org admin@cadagno.org
260 Tulane Ave., Suite 945
M-TH 8:30-4:30, F 8:30-2:30
Provides prevention, treatment, and recovery support services including DWI/Driver Improvement classes every other month, HIV testing, STI testing, support groups, case management, counseling, anger management classes, domestic violence classes, and assessments. Serves all genders.
Accepts most insurance plans including Medicaid
Spanish spoken? N

Community Care Solutions

504-309-9991 www.ccsгно.org 200 South Broad St., Suite 7
Outpatient behavioral health, counseling, and medication management. Welcoming to trans and non-binary people. Only accepting these Medicaid plans: Healthy Blue, United Healthcare, Aetna, Louisiana Healthcare Connection; no sliding scale or private insurance

CrescentCare

504-821-2601
crescentcare.org/service/harm-reduction-services/
1631 Elysian Fields Ave.
New Orleans Syringe Access Program (NOSAP) Wednesday: 12-5 pm; Friday: 12-5 pm; safe, sterile syringes; safe injection materials; authorized syringe disposal, overdose prevention education; Naloxone distribution; medication-assisted treatment referrals; bulk exchange every Wednesday: 12-5 pm matching bulk disposals of 300-500 syringes
Recovery Works Intensive Outpatient Program (call number above and ask for Laura Collins or email laura.collins@crescentcare.org) talk therapy, education, medication-assisted treatment, art, music, yoga, social support, community education, trauma resolution
Primary care offered including Suboxone (Buprenorphine), counseling, and dental services. (See Primary Care and Dental/ Eye Care for more info)

pharmacies nationwide. No income guidelines, registration needed or expiration for the card. The card is good for prescription drugs, over-the-counter medicines & medical supplies if written on a prescription pad by a doctor. Visit website to find a list of participating pharmacies. Free *Spanish spoken? Y*

WalMart \$4 Formulary

www.walmart.com

Wal-Mart pharmacies offer \$4 per 30 day/\$10 for 90 day supply for certain medications. Go to a location in person or see website for complete medication listings and information.

Substance Use, Harm Reduction & Addiction Services

Alchemy Addiction Recovery

www.alchemycanhelp.com 504-941-7580

4430 S I10 Service Rd. W, Suite 100, Metairie, 70001

115 Christian Lane, Slidell, LA 70458 (985-690-6622)

M-Th 9-5 Metairie, M-F 9-5 Slidell

Outpatient programs for addiction recovery including detox services & counseling. Daytime and evening treatment offered. Welcoming to trans & non-binary people. Private Insurance, weekly financial agreements, Grant program, Medicaid; Walk-in or Appt *Spanish spoken? N*

Alcoholics Anonymous

www.aaneworleans.org

Check website for information on times and places for daily, free meetings throughout NO area.

Spanish spoken? Y, call 504-516-1090, Se habla espanol

Below Sea Level Aid

504-408-1888 Harm Reduction Text Hotline

Instagram: belowsealevelaid belowsealevelaid.com

Community run harm reduction group by and for folks in New Orleans. Provides harm reduction supplies, outreach, overdose prevention education, and case management services.

Bridge House

504-821-7120 www.bridgehouse.org

4150 Earhart Blvd., New Orleans, 70125

Call ahead to schedule an intake. Long term residential substance abuse treatment center for males (including trans and

Center membership is free & encouraged.

Free; Call ahead to confirm services *Spanish spoken? N*

Total Community Action

504-324-8609 www.tca-nola.org

1420 South Norman C Francis Pkwy

M-Th 8-6 F 8-4:30

Connects people in Orleans Parish to many assistance programs, including: Utilities, weatherization, counseling, food pantries, employment, tax assistance, homeless prevention, summer youth programs. Emergency food pantry: Tuesdays 8:30-5 pm, Fridays 8:30-4. Zip codes 70118 and 70125. Must bring income, picture ID, and Social Security card for everyone in household. Free; Call for appt.

Prescription Assistance

America's Medicines

571-350-8643 www.americasmedicines.com

M-F 9-5 EST

Online search engine for looking up financial assistance programs available through various biopharmaceutical programs for individuals who are uninsured or without eligible coverage for their medications. No cost for service; level of assistance based on medicine and/or program that is available at that time. *Spanish spoken? Y, additional languages via language line*

Lantern Light (at Rebuild Center)

504-273-5573 1803 Gravier St. (behind St. Joseph's Church)

Prescription assistance Mon- Fri 9-9:30 AM & 1-1:30; see listing under Basic Needs Assistance for other services. Free for homeless people with documentation *Spanish spoken? N*

Louisiana Answers Aging & Disability Resource Center

504-827-7843, 888-922-8522

2475 Canal St., Ste 400, New Orleans, 70119

M-F 8-4

Prescription assistance for people on Medicare. Must have basic contact info available; see listing under Disability Access & Justice for other services. *Spanish spoken? N*

Needy Meds Program

800-503-6897 www.needy meds.org

Free drug discount card that can be used at over 70,000